

NEVADA CHILDREN'S MENTAL HEALTH NEEDS ASSESMENT

OCTOBER 3, 2016



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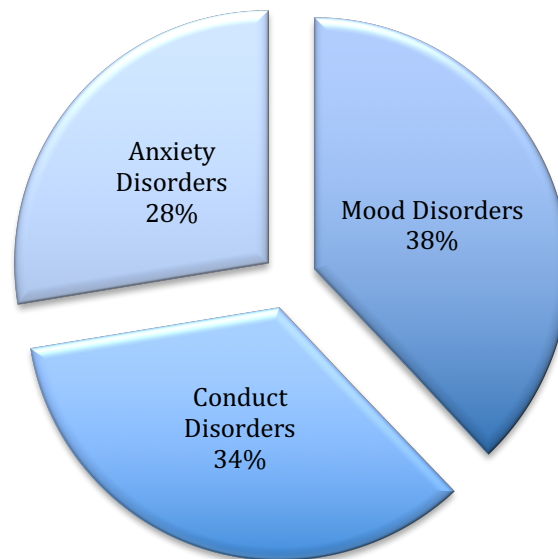
1. INTRODUCTION AND PURPOSE

There is a growing concern for the lack of mental health services in the United States. Mental health disorders are becoming more prevalent yet are being ignored at the same time, particularly amongst our youth. A mental illness is a condition that can affect a person's thinking, feeling, mood and even their day-to-day functions (National Alliance on Mental Illness, [NAMI], 2015). Such disorders can include (but are not limited to):

- * Anxiety disorders
- * Autism
- * Bipolar disorder
- * Depression
- * Eating disorders
- * Obsessive-compulsive disorder (OCD)
- * Posttraumatic stress disorder (PTSD)
- * Substance use disorders

Research has shown that 1 in 5 children and youth in the United States have a diagnosable mental health disorder (NAMI, 2015). Figure 1 describes some of these statistics of mental health disorders affecting youth across the United States.

Figure 1. Youth Mental Health Disorders



National Alliance on Mental Illness, Mental Health Conditions, 2015

A recent study done by the Administration for Children and Families, Family and Youth Services Bureau, and the Street Outreach Program, found that out of 875 youth 62% of them experienced symptoms of clinical depression (Whitbeck, Lazoritz, Crawford, & Hautala, 2016). They also found that almost 80% of the participants reported experiencing symptoms of PTSD for more than one month at a time. Violence and trauma are often linked to the development of mental health disorders. During their study, Whitbeck et al., found that 72% of the youth had experienced some form of physical abuse, sexual abuse, or had been a victim of violence at some point in their life (2016).

Studies have also shown that almost 50% of all lifetime mental illness cases begin by the age of 14 and 75% start by the age of 24 (NAMI, 2015). Many mental health disorders go undiagnosed and even if diagnosed: the average delay between the onset of symptoms of an illness and the diagnoses is anywhere between 8 and 10 years (NAMI, 2015). The time between diagnosis and treatment can also be severely delayed. Unfortunately, these statistics are only becoming more worrisome, particularly in Nevada and Nevada's youth.

Suicide is the *3rd leading cause of death* in youth ages 10-24 and about 90% of cases of suicide in the U.S. are caused by underlying mental illness (NAMI, 2015).

Population of Nevada

Nevada is unique in the fact that the population distribution of the state is very drastic. Southern Nevada has the highest population in Clark County with 2,114,801 people, while Washoe County in Northern Nevada has the second highest population density with 446,903. This report is specific to the mental health challenges facing youth in Nevada but it is important to understand where in the state these populations are and what the distribution of children in the state looks like.

Table 1 is Nevada's population by county with the total population of the county, and the percentage of the state's population that county contains. Table 2 is Nevada's population of kids divided into three areas: Clark County, Washoe County, and Balance of State. Figure 2 is the age distribution of the state, in which it is seen, that kids under the age of 18 makes up almost 25% of Nevada's population.

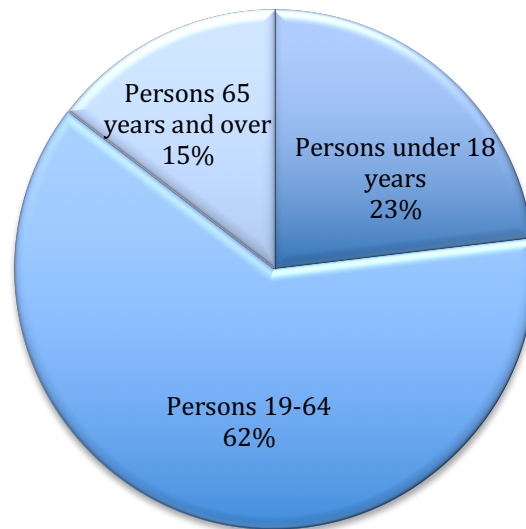
Table 1: Nevada population by county

County	Population	Percentage
Carson City	54,521	1.9%
Churchill	24,200	0.8
Clark	2,114,801	73.2
Douglas	47,710	1.7
Elko	51,935	1.8
Esmeralda	829	0.03
Eureka	2,016	0.07
Humboldt	17,019	0.6
Lander	5,903	0.2
Lincoln	5,036	0.2
Lyon	52,585	1.8
Mineral	4,478	0.2
Nye	42,477	1.5
Pershing	6,634	0.2
Storey	3,987	0.1
Washoe	446,903	15.5
White Pine	9,811	0.3
Total:	2,890,845	100%
Source: United States Census Bureau, 2015 population estimates www.census.gov		

Table 2: Nevada's Youth Under 18

Region	Population
Clark County	500,000
Washoe County	108,975
Balance of State	55,920
Source: United States Census Bureau, 2015 population estimates www.census.gov	

Figure 2: Nevada population, by age



Source: United States Census Bureau, 2015 population estimates www.census.gov

Purpose

The purpose of this project is to specifically focus on the mental health needs of children in Nevada. This report describes the current child population in need of mental health services using area specific data and the problems associated with untreated mental illness.

Unfortunately, Nevada is severely lacking in mental health resources which leads to a lack of data and information for rural counties in the state. Clark and Washoe counties hold the majority of services for those in need of mental health care. For this reason, data provided within this report is divided into three groups: Clark County, Washoe County, and Balance of State.

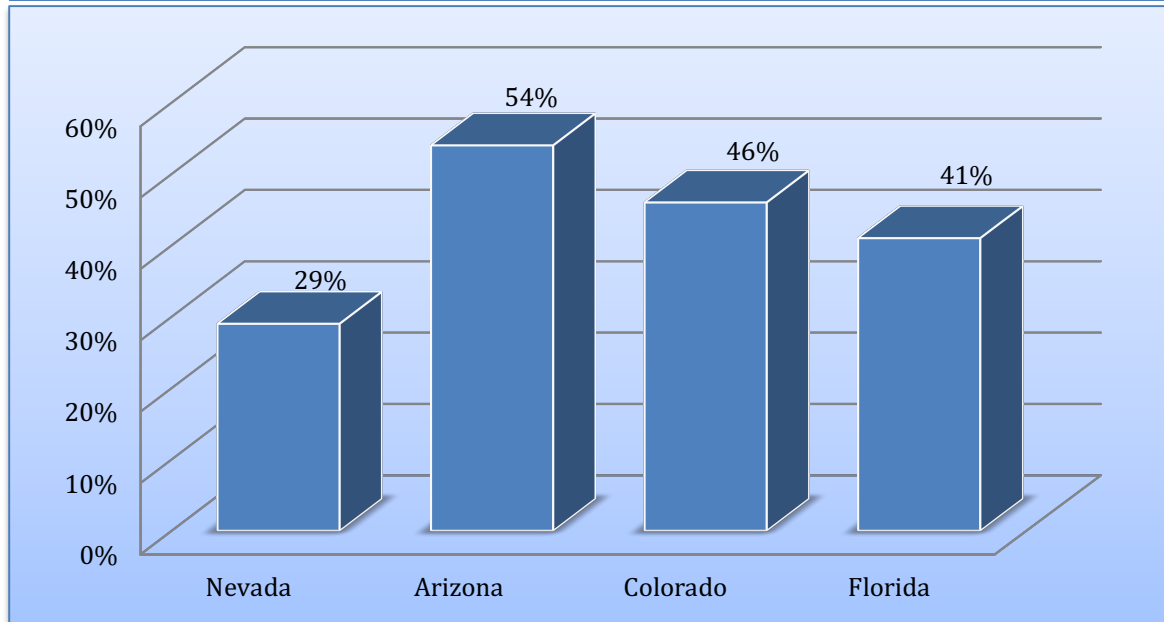
This information is designed to help make policy decisions regarding child mental health concerns in the state of Nevada. National and comparative state best practices are also included with this report.

2. MENTAL HEALTH OF YOUTH IN NEVADA

In Nevada, children with mental health issues are much less likely to receive treatment than children in comparable states (UNLV College of Education, 2014). Nevada has one of the highest rates of major depression and suicide in the nation and ranks 36th in the nation for per capita mental health care state funding (UNLV College of Education 2014). Nevada's mental health budget was also decreased by 23% in 2013 (Denby, Owens & Kern, 2013).

Currently, Nevada is the lowest ranked state (51) for youth with mental illness to lowest levels of access to care (Nguyen, Counts & Mental Health America, 2015). Denby, Owens, and Kern (2013), used Phoenix, Arizona, Denver, Colorado, and Orlando Florida as comparison cities and states to Las Vegas and Nevada. They found that not only does Nevada lack in mental health services but also the rate at which Nevada lags behind is staggering. On average, only about 29% of kids in Nevada will receive the mental health services they need (Denby, Owens, & Kern, 2013). Figure 3 shows the rate at which children with mental health issues receive care compared to Nevada.

Figure 3. Percent of children in need who receive mental health care



(Denby, Owens, Kern, 2013)

Another study found that 7,000 adolescents in Nevada experienced a Major Depressive Episode (MDE) in the last year, however, only 2,200 (31%) received treatment (Substance Abuse and Mental Health Services Administration [SAMHSA], 2015).

In the last 10 years, Nevada has consistently been in the top five states for the highest suicide rate among residents (UNLV College of Education, 2014). During the 2012-2013 school year, Clark County School District was obligated to implement over 770 suicide intervention protocols due to the rising number of students attempting suicide and showing signs of depression (UNLV College of Education, 2014). Nevada currently ranks 16th in the nation for teens attempting suicide (Children's Advocacy Alliance, 2016).

Clark County

The statistics for youth suffering from mental illness in Clark County generally match the national statistics. Almost 20% of elementary students in Clark County are in need of mental health services (University of Nevada Las Vegas College of Education [UNLV College of Education], 2014). These statistics reflect only those students that were actually identified as exhibiting symptoms; the numbers could be much greater.

Almost 30% of high school students in the Clark County School District (CCSD) reported symptoms of depression.

There are roughly 500,000 youths under the age of 18 in Clark County alone (25% of the population) (U.S. Census Bureau, 2015). It is estimated that in a given year, about 118,900 children in Clark County are in need of mental health services and of those kids about 40,000 suffer from serious mental health and behavioral conditions (Denby, Owen, Kern, 2013).

The Nevada Department of Health and Human Services Division of Child and Family Services found that there are six prevalent issues that children in Clark County experience that either: 1) are caused by mental health disorders or 2) contributes to mental health disorders (2015). These problems are:

- | | |
|------------------------------|--------------------------|
| 1. Child Neglect | 4. Parent/Child Problems |
| 2. Depression | 5. Physical Aggression |
| 3. Suicide Attempt or Threat | 6. Adjustment Problems |

Washoe County

“100% of Washoe County residents live in a mental health provider shortage area” (Dinga, Maloy, Aguilar, Spinola & Washoe County Health District, 2015). Washoe County has a population of about 440,00 residents, of those residents 109,000 are under the age of 18.

Statistically, 20% of children under the age of 18 are in need of mental health services, this translates to approximately 22,000 kids in Washoe County that are in need of mental health care. Since Nevada is severely lacking in it's ability to assist youth with mental health issues, only about 6,320 youth in Washoe County are actually receiving services.

Since 2008, Washoe County's suicide rate has been higher than that of both Nevada and the United States. Suicide is the second leading cause of death for 15-44 year olds within Washoe County borders (Dinga, Maloy, Aguilar, Spinola & Washoe County Health District, 2015). In 2013, 34% of adolescents in Washoe County reported feeling hopeless/sad, with nearly 45% of females reporting signs of depression (Washoe County Community Health Needs Assessment, 2015). Approximately 13.7% of adolescents reported that they had attempted suicide in the past year while 22% said they had thoughts of suicide (Gustafson, Kerwin & Gardner, 2015).

When surveyed, Washoe County residents indicated that mental health issues were the biggest issue facing their county. Mental health care has been their top voted need for the past two years. When asked why mental health care is such an important topic, respondents observed that:

- * Mental and physical health are intertwined, requiring integrated care;
- * There are insufficient mental health providers and inpatient facilities in the state, particularly in the rural counties;
- * Affordability of care is an issue; and
- * Services like advocacy, case management, and supportive housing are needed to ensure stability (Department of Health and Human Services, Office of Community Partnerships and Grants, 2016).

Balance of State

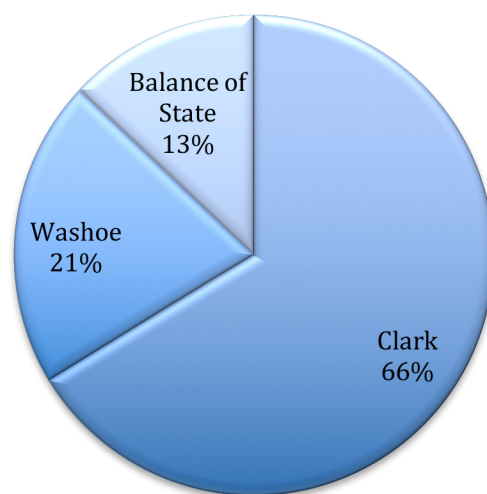
The majority of Nevada's population can be found in Clark and Washoe counties however, there are many rural counties that are often overlooked. There are about 56,000 being youth residing in rural communities in Nevada that are suffering from a lack of mental health care. Using the assumption that about 20% of rural county juveniles are in need of mental health services that equals to about 11,200 kids.

In regards to mental health services, rural communities are struggling even more than the areas that are more densely populated. When looking at the composition of state mental health resources for Nevada, there are only about 50 agencies outside of Clark or Washoe counties. Carson County, where the state capital is found, only has access to XX mental health agencies for youth and juveniles.

3. YOUTH MENTAL HEALTH PROGRAMS IN NEVADA

Both Clark County and Washoe County struggle with access to mental health care for youth but those in the rural areas are almost completely deprived of services. The number of agencies and providers that address juvenile mental health issues is not nearly enough for the number of children that are in need of care. Figure 4 shows the state composition of service agencies in Nevada.

Figure 4. Youth Mental Health Providers by County



Appendix D at the end of this report is a list of agencies and providers that specialize in helping juveniles. The list contains not only mental health providers but also agencies that help with social service needs.

Nevada is severely lacking the resources for helping kids with mental health issues. In Clark County there are approximately 302 listed providers that deal with kids and adolescents with mental health issues (www.therapists.psychologytoday.com, 2016). In Washoe County there are about 120 programs and in the rural counties there are about 50 for the entire rest of the state. These agencies include inpatient and outpatient services, addiction and substance abuse specialists, as well as dealing with mental health issues in youth. However, when examined this number of agencies does not even come close to addressing the mental health issues of youth in Clark County. More information can be found in the Gaps Analysis section of this report.

4. MENTAL HEALTH AND HIGH RISK BEHAVIORS

The proper identification of and intervention for mental health issues can directly impact commonly recognized risk factors for delinquency and other high-risk behaviors. These risk factors can occur at the individual (e.g., self-esteem), family (e.g., stressful home situations), school (e.g., peers), and community level (e.g., stability and having stable adults in their life). As the risk factors increase, so does the likelihood of delinquent behavior.

Failing to address mental health concerns in youth when they are young can often increase the likelihood of them engaging in high-risk behaviors during childhood and into adulthood. The juvenile justice system and child protective services are the two agencies that have an overrepresentation of kids with mental health issues for this reason. Figure 5 is a chart to demonstrate how these risk factors are related to behavioral and mental health issues.

Figure 5. Risk Factors for Health and Behavior Problems

Risk Factors for Health and Behavior Problems

Risk Factors	Adolescent Problem Behaviors				
	Substance Abuse	Delinquency	Teenage Pregnancy	School Dropout	Violence
Community					
Availability of Drugs	✓				
Availability of Firearms		✓			✓
Community laws and norms favorable to drug use, firearms, and crime	✓	✓			✓
Media portrayals of violence					✓
Transitions and mobility	✓	✓		✓	
Low neighborhood attachment and community organization	✓	✓			✓
Extreme economic deprivation	✓	✓	✓	✓	✓
Family					
Family history of the problem behavior	✓	✓	✓	✓	
Family management problems	✓	✓	✓	✓	✓
Family conflict	✓	✓	✓	✓	✓
Favorable parental attitudes toward and involvement in the problem behavior	✓	✓			✓
School					
Early and persistent antisocial behavior	✓	✓	✓	✓	✓
Academic failure beginning in elementary school	✓	✓	✓	✓	✓
Lack of commitment to school	✓	✓	✓	✓	
Individual/Peer					
Rebelliousness	✓	✓		✓	
Friends who engage in the problem behavior	✓	✓	✓	✓	✓
Favorable attitudes toward the problem behavior	✓	✓	✓	✓	
Early initiation of the problem behavior	✓	✓	✓	✓	✓
Constitutional factors	✓	✓			✓

Sources: Catalano & Hawkins, Risk Focused Prevention, Using the Social Development Strategy, Seattle, WA: Developmental Research and Programs, Inc. 1995

5. YOUTH MENTAL HEALTH AND SUBSTANCE ABUSE

The connection between mental health issues, substance abuse and addiction should not be ignored. Numerous studies have found that mental health issues lead to substance use disorders (SUDs) (Conway, Swendesen, Husky, He, & Merikangas, 2016; Cotto, Davis, Dowling, Elcano, Staton, & Weiss, 2010; Fryer, Merino, Hirsch, & Porter, 2009; Johnston, O'Malley, Bachman, & Schulenberg, 2008). Conway et al. (2016), found that adolescents with prior histories of anxiety disorders and behavioral disorders were more likely to abuse alcohol and illicit drugs as juveniles than those without history of disorder and more likely to continue use through adulthood. This research concluded that addressing mental health issues is key to preventing drug and alcohol use by adolescents (Conway et al., 2016).

During the Street Outreach Program survey, researchers found that, in the United States, 89% of youth reported having used alcohol at some point in their life, 79% had used marijuana at some point, and 78% had used cigarettes (Whitbeck et al., 2016). Fourteen point five (14.5%) of the participants also reported that they had overdosed at some point in their lives on drugs and had to have medical interventions (Whitbeck et al. 2016).

Substance Abuse in Nevada

Statistically, Nevada ranks among the top states in the nation for youth and adolescent use of substances. In 2009, the United States rate of teens using prescription pain relievers for non-medical uses was dropping, but Nevada's was not. In 2009, it was found that 10% of Nevada's youth were using prescription pain medications on a regular basis and that number is on the rise (Shalin, 2010). The University of Nevada Las Vegas Center for Democratic Culture also found that almost 25% of Nevada's youth had issues with illicit drug dependence or abuse (Shalin, 2010). Table 3 shows the use of drugs by high school students as reported from the 2015 Nevada High School Youth Risk Behavior Survey (YRBS) Comparison report.

Table 3. Nevada High School Student Drug Use

Drug	Percentage of students who have ever tried the drug
Cocaine	6%
Inhalants	7%
Heroin	3%
Methamphetamines	3%
Ecstasy	7%
Synthetic Marijuana	11%
Steroids	4%
Prescriptions Drugs (for non-medical use)	17%
Injectable Drugs	3%
(Nevada High School Youth Risk Behavior Survey (YRBS), 2015)	

A 2015 needs assessment identified that Nevada has large groups of people that are in need of substance abuse services including:

- * Adolescents with substance abuse and/or mental health problems
- * Parents with substance use and/or mental disorders who have dependent children
- * Individuals with substance abuse disorders in rural areas
- * Women who are pregnant and have substance use and/or mental disorders
- * Unaccompanied minor children and youth
- * Homeless youth with substance abuse and/or mental health problems
- * LGBTQIA youth
- * Youth with co-occurring disorders

(Christiansen, 2015)

Although many groups have been identified as needing help with mental health issues with co-occurring substance abuse issues, only about 5% of providers in Nevada treat youth for both mental health and subsequent substance abuse issues (Christiansen, 2015).

Clark County

The 2015 Clark County Community Health Assessment found that 7.8% of Clark County youths are current smokers and 15% admit to binge drinking (Southern Nevada Health District [SNHD], 2015). Shalin found that about 14% of Clark County high school students have used marijuana at least once ever and 2% have tried cocaine (2010). A rising concern for Clark County is the use of prescription drugs for non-medical reasons. Many students are choosing to use their parents' or grandparents' prescriptions for recreational use. According to the YRBS report, prescription drug use is up to about 12% for Clark County (2015).

Washoe County

It seems that Washoe County has a disproportionate amount of youth involved in illicit drugs, alcohol, and tobacco. The amount of alcohol, tobacco, and illegal drug use by adolescents in Washoe County is actually higher than in Clark County. These findings would support the thesis that the lack of mental health care agencies in Washoe County could influence the amount of substance use and abuse in the county.

During the Washoe County Community Health Needs Assessment, about 18% of high school students admitted to either smoking or using tobacco products currently (2015). As for alcohol, high school students reported that about 40% of them currently drink alcohol on a regular basis. Illegal drug use in Washoe County is also fairly high. Table 4 shows the findings from the Washoe Community Health Needs Assessment regarding high school student use of illegal drug use.

Table 4. Washoe County High School Student Drug Use

Drug	Percentage of students who have ever tried the drug
Cocaine	12%
Meth	7%
Inhalants	15%
Prescription Drugs (For non-medical use)	22%
Heroin	5%
Marijuana	45%
(Washoe Community Health Needs Assessment, 2015)	

Balance of State

The rural counties do not have the same population density as other counties but the drug use is still a problem. It was found that 16% of high school students have used marijuana and 2% have used cocaine (Shalin, 2010). Additionally, 10% of students have used prescription drugs for non-medical uses, which is about the same rate at Clark County (Shalin, 2010).

6. CHILD PROTECTIVE SERVICES AND MENTAL HEALTH

Children in the child welfare system in Nevada face many challenges and for many mental health issues can be one of those challenges. Negative mental health is often related to histories of involvement with both child protective services and juvenile delinquency. Adverse childhood experiences (ACEs) can have negative impacts on mental, emotional, and behavioral health from childhood through to adulthood (Anda, Butchart, Felitti, & Brown, 2010).

Impacts of adverse childhood experiences can include:

- * Social, emotional and cognitive challenges and;
- * High-risk behaviors like substance abuse, alcoholism, risky sexual behavior, smoking, obesity and depression.

Traumatic experiences during childhood (such as being removed from a family home) have been found to correlate with: psychiatric problems, unstable relationships, destructive behaviors, and substance abuse and dependence (Maschi, Bradley, & Morgan, 2008). About 70% of children in child protective services are diagnosed with mental health or substance abuse issues (Shufelt & Coccozza, 2006; Kretschmar, Butcher, Flannery & Singer, 2014).

Involvement in child protective services can become its own risk factor for delinquent behavior and the onset of mental health problems. There is a catch 22 in removing children from problematic situations (e.g, dysfunctional households, abusive situations, and access to drugs). In removing children, we are creating the risk factor of instability (Ryan, Herz, Hernandez, & Marshall, 2007). Chapple et al., (2005) found maltreated children were more likely to experience peer rejection and rejection was tied to violence in adolescents. Non-delinquent peers are a protective factor among maltreated children, reducing their tendency toward delinquent behavior (Maschi, Bradley, & Morgen, 2008).

The stress of abuse and maltreatment also affects the physical development of an adolescent brain, making victims susceptible to substance abuse and mental health issues (Teicher et al., 2012; Teicher et al., 2003). This abuse and neglect can be amplified by the overtaxed child welfare system (Abbott & Barnett, 2015). The increased stress of being “in the system” exposes youth to the risk of developing severe mental health issues, such as post-traumatic stress disorder (PTSD), major depression, and psychopathy (Bender, 2010; Keller et al., 2010; Kilpatrick et al., 2003). National studies looking at children involved in child protective services found that a third to half of these youth were also involved in delinquency systems (Herz, Ryan, & Bilchik, 2010; Gillalla, 2015).

Children in child protective services with mental health issues are more likely to be in multiple placements, weakening their bonds with adults even more.

7. YOUTH MENTAL HEALTH AND THE CRIMINAL JUSTICE SYSTEM

The juvenile justice system is often the first time children and youth are recognized in having some sort of behavioral or mental health disorder. In Nevada, almost 40% of youth in the Caliente Youth Center need medications for mental health related issues (Valley, 2015). This facility is a correctional institute for youths, and is not designed nor equipped to treat those with mental health disorders. Many of the youth that come in contact with the juvenile justice system are sent to Caliente in lieu of residential treatment centers simply because there are not enough residential treatment spots for youth. The very process of incarcerating youth may exacerbate mental health challenges or interfere with their physical or cognitive development.

Clark County

Research shows that about 70% of youth in the juvenile justice system have a mental illness (NAMI, 2015). Girls in Clark County detention self-report high levels of mental health diagnoses (nearly 50%) and nearly a third reported being hospitalized for their mental health challenges (Kennedy, 2014).

Las Vegas bears the brunt of this epidemic due to a lack of resources and treatment facilities. In 2015, 9,164 children and teens had contact with the juvenile justice system in

Clark County and almost a third of them were kept in custody (Valley, 2015). The Chief Family Court judge in the Juvenile Division, Judge W. Voy, focuses on youth mental health cases specifically on Monday afternoons. On average, he sees about 25 cases per week dealing with mental health disorders, specifically behavioral disorders.

“The sooner you diagnose mental health issues, the more likely you’re going to get the early intervention you need.”

-Judge William Voy (2015).

Washoe County

Washoe County does offer help to individuals with mental illness who are entering the criminal justice system. The county created the Mental Health Court in 2001. The court identifies individuals who may have mental health issues through a combination of their jail staff, pretrial services staff, public defender’s office, and municipal and justice court staff. These staff members investigate prior contact with the mental health system.

If an individual is identified as someone who truly suffers from a mental illness, they are placed under a minimum supervision period of one year. During this year individuals participate in treatment programs, must remain compliant with medication recommendations, and stay sober for at least six months. Upon completion of the program, participants are transitioned back into the community. The average defendant is under court supervision for approximately 14 months, though the longest supervision period has been 26 months (Council of State Governments Justice Center, 2012).

Lack of Residential Treatment Facilities

Detention facilities and jails are being used as residential treatment facilities without the treatment component. Sometimes a youth may be lucky enough to be secured a spot in a residential treatment facility (RTC) in another state but most of Nevada’s youth are not that

fortunate. There are 12 facilities that are considered residential treatment centers for youth in the state of Nevada. One of these facilities is Caliente Youth Center, which is a correctional facility for youth. The 140 beds at Caliente are considered a part of the RTC centers in Nevada.

Table 5 shows that there are not nearly enough spots for youth that may require residential treatment in Nevada. The 12 facilities equal about 900 beds for youth in need of inpatient mental health care (588 in Clark County, 141 in Washoe). Considering there is a possibility of 100,000 kids in Clark County alone that may require treatment for mental health issues this number is not even close to fulfilling the need for all of Nevada.

<i>Table 5. Residential Treatment Programs in Nevada</i>				
Residential Treatment Center	# of Beds	Type of Care	Ages Served	County
Adolescent Treatment Center	16	Residential	13-17	Clark
American Addiction Centers: Desert Hope	148	Residential	12-18	Clark
Caliente Youth Center	140	Correctional	12-18	Lincoln
Center for Hope for the Sierras	10	Residential/ Eating Disorders	14+	Washoe
Depression Treatment Center at Seven Hills	94	Residential	11-17	Clark
Desert Willow	58	Acute/ Residential	6-17	Clark
Monte Vista Hospital	162	Acute	4-18	Clark
New Frontier Treatment Center	28	Residential	12-17	Churchill
Reno/Sparks Adolescent Boys Center	15	Residential/ Religious	12-17	Washoe
Spring Mountain Treatment Center	110	Acute	17 & under	Clark
Vitality Unlimited	30	Residential	All	Elko
Willow Springs	116	Residential	13-17	Washoe
Total Number of Inpatient Beds:	927			

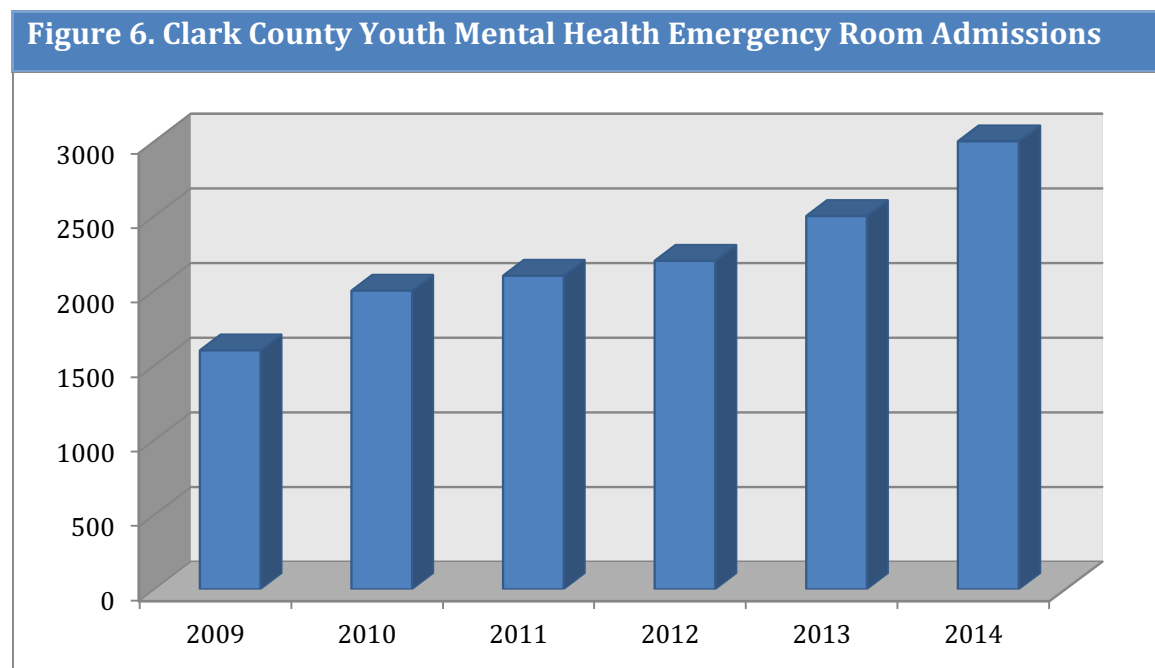
8. COSTS OF UNTREATED MENTAL HEALTH ISSUES

Untreated mental illness has been shown to have a costly effect on society. It has been found that disorders such as autism spectrum disorders, attention deficit hyperactivity disorder (ADHD), conduct disorders, anxiety and depression often go undiagnosed and those with diagnoses have costly medical and non-medical bills (Beecham, 2014). In the case of ADHD, collectively, kids who have been diagnosed with the disorder can accumulate between 38 billion dollars and 72 billion dollars annually (Doshi et al., 2012).

Additionally, there are spillover costs associated with parents missing work and sibling care that can total between 33 billion and 43 billion dollars. However, as expensive as treatment and diagnosis can be, with or without Medicaid or similar insurance, it has been found that children and adolescents that have undiagnosed mental illnesses can be even more expensive. Children who do not receive the appropriate treatment for mental illness can have non-psychiatric *health care costs almost two times higher* than their peers without psychiatric disorders (Wilkes, Guyn, Li, & Cawthorpe, 2012).

Emergency room visits are becoming an increasingly expensive addition to providing mental health services. Many children and youth in Nevada cannot afford mental health services and are forced to use emergency services instead. It was found that most Medicaid

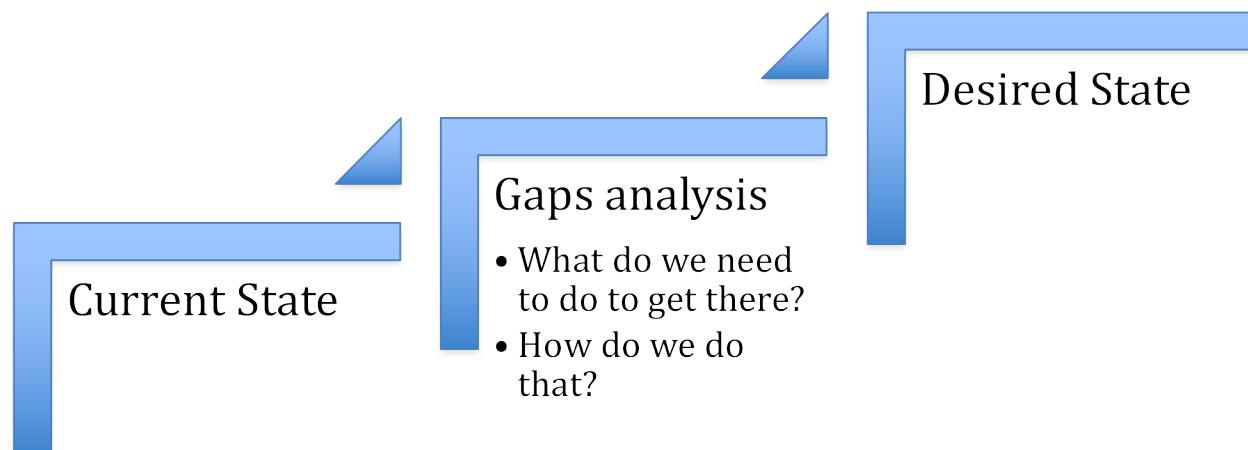
eligible youths are using a more disproportionate amount of emergency services due to the lack of mobile crisis units. Additionally, the lack of mental health services has resulted in about 40% of the children in need of mental health services, are taken to emergency rooms for injuries sustained while attempting suicide (Clark County Children's Mental Health Consortium, 2009). Figure 6 shows the rise in emergency room admissions due to mental health issue. The number has risen steadily since 2009.



(Clark County Children's Mental Health Consortium, 2015)

9. GAPS ANALYSIS

Throughout this report, it has been quite clear that the state of Nevada is failing its youth in providing mental health services. Residential treatment centers have long wait lists or are not providing correct care for patients. Children and youth are falling between the cracks and they face many barriers to receiving proper mental health care. Our current state of mental health care is not promising and there are a lot of steps that need to be taken to get to the desired state but there are barriers that need to be overcome and gaps in the service population that need to be addressed.



The 2016 Statewide Community Needs Assessment conducted for the Grants Management Advisory Committee, found that mental health was identified as the number one need in the state. Through their interviews, they found that there were three recurring themes pertaining to the need of mental health services. These are the things that were identified as the most urgent needs due to the lack in care:

Mental Health: Accessibility, affordability, integration of care, and supportive services

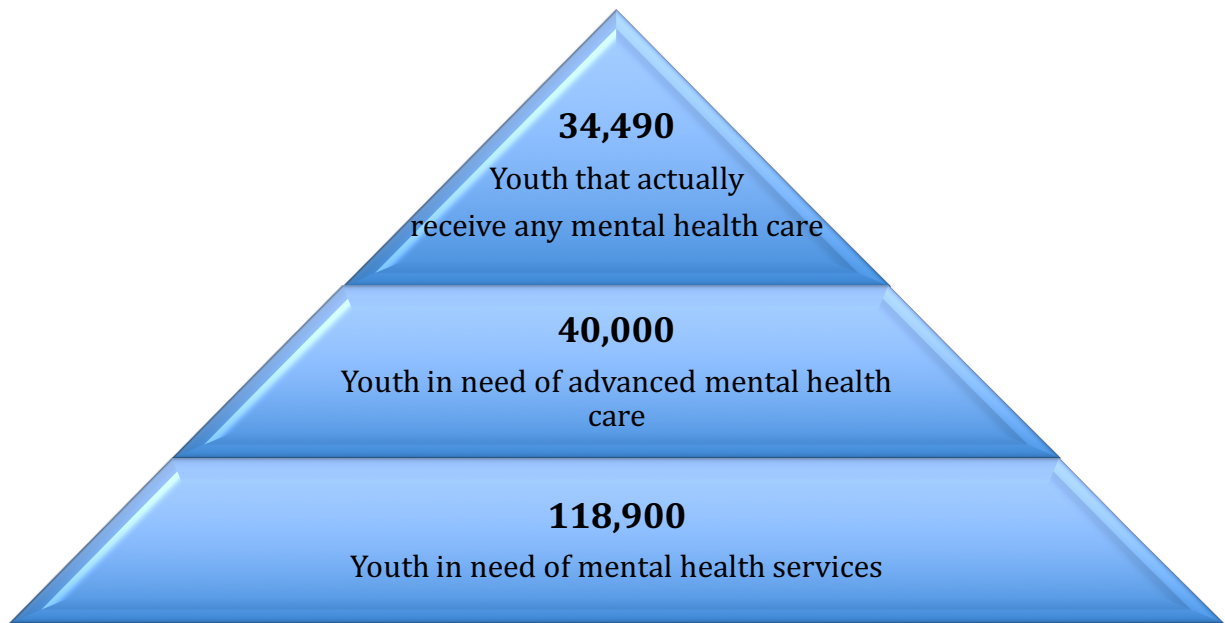
Health Access: Provider shortages, affordability, and insurance issues

Tobacco Use Prevention and Cessation: Deserves FHN funding

Clark County

It is estimated that there are about 118,900 juveniles in Clark County every year in need of mental health services but in Nevada only 29% of those will actually receive services meaning that only 34,490 children will receive the help they need. Denby, Owens, and Kern found that about 40,000 Clark County kids have severe mental issues that need addressing (2013).

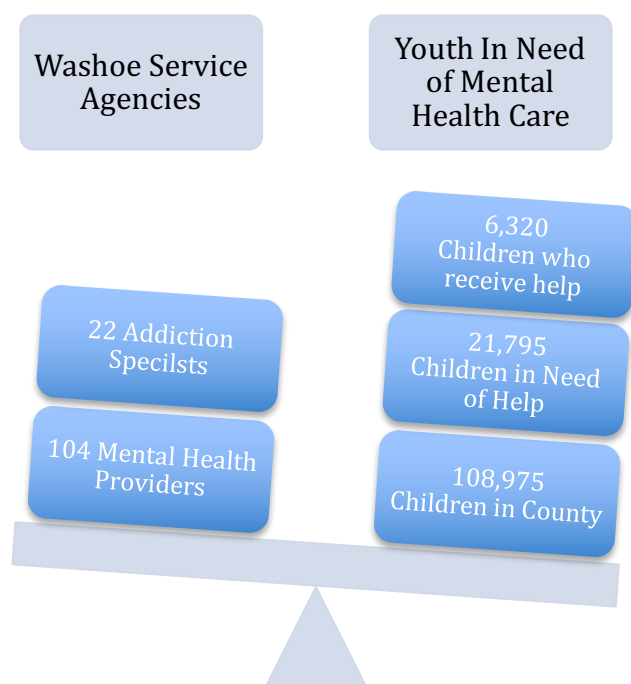
Figure 7. Clark County need for services vs. actual delivery of services



Washoe County

Figure 8 demonstrates the amount the of service agencies for juveniles in the county, the number of juveniles in the area, the number of juveniles in need of mental health services, and those children that are actually receiving services.

Figure 8. Washoe County need for service vs. actual delivery of services



Balance of State

Table 6. Rural juvenile need for service vs. actual delivery of services

	Balance of State
Total youth in area	55,920
Youth in need of mental health services	11,200
Youth who receive mental health services	3,244
Total number of mental health agencies in area	53

Barriers to Providing Mental Health Services

There are a number of barriers to youth getting the mental health services they need besides the lack of providers. In a study conducted by the Nevada Department of Health and Human Services, barriers to mental health services were identified by both providers and patients (Christiansen, 2015). Table 7 shows the barriers that each group perceives and how high that barrier ranks to each group.

<i>Table 7. Top barriers to mental health services</i>			
Provider Responses		Patient Responses	
Barrier	Rank	Barrier	Rank
Cost	1	Lack of Knowledge	1
Lack of knowledge of resources	2	Lack of insurance coverage	2
Lack of transportation	3	Stigma	3
Lack of insurance coverage	3	Fear	4
Lack of available providers	4	Cost	5
Long wait lists	4	Perception that treatment wouldn't help	6
Fear	5	Took too much time to get services	6
<i>(Christiansen, 2015)</i>			

These are not only barriers perceived by clients. In Clark County, it was found that transportation presented a huge barrier for many. Having reliable services within a reasonable distance from home or work presented a challenge for many and prevented them from accessing care (Christiansen, 2015).

These barriers are also creating gaps in the populations being served, and services being offered. The same study identified the top populations and sub-populations that are being missed when treating mental health disorders, with children being the number one population lacking mental health services.

Top Populations in Need of Mental Health Services

- * Children with Serious Emotional Disturbance (SED) and their families
- * Adults with Serious Mental Illness (SMI)
- * Individuals with mental and/or substance use disorders involved in the criminal or juvenile justice systems

(Christiansen, 2015)

It is not surprising that some populations are being missed when serving mental health patients when it has also been identified that numerous services are severely lacking. The services below, were identified by Christiansen when she interviewed service agencies during the 2015 need assessment.

- | | |
|---|---|
| * Children's residential mental health services | * Acute Intensive Services: Mobile Crisis |
| * Crisis residential/stabilization | * Intensive home-based services |
| * Lack of inpatient services | * Adult residential mental health treatment |
| * Lack of outpatient services | (Christiansen, 2015) |

As with the at-risk populations, the gaps for suicide prevention are very wide. The biggest failure in preventing suicide is failing to recognize underlying mental health issues. There is a significant lack of training for service providers, educators, and parents in recognizing the signs of suicide and mental health disorders (Christiansen, 2015). The biggest failing is a lack of crisis intervention and prolonged treatment for those contemplating suicide. In the state of Nevada, suicide is the number two cause of death for juveniles (Office of Suicide Prevention, 2014).

Top Populations in Need of Suicide Prevention Services

- * Children with Serious Emotional Disturbance (SED) and their families
- * Adults with Serious Mental Illness (SMI)
- * Individuals with SMI or SED in rural areas
- * Individuals with mental and/or substance use disorders involved in the criminal or juvenile justice systems
- * Individuals with mental/substance abuse disorders who are LGBT (Christiansen, 2015)

10. CHILDREN'S MENTAL HEALTH NATIONAL BEST PRACTICES

The first step to addressing adolescent mental health care is identifying those in need. Often, screening and assessment are used interchangeably but they are not the same thing. Screening simply identifies if a student or youth needs further evaluation. Assessments are more complete and help determine the best course of action for the youth. In a report by Kennedy and Stout (2015), they outlined the best principles of assessing youth. These principles can apply to youth in need of mental health services, youth in child protective services, and youth in the juvenile justice system.

Principles of best practices for clinical assessments:

1. Use multiple methods of evaluation
 - Observation, mental status examination, family psychiatric and psychosocial history, and interviews with care givers
 - Use reliable and valid instruments for assessments
2. Assessments should include parental input
 - This is particularly valuable for diagnosing attention deficit disorders
3. Focus on recent symptoms to determine current treatment needs
 - Also consider how stress of confinement or involvement in the system may worsen symptoms
4. Strategic reassessment
 - Youth held in custody may have shifts in symptoms and need treatment adjustments

Screening and Assessment

One of the biggest issues with mental health care for many states is that the juvenile justice system is the first time many juveniles are screened for mental health issues. These screenings are most often after the youth has been adjudicated and in a correctional facility.

In Pennsylvania, although youth are still being sent to correctional facilities they have changed the way they screen youth so that they can provide more accurate and timely care for juveniles. They use the Massachusetts Youth Screening Instrument, Version 2 (MAYSI-2), this tool has resulted in more effective treatment for youth and a faster response time (Mental Health Needs of Juvenile Offenders [MHNJO], 2015). Pennsylvania has also protected youth from self-incrimination statements made during mental health and substance abuse screenings. Illinois and Texas have also moved toward this type of legislation in protecting youth (MHNJO, 2015).

Under Tennessee law, juveniles who commit crimes that would be felonies for adults are mandated to undergo psychological evaluations (MHNJO, 2015). These evaluations are meant to determine if the juvenile has underlying mental health issues that would cause them to act in a manner that would not be typical of someone their age. The state is also required to pay for the assessments, unless the parents can prove that they can reimburse the state. North Dakota and Oregon also have similar policies. Both of these states require that juveniles who commit crimes dealing with drugs or alcohol must go through substance abuse screenings and education classes (MHNJO, 2015).

Competency

Mental health problems can severely affect the outcome of legal issues, particularly if the youth is unable to understand the ramifications of their actions. Virginia has passed laws stating that a juvenile charged with a misdemeanor but determined “un-restorably incompetent” be dismissed in one year (MHNJO, 2015). Arizona determined that juveniles

with mental issues can be found incompetent to stand trial, but they also take into account maturity levels regardless of mental health screening results.

Diversion

Diversion into community based mental health treatment programs showed significant reductions in recidivism (Colwell, Villarreal, & Espinosa, 2012) Research analyzing over 2,500 youth found that youth diverted to community based mental health and family services also showed significant reductions in trauma symptoms (e.g., anxiety, depression, anger, posttraumatic stress, dissociation, and sexual concerns), improved psychological functioning and reduced problem severity (Kretschmar et al., 2014).

Ohio has implemented the Integrated Co-Occurring Treatment Model (See Appendix XX), which is an intervention program for kids that exhibit mental health symptoms and show signs of substance abuse. The program reintegrates the youth and involves individual and family therapy sessions (MHNJO, 2015).

Aftercare

Although most youth are identified as having mental issues while incarcerated, they are eventually released. For many youth their release from an institution also means the end of their mental health treatment. Virginia and Texas both have legislation in place to help youth reintegrate into society and help them continue their mental health care (MHNJO, 2015). These laws also help youth get involved with the community so they are less likely to revert to their high-risk behaviors from before.

Collaboration

Wraparound Milwaukee (See Appendix C), is a program that brings together: mental health agencies, juvenile justice department, child protective services, and the schools to help provide complete services to kids (MHNJO, 2015). The agencies develop plans for each child that is tailored for their unique needs. Since the beginning of the program, the need

for residential treatment has decreased by 60% and psychiatric hospitalization decreased by 80% (MHNJO, 2015).

The Dawn Project in Indiana (See Appendix C) brings together Family and Social Services Administration, Mental Health and Addiction, Indiana Department of Corrections, the Marion County Office of Family and Children, the Marion Superior Court Juvenile Division, and the Mental Health Association (MHNJO, 2015). This program is designed to help those youths that have been diagnosed with severe mental health disorders, and create specialized plans for their treatment.

Best Practices for Mental Health Care

Prevention	Early Intervention	Intervention
<ul style="list-style-type: none">•Monitoring youth populations for issues•Mental wellness, substance abuse and trauma awareness<ul style="list-style-type: none">•Youth•Families•Health care•Schools•Social service providers	<ul style="list-style-type: none">•Situational crisis management•Coping (short-term) interventions<ul style="list-style-type: none">•anger management•emotional regulation•coping skills•Group counseling•Parent clinics	<ul style="list-style-type: none">•Mental Illness services•Substance abuse treatment•Special Educational services•Trauma treatment•Continuum of services<ul style="list-style-type: none">•residential•hospitalization•emergency treatment•day treatment•outpatient•evaluations and assessments•home based services•case management•school support•parental education

National recommendations for mental health care need to be incorporated for Nevada to provide the best possible treatment for the mentally ill. Mental health care and physical health care are closely tied together; therefore many of the recommendations will overlap between the two. The National Council for Behavioral Health (NCBH) recommends three major practices to facilitate proper care: making care safer by reducing harm caused in the delivery of care, ensuring that each person and family is engaged as partners in their care, and promoting effective communication and coordination of care (National Council for Behavioral Health [NCBH], 2014).

The NCBH believes that improved communication between family members, the patient, and their health care providers will ensure that a patient is receiving safer treatment. Patients may have multiple providers and improper communication can lead to conflicting

health care recommendations. This may potentially be detrimental to the improvement of the patient's health. Improving communication will also facilitate the patient's engagement in their care, which leads to the NCBH's second recommendation: ensuring that each person and family is engaged as partners in their care.

Ensuring that the friends and family of the patient are up to date on the patient's current treatment is crucial when it comes to treatment outside of the health care provider's office. Proper information gives families the tools they need to support the health care provider's recommendations at home. This information ensures that family is not unintentionally providing some form of treatment that is detrimental to the patient's treatment plan.

This all ties together with the NCBH's final recommendation: promoting effective communication and coordination of care. While this may sound redundant, effective communication allows the patient to be the center of their care. You no longer have multiple providers prescribing different treatment plans, as there is one singular treatment plan for the patient. This method allows the eradication of potentially harmful effects that are caused by conflicting treatment plans.

In addition to the NCBH's recommendations, the 2001 book, *Crossing the Quality Chasm: A New Health System for the 21st Century*, sets forth 10 rules for redesign in the health care system. They are as follows:

1. *Care is based on a continuous healing relationship.*
2. *Care is customized according to patient needs and values.*
3. *The patient is the source of the control.*
4. *Knowledge is shared and information flows freely.*
5. *Decision-making is evidence-based.*
6. *Safety is a system property.*
7. *Transparency is necessary.*
8. *Needs are anticipated.*
9. *Waste is continuously decreased.*
10. *Cooperation among clinicians is a priority* (Corrigan, Donaldson, Kohn, Maguire, & Pike, 2001).

Our nation's health care system is constantly changing and ever-growing and while our methods of treatment may change, these 10 rules for redesign should always be kept in mind. The patient must always come first when it comes to treatment and open communication needs to be kept between providers. Nevada's mental health care system must stay ahead of the curve to properly treat their mentally ill.

Resources for Best Practices, Information and Training Material

Below are few key resources for those seeking to divert youth from the juvenile justice system and provide them with proper mental health care.

National Center for Mental Health and Juvenile Justice

<http://www.ncmhjj.com>

The overarching philosophy of the National Center for Mental Health and Juvenile Justice (NCMHJJ) appears in their various publications,

Whenever safe and appropriate, youth with mental health needs should be prevented from entering the juvenile justice system in the first place

The NCMHJJ conducts research, trains and publishes on best practices and how to improve programs. One example was their 2012-2013 action network that included technical support and assessments of programs in 8 states. Technical support was provided through webinars such as: Applying proven strategies to reduce racial and ethnic disparities in the juvenile justice center; the role of family in juvenile justice diversion programs for youth with behavior health needs; and trauma-informed juvenile justice and mental health systems: why we need them, how to move toward them. Meetings and reports around screening tools and implementing evidence-based practices were also held.

Models For Change

<http://www.modelsforchange.net>

This collaborative resources is sponsored by the MacArthur Foundation and publishes work on juvenile justice change models. The Center works in a number of different areas to create juvenile justice reforms. Their major areas of concern are

- Aftercare – post-release services, supervision and supports that help committed youth transition sagely and successfully back into the community.
- Community-based alternatives – local alternatives to formal processing and incarceration.
- Dual status youth – coordinated, multi-system interventions to improve outcomes for youth in the juvenile justice and child welfare systems.
- Evidence-based practices – highlighting programs and services of demonstrated effectiveness in improving behavior.
- Juvenile indigent defense – meaningful access to legal counsel for all youth.
- Racial-ethnic fairness/DMC – data-driven strategies to reduce racial and ethnic disparities and promote a more fair juvenile justice system.
- Status offense reform – strategies to safely and effectively divert non-delinquent youth from the formal juvenile justice system.
- Mental health – collaborative approaches to meet the mental health needs of youth without unnecessary juvenile justice system involvement.

The National Youth Screening & Assessment Project (NYSAP)

<http://www.umassmed.edu/sparc/>

http://works.bepress.com/gina_vincent/

This resource is a research and technical assistance group based at the University of Massachusetts Medical School and authored both measures and best practice in assessment guidelines.

- Screening and Assessment in Juvenile Justice Systems: Identifying Mental Health Needs and Risk of Reoffending

<http://www.modelsforchange.net/publications/328>

- Risk Assessment in Juvenile Justice: A Guidebook for Implementation

<http://modelsforchange.net/publications/346>

School-based diversions

Summit County, Ohio produced a manual on how to develop school-based responders programs. It focuses on identification and referrals with training for potential early interveners. Their main goal is to direct children to appropriate mental health services and away from the juvenile justice system. The manual is available at,

<http://www.modelsforchange.net/publications/450>

11. RECOMMENDATIONS

Collaboration

One of the biggest problems with the current mental health welfare system is that the process of getting help is too complicated for people to navigate. By having social services and mental health agencies collaborate, the process may be less intimidating for someone unfamiliar with the system. This collaborating could create a network of agencies that could help the overall welfare of the youth. The more agencies involved, the more likely a youth is to receive the help they need. The agencies could include: juvenile court judges, law enforcement, probation officers, prosecutors, defense attorneys, child welfare, Clark County School District, adult social services, mental health agencies and community service providers working with these youth. Adult social services should be included to help leverage resources for at risk families. It must be a community wide planning process and could include the media to build community consensus to help at risk youth. Clark County School District has to be engaged in order to do early intervention.

Data Infrastructure

The key to collecting data is sharing information. Without comprehensive monitoring, services can never be improved. Nevada and Clark County specifically has a history of not sharing information between agencies and branches. This obstacle should be overcome to

provide the best services and reduce inefficiencies. A collaboration between agencies should help this problem.

Research Assessment Tools

Private providers and agencies may have screening and assessment tools that they prefer to use but it is recommended that assessment tools be explored. See Appendix XX for a list of potential screening and assessment tools that could be used for both youth at risk for mental illness but high-risk behaviors. Many tools can be combined for multiple purposes and can help with youth in a variety of situations.

Cultural Competency

There is a disproportionate minority contact across multiple service systems in Nevada, particularly in Clark County. Having mandatory cultural competency trainings for staff in social service agencies would help alleviate some of the frustrations between staff and clients. Las Vegas is a very diverse city with many cultures overlapping one another. This type of training and understanding would also help staff understand the barriers that some families may be facing in asking for help.

Create New Diversion Initiatives

Clark County should assess and address the barriers that exist to reducing reliance on confinement. This must include collaborative work with agencies that feed youth into the juvenile justice system such as child protective services and the school district. Clark County and the State of Nevada should conduct a cost-benefit analysis of their juvenile justice policy. It is more beneficial to treat youth with mental health issues than to leave them untreated and continue having to incarcerate them.

Expand Number of Clinicians

Although Appendix D may seem to be an extensive list of mental health agencies and providers, there is still a shortage of clinicians able to help youth. There is a very limited number of agencies that help youth specifically, particularly in the area of substance use

disorders. Youth face many challenges that differ greatly from the challenges that adults face.

Health Care Awareness

Treating mental health issues is more than treating the problem it should include wraparound care. Many youth do not receive the help they need because they don't know how to access help or are afraid to ask. There are many cases where youth may not only need mental health help but also physical health care or their family needs help in other areas. Mental health and social service agencies should be aware of other resources available to youth and their families.

Individualized Care

As with many systems, one size does not fit all. Youth in need of mental health services have unique situations and should not be put into a stagnant system. The mental health provider, social service workers, the child's school, and the family to should come together to create individualized plans that are tailored to the youth.

Incident Reporting and Oversight

As a part of collaboration, there should be a way to report critical incidents to the multi-disciplinary teams working with youth. If a child receives detention for misbehaving at school, there should be a way for the school to relay that information to the appropriate agencies. Nevada currently has inconsistent information sharing between community service providers and government agencies managing youth. Sharing of information between government agencies should also be examined.

Quality Assurance Services

The reason that there is a problem with the way that youth mental health services are provided is because there is no oversight. There is very little in the way that services are reviewed or examined to make sure that proper protocols are followed. There should be a

system in place for a governing body to review the quality of care provided by agencies serving not only youth but mental health patients in general.

Outcome Recommendations for a Juvenile Mental Health

The 3rd recommendation was for data infrastructure. Below are specific suggestions for data priorities.

1. Develop more collaborative case management systems so that multi agency involved youth can have comprehensive files that are accessible to multiple service providers.
2. Track multiple referrals or youth who have multiple engagements with law enforcement or juvenile justice
3. Track match to services. Beyond listing referrals, track participation and success with these referrals
4. Track case processing times. Track time from intake, assessment and accessing services.
5. Track quality of services. Transparency and success of outcomes with community based services need to be tracked to build excellence. The more that agencies know about service providers, the better that they can match the youth to the right programs.
6. Confirm that assessment results are shaping referrals that services provided match the needs identified.
7. Look for patterns like possible widening of net or drawing more youth into the system.
8. Create a quality assurance program

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Appendix A- Clark County Children’s Mental Health Consortium

The Clark County Children’s Mental Health Consortium (CCCMHC) was created in 2001 by the Nevada Legislature to conduct research and improve mental health care delivery to Clark County. This commission is required to release a 10-year strategic plan for addressing Nevada’s mental health issues concerning youth in the state. These goals and priorities were set to be met by the year 2020.

While the CCCMHC has not failed, the 2015 report shows that there is little progress being made to achieve the 6 goals set out in the plan and the four priorities identified within the plan. Below are the provisions of the 10 year plan, the actions steps listed within the plan, and the progress made toward achieving those goals.

Priority 1	Re-structure the public children’s behavioral health financing and delivery system to ensure quality, accountability, and positive outcome for Clark County’s children and families.		
	Action Steps:	<ol style="list-style-type: none">1. Integrated, local system management for publically funded children’s behavioral health services2. Re-structure Medicaid policies and funding to support a single, accountable entity in Clark County that uses a wraparound approach to manage care.3. Essential health benefits for children should be: family-to-family support, mentoring, mental health consultation, mobile crisis intervention, and respite care.4. Develop and implement a statewide, universal set of quality standards	
	Current Status:	Some Progress	

Priority 2	Provide mobile crisis intervention and stabilization services to Clark County youths in crisis.
Action Steps:	<ol style="list-style-type: none"> 1. Expand funding for DCFS to implement an evidence-based mobile crisis intervention program 2. Develop a family-driven approach that ensures all youths admitted to emergency rooms with severe psychiatric crises, including those with suicidal behavior; receive immediate and appropriate inpatient or community-based care.
Current Status:	Significant Progress

Priority 3	Expand access to family-to-family support services for the families of Clark County's children at risk for long-term institutional placement.
Action Steps:	<ol style="list-style-type: none"> 1. Expand funding to provide family-to-family support for Clark County youth with serious emotional disturbance at risk for long-term residential treatment 2. Expand funding to provide family-to-family support for Clark County youth with co-occurring developmental disabilities and behavioral health needs that are at risk for long-term residential treatment
Current Status:	Minimal Progress

Priority 4	Develop partnerships between schools and behavioral health providers to implement school-based and school-linked interventions for children identified with behavioral health care needs.
Action Steps:	<ol style="list-style-type: none"> 1. Provide funding to maintain and expand school-based mental health and suicide prevention screening CCSD <ol style="list-style-type: none"> a. Prioritize funding for parent awareness, and parent support 2. Provide funding from the Office of Suicide Prevention to expand its means reduction program to include a public awareness and family education campaign about the risk of youth suicide caused by availability of firearms and potentially lethal medications
Current Status:	Some Progress

The 10-year plan goals are:

1. Children with serious emotional disturbance and their families will thrive at home, at school, and in the community with intensive supports and services.
2. Children with behavioral health needs and their families will access a comprehensive array of effective services when and where they are needed
3. Families seeking assistance will find an organized pathway to information, referral, assessment and crisis intervention coordinated across agencies and providers.
4. The system will be managed at the local level through a partnership of families, providers and stakeholders committed to community-based family driven, and culturally competent services.
5. County-wide programs will be available to facilitate all children's healthy social and emotional development, identify behavioral health issues as early as possible, and assist all families in caring for their children.
6. Heightened public awareness of children's behavioral health needs will reduce stigma, empower families to seek early assistance and mobilize community support for system enhancements. (CCCMHC, 2015)

Appendix B- Screening and Assessment Tools

Mental Health

Kutcher Adolescent Depression Scale (KADS)

(LeBlanc, Almudevar, Brooks, & Kutcher, 2002)

This 6 item scale is a quick screening that is easy for adolescents to respond to and uses language that teens are familiar with. It quickly determines if teens are at risk for suicide or need immediate mental health care.

This tool is available for free at a number of locations such as:

<http://teenmentalhealth.org/toolbox/kutcher-adolescent-depression-scale-kads-english/>

Technical Assistance Partnership for Child and Family Mental Health

<http://www.tapartnership.org/docs/screenListv3.pdf>

This site has a list of mental health and substance abuse screening instruments appropriate for use with youth. The tools are listed by title but also describe the appropriate age group, symptoms screened for and publisher/website information.

Runaway and Homeless Youth Training and Technical Assistance Center

<http://www.rhyttac.net/resources/document/assessment-tool-webinar-resource-list>

This agency has put together a webinar and list of assessments used by different programs across the county. These tools are not limited to use with runaway and homeless youth but can be used for a variety of youth. The tools they report as currently being used have different purposes including looking at mental health, physical health, life skills and other areas of strengths and challenges for youth.

- Casey Life Skills (CLSA)
- Child & Adolescent Needs & Strengths (CANS)
- Problem Oriented Screening Instrument for Teenagers (POSIT)

- Adolescent Substance Abuse Subtle Screening Inventory (SASSI – A2)
- Massachusetts Youth Screening Instrument Version 2 (MAYSI-2)
 - (Highlighted in Best Practices)
- Developmental Assets Inventory
- Childhood Trauma Questionnaire (CTQ)
- Global Appraisal of Functioning (GAIN- SS)
- Pediatric Symptom Checklist (PSC – 17)
- Trauma Symptom Checklist (TSCC)
- Youth Assessment & Screening Tool (YASI)
- The Child & Adolescent Functional Assessment Scale (CAFAS)
- Beck Depression Inventory (BDI)
- Behavioral Assessment System for Children (BASC – II)
- The Adolescent Resiliency Attitudes Scale (ARAS)
- Child Behavior Checklist (CBCL)

Child Traumatic Stress

National Child Traumatic Stress Network

A searchable database with reviews of measures used in the field of Child Traumatic Stress.

<http://www.nctsn.org/resources/online-research/measures-review>

Trauma Informed Care

Webinars available through the National Technical Assistance Center for Children’s Mental Health

<http://gucchdtacenter.georgetown.edu/TraumaInformedCare/>

Health Assessments

Duke Health Profile Assessment

It is one page and can be completed by the youth themselves.

<http://www.nctsn.org/resources/online-research/measures-review>

Substance Abuse Screening

There are multiple tools for assessing substance abuse. A free screening tool is available for youth through the Sassi Institution.

www.sassi.com

ADDITIONAL RESOURCES

Practice Information

Psychological First Aid for Youth Experiencing Homelessness. (2009)

http://www.nctsn.org/sites/default/files/assets/pdfs/pfa_homeless_youth.pdf

Lesbian, Gay, Bisexual and Transgender Youth: An Epidemic of Homelessness. (2006)

http://www.thetaskforce.org/static_html/downloads/reports/reports/HomelessYouth.pdf

Teen Mental Health – screening tools

<http://teenmentalhealth.org/>

Mental Health America – screening tools

<http://www.mentalhealthamerica.net/mental-health-screen/youth>

Appendix C- Best Practice Program Examples

The Integrated Co-Occurring Treatment Model (ICT)

- * Clemshaw, Shepler, Newman, (2005)
- * Intensive home-based treatment to provide vital services to youth with substance use and serious mental illness who have had contact with the juvenile justice system
- * Engages both the teen and family to recognize how it affects their relationship with family, peers, school, and community
- * http://www.tandfonline.com/doi/pdf/10.1300/J374v01n03_11

Wraparound Milwaukee (1995)

- * A unique system of care for children with serious emotional, behavioral, and mental health needs and their families
- * Focuses on individualized care with the motto: “One child, one plan”
- * Was designed to reduce the use of institutional-based care such as residential treatment centers and inpatient psychiatric hospitals while providing more services in the community and in the child’s home.
- * The federal government also stressed more family inclusion in treatment programs along with collaboration among social service agencies
- * In 2004, Wraparound Milwaukee was named an exemplary program by the President’s New Freedom Commission on Mental Health.
- * <http://wraparoundmke.com>

Dawn Project

- * A system of care that uses a family-centered, culturally competent approach by blending funding streams from different social service agencies and mental health providers
- * Findings suggest that for youth in the project, there is significant clinical improvement during the first year of receiving services, a reduction in the use of more restrictive settings, and a decrease in recidivism among those who successfully complete the program.
- * <http://www.cmhnetwork.org/alumni/map/indiana/dawn-project>

Appendix D- Juvenile Mental Health and Social Service Providers in Nevada

Agency	Phone	Location	County	Types of Services	Website
Aaron Williams Therapy, LLC	702-386-0254	801 South Rancho Dr. Suite D-2 Las Vegas, NV 89106	Clark	Therapy	http://www.aaronwilliamstherapy.com
Addo Recovery	855-229-2336	6268 S. Rainbow Blvd., Suite #110A, Las Vegas, NV 89118	Clark	Therapy	http://addorecovery.com
Advocates to End Domestic Violence	775-884-1886 Crisis Phone: 775-883-7654	885 E. Musser St. Suite #3003 Carson City, NV, 89701	Carson	Crisis, Info, Legal, Therapy	www.aedv.org
Alana Jackson and Assoc LLC	702-675-8967	8685 S Eastern Ave Las Vegas, Nevada 89123	Clark	Therapy	
Alecia L. Towell L.L.C.	775-393-9198 775-225-6968	636 Lander St Reno, NV 89509	Washoe	Therapy	
Alexandria Rees	702-706-4024	9414 W Lake Mead Blvd Suite #210 Las Vegas, Nevada 89134	Clark	Counseling, Therapy	
Alicia Hite	702-625-1451	7331 W. Charleston Blvd, suite #140 Las Vegas, NV 89117	Clark	Therapy	http://www.lasvegastherapist.com/
Allan Berkowitz	702-806-5268	5426 Vegas Drive Las Vegas, Nevada 89108	Clark	Therapy	http://www.nmhs.lv.com/
Allan Mandell, Ph.D., MFT	775-232-1553	860 Tyler Way Sparks, NV 89431	Washoe	Counseling, Therapy	http://doctormandell.com
Allied Psychological Services, LLC.	702-228-4900	3245 S Rainbow Blvd #100 Las Vegas, NV 89146	Clark	Therapy	
Allison Hilborn-Tatro Therapy, INC	775-830-5901	245 Mt Rose St Reno, NV 89509	Washoe	Therapy	http://txconsultations.wixsite.com/allisonhilborntatro
Alpha Institute, LTD	702-350-3194	500 N Rainbow Blvd Suite #300, Las Vegas NV, 89107	Clark	Therapy	
Alpine Counseling Associates	775-823-9133	4600 Kietzke Ln Reno, NV 89502	Washoe	Therapy	
Alternative to Living in	775-463-5843	400 Main St. Ste. A. Yerington, NV 89447		Crisis	www.facebook.com/alivedo

Violent Environments (A.L.I.V.E.)					mesticviolence/
Amber Elliott LMFT, LLC	702-919-7308	600 Whitney Ranch Dr Suite #A5A Henderson, NV 89014	Clark	Therapy	
American Addiction Centers	702-848-6223 Toll free: 888-983-9954	2465 E Twain Ave Las Vegas, NV 89121	Clark	Counseling, Info, Outreach, Therapy	http://americanaddictioncenters.org/
American Comprehensive Counseling Services	Sparks: 775-365-2896	860 Tyler Way Sparks, NV 89431	Washoe	Therapy	http://www.aacsnv.com
	Reno: 775-337-6644	620 E. Plumb Lane Reno, NV	Washoe		
	Carson City: 775-883-4325	603 E. Robinson St. Carson City NV 89701	Carson		
Ana Olivares, Psy.D., LLC	702-803-3115	6284 S Rainbow Blvd Suite #110 Las Vegas, Nevada 89118	Clark	Therapy	
Andrea T. Ornelas, LCSW	702-533-7660	4425 South Jones Blvd. Suite 3 Las Vegas, NV 89103	Clark	Counseling	http://www.ornelastherapy.com/
Andres Counseling Services, LLC	702-318-8260	2441 Tech Center Ct #109 Las Vegas, NV 89128	Clark	Counseling	
Anita T Vaccaro	702-509-6953	3425 Cliff Shadows Pkwy Suite #150 Las Vegas, Nevada 89129	Clark	Therapy	
Anna Goswami L.L.C.	702-904-8845	7371 W Charleston Blvd #110 Las Vegas, Nevada 89117	Clark	Therapy	
Annah-Lizah Vaquilar	702-832-0452	3230 S Buffalo #105 Las Vegas, NV 89117	Clark	Therapy	
Annis Prewitt	702-978-3886	9550 S. Eastern Ave. Suite #220 Las Vegas, NV 89123	Clark	Counseling	http://www.annisprewitt.com
Ashley Hurley	702-904-8385	2980 S Rainbow Blvd Las Vegas, NV 89146	Clark	Therapy	http://www.aspiremh.com/ashley-hurley-cpci.html
Aspire Mental Health	702-673-7462	2980 S Rainbow Blvd #200A Las Vegas NV 89146	Clark	Crisis, Therapy	http://www.aspiremh.com

Atomic Psychological Associates	702-333-229	4550 West Oake Suite #106 Las Vegas, NV 89102	Clark	Therapy	http://atomicpsych.com
Balance Therapy Center	775-323.1829	556 California Ave Reno, NV 89509	Washoe	Counseling, Info, Therapy	http://www.balancetherapycenterllc.com
Barbara Hudson	775-722-6272	243 Stewart St. Reno, NV 89501	Washoe	Counseling, Therapy	http://barbarahudsonmft.com
Bardos Psychological Services, PLLC	702-487-9169	2501 N. Green Valley Parkway Suite #130 D Henderson, NV 89014	Clark	Counseling, Therapy	http://www.drbardos.com
Battle Mountain Mental Health	775-635-5753	10 E. 6 th St. Battle Mountain, NV 89820	Lander	Therapy	
Beach Therapy	702-334-6162	KMG Consulting North Las Vegas, NV	Clark	Counseling, Info	http://beachtherapylv.com
Belume Counseling (LGTBA Friendly Counseling)	702-514-0231	1334 S Maryland Pkwy #3 Las Vegas, NV 89104	Clark	Counseling	http://www.belume.com
A Better Life, LLC	702-800-7311	1070 W Horizon Ridge Parkway Ste #200 Henderson, NV 89012	Clark	Counseling, Therapy	
Beverly J. Paschal, PhD, MFT	775-827-0404	3670 Grant Drive #103-A Reno, NV 89509	Washoe	Counseling, Therapy	http://www.bevpaschaltherapy.com
Blue Lotus Counseling Services	702-236-4181	San Martin Medical Arts Pavilion 8285 W Arby Avenue Suite #225 Las Vegas, NV 89113	Clark	Counseling, Therapy	http://www.bluelotuscounselingservices.com
BrainScape Solutions	702-488-5608	5940 S Rainbow Blvd, Las Vegas, NV 89118	Clark	Therapy	http://www.brainscapesolutions.com
Braun Psychological Services	775-247-5001	10775 Double R Blvd. Reno, NV 89521	Washoe	Counseling, Info, Therapy	https://bpsreno.com
Bree Mullin	702-263-0094	1820 E. Warm Springs Rd Suite# 125 Las Vegas, NV 89119	Clark	Therapy	
Browning Psychological Services	702-410-8400	2110 E Flamingo Rd #317 Las Vegas, NV 89119	Clark	Counseling, Therapy	http://dynamicyfamilytherapies.com
Bunker Counseling	702-580-4329	2620 Regatta Dr Las Vegas, NV 89128	Clark	Counseling	https://tbunker.wordpress.com

Cairn Center	702-508-9461	3615 West Charleston Boulevard Las Vegas, NV 89102	Clark	Therapy	http://www.cairncenter.com/
Caliente Youth Center	775-726-3181	500 Youth Center Drive Caliente, NV 89008	Lincoln	Casework, Counseling, Therapy	http://dcfs.nv.gov/Programs/JJS/Caliente/
Care Counseling	702-527-9997	501 S Rancho Dr Las Vegas, NV 89106	Clark	Therapy	http://carecounselingonline.com/
Carol Hemington Turner	702-275-1972	6655 W Sahara Av Las Vegas, NV 89146	Clark	Counseling	
Carson City Community Counseling Center	775-882-3945	205 S. Pratt Ave. Carson City, NV 89701	Carson	Therapy	http://www.ccofcarsoncity.org
Carson Tahoe Health-Outpatient Behavioral Health	775-445-8000	775 Fleischmann Way Carson City, NV 89703	Carson	Therapy	http://www.arsontahoe.com/behavioral-health-services
CASA Court Appointed Special Advocates	Carson City: 775-882-6776	1545 E. 5th Street Carson City, NV 89701	Carson		http://www.asaofcc.org
	Fallon: 775-423-6888 ex 255	73 North Maine, Suite B, Fallon, Nevada 89406	Churchill		http://churchillcounty.org
	Las Vegas: 702-455-4306	601 North Pecos Road Las Vegas, NV 89101	Clark		http://www.asalasvegas.org
	Minden: 775-782-6247	P. O. Box 218 Minden, NV 89423	Douglas		http://www.douglascountynv.gov/sites/casa/contact.cfm
	Yerington: 775-246-1850	PO Box 242 Yerington, NV 89447	Lyon		
	Elko: 775-934-7636	P. O. Box 1543 Elko, NV 89803	Elko		
	Pahrump: 775-513-9514	1321 S. Highway 160, Suite 9A Pahrump, NV 89048	Nye		
	Winnemucca: (775) 623-2328	P.O. Box 1338, Winnemucca, NV 89445-3228	Humboldt		

	Reno: 775-328-3298	75 Court St., Suite 214, Reno, NV 89501	Washoe		http://washoeacasafoundation.com
Cathy A. Smith, M.Coun, MFT, CBS	702-938-8887	2441 Tech Center Ct 107 Las Vegas, NV 89128	Clark	Counseling	http://cathysmithcounseling.com
Cathy E Stock	702-367-0393	7495 W. Azure Las Vegas, NV 89130	Clark	Counseling, Therapy	http://www.cathystockmft.com
CBA Healthcare,LLC	775-200-8528	1155 West 4th Street, Suite #101 Reno, NV 89501	Washoe	Counseling, Therapy	http://www.cbahealthcarereno.com
Centennial Psychological Services	702-608-0404	7445 W. Azure Dr. Ste #130 Las Vegas, NV 89130	Clark	Counseling	http://www.centpsych.com
Center for Anxiety & Chronic Worry	775-831-2436	937 Tahoe Blvd Ste. #210 Incline Village, Nevada 89451	Washoe	Counseling, Therapy	http://www.anxietytreatmentinclinevillage.com/anxiety-treatment-incline-village/index.html
Cheri Jacobsen	775-846-8487	180 W. Huffaker Suite #303 Reno, Nevada 89511	Washoe	Counseling	http://www.christiancounselinginreno.com
Children's Cabinet	775-856-6200	1090 South Rock Blvd. Reno, NV 89502	Washoe	Therapy, Casework	www.childrenscabinet.org
Children & Family Counseling, LLC	775-434-8590	216 N. Pratt Ave. Carson City	Washoe	Counseling	http://cficounseling.com/
	775-575-4141	35 N. West St. Fernley			
	775-575-4141	1290 Lahonton St. Silver Springs			
Christine Lawler	949-923-0776	1180 North Town Center Drive Suite 100 Las Vegas, NV 89138	Clark	Counseling	http://www.christinelawler.com
Circle Meets Square	702-529-2517	Las Vegas, Nevada 89117	Clark	Counseling, Therapy	http://circlemeetsquare.com
Clark County Family Services	702-455-5444 Hotline: 702-399-0081	121 S. Martin Luther Kind Blvd. Las Vegas, NV 89106	Clark	Crisis, Info, Casework, Legal	http://clarkcountytnv.gov/family-services/page/default.aspx

Clark County Juvenile Justice Services	702-455-5225	601 N. Pecos Road Las Vegas, NV 89101	Clark	Info, Casework, Legal	http://www.clarkcountynv.gov/jjs/pages/default.aspx
Claudia D'alessio Schwarz	702-372-4072	1820 East Warm Springs Road Suite #125 Las Vegas, NV 89119	Clark	Therapy	http://claudiaschwarz.com
ClinicAD	775-826-6218	10631 Professional Circle Suite A Reno, NV 89521	Washoe	Therapy	http://clinic4ad.com
Collaborative Counseling	775-848-9697	9492 Double R Blvd Suite B Reno, NV 89523	Washoe	Counseling, Therapy	http://www.collaborativecounselingreno.com
Collier Counseling and Life Coaching	702-860-5249	220 E Horizon Dr Henderson, NV 89015	Clark	Counseling	https://www.facebook.com/CollierCounseling/
Committee Against Domestic Violence	Office: 775-738-6524 Toll Free: 1-888-738-9454 Crisis Hotline: 775-738-9454	P.O. Box 2531 Elko, NV 89803	Elko	Crisis, Info, Casework, Legal, Therapy, Outreach	www.elkoharborhouse.com/
Committee to Aid Abused Women	Office: 775-329-4150 Crisis Hotline: 775-329-4150	1735 Vassar St. Reno, NV 89502	Washoe	Crisis, Info, Legal, Therapy	www.caaw.org
Community Chest	Victim Advocate Unit: 775-847-9311 Virginia City: 775-847-0414	Victim Advocate Unit 991 S. C Street Virginia City, NV 89440 175 E. Carson Street Suite A. Virginia City, NV 89440		Therapy, Outreach	https://communitychestnevada.net/
Community Service Agency (CSA)	775-786-6023	1090 E. 8 th St. Reno, NV	Washoe	Housing, Counseling	www.csareno.org
Common Ground Therapy and Enhancement	775-549-6497	180 W Huffaker Lane Suite #303 Reno, Nevada 89511	Washoe	Counseling, Therapy	

Compass Behavioral Health	775-461-3622	224 E Winnie Ln #213 Carson City, NV 89706	Carson	Counseling, Therapy	http://www.cbhealthcc.com/
Conservatory of Hope Treatment Services, LLC	702-222-0034	5447 S Durango Dr # 100 Las Vegas, NV 89113	Clark	Counseling, Therapy	https://www.facebook.com/Conservatory-of-Hope-Treatment-Services-1451980378408170/
Constance Sheltren	775-884-3600	623 W Washington St # A Carson City, NV 89703	Carson	Therapy	
Consultation & Counseling Associates Inc.	702-529-2627	5836 S Pecos Road Suite 204 Las Vegas, Nevada 89120	Clark	Counseling	
CorConcepts Counseling & Enrichment Center	775-507-4496	100 N Arlington Ave #330 Reno, NV 89501	Washoe	Therapy	http://corconcepts.us/
Couch Doc	702-635-6171	Scottsdale Plaza 8860 S Maryland Pkwy - Suite 115 Las Vegas, NV 89123	Clark	Counseling, Therapy	http://www.truetherapy.com
Counseling and Educational Services, LLC	775-233-0717	9492 Double R Blvd Building B Reno, NV 89521	Washoe	Counseling, Info	
Counseling Center and Supportive Servs Ely Counseling and Supportive Services	775-289-1671	1675 Avenue F Ely, NV 89301	White Pine	Counseling	http://www.theadcarecenters.com/show/Counseling-Center-And-Supportive-Servs-Ely-Counseling-And-Supportive-Services-Ely-NV
Courage to Blossom Counseling	702-789-6471	9414 W Lake Mead Blvd Ste #210 Las Vegas, NV 89129	Clark	Counseling	
Creative Mental Health, LLC Owner	702-472-8516	2770 South Maryland Parkway Suite 316-A Las Vegas, NV 89109	Clark	Counseling	

Crescent Counseling LLC	702-789-6482	2975 S Rainbow Road Suite C Las Vegas, NB 89146	Clark	Counseling	
Cynthia Kozmary	702-567-4810	2851 El Camino Ave., #200 Las Vegas, NV 89102	Clark	Counseling, Therapy	http://www.vegascounselingcenter.com
		3595 S. Town Center Drive, #115 Las Vegas, NV 89135			
Cynthia Pickett	775-322-6462	401 Court St Reno, NV 89501	Washoe	Counseling, Therapy	http://cynthiapickett.com
D'Arcy Vanderpool	702-242-4222	8440 W. Lake Mead Blvd. Suite #206 Las Vegas, NV 89128-7648	Clark	Counseling, Therapy	http://www.drhappiness.com
Dana Anderson	775-323-4242	333 Flint Street Reno, NV 89501	Washoe	Counseling, Therapy	http://www.danaanderson-mft.com
Danielson Therapy	702-339-5663	9480 S Eastern Avenue Suite #258 Las Vegas, NV 89123	Clark	Therapy	http://danielsontherapy.com
David Gosse	702-385-4673	2620 Regatta Drive Suite #102 Las Vegas, NV 89128	Clark	Counseling	http://www.drgossepsychologist.com
David M Kramer	702-595-8734	2235 E Flamingo Rd #109 Las Vegas, NV 89119	Clark	Counseling, Therapy	
Deborah J Ribnick, PhD, PC	775-786-1234	5595 Kietzke Lane Ste #110 E Reno, NV 89511-5513	Washoe	Counseling, Therapy	http://www.ribnick.net
Deborah Sampson	702-340-5452	8565 S. Eastern Ave. Ste. #186 Las Vegas, NV 89123	Clark	Counseling, Therapy	http://www.deborahsamsponsms.com
Deena Shiode	702-384-7661	501 S Rancho Dr Las Vegas, NV 89106	Clark	Counseling, Therapy	
	702-487-9215				
Delatorre Counseling, LLC	702-930-8453	Henderson, NV 89052	Clark	Counseling, Therapy	
Dena R Johns	702-576-9849	8430 West Lake Mead Suite #112 Las Vegas, NV 89128	Clark	Counseling	https://www.facebook.com/counselingnevada/
Denning Counseling	702-749-4666	Las Vegas, NV 89130	Clark	Counseling	
Department of Child and Family Services	702-715-1182 702-430-0745	4344 W. Cheyenne Ave. Las Vegas, NV 89023-2484	Clark	Crisis, Info, Casework, Legal, Therapy	http://dcfs.nv.gov

Depression Treatment at Seven Hills	Toll free: 866-331-5541	3021 W. Horizon Ridge Parkway Henderson, NV 89052	Clark	Crisis, Casework, Therapy	http://www.evenhillsbi.com/depression
Derrick Johnson	775-434-1840	Reno, Nevada 89509	Washoe	Counseling	
Desert Psychological	702-650-6508	9183 West Flamingo Road #100 Las Vegas, NV 89147	Clark	Counseling, Therapy	http://www.desertpsychological.com/
Desert Rose Counseling	702-715-1182 702-430-0745	4344 W. Cheyenne Ave. North Las Vegas, NV 89032	Clark	Therapy	https://www.facebook.com/desert-rose-counseling-group-503021176553495/
Desert Willow Residential Treatment Center	702-486-8900 702-486-8900	6171 W Charleston Blvd Las Vegas, NV 89146 1820 E Sahara Ave Las Vegas, NV 89104	Clark	Casework, Crisis, Therapy	http://dcfs.nv.gov/Programs/CMH/Resident-day-treatment-svcs/
Desiree Bowsher	702-430-1342	8879 W Flamingo Rd Ste 101 Las Vegas, NV 89147	Clark	Counseling	http://www.lvmft.com
Destination to Recovery Henderson Outpatient	702-919-6167 Toll free: 877-341-3225	9089 S Pecos Road Suite #3500 Henderson, NV 89074	Clark	Outreach, Therapy, Casework	http://www.destinationstorerecovery.com/ourfacilities/henderson/
Diamond Mental Health	702-395-4002	5071 N Rainbow Blvd #170 Las Vegas, NV 89130	Clark	Therapy	
Diana L Kennedy	702-487-9359	4760 S Pecos Road Building 100 Unit 6 Las Vegas, NV 89120	Clark	Counseling, Therapy	
Dignity Counseling Center	702-577-3179	7271 W Charleston Blvd Ste #180 Las Vegas, NV 89117	Clark	Counseling, Therapy	
Dina Noricks	702-430-2682	9418 W Lake Mead Blvd Las Vegas, NV 89134	Clark	Therapy	
Discount Counseling and DUI School	775-250-3149	45 W Cedar St, # 110 Fernley, NV 89408	Lyon	Counseling, Info, Outreach	
Discovery Life Management Services	702-925-8779	2620 Regatta Dr Ste #102 Las Vegas, NV 89128	Clark	Counseling, Therapy	
Domestic Violence	Office: 775-423-1313	485 W. B Street, Ste. 106	Churchill	Crisis, Info, Therapy	https://www.facebook.com

Intervention, Inc.	Crisis Hotline: 775-427-1500	Fallon, NV 89406			/dvi89406/
Donald Posson, Ph.D.	855-799-6897	222 S Rainbow Ste #222 Las Vegas, NV 89145	Clark	Counseling	
Donna Buddington	775-781-4213 775-591-8960	399 Mottsville Ln Gardnerville, NV 89460	Douglas	Counseling	
Dr. Merle Michelle Askren	619-458-9805	9320 Carmel Mountain Rd. Suite D San Diego, CA 92129 - also practices in Reno	Washoe	Therapy	
Dr. Garen Mirzaian, M.D.	775-858-3303	690 Edison Way Reno, NV 89502	Washoe	Therapy	
Dr. J. Juan Garcia Ph.D.	702-291-8364	3595 S Town Center Las Vegas, NV 89135	Clark	Counseling, Therapy	
Dr. Kathi Zellers	702-800-2357 702-630-8865	9111 W Russell Rd Las Vegas, NV 89148	Clark	Therapy	http://www.mylvtherapist.com
Dr. Rod Jones	702-357-3275	8275 South Eastern Avenue Suite #200 Las Vegas, NV 89123	Clark	Therapist	
Dr. Sylvia Naseath	702-353-7646	6853 W Charleston Blvd Las Vegas, NV 89117	Clark	Counseling, Therapy	
E. Ree Noh, PhD, PLLC	775-473-8807	5595 Kietzke Lane Suite 110-D Reno, NV 89511	Washoe	Therapy	http://www.reenohphd.com
Eagle Quest	702-646-5437	3680 N. Rancho Drive Las Vegas, NV 89130	Clark	Info, Outreach	http://www.eaglequestofnevada.org
Eden Pastor	702-595-6818	107 E Charleston Blvd #215 Las Vegas, NV 89104	Clark	Therapy	http://arttherapylasvegas.com
Eddy House	775-686-6244	423 E. 6 th Street Reno, NV 89512	Washoe	Crisis	www.eddyhouse.org
Elaine Zentz	775-773-4413	200 South Virginia St Reno, NV 89501	Washoe	Counseling	
Elements of Motivation	702-331-4874	7040 Laredo Ave Las Vegas, NV 89117	Clark	Counseling, Therapy	http://www.elementsofmotivation.com
Elizabeth 'Betty' Barker	775-741-5800	506 Holcomb Avenue Reno, NV 89502	Washoe	Counseling, Therapy	http://www.bettybarkermft.com/
Elizabeth	702-239-7182	8565 South Eastern	Clark	Counseling,	http://www.e

DeYoung		Ave Suite #140 Las Vegas, NV 89123		Therapy	lizabethdeyounglcsw.com
Elizabeth Schnobrich	702-685-3300	2775 S Jones Blvd Las Vegas, NV 89146	Clark	Therapy	
Elko Counseling and Supportive Services	775-738-8021	1825 Pinion Road, Ste. A Elko, NV 89801	Elko	Counseling	
Equanimity Counseling and Consulting	702-847-7576 702-807-9531	3435 W Craig Rd Suite D Las Vegas, NV 89132	Clark	Counseling, Therapy	https://www.facebook.com/EquanimityCC/
Evelyn D Adelaja	702-570-9263	3430 East Flamingo Road Suite 204 Las Vegas, Nevada 89121	Clark	Therapy	
Evergreen Counseling	702-248-6290	5300 W. Sahara #104 Las Vegas, NV 89146	Clark	Counseling, Therapy	https://2evergreencounseling.com
Evolution Therapy and Counseling	702-978-7988	9480 S Eastern Avenue Suite #258 Las Vegas, NV 89123	Clark	Counseling, Therapy	
Evolving Reflections	702-850-2833	3652 N Rancho Dr #102 Las Vegas, NV 89130	Clark	Counseling, Therapy	http://www.evolvingreflections.com
Faith Ind and Family Counseling	702-553-2396	2620 Regatta Dr, Ste #102 Las Vegas, NV 89128	Clark	Therapy	https://www.facebook.com/FaithFamilyCounseling/ and http://faithindandfamilycounseling.com
Family and Child Treatment (FACT)	702-258-5855	8080 W. Sahara Ave. Suite D Las Vegas, NV 89117	Clark	Therapy, Outreach	http://www.factsnv.org/
Family and Payee Counseling Service of Northern Nevada	775-329-0623	575 E. Plumb Lane Reno, NV 89502	Washoe	Therapy	http://www.fcsnv.org/sexualabuse/treatmentgroups.html
Family Fixer	702-646-6284	3295 North Fort Apache Las Vegas, NV 89129	Clark	Counseling	http://familyfixer.net

Foundations Counseling Center	702-879-5867	2921 N Tenaya Way Suite #235 Las Vegas, NV 89128	Clark	Counseling, Therapy	
Frontline Counseling	775-238-4215	80 Continental Dr Ste #101 Reno, NV 89509	Washoe	Counseling	
The Gay and Lesbian Community Center of Southern Nevada (The Center)	702-733-9800	401 S. Maryland Pkwy Las Vegas, NV 89101	Clark	Info, Therapy, Outreach	http://www.thecenterlv.org/
Gen Wallace	702-286-1984	2298 W Horizon Ridge Pkwy #201 Henderson, NV 89052	Clark	Counseling, Therapy	http://www.pathwaystherapynv.com/bio-geneva-wallace.php
Gender Justice Nevada-Queer Anti-Violence Project	Office: 702-425-7288 Crisis Hotline: 702-425-7287 Toll Free: 1-888-425-7287	7465 W. Lake Mead Blvd #107 Las Vegas, NV 89128	Clark	Info, Crisis	www.genderjusticenv.org
Gentle Minds LLC	702-850-3855	9550 S. Eastern Ave Suite #220 Las Vegas, NV 89123	Clark	Therapy	http://www.gentlemindstherapy.com
Goals 4 Success	702-787-7985	5138 North Juliano Rd. Las Vegas, NV 89149	Clark	Counseling, Therapy, Outreach	http://goals4success.org
Gold Clinical Services	702-875-6618	3885 S. Decatur Suite #2010 Las Vegas, NV	Clark	Therapy	http://goldclinicalservices.com
Gold Mind Hypnotherapy LLC	702-488-7200	410 S. Rampart Blvd., Suite #390 Las Vegas, NV 89145 170 S. Green Valley Pkwy, Suite #300 Henderson, NV 89012	Clark	Therapy	http://www.alexmarichypnosis.com
Grand Desert Psychiatric Services	702-202-0099	2021 South Jones Las Vegas, NV 89146	Clark	Counseling, Info, Therapy	http://www.mentalhealthtreatmentlasvegasnv.com
Great Basin Behavioral	775-453-4143	1325 Airmotive Way, Suite #100	Washoe	Counseling, Info,	http://www.greatbasinwell

Health and Wellness		Reno, NV 89502		Therapy	ness.com
Green Light Counseling	702-907-9443	1180 North Town Center Drive Suite #100 Las Vegas, NV 89144	Clark	Counseling	http://www.greenlightcounseling.org
Griffin Family Therapy	702-534-3788 702-485-0430	6069 S Fort Apache Rd #100 Las Vegas, NV 89148	Clark	Counseling, Therapy	
Guevara Counseling Center, PLLC	702-366-0251 702-728-4869	501 So. Rancho Dr. #C-17 Las Vegas, NV 89106	Clark	Therapy, Info	http://www.guevaracounselingcenter.com
Harmony Healthcare	702-251-8000 Toll free: 800-363-4874	Harmony Healthcare 9140 West Post Road Las Vegas, NV 89148 1701 West Charleston, Suite #300 Las Vegas, NV 89102 (East Side – Horizon Ridge) 3005 W. Horizon Ridge Parkway, Suite 101 Henderson, NV 89052	Clark	Counseling, Info, Therapy	http://www.harmonyhc.com
Head To Heart, LLC	702-460-7236	2821 W. Horizon Ridge Parkway Suite #121 Henderson, NV 89052	Clark	Therapy	http://www.headtoheartnv.com
Heads Up Guidance & Wellness	702-922-7015	2801 S. Valley View Blvd Suite #6 Las Vegas, NV 89102	Clark	Counseling, Info, Outreach, Therapy	http://www.headsupnevada.org
A Healing Center	702-595-7440	3703 Vegas Dr. Suite A Las Vegas, NV 89108	Clark	Therapy	www.a-healing-center.com
Healing Minds, LLC	775-448-9760	6490 S. McCarran Blvd Bldg. A Unit 6 Reno, NV 89509	Washoe	Therapy	www.healingminds.com
Healing Reflections	702-332-5874	6787 W Tropicana Ave Suite 246 Las Vegas, NV 89103	Clark	Therapy	
Healing Solutions Counseling Center	702-799-9660	7371 W Charleston Blvd Suite 110 Las Vegas, NV 89117	Clark	Counseling	
Healing Steps Family Therapy	702-803-3258	3097 E Warm Springs Ave Building 4, Suite 400 Las Vegas, NV 89120	Clark	Therapy	
Health &	702-339-1165	3595 S. Town Center	Clark	Counseling	http://www.h

Harmony Counseling		Dr. Suite 118 Las Vegas, NV 89135			nhlv.com
Healthy Minds	702-455-4629	8845 W. Flamingo Suite 210 Las Vegas, NV 89147	Clark	Therapy	http://www.healthyminde.com
		501 S Rancho Dr. Suite B10 Las Vegas, NV 89106			
		526 S Tonopah Dr. Suite 160 Las Vegas, NV 89106			
		9065 S. Pecos Rd., Suite 260 Henderson, NV 89074			
		3551 E Bonanza Road, Suite 101 Las Vegas, NV 89110			
Helaine Hunter-Smith	702- 525- 2050	9402 West Lake Mead Blvd. Las Vegas, NV, 89134	Clark	Therapy	http://therapyinlasvegas.com/contact/
Higher Ground Counseling Services LLC	702-525-8402	7371 W. Charleston Blvd Suite 110 Las Vegas, NV 89117	Clark	Counseling	http://www.highergroundcounselingservicesllc.com
Hilary E Katz	702- 553-1014	2620 Regatta Drive, Suite 102 Las Vegas, NV 89128	Clark	Therapy	http://www.drhilarykatz.com
Hina's Odyssey	702-978-8115	4132 S Rainbow Blvd Suite 149 Las Vegas, NV 89103	Clark	Counseling	https://groups.psychologytoday.com/rms/group/Internship+Meetup+Las+Vegas+Nevada+89103+41979+95106
Honey Bee Behavioral Health/CEH	-702-430-2710	6284 N Rainbow Blvd #110, Las Vegas, NV 89130	Clark	Therapy	http://www.myhoneybeetherapy.com
Human Dimensions Unlimited, Inc.	702-254-0090	9402 W Lake Mead Blvd, Las Vegas, NV 89134	Clark	Counseling	http://www.manta.com/c/mwfp8w/human-dimensions-unlimited-inc
Ian L. Pritchard,	775-200-0626	6170 Ridgeview Court Suite C	Washoe	Therapy	https://www.drianpritchard.com

Ph.D.		Reno, NV 89519			.com
ICAN Family Services	702-327-1760	8022 S Rainbow Blvd 318 Las Vegas NV 89139	Clark, Nye	Counseling	http://www.icanfamilyservices.com/contact-us.html
		2340 E. Calvada Blvd Suite E. Pahrump, NV 89048			
ICLV Wellness Center	702-673 - 4745	3425 Cliff Shadows Pkwy, Las Vegas, NV 89129	Clark	Counseling	http://iclv.com/wellness/
iEvolue Center	702-475-9990	6070 S Eastern Ave #200 Las Vegas, NV 89119	Clark	Therapy	https://www.youtube.com/channel/UCnsLnZcnc7vwaKVQe_cZ_w
Illuminations Counseling	702-431-3626	2320 Paseo Del Prado B-111 Las Vegas, NV 89102	Clark	Counseling	http://www.illuminationscounseling.com
Incrementum Family Development Centers, LLC	702-330-3113	2620 Regatta Drive Suite 102, Office # 212 Las Vegas, NV 89128	Clark	Therapy	
Ingraham Counseling Services, PLLC	702-728-4763	501 S Rancho Dr., C-17 Las Vegas, NV 89106	Clark	Counseling	
Inner Quest Therapeutic Center	702-796-8607	9402 W. Lake Mead Blvd., Suite 106 Las Vegas, NV 89134	Clark	Therapy	http://www.innerquestsite.com/index.htm
Insight Therapy Solutions	702-685-0877	5631 S. Pecos Rd. Las Vegas, NV 89120	Clark	Therapy	http://www.team-iscs.com
Insightful Living Inc.	702-686-2069	5420 W. Sahara #201 Las Vegas, NV 89146	Clark	Therapy	http://www.insightfullivinginc.com
Inspire Counseling Services, LLC	702-824-4878	501 S. Rancho Dr., Ste. E-27 Las Vegas, NV 89106	Clark	Counseling	http://www.inspirecounselingservices.com
Inspired To Shine	702-350-1650	2980 S. Rainbow Blvd. Ste. 210B Las Vegas, NV 89146	Clark	Therapy	http://inspiredtoshine.com
Integrated Behavioral Healthcare	775-657-8499	890 Mill Street Suite 305 Reno, NV 89502	Washoe	Therapy	http://renomemorycare.com
Integrated Psychological, Inc.	702-335-9394	9183 W Flamingo Rd, Las Vegas, NV 89147	Clark	Therapy	https://therapists.psychologytoday.com/rms/zip/89147

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Integrated Sleep & Wellness	775-826-6218	10631 Professional Circle Suite A Reno, NV 89521	Washoe	Therapy	http://www.renosleepwell.com/index.html
James Bowen Counseling	702-728-4972	3243 E Warm Springs Rd Suite 100 Las Vegas, NV 89120	Clark	Counseling	http://www.jamesbowencounseling.com
Jane Heenan	702-475-6474	7465 W Lake Mead Blvd., #107, Las Vegas, NV 89128	Clark	Therapy	http://genderjusticenv.org
Jay Noricks	702-877-4944	9418 W Lake Mead Blvd Las Vegas, NV 89134	Clark	Therapy	http://counselinglasvegas.net
Jeff Andersen	775-453-4105	243 Stewart St Reno, Nevada 89501	Washoe	Therapy	https://therapists.psychologytoday.com/rms/name/Jeff_Andersen_LMF_T_Truckee_California_235027
Jennifer Guttman	702-218-0403	2820 W Charleston Blvd, Las Vegas, NV 89102	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Jennifer_Guttman_MA,EdM_LasVegas_Nevada_259065
Jennifer K Pietrzak, LCSW	702-219-7597	1770 W. Horizon Ridge Parkway #130 Henderson, NV 89012	Clark	Counseling	http://www.jenniferpietrzak.com
Jennifer Vecchio	702-248-8866	2740 S Jones Blvd, Las Vegas, NV 89146	Clark	Therapy	https://www.healthgrades.com/provider/jennifer-vecchio-3p5ll
Jenny Stepp Professional Counseling	702-336-7620	9418 W. Lake Mead Blvd. Las Vegas, NV 89134	Clark	Counseling	http://www.lv.counselor.com
Jewish Family Service Agency	702-732-0304	4794 S. Eastern Ave. Las Vegas, NV 89119	Clark	Counseling	http://www.jfsalv.org/services/counseling/
JLM Counseling LLC	775-741-2719	118 Selmi Dr. Ste. 201 Reno, NV 89512	Washoe	Therapy	http://www.jltherapy.com
JoAnn M. Baird, MFT,	775-629-4701	61 Continental Dr. Reno, NV 89509	Washoe	Therapy	

LLC					
John E Duerr	702-430-6070	2298 W. Horizon Ridge Pkwy, Ste. 213 Henderson, NV 89052	Clark	Counseling	https://www.healthgrades.com/provider/john-duerr-x6x8g#tab=background-check&scrollTo=BackgroundCarePhilosophy_anchor
Joyce D Nash	775-636-8636	243 Stewart St. Reno, NV 89501	Washoe	Therapy	http://drjoyce-nash.com/contact/
JSM Psychological Services	775-574-4768	502 E. John St. Suite B Carson City, NV	Carson	Therapy	https://therapists.psychologytoday.com/rms/name/JSM+Psychological+Services_Carson+City_Nevada_213083
Judith Mathews	775-233-5977	4747 Caughlin Pkwy Reno, NV 89519	Washoe	Therapy	http://www.judithmathewsmft.com/ServicesProvided.en.html
Julie T. Madgwick, LCSW	702-947-4841	291 N. Tenaya Way Suite 107 Las Vegas, NV 89128-1413	Clark	Counseling	http://www.healthcare4ppl.com/physician/nevada/las-vegas/julie-t-madgwick-1104845130.html#sthash.R7sCNGN0.dpbs
Julius M. Rogina, Ph.D., ABMPP	775-324-2000	427 Ridge St. Reno, NV	Washoe	Therapy	
Justin M. Smith	702-530-8894	3450 E. Russel Road Suite 204 Las Vegas, NV 89120	Clark	Therapy	http://www.justinmft.com/contact-us.html
Kane LCSW, LLC	702-523-8760	7371 E. Charleston Blvd Suite 130 Las Vegas, NV 89117	Clark	Therapy	http://www.kanelcsw.com/contact.html
Kara Lott	702-608-9869	9402 W. Lake Mead Blvd	Clark	Therapy	

		Las Vegas, NV 89134			
Karen E Sims	702-257-0140	6284 S. Rainbow Blvd. Ste. 110 Las Vegas, NV 89118	Clark	Therapy	https://www.healthgrades.com/provider/karen-sims-xf99w
Katherine Wilkinson	800-651-8085 ext. 21933	7371 W. Charleston, Blvd. Suite 110 Las Vegas, NV 89117	Clark	Therapy	http://www.goodtherapy.org/therapists/profile/katie-wilkinson-20140917
Katherine Matthews	702-664-8331	8565 Eastern Ave. Suite 116 Las Vegas, NV 89123	Clark	Therapy	
Kathy Jo Shovlin	702-979-7499	9414 W. Lake Mead Las Vegas, NV 89134	Clark	Therapy	
Katy H Steinkamp MFT, NCPC, LADC	702-723-6912	2298 Horizon Ridge Pkwy Suite 213 Henderson, NV 89052	Clark	Therapy	http://www.dissorders.org/therapist/katy-h-steinkamp/
Kay L. Davies, LCSW	775-337-4565	628 Lake St. Reno, NV 89501	Washoe	Counseling	
Kayenta Legacy	702-438-7800	9402, 9414, 9418 W. Lake Mead Las Vegas, NV 89134	Clark	Counseling	https://kayentatherapy.com/contact-us
KC West, LCSW; Clinical Counseling Services, LLC	702-761-3051	8685 S. Eastern Ave Las Vegas, NV 89123	Clark	Therapy	
Keith Lynch	702-209-1095	180 W. Huffaker Lane Suite 303 Reno, NV 89511	Washoe	Counseling	
Kendyll Hollenbeck-Pringle LLC	775-338-1656	1180 Selmi Dr. Reno, NV 89512	Washoe	Therapy	https://kendyllhollenbeck-pringle.com/about/
Keystone Counseling and Consulting, LLC	702-839-3839	295 S. Rainbow Blvd. Suite K Las Vegas, NV 89146	Clark	Therapy, Counseling	http://www.keystonecounselingllc.org
Kiera McGillivray	707-761-6923	7391 W. Charleston Blvd. Las Vegas, NV89117	Clark	Therapy	http://kieramft.wixsite.com/mft-therapist/contact
Kipper	775-621-8727	140 W. Huffaker Lane	Washoe	Therapy	http://www.ki

Horton		Reno, NV 89511			pperhorton.com/index.html
Kiva Counseling, LLC	702-509-0533	9418 W. Lake Mead Blvd Las Vegas, NV 89134	Clark	Therapy	http://www.kivacounseling.com/contact-me/
Kristina Heitzman	800-651-8085 Ext. 25927	2298 W. Horizon Ridge Pkwy Henderson, NV 89052	Clark	Therapy	http://www.goodtherapy.org/therapists/profile/kristina-heitzman-20150618
Lake Mead Wellness Center	702-900-5040	311 S. Water St. Henderson, NV 89015	Clark	Counseling	http://www.lakemeadwellnesscenter.org/contact
Lakeside Psychological Services	847-457-0294	N. Durango Drive Las Vegas, NV 89145	Clark	Therapy	
Las Vegas Counselor LLC	702-892-3900	1980 Festival Plaza Las Vegas, Nevada 89135	Clark	Therapy	http://www.lasvegascounselor.com
Las Vegas Family Therapy LLC	702-485-8470	7391 W Charleston Blvd #120, Las Vegas, NV 89117	Clark	Therapy	http://www.lasvegafamilytherapy.com
Las Vegas Hypnosis Center	888-783-7880	3430 E Russell Rd #307, Las Vegas, NV 89120	Clark	Therapy	http://lasvegashypnosiscenter.com
Las Vegas Recovery Center	702-515-1373	3321 N Buffalo Dr #150, Las Vegas, NV 89129	Clark	Therapy	http://lasvegarecovery.com
Las Vegas Therapist & Life Coach Brett Baughman	702-625-1441	10884 Dornoch Castle St Las Vegas, Nevada 89141	Clark	Therapy	http://www.brettbaughman.com
Laura H. Fucci	702-761-3725	9414 W, Lake Mead Las Vegas, Nevada 89134	Clark	Counseling	https://therapists.psychologytoday.com/rms/name/Laura_H_Fucci_MF_TSI_Las+Vegas_Nevada_274745
Lauren Greenwood: Anxiety and Stress Solutions	775-360-7134	506 Holcomb Avenue Reno, Nevada 89502	Washoe	Therapy	https://therapists.psychologytoday.com/rms/name/Lauren_Greenwood_MA_Reno_N

					evada_69853
LeBeau Possibilities	702-518-1614	6759 West Charleston BVLD Executive Park East Suite 130 LV NV 89146	Clark	Therapy	http://www.lebeaupossibilities.com
Legacy Health and Wellness	702-942-1774, 775-562-1115	911 N Buffalo Dr #213, Las Vegas, NV 89128 850 Mill Street, Suite 200 Reno, NV 89502	Clark	Counseling	http://legacynv.com
Leigh Church	775-322-6604	325 E Liberty St, Reno, NV 89501	Washoe	Counseling	http://www.renocounseling.net
Leslie Rumph	775-856-0157	1090 S Rock Blvd, Reno, NV 89502	Washoe	Therapy	
Leslie Westfield, PhD PC & Assoc.	702-830-7282	10120 E Eastern Ave Henderson, Nevada 89052	Clark	Therapy	http://drlesliewestfield.weebly.com
Leticia A Murphy	702-275-0473	711 Mall Ring Cir #102, Henderson, NV 89014	Clark	Counseling	http://www.leticiamurphytherapy.com
Life Bridge Mental Health	702-765-4965	9402 W Lake Mead Blvd, Las Vegas, NV 89134	Clark	Therapy	http://www.lifebridgekids.com
Life Gateway Behavioral Health	702-823-2313	7548 W Sahara Ave #101, Las Vegas, NV 89117	Clark	Therapy	http://www.lifegatewaybh.com
Life Relationships Counseling Educational Guidance	702-825-7343	North Las Vegas, Nevada 89031	Clark	Counseling	
Life Steps Counseling & Consulting	702-900-3032	1334 S Maryland Pkwy Las Vegas, NV 89104-3310	Clark	Counseling	http://npiprofile.com/np/1669748323
LifeQuest Behavioral Health Care	702-830-9740 775-636-7767 775-299-3738	4780 Arville Street Las Vegas, NV 89103 65 Regency Way Suite A Reno, Nevada 89509 405 Idaho Street #216 Elko, Nevada 89801	Clark, Washoe, Elko	Therapy	http://www.lifequestnv.com
Lifespan	775-544-5650	505 So. Arlington Ave.,	Washoe	Counseling	https://www.l

Counseling		Ste 212 Reno, NV 89509-1527			ifespanreno.com
LifeStar	702-513-0508	9418 W Lake Mead Blvd Las Vegas, Nevada 89134	Clark	Therapy	https://kayentatherapy.com
Lynda Harper	775-322-6605	325 E Liberty St, Reno, NV 89501	Washoe	Therapy	http://www.harpercounselingreno.com
Lynne Berardi	702-685-0674	4425 S Jones Blvd, Las Vegas, NV 89103	Clark	Therapy	http://www.amft.org/cgi-shl/twserver.exe?run:locatmem_1:call:ds_locatmem+where+TCode=898726
Mandie Kelel	702-234-9325	9402 W Lake Mead Blvd, Las Vegas, NV 89134 7331 W Charleston Blvd Suite 140 Las Vegas, Nevada 89117	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Mandie_Kelel_MS,MFT,NCC_Las+Vegas_Nevada_41677
Marcia Lee MS MFT	702-605-0499	5852 S Pecos Road H-2 Las Vegas, Nevada 89120	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Marcia_Lee_MS,MFT_Las+Vegas_Nevada_77161
Margaret Johansen, M.S., MFT	702-492-6773	11145 S Eastern Ave, Henderson, NV 89052	Clark	Therapy	http://margaretjohansen.com
Marjorie Landron	702-888-0036	3085 S Jones Blvd, Las Vegas, NV 89146	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Marjorie_Landron_MS,MSW,LSW,CSW-I_Henderson_Nevada_294268
Mark Anderson	702-363-6429	2620 Regatta Drive, Suite 102 Las Vegas, NV 89128	Clark	Therapy	http://www.nvcbt.com
Mark Brana	702-825-7247	2520 St Rose Parkway Suite 202D	Clark	Therapy	

		Henderson, Nevada 89074			
Mary Howden, MFT	775-237-4595	250 Village Blvd Suite 3 Incline Village, Nevada 89451	Washoe	Counselor	https://therapists.psychologytoday.com/rms/name/Mary_Howden_MA,MFT,NCC_Incline+Village_Nevada_127718
McAuliffe Therapy	775-722-8316	691 Sierra Rose Dr Suite B Reno, Nevada 89511	Washoe	Therapy	http://www.mcauliffetherapy.com
Meri L Shadley	775-329-4582	W Huffaker Ln, Reno, NV 89511	Washoe	Therapy	http://npino.com/marriage-counselor/1962549857-dr.-meri-l.-shadley/
Michelle Dahan MFT, LLC	702-856-6763	1005 Forest St, Reno, NV 89509	Clark	Therapy	http://www.dahanmft.com
Mick Hall	775-527-1746	7371 W Charleston Blvd #130, Las Vegas, NV 89117	Washoe	Counseling, Therapy	https://therapists.psychologytoday.com/rms/name/Mick_Hall_LMFT,LADC_Reno_Nevada_73991
Mindful Coaching	775-230-1507	4747 Caughlin Pkwy, Reno, NV 89509	Washoe	Therapy	http://www.mhappe.com
Mindful Mountain Counseling	775-530-8607	2005 Peaceful Valley Dr, Reno, NV 89521	Washoe	Counseling	http://mindfulmountain.com
Mirit Sloves	775-209-1044	626 Humboldt St, Reno, NV 89509	Washoe	Therapy	https://therapists.psychologytoday.com/rms/name/Mirit_Sloves_PhD,MFT,MCHP_Reno_Nevada_180496
Mojave Mental Health	775-334-3033	180 W Huffaker Lane Suite 303 Reno, Nevada 89511	Washoe	Therapy	http://med.unr.edu/mojave/contact-us
Monica C Joyner	775-636-6453	745 W. Moana Lane Reno, NV 89509	Washoe	Therapy	https://www.joynercounseling.com
Monique Cox	702-324-1541	403 Flint St Reno, Nevada 89501	Clark	Therapy	http://www.counselingthera

		89120			pistlasvegas.com
MonteVista Hospital	702-364-1111	5900 W Rochelle Ave, Las Vegas, NV 89103	Clark	Therapy	http://www.montevistahospital.com
Namaste Counseling	775-549-6112	505 South Arlington Suite 210 Reno, Nevada 89509	Washoe	Counseling	
Natasha Mosby	702-631-9275	2535 W Cheyenne Ave #102, North Las Vegas, NV 89032	Clark	Therapy	
Neubauer Mental Health Services	702-806-5268	5426 Vegas Dr, Las Vegas, NV 89108 2920 N Green Valley Pkwy Building 8 Suite 812 Henderson 89014	Clark	Therapy	http://www.nmhs.lv.com
Neurofeedback & Counseling Associates	720-466-2924	5852 South Pecos Rd Bldg H, Suite 9 Las Vegas, Nevada 89119	Clark	Counseling	http://www.counseling-eeg.com
Nevada Behavioral Solutions	702-802-4900	6889 S Eastern Ave #102, Las Vegas, NV 89119	Clark	Therapy	http://www.nevadabehavioralsolutions.com/contact-us/our-office-location/
Nevada Family Psychiatry	702-714-1904	2780 S Jones Suite 205 Las Vegas, Nevada 89146	Clark	Therapy	
Nevada Psych Eval Inc	775-235-4356	2450 Vassar Street Reno, Nevada 89502	Washoe	Counseling	
Never Give Up Behavioral Health Services	702-951-9751	2675 S Jones ., 102 Las Vegas NV 89146 3111 S. Valley View Blvd., G101 Las Vegas NV 89102	Clark	Therapy, Counseling	http://nevergiveupbehavioralhealthservices.com
Nevada Indians, Inc., HealthCare & Community Services	775-788-7600	1475 Terminal Way Suite B Reno, NV	Washoe	Info, Legal, Therapy	www.nevadaurbanindians.org
Nevada Partnership for Homeless Youth	702-383-1332	481 Shirley St. Las Vegas, NV 89119	Clark	Crisis, Info	http://www.nvphy.org/

Nevada Suicide Prevention	None	N/A	--	Outreach	http://nvsuicideprevention.org
New Horizons Counseling Center	702-545-0229	7371 W Charleston Blvd #130, Las Vegas, NV 89117	Clark	Counseling /Therapy	http://nhccclv.com
New Leaf Counseling	702-830-4576	3017 W Charleston Blvd Suite 70 Las Vegas, Nevada 89102	Clark	Counseling	
New Leaf Therapy	775-600-9660	180 W. Huffaker Lane Suite 303 Reno, NV 89511	Washoe	Therapy	http://www.newleaftherapy nv.com
New U Therapy	702-728-4118	2298 West Horizon Ridge Parkway Suite 201 Henderson, Nevada 89052	Clark	Therapy	http://newuth erapy.wixsite.com/newuther apy
Niles E Strohl	702-623-4915	3097 E Warm Springs Rd Las Vegas, Nevada 89120	Clark	Therapy, Counseling	http://www.ni lesstrohl.com
Niswonger Psychological Health	702-825-2515	7495 W Azure Dr #204, Las Vegas, NV 89130	Clark	Therapy	http://www.n phlv.com
Norma Yadira Platt	702-904-8456	4560 S Eastern Ave Suite 15 Las Vegas, Nevada 89119	Clark	Therapy	
Oasis Counseling	702.294.0433	2360 W Horizon Ridge Pkwy, #120, Henderson NV 89052 7361 Prairie Falcon Rd, Las Vegas NV 89128 4985 S Rainbow Blvd, Las Vegas NV 89118	Clark	Counseling	http://oasisco unselingtoday.com
Odelia Duhel	702-803-3170	220 E Horizon Dr Suite G Henderson, Nevada 89015	Clark	Therapy	http://odeliat herapy.wixsite .com/odeliath erapy
Olive Branch Therapeutic Services	775-644-3434	495 Apple St, Suite 225 Reno, Nevada 89502	Washoe	Therapy	http://www.ol ivebranchther apeuticsservice s.com
Open Arms Counseling	702-823-4300, 775-751-0444	203 S. Water Street, Henderson, NV 89015	Clark, Nye	Counseling	http://www.o penarmscouns eling.com

		1017 E. Basin Ave Suite 3, Pahrump, Nevada 89060			
Owens Psychological Services	702-714-0806	2510 W Horizon Ridge Pkwy #200, Henderson, NV 89052	Clark	Therapy	http://owensps.com
Pacific Behavioral Health	775-287-8270	860 Tyler Way Sparks, NV 89431	Washoe	Therapy	http://pbehavioralhealth.com/about/
Pamela Smith	702-623-0460	7 Water Street Suite A Henderson, Nevada 89015	Clark	Counseling	https://therapists.psychologytoday.com/rms/name/Pamela_Smith_MS,CADC-I,LPC-I_Henderson_Nevada_294417
		730 N Eastern Ave Las Vegas, Nevada 89101			
Pathways Therapy and Wellness Center	702-363-7284	2298 W Horizon Ridge Pkwy #201, Henderson, NV 89052	Clark	Therapy	http://www.pathwaystherapynv.com
Patricia Hanisee	702-825-7119	2620 Regatta Dr Building 102 Suite 219 Las Vegas, Nevada 89128	Clark	Therapy	
Penny Fife	702-228-3306	9402 W Lake Mead Blvd, Las Vegas, NV 89134	Clark	Therapy	http://www.pennyfife.com
Person-Holistic Innovations	702-518-4532	3150 West Sahara Avenue, Ste B21, Las Vegas, NV 89102	Clark	Therapy	https://www.personholisticinnovations.com
Presence Therapy	775-384-8340	527 Plumas St Reno, Nevada 89509	Washoe	Therapy	http://www.presencetherapyreno.com
Proffit Therapy Services	657-666-0460	7495 W Azure Dr #260, Las Vegas, NV 89130	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Jessica_S_Proffit_LCSW_Las+Vegas_Nevada_160412
Proteus Therapeutic Solutions, Inc.	702-966-3121	4000 S Eastern Ave #140, Las Vegas, NV 89119	Clark	Therapy	http://www.proteus-inc.org
A Psychiatrist Who Does Talk Therapy	510-495-4826	3663 E Sunset Rd Ste 104 Las Vegas, NV, 89120	Clark	Therapy	

Purple Wings	Email: pwgirls@purplewings.org	N/A	Clark	Casework, Legal, Outreach	http://purplewings.org/
Rape Crisis Center of Southern Nevada	702-385-2153	801 S. Rancho Dr. Ste. B-2 Las Vegas, NV 89106	Clark	Crisis, Info, Casework, Legal, Therapy, Outreach	http://rcclv.org/
Rational Therapy and Recovery, Inc.	775-786-8801	501 W 1st St, Reno, NV 89503	Washoe	Therapy	http://rationaltherapyandrecovery.com
Rebecca Love	702-685-0674	4425 S Jones Blvd, Las Vegas, NV 89103	Clark	Therapy	https://therapists.psychologytoday.com/rms/name/Rebecca_Love_MS,LMFT,LADC_Las+Vegas_Nevada_121746
Reflections Therapy- Dr. Soseh Esmaeili, PsyD	702-978-7791	2620 Regatta Drive Suite 102 (room 220) Las Vegas, Nevada 89128	Clark	Therapy	
Relational Wellness Institute	702-533-8411	3425 Cliff Shadows Pkwy #150 Las Vegas, NV 89129 8879 W Flamingo Rd Ste 101 Las Vegas, NV 89147 220 E Horizon Drive Henderson, NV 89015	Clark	Therapy	http://relationalwellnessinstitute.com
Renee Walker, MFT	775-671-0581	370 Wheeler Avenue Reno, NV 89502	Washoe	Therapy	http://renewalkertherapies.com
Renegade Counseling	775-348-4900	527 Humboldt St, Reno, NV 89509	Washoe	Counseling	http://www.renegadecounseling.com
Reno / Sparks Adolescent Boys' Center	775- 424-6777	7555 Pyramid Way Sparks, NV 89436	Washoe	Counseling	http://teenchallenge.net/centers/reno
Reno Sparks Gospel Mission	Office: 775-323-0386 24 Hour Line: 775-329-0485	2115 Timber Way Reno, NV 89512	Washoe	Crisis, Therapy	www.rsgm.org
Reno Psy Services	775-784-6828	1664 N. Virginia Street Reno, NV 89557	Washoe	Therapy	http://www.unr.edu/psycho

					logy/psychological-services http://www.reno-therapy.com
Reno Therapy	775-827-7500	177 Cadillac Place Reno, NV 89509	Washoe	Therapy	http://www.reno-therapy.com
Renovation Mental Health	775-525-0270	255 W Moana Ln, Reno, NV 89509	Washoe	Therapy	http://www.rmhsllc.org
Rich McGuffin, Ph.D., MFT	775-391-4049	61 Continental Dr. Reno, NV 89509	Washoe	Therapy	http://www.drrichmcguffin.com
Richer Life Counseling	888-443-4903	9414 W Lake Mead Blvd, Las Vegas, NV 89134	Clark	Counseling	http://richerlifecounseling.com
RISE Center For Recovery	918-876-5001	4575 W. Torino Ave., Suite 300, Las Vegas, NV	Clark	Therapy	http://www.nevadacouncil.org/treatment/rise-center-recovery/
Robert L. Vazzo, LMFT	800-249-3501	3460 EAST SUNSET ROAD, Suite K-108 LAS VEGAS, Nevada, US 89120	Clark	Therapy	http://www.christiancounselordirectory.com/Therapist/Robert-L-Vazzo-LMFT_32259
ROI Counseling LLC	702- 816-2595	5017 Alta Dr, Las Vegas, NV 89107	Clark	Counseling	http://www.roicounseling.com
Ron Zedek	702-434-1200	6889 S Eastern Ave, Las Vegas, NV 89119	Clark	Therapy	http://www.nevadabehavioralsolutions.com
Rosa Bellota MD	702-987-6174	4958 S Rainbow Blvd Suite 100, Las Vegas, NV 89118	Clark	Therapy	http://www.osisbehavioralhealthlv.com
Ruth Ann Wright	775-322-1957	327 Thoma St, Reno, NV 89502	Washoe	Therapy	http://www.drrawright.com
Safe Embrace	Office: 775-322-3466 Crisis Hotline: 775-322-3466 Toll Free Crisis 1-877-781-0565	780 E. Lincoln Way Sparks, NV 89434 PO Box 3745 Reno, 89505	Washoe	Crisis Therapy	www.safeembrace.org
S.A.F.E. House Nevada Hotline	702-564-3227	921 American Pacific Dr. Suite 300	Clark	Crisis, Info, Casework, Therapy	http://www.safehousnv.org/

Henderson, NV 89014					
Safe Nest	Counseling: 702-877-0133 Crisis Hotline: 702-646-4981 or 800-486-7282	2915 W. Charleston Blvd. Suite 12 Las Vegas, NV 89102	Clark	Crisis, Info, Casework, Legal, Therapy, Outreach	http://www.safenest.org
SAFY of Nevada Specialized Alternatives for Families	702-385-5331	4285 N. Rancho Drive, Suite 130 Las Vegas, NV 89130	Clark	Therapy	http://www.safy.org/nevada/
Sage Health Services, LLC	702-319-1555 775-200-0935	3130 South Durango Dr. Ste 400 Las Vegas, NV 89117 4600 Kietzke Ln., Ste M-246 Reno, NV 89502 3595 Hwy 50 W. Suite 2 Silver Springs, NV 89429 1255 Waterloo Ln Gardnerville, NV 89410 40 East Center Street Unit #6 Fallon, NV 89406	Clark, Washoe , Lyon, Douglas , Churchi ll	Therapy	http://www.sagehealthservices.com
Salvation Army Shelter	702-870-4430	2900 Palomino Lane Las Vegas, NV 89107	Clark	Info, Casework, Therapy	http://www.salvationarmysouthernnevada.org
Sandal Kelly PhD LMFT	702-490-6500	5836 S PECOS ROAD, SUITE 102 Las Vegas NV, 89120	Clark	Therapy	http://www.sandalkellyphd.com
Sandra Abdullah	702-979-3695	3885 S Decatur Blvd Suite 2100 Las Vegas, Nevada 89103	Clark	Therapy	
Sandy Lowery	775-825-3428	327 Thoma Street Reno, Nevada 89502	Washoe	Therapy	
Sarah Haggerty	702-675-8351	1334 S. Maryland Pkwy. Suite 3 Las Vegas, Nevada	Clark	Therapy	http://www.bethelume.com

89104					
Sarah Longson	702-449-9001	801 S Rancho Dr E-8, Las Vegas, NV 89106	Clark	Therapy	http://www.longsontherapy.com
The Shade Tree	702-385-0072	6675 S. Tenya Way #130 Las Vegas, NV 89113	Clark	Crisis, Info, Casework, Legal, Therapy, Outreach	http://www.theshadetree.org/
Shanker Behavioral Therapy, LLC	702-625-0060	7473 W. Lake Mead Blvd. Suite 100 Las Vegas, NV 89128	Clark	Therapy	www.shankertherapy.com
Shannon L Becker	702-761-3783	8430 W. Lake Mead Blvd, Suite 100 Las Vegas, NV 89128	Clark	Therapy	
Sherita Childress	702-728-4435	3652 N. Rancho Drive Suite 102 Las Vegas, NV 89130	Clark	Counseling	
Shining Star Community Services	702-882-7827	5420 W. Sahara Ave. Las Vegas, NV 89146	Clark	Skills training, Therapy	www.shiningstarlv.com
Siena Family Therapy	702-380-3290	2649 W. Horizon Ridge Henderson, NV 89052	Clark	Therapy	
Sierra Counseling & Neurotherapy	775-885-7717	Eagle Medical Center 2874 N. Carson St. Suite 215 Carson City, NV 89706	Carson	Counseling	www.scncounseling.com
Sierra Ridge Counseling	775-232-6835	150 Country Estates Suite 107 Reno, NV 89511	Washoe	Counseling, Addictions	www.sierraridgecounseling.com
Sierra Sunrise Wellness Group	775-240-0814	888 W. Second Street Reno, NV 89503	Washoe	Counseling, Life Coach	www.sagespiritcoaching.com
Silver State Counseling and Therapy	775-323-1829	556 California Ave. Reno, NV 89509	Washoe	Counseling & Therapy	
Simmons LMFT, LLC	702-260-6203	9053 S. Pecos Rd Henderson, NV 89074	Clark	Counseling	
Southern Nevada Child and Adolescent Mental Health Services	702-486-6120	6171 W. Charleston Blvd. Bldg. 8 Las Vegas, NV 89146	Clark	Info, Caseworkd	www.dcfs.nv.gov/programs/cmh/contact_cmh/
Southern Nevada Children's Assessment	702-455-5371	701 N. Pecos Blvd. Building K1 Las Vegas, NV 89101	Clark	Info, Casework, Legal	http://www.clarkcountynv.gov/sncac/

Center (SNAC)					
Sparks Christian Fellowship	775-331-2303 ext. 119	510 Greenbrae Dr. Sparks, NV 89431	Washoe	Therapy	http://www.scf.net/ministries/supportrecovery-groups/
Spring Mountain Treatment Center	702-873-2400	7000 W. Spring Mountain Rd. Las Vegas, NV 89117	Clark	Inpatient/ Outpatient	www.springmountaintreatmentcenter.com
Spring Valley Therapy	702-830-9315	6069 S. Fort Apache Rd. Suite 100 Las Vegas, NV 89148	Clark	Therapy	
Step 2	775-787-9411	3700 Safe Harbor Way, Reno, NV	Washoe	Crisis, Therapy	www.step2.org
Stephanie Dillon	775-329-4345	1065 Haskell St. Reno, NV 89509	Washoe	Therapy	
Stephanie Robinson	702-937-3493	3150 W. Sahara Ave. Suite B21 Las Vegas, NV 89102	Clark	Counseling	
Stephanie Stowman PhD	702-690-5983	2470 St. Rose Parkway Henderson, NV 89074	Clark	Therapy	www.drstowman.com
Stephen Nicholas	775-825-2503	691 Sierra Rose Dr. Suite B. Reno, NV 89511	Carson	Therapy	
Strength in Life BHS	702-998-0551	3650 N. Rancho Drive Suite 104 Las Vegas, NV 89130	Clark	Therapy	
Summerlin Counseling associates	702-360-8050	8440 W. Lake Mead Blvd. Las Vegas NV 89128	Clark	Therapy	
Summit Mental Health	702-823-3910	3017 W. Charleston Blvd. Suite 70 Las Vegas, NV 89102	Clark	Therapy	
Susan Deakyne	775-741-0973	305 Stewart St. Reno, NV 89502	Washoe	Counseling	www.Susandekyn.com
Susan Dow	702-370-8912	1980 Festival Plaza Dr. Suite 300 Las Vegas, NV 89135	Clark	Counseling / Addictions	www.susandow.com
Suzanne Faust, Ph.D.	702-551-1234	6787 W. Tropicana Ave. Suite 272 Las Vegas, NV 89103	Clark	Counseling	
T & Z Psychotherapy Practice, LLC	702-978-7059	5135 Camino Al Norte Suite 279 N. Las Vegas, NV 89031	Clark	Therapy	

Tahoe SAFE Alliance	Office: 775-298-0010 Truckee: 530-582-9117 Tahoe City: 530-583-3440 ext. 15 24-hour Line: 800-736-1060	948 Incline Way Incline Village, NV 89457	Washoe	Crisis, Legal, Therapy, Outreach	www.tahoefaealliance.org
Tahoe Treatment Center	775-636-8289	5421 Kietzke Lane Suite 202 Reno, NV 89511	Washoe	Therapy	www.tahoetreatmentcenter.com
Tami Nurkin Gruner	702-459-8264	720 W. Cheyenne Ave. Suite 200 N. Las Vegas, NV 89030	Clark	Counseling	
Tammi Johnson	702-518-8061	6787 W. Tropicana Ave. Suite 262 Las Vegas, NV 89103	Clark	Counseling / Addictions	www.tammijohnsoncounselinglv.com
Terianne Harrison	775-391-0099	571 California Ave. Reno, NV 89509	Washoe	Therapy	www.tntharrison.com
The Brain Train Center	702-228-8236	5600 Spring Mountain Rd. Bldg B, Suite 207 Las Vegas, NV 89146	Clark	Counseling	www.thebraintraincenter.com
The Center for Emotional Health	702-776-9287 ext. 203	6284 S. Rainbow Blvd. Suite 110 Las Vegas, NV 89118	Clark	Therapy	
The Healthy Foundations Center	702-789-7834	6871 W. Charleston Blvd. Las Vegas, NV 89117	Clark	Counseling	
Therapeutic Wellness Services, INC	702-930-8087	5020 Alta Dr. Suite B Las Vegas, NV 89107	Clark	Counseling	
Therapy Treatment Centers	702-423-2625	2055 W. Charleston Blvd. Suite C Las Vegas, NV 89102	Clark	Therapy	www.therapytreatmentcenters.com
Three Leaf Therapy	775-200-9509	Reno, NV 89512	Washoe	Therapy	
Through Life's Challenges	702-756-5234	6787 W. Tropicana Ave Suite 262 Las Vegas, NV 89103	Clark	Counseling	www.tlc-lv.com
Tina M Groves	775-772-1884	243 Stewart Street Reno, NV 89501	Washoe	Counseling	www.tinagrovescounseling.com

TLC Coaching, Counseling & Hypnotherapy	702-321-5062	2920 S. Jones Suite 110-B Las Vegas, NV 89146	Clark	Counseling / Hypnosis	www.drulisalamb.com
Tommie K. Forage, LCSW	702-726-0709	Las Vegas, NV	Clark	Therapy	www.coreselftherapy.com
Trailways Mental Health	702-560-5973	5120 S. Pecos Rd Las Vegas, NV 89120	Clark	Therapy	www.trailwaysmg.com
Transitional Wellness Center	702-339-0346	5820 S. Pecos Rd. Suite 100 Las Vegas, NV 89120	Clark	Therapy	www.transitionalwellnesscenter.com
Treatment Consultation Services	775-557-4024	245 Mt. Rose Street Reno, NV 89509	Washoe	Intervention Services	
Triston Neeson	702-758-3582	9414 W. Lake Mead Blvd. Las Vegas, NV 89134	Clark	Therapy	www.tristonneeson.wixsite.com
True North Treatment Center	775-870-5027	3740 Lakeside Dr. Suite 202 Reno, NV 89509	Washoe	Counseling	www.tntcreno.com
Turning Tides Therapy & Wellness LLC	775-842-5669	140 W. Huffaker Lane Suite 505 Reno, LV 89511	Washoe	Therapy	www.turningtidestherapy.com
UNLV The Center for Individual, Couple, and Family Counseling	702-895-3627	4505 S. Maryland Pkwy Las Vegas, NV 89154	Clark	Therapy	https://www.unlv.edu/cicfc
UNLV The Practice	702-895-3627	4505 S. Maryland Pkwy Las Vegas, NV 89154	Clark	Therapy	https://www.unlv.edu/thepractice/about
UNLV Counseling and Psychological Services	702-895-3627	4505 S. Maryland Pkwy	Clark	Therapy	http://www.unlv.edu/srwc/caps
(UNR) Psychological Services Center	775-682-8684	Dept. of Psychology 1664 N. Virginia Street Reno, NV 89557	Washoe	Therapy	http://www.unr.edu/psychology/psychologicalservices/services
UNR- Victims of Crime Treatment Center	775-682-8684	Edmund J. Cain Hall Room 206 Reno, NV 89512	Washoe	Therapy	http://www.unr.edu/psychology/psychological-services
Valerie E Leclercq	702-336-3855	1481 West Warm Springs #132, Henderson, NV 89014	Clark	Therapy	http://www.drvalerieleclercq.com/index.html

Valley Counseling Center, LLC.	702-830-9418	3230 S Buffalo Drive Suite 107 Las Vegas, Nevada 89117	Clark	Counseling	http://www.samradayani.com
Valley View Family Counseling	702-320-3180	7530 W Sahara Ave, Las Vegas, NV 89117	Clark	Counseling	http://www.valleyviewfamilycounseling.com
Vegas Therapy	702-333-4391	801 South Rancho Drive Suite E8 Las Vegas, NV 89106	Clark	Therapy	http://vegastherapy.net
Vencer Youth Services	702-267-6277	4955 S Durango Dr Las Vegas, NV 89113	Clark	Counseling	http://www.venceryouth.com
Victorious Beginnings Behavioral Center	702-278-3622	9414 W Lake Mead Blvd, Las Vegas, NV 89134	Clark	Counseling	http://www.victoriousbeginnings.org
Volunteer Attorneys for Rural Nevadans (VARN)	775-883-8278 or 866-448-8276	904 N. Nevada Street Carson City, NV 89703	Carson	Crisis, info, casework, legal	www.varn.org
Washoe County Children's Advocacy Center	775-284-2761	2097 Longley Lane Reno, NV 89502	Washoe	Legal	
Washoe County Department of Juvenile Services	775-325-7800	650 Ferrari-McLeod Blvd. Reno, NV 89512	Washoe	Info	https://www.washoecounty.us/juveniles/index.php
Washoe County Department of Social Services	775-328-2700	1001 E. Ninth Street Building C, Room 135-C Reno, NV 89512	Washoe	Casework	https://www.washoecounty.us/socsvr/
William Jenkins	775-885-7717	2874 N Carson St Carson City, NV 89703	Carson	Therapy	http://www.sccounseling.com/home.html
Yountina Tona Ambis	702-241-2472	4560 S Eastern Ave #13, Las Vegas, NV 89119	Clark	Counseling	http://www.to-naambis.com
Yunique Counseling	775-432-2742	2435 Pyramid Way b, Sparks, NV 89431	Washoe	Counseling	http://www.yuniquecounseling.com
Zephyr Wellness	775-525-1616	418 Cheney St, Reno, NV 89502	Washoe	Therapy	http://www.zephyrwellness.org

Appendix E- Nevada Addiction Specialists for Juveniles

Agency	City	County	Inpatient/ Outpatient	Website
A.T.W. HOUSE	Las Vegas	Clark	Inpatient/ Outpatient	
American Addiction Centers	Las Vegas	Clark	Inpatient	http://americanaddictioncenters.com
Associated Bilingual Counselors	Henderson	Clark	Outpatient	
B.S.I. HOUSE	Las Vegas	Clark	Outpatient	
Behavioral Health Services	Carson City	Carson	Outpatient	
Bridge Counseling Associates	Las Vegas	Clark	Outpatient	http://www.bcalv.com/Home.html
Carson City Community Counseling Center	Carson City	Carson	Outpatient	http://www.cccofcarsoncity.org/us/contact-us/
Center for Addiction Medicine	Las Vegas	Clark	Outpatient	http://addictionhelp.com
Center for Behavioral Health of	Las Vegas	Clark	Outpatient	http://centerforbehavioralhealth.com
Center for Independent Living	Las Vegas	Clark	Inpatient/ Outpatient	http://www.sncil.org
Choices Group Inc.	Las Vegas	Clark	Outpatient	
Community Counseling Center of Southern Nevada	Las Vegas	Clark	Outpatient	http://www.cccofsn.org
Counseling Center and Supportive Services- Ely Counseling and Supportive Services	Ely	White Pine	Outpatient	
Dana Anderson	Reno	Washoe	Outpatient	http://www.danaanderson-mft.com
Dawn Spillman	Las Vegas	Clark	Outpatient	
Depression Treatment at Seven Hills	Henderson	Clark	Inpatient/ Outpatient	http://www.sevenhillsbi.com/depression
Destination to Recovery Henderson Outpatient	Henderson	Clark	Outpatient	http://www.destinationstorecovery.com
Discount Counseling and DUI School	Fernley	Lyon	Outpatient	
Donna Buddington	Gardnerville	Douglas	Outpatient	
Double R Counseling	Reno	Washoe	Outpatient	
Ely Health Station	Ely	White Pine	Outpatient	
Family and Child Treatment of Southern Nevada	Las Vegas	Clark	Outpatient	http://www.factsnv.org/FACT/HOME.html
Fresh Start Family Services	North Las Vegas	Clark	Outpatient	

Harmony Healthcare	Las Vegas	Clark	Outpatient	http://www.harmonyhc.com/about/location
JSM Psychological Services	Reno	Washoe	Outpatient	
Kendyll Hollenbeck-Pringle LLC	Reno	Washoe	Outpatient	https://kendyllhollenbeck-pringle.com
Las Vegas Drug Alcohol Treatment	Las Vegas	Clark	Inpatient/Outpatient	
Las Vegas Indian Center	Las Vegas	Clark	Outpatient	
Las Vegas Recovery Center	Las Vegas	Clark	Outpatient	http://lasvegasrecovery.com/?cpao=118
LifeStar	Las Vegas	Clark	Outpatient	https://kayentatherapy.com
Love All, Serve All, LLC.	Las Vegas	Clark	Inpatient/Outpatient	
Lynda Harper	Reno	Washoe	Outpatient	
Lyon Council on Alcohol - Dayton	Dayton	Lyon	Outpatient	
Lyon Council on Alcohol - Fernley	Fernley	Lyon	Outpatient	
Lyon Council on Alcohol - Silver Springs	Silver Springs	Lyon	Outpatient	
Lyon Council on Alcohol - Virginia City	Virginia City	Lyon	Outpatient	
Mary Howden, MFT	Incline Village	Washoe	Outpatient	
McAuliffe Therapy	Reno	Washoe	Outpatient	http://www.mcauliffetherapy.com
Mirit Sloves	Reno	Washoe	Outpatient	
Namaste Counseling	Reno	Washoe	Outpatient	
Nevada Behavioral Solutions	Las Vegas	Clark	Outpatient	http://www.nevadabehavioralsolutions.com
New Frontier	Fallon	Churchill	Inpatient/Outpatient	
Nicole Altamirano	Reno	Washoe	Outpatient	
Oasis Counseling	Henderson	Clark	Outpatient	http://oasiscounselingtoday.com
Oasis Counseling	Las Vegas	Clark	Outpatient	http://oasiscounselingtoday.com
Professional Bi-lingual Counseling	Reno	Washoe	Outpatient	
Rational Therapy and Recovery, Inc.	Reno	Washoe	Outpatient	http://www.rationaltherapyandrecovery.com
Renegade Counseling	Reno	Washoe	Outpatient	
Ruby View Counseling Service	Elko	Elko	Outpatient	
Sierra Counseling & Neurotherapy	Carson City	Carson	Outpatient	http://www.scncounseling.com/home.html
Summit Mental Health	Las Vegas	Clark	Outpatient	http://www.summitmentalhealth.org
Transitional Wellness Center	Las Vegas	Clark	Outpatient	

Treatment Consultation Services	Reno	Washoe	Outpatient	
Vencer Youth Services	Las Vegas	Clark	Outpatient	http://www.venceryouth.com
Vitality Center - Cottonwood Counseling Services	Battle Mountain	Lander	Outpatient	http://vitalityunlimited.org/home.shtml
Vitality Unlimited - Actions of Elko County	Elko	Elko	Inpatient/Outpatient	http://vitalityunlimited.org/home.shtml
Vitality Unlimited - Restoration Counseling Services	Las Vegas	Clark	Outpatient	http://vitalityunlimited.org/Home.shtml
Westcare, Henderson	Henderson	Clark	Outpatient	https://www.westcare.com
Westcare, Nevada	Las Vegas	Clark	Inpatient	https://www.westcare.com
William Jenkins	Carson City	Carson	Outpatient	http://www.scncounseling.com/home.html
Willow Springs Center	Reno	Washoe	Outpatient	http://willowspringscenter.com
Yunique Counseling	Sparks	Washoe	Outpatient	http://www.yuniquecounseling.com

Appendix F- Nevada Psychiatrists

Practitioner	Phone	City	Zip	County
Dr. Robert Fliegler, M.D.	(775) 841-7644	Carson City	89703	Carson City
Dr. Gail Marie Krivan, M.D.	(775) 461-3132	Carson City	89703	Carson City
Dr. Dwarakanath Vuppalapati, M.D.	(775) 885-4521	Carson City	89703	Carson City
Dr. Gary Charles Ridenour, M.D.	(775) 423-6400	Fallon	89406	Churchill County
Dr. Kim Alan Adamson, M.D.	(775) 530-7614	Fallon	89406	Churchill County
Dr. John R. Ares, M.D.	(702) 386-4700	Las Vegas	89128	Clark County
Raymond Allen Mondora, D.O.	(702) 322-1051	Las Vegas	89101	Clark County
Dr. Chinyere L. Okeke, M.D.	(702) 202-0099	Las Vegas	89146	Clark County
Dr. Sanghamitra Basu, M.D.	(702) 362-7246	Las Vegas	89149	Clark County
Willis Y. Wu, M.D.	(702) 362-7246	Las Vegas	89149	Clark County
Dr. Sanghamitra Basu, M.D.	(702) 362-7246	Las Vegas	89149	Clark County
Dr. Ronald Jay Kohn, M.D.	(702) 487-6500	Las Vegas	89130	Clark County
Dr. Rick Ray Horton, M.D.	(702) 791-9000 x15296	North Las Vegas	89086	Clark County
Dr. Leon Schwartz Perel,	(702) 476-9999	Las Vegas	89129	Clark County
Dr. James Robert Eells, M.D.	(702) 796-3847	Las Vegas	89128	Clark County
Dr. Kevin Templar, M.D.	(702) 835-9760	North Las Vegas	89032	Clark County
Elena Belen Garcia, M.D.	(702) 363-5575	Las Vegas	89128	Clark County
Dr. Sanghamitra Basu, M.D.	(702) 362-7246	Las Vegas	89128	Clark County
Zachariah W. Chambers, M.D.	(702) 463-1088	Las Vegas	89130	Clark County
Dr. Brian Thomas Le, D.O.	(702) 676-2000	Las Vegas	89128	Clark County
Leo Capobianco, D.O.	(702) 233-1715	Las Vegas	89128	Clark County
Dr. quan Haduong, M.D.	(702) 386-3700	Las Vegas	89128	Clark County
Dr. William H. Baumgartl, M.D.	(702) 320-8111	Las Vegas	89128	Clark County
Dr. Elliot Eungyong Shin, M.D.	(702) 796-3847	Las Vegas	89128	Clark County
Dr. James Robert Eells, M.D.	(702) 796-3847	Las Vegas	89128	Clark County
Dr. Praveen Saran, M.D.	(702) 355-9111	Las Vegas	89128	Clark County
Dr. Floyd Thomas Meachum, D.O.	(702) 636-0085	North Las Vegas	89032	Clark County
Dr. Thomas Chih-Han Yee, M.D.	(702) 813-3888	Las Vegas	89144	Clark County

Dr. Steven Johnson, M.D.	(702) 804-0166	Las Vegas	89145	Clark County
Dr. David D. Moon, D.O.	(702) 876-2225	Las Vegas	89145	Clark County
Dr. David Henry Rosenstein,	(702) 242-2737	Las Vegas	89145	Clark County
Dr. Paterno S. Jurani, M.D.	(702) 258-4900	Las Vegas	89107	Clark County
Rosalita C. Jurani, M.D.	(702) 258-4900	Las Vegas	89107	Clark County
Bernard Addo-Quaye, M.D.	(702) 657-6365	North Las Vegas	89030	Clark County
Dr. Paul Nguyen, M.D.	(702) 405-9080	N. Las Vegas	89030	Clark County
Dr. Michael Raoul Coy, D.O.	(702) 255-4200	Las Vegas	89145	Clark County
Dr. Seth Kabutey Adjovu, M.D.	(702) 798-1233	North Las Vegas	89030	Clark County
James G. Marx, M.D.	(702) 878-4568	Las Vegas	89107	Clark County
Dr. Brandon Lawrence Snead, M.D.	(702) 518-5774	Las Vegas	89146	Clark County
Dr. Westbrook Lawrence Kaplan,	(702) 544-2289	Las Vegas	89135	Clark County
Dr. Leo Lee Gallofin, M.D.	(702) 518-7562	Las Vegas	89146	Clark County
Jacob Manjooran, M.D.	(702) 486-4400	Las Vegas	89146	Clark County
Dr. Stephen Howard Frye, M.D.	(702) 341-6411	Las Vegas	89117	Clark County
Matthew Obim Okeke, M.D.	(702) 202-0099	Las Vegas	89146	Clark County
Dr. Mustafa Rawaf, D.O.	(702) 527-7401	Las Vegas	89102	Clark County
Dr. Jelena Kunovac, M.D.	(702) 527-7401	Las Vegas	89102	Clark County
Dr. Steven A. Holper, M.D.	(702) 878-3510	Las Vegas	89102	Clark County
Dr. Alain Coppel,	(702) 476-9999	Las Vegas	89102	Clark County
Dr. Victor Klausner, D.O.	(702) 474-4454	Las Vegas	89106	Clark County
Dr. Joel Mark Grisham, M.D.	(725) 777-3168	Las Vegas	89102	Clark County
Maurice D. Gregory, Jr., M.D.	(702) 822-1356	Las Vegas	89106	Clark County
Dr. Robert Lynn Horne, M.D.	(702) 822-1188	Las Vegas	89102	Clark County
Dr. Kunal R. Parikh, M.D.	(702) 476-9999	Las Vegas	89102	Clark County
Dr. Jaemi Keith, M.D.	(702) 476-9999	Las Vegas	89102	Clark County
Dr. Harry Leo Duran, M.D.	(702) 671-5637	Las Vegas	89101	Clark County
Dr. David Michael Mathis, D.O.	(702) 671-5685	Las Vegas	89101	Clark County
Alafuro Oruene, M.D.	(702) 310-9110	Las Vegas	89106	Clark County
Chinenye Ezeanolue, M.D.	(702) 310-9110	Las Vegas	89106	Clark County
Dolue David Ezeanolue, M.D.	(702) 310-9110	Las Vegas	89106	Clark County
Dr. George B. Kaiser, M.D.	(702) 385-3330	Las Vegas	89101	Clark County

Dr. David E Linden,	(702) 384-2238	Las Vegas	89146	Clark County
Dr. Robert J Mendenhall, D.O.	(702) 454-0201	Las Vegas	89102	Clark County
Dr. James Joseph Vilt, M.D.	(702) 251-8000	Las Vegas	89102	Clark County
Dr. Anurag Gupta, M.D.	(702) 228-4900	Las Vegas	89146	Clark County
Lesley R. Dickson, M.D.	(702) 382-6262	Las Vegas	89104	Clark County
Dr. Steven V. Kozmary, M.D.	(702) 380-3210	Las Vegas	89102	Clark County
Dr. Karen L. Cruey, M.D.	(702) 247-1703	Las Vegas	89102	Clark County
Constance Gayle Brown, M.D.	(702) 485-5212	Las Vegas	89147	Clark County
Dr. Danial Olen Laird, M.D.	(702) 595-8378	Las Vegas	89147	Clark County
Dr. Collin Davis Johnston, D.O.	(702) 759-2443	Las Vegas	89147	Clark County
Dr. Joseph David Lee, M.D.	(702) 630-1100	Las Vegas	89102	Clark County
Dr. Kahmien A. LaRusch, M.D.	(702) 257-3099	Las Vegas	89146	Clark County
Agapito B. Racoma, M.D.	(702) 382-7878	Las Vegas	89146	Clark County
Dr. Sudhir S. Khemka, M.D,	(702) 880-4193	Las Vegas	89103	Clark County
Dr. Kathleen Crosby Cansler, M.D.	(702) 932-3176	Las Vegas	89103	Clark County
Dr. Peter A. Mansky, M.D.	(702) 405-7285	Las Vegas	89147	Clark County
Dr. Faisal Ahmed Suba, M.D.	(845) 659-6317	Las Vegas	89103	Clark County
Dr. Christopher Cruz, M.D.	(702) 220-9667	Las Vegas	89103	Clark County
Ivan L. Goldsmith, M.D.	(702) 367-0808	Las Vegas	89148	Clark County
Traci Grossman, M.D.	(702) 399-9000	Las Vegas	89113	Clark County
Dr. Daniel Park, D.O.	(702) 364-1111	Las Vegas	89103	Clark County
Dr. Melvin I. Pohl, M.D.	(702) 364-1484	Las Vegas	89103	Clark County
Dr. Michael S. Levy, D.O., F.A.S.A.M.	(702) 873-7800	Las Vegas	89103	Clark County
Dr. Brian M Pierson, M.D.	(702) 485-2100	Las Vegas	89103	Clark County
Dr. Mario F. Tarquino,	(702) 968-6259	Las Vegas	89109	Clark County
Dr. Marjorie Elaine Belsky, M.D.	(702) 968-6259	Las Vegas	89109	Clark County
Dr. Eric Wolfson, M.D.	(702) 452-2525	Las Vegas	89103	Clark County
Dr. Warren James Seeds, M.D.	(702) 948-8660	Las Vegas	89148	Clark County
Dr. Stacie Lynnette Oliver, M.D.	(702) 948-8660	Las Vegas	89148	Clark County
Dr. Heath R. Wills,	(702) 948-8660	Las Vegas	89148	Clark County
Dr. Jeremy Marc Lipshutz, M.D.	(702) 948-8660	Las Vegas	89148	Clark County
Lesley R. Dickson, M.D.	(702) 796-0660	Las Vegas	89121	Clark County
Dr. Caroline M. DeLucia, M.D.	(702) 533-2193	Las Vegas	89118	Clark County

Dr. Armen Edward Nikogosian, M.D.	(702) 362-9930	Las Vegas	89118	Clark County
Dr. Jonathan George Still, M.D.	(702) 251-8000	Las Vegas	89148	Clark County
Dr. Farrukh Imtiaz, M.D.	(702) 933-6767	Las Vegas	89169	Clark County
Dr. Muhammad Ali Hyder, M.D.	(800) 447-9150	Las Vegas	89121	Clark County
Dr. Robert P. Kaplan, M.D.	(702) 462-9350	Las Vegas	89119	Clark County
Dr. Charles Henry McSwain, D.O.	(702) 419-7529	Las Vegas	89119	Clark County
Dr. José Maria Partida Corona, M.D.	(702) 565-6004	Las Vegas	89121	Clark County
Dr. Brian Eric Lee,	(702) 434-6336	Las Vegas	89121	Clark County
Dr. Edward K. Tsai, D.O.	(702) 896-4433	Las Vegas	89139	Clark County
Dr. Charles Henry Tadlock, M.D.	(702) 474-0200	Las Vegas	89119	Clark County
Dr. Renee Lim Ngo, M.D.	(702) 855-0748	Las Vegas	89120	Clark County
Dr. Thomas Andrew Gonda, Jr., M.D.	(510) 495-4826	Las Vegas	89120	Clark County
Dr. Maxine B. Ingham, M.D.	(702) 367-8204	Henderson	89014	Clark County
Phil Y. Chen, D.O.	(702) 260-7818	Henderson	89074	Clark County
Dr. Rob Toledo, D.O.	(702) 933-5544	Henderson	89014	Clark County
Dr. Evan Curt Allen, M.D.	(702) 541-8240	Henderson	89074	Clark County
Dr. Carolyn Anne Matzinger, M.D.	(702) 380-1974	Las Vegas	89141	Clark County
Saleha Baig, M.D.	(702) 365-9006	Las Vegas	89123	Clark County
Dr. Alexander Imas,	(702) 982-7100	Henderson	89012	Clark County
Mostafa Sheta, M.D.	(702) 567-9002	Henderson	89015	Clark County
Dr. Colin Matthew Rock, M.D.	(702) 476-9999	Henderson	89012	Clark County
Linda Jean Fuller-Brown,		N Las Vegas	89086	Clark County
Dr. Zahid Hamid,	(702) 655-1400	Las Vegas	89146	Clark County
Dr. James Henry Sullivan, M.D.	(775) 445-7225	Carson City	89705	Douglas County
Kirin Leslie Madden,	(775) 738-2252	Elko	89801	Elko County
Richard W. Katschke, Jr., M.D.	(775) 726-3121	Caliente	89008	Lincoln County
Dr. Stephen Andracki, M.D.	(775) 727-5509	Pahrump	89048	Nye County
Dr. Kim Alan Adamson, M.D.	(775) 530-7614	Lovelock	89419	Pershing County
Dr. Howard Junior Wing, M.D.	(435) 634-5600	Saint George	84770	Washington County
Dr. Abdollah Assad, M.D.	(775) 322-8900	Reno	89512	Washoe County
Dr. Dwarakanath Vuppalapati, M.D.	(775) 356-4595	Sparks	89434	Washoe County

Dr. Jeffrey W. Lovett, M.D.	(775) 331-6400	Sparks	89434	Washoe County
Karen Sue McDermott, M.D.	(775) 825-5008	Sparks	89434	Washoe County
Dr. Dan G. Snow, M.D.	(775) 853-7669	Reno	89511	Washoe County
Dr. Michael M Salas, M.D.	(775) 982-5000	Reno	89521	Washoe County
Dr. Mark William Viner, M.D.	(775) 772-6015	Sparks	89441	Washoe County
Jacob L. Blake, M.D.	(775) 323-2080	Reno	89511	Washoe County
Dr. Michael P. O'Brien,	(775) 851-1505	Reno	89511	Washoe County
Dr. Andrew Lawrence Geisler, M.D.	(775) 828-2873	Reno	89509	Washoe County
Thomas A. Naegele, D.O.	(775) 424-0785	Sparks	89436	Washoe County
Dr. Kenneth W. Pitman, M.D.	(775) 689-5410	Reno	89511	Washoe County
Dr. Andrew C. Wesely, M.D.	(775) 689-5410	Reno	89511	Washoe County
Dr. Steven E. Berman,	(775) 689-5410	Reno	89511	Washoe County
Dr. Jan Meyer Thompson, M.D.	(775) 832-9332	Reno	89502	Washoe County
Dr. Robert Gene Rand, M.D.	(775) 826-7263	Reno	89509	Washoe County
Dr. Garen Mirzaian, M.D.	(775) 326-2920	Reno	89502	Washoe County
Sarah Zinati, D.O.	(775) 785-7104	Reno	89502	Washoe County
Dr. Kenneth Todd Thunder, M.D.	(775) 328-1414	Reno	89502	Washoe County
Dr. Ryan P. Zeller, D.O.	(775) 786-3330	Reno	89502	Washoe County
Dr. Mark Eric Hahn, M.D.	(775) 328-3066	Reno	89512	Washoe County
Dr. Ryan M. Ley, M.D.	(775) 323-0478	Reno	89507	Washoe County
Jose Mathew Thekkekara, M.D.	(775) 982-5318	Reno	89506	Washoe County
Dr. Quinton Keith Thomas, M.D.	(775) 624-6000	Reno	89523	Washoe County
Dr. Inder Bhanver, M.D.	(775) 787-6463	Reno	89523	Washoe County
Dr. Rob Ruddell Ashby, M.D.	(928) 778-5097	Las Vegas	89129	Yavapai County

About the Author

This report has been prepared by Strategic Progress, LLC., Strategic Progress, led by Cyndy Ortiz Gustafson, MA, specializes in the design and implementation of large scale public policy initiatives, research, data analytics, strategic financing of public programs and projects, and evaluation.

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Partners on the 2016 Children's Mental Health systems change project include Reset Management Consultants, Innovative Research and Analysis and the Department of Political Science at the University of Nevada, Reno.

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