Steve Sisolak

Governor



Richard Whitley

Director

### State of Nevada

# Department of Health and Human Services

Overview of In-State & Out-of-State Residential Options

Division of Child and Family Services
Susie Miller, Deputy Administrator



# **Treatment Settings**

#### Acute:

- Inpatient mental health services, delivered in freestanding psychiatric hospitals or general hospitals with a specialized psychiatric unit (secure, structured environment; 24-hour observation and supervision; multidisciplinary clinical approach).
- For individuals with severe, clinically identifiable covered, current ICD (International Classification for Diseases) psychiatric diagnosis.
- <u>Objective</u>: Relieve/reduce symptoms for improved functioning and return to a less restrictive setting.

### Residential Treatment Center/Psychiatric Residential Treatment Facility (RTC/PRTF):

- Inpatient services delivered in psychiatric, medical-model facilities.
- For individuals with behavioral, emotional, psychiatric and/or psychological disorders/conditions, who are no longer at or appropriate for an acute level of care, or who cannot effectively receive services in a less restrictive setting, and who meet medical necessity and admission criteria.
- <u>Objective</u>: Provide a similar environment to Acute but for lower level of care; those who respond well to treatment can discharge to a lower level of care (e.g. intensive home and community-based services, care of a psychiatrist, psychologist or other qualified mental health professional).



## **Nevada Facilities**

Acute beds in the South – 163

### • Providers:

- Desert Parkway Behavioral Healthcare Hospital
- Desert Willow Treatment Center
- Desert Winds Hospital
- Seven Hills Behavioral Institute
- Southern Hills Hospital and Medical Center
- Spring Mountain Treatment Center



# Nevada Facilities, cont'd

- RTC/PRTF beds in the South 290
- Standard beds treat youth ages 12-18 with:
  - Anxiety
  - Depression
  - Trauma treatment
  - Behavioral issues
  - Mood disorders
  - Drug and alcohol dependency
  - Gaming and social media addiction
  - Body-image issues
  - Self-harm
  - Suicidal thoughts
- Service gaps require out-of-state treatment.



### Current Out-of-State Placement

- Nevada youth are placed in 14 Medicaid-approved facilities.
- Avg. placements/month from May 2020 to Apr. 2021 = 58
- April 2021 Placement Report

Nevada Juvenile Justice & Child Welfare - Out of State Placements					
Placement Facility & State	Count of Placements				
	n	%			
Turning Point - UT	16	28.6%			
Provo Canyon - UT	11	19.6%			
Benchmark - UT	10	17.9%			
Lakeland BS - MO	5	8.9%			
Copper Hills - UT	3	5.4%			
Capstone - MI	2	3.6%			
Neuro Rehab - TX	2	3.6%			
Lava Heights - UT	1	1.8%			
Mill Creek - UT	1	1.8%			
Millcreek BH - AR	1	1.8%			
Odyssey - UT	1	1.8%			
Piney Ridge - AR	1	1.8%			
Stepping Stones RTC Clearfield - UT	1	1.8%			
Youth Health Associates - UT	1	1.8%			
Total	56	100.0%			



# History of Out-of-State Placement

Nevada Juvenile Justice and Child Welfare Out of State Placements by Facility State

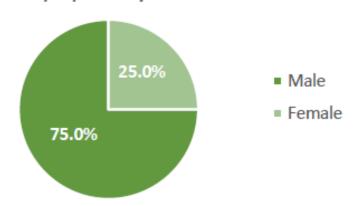
Calendar Year 2015 - 2020

Placement Facility State	CY 2015	CY 2016	CY 2017	CY 2018	CY 2019	CY 2020
Alabama	1	1				
Arkansas		1	3	2		3
Arizona	2	5	6	3	1	3
California		1				2
Colorado	11	23	12	9	6	5
Florida	1	1				
Georgia	1	2	3	4	3	1
lowa	1	1				
Illinois	1					
Indiana	4	4	2	2	1	5
Michigan	4	7	3	1	3	4
Missouri	7	9	7	3	9	15
Montana	1	3	5	3		
New Mexico	4	5	8	4	1	
New York		1	1			
Oklahoma						2
Oregon	1	1	1	1		
Pennsylvania			1	1		
Tennessee	7	10	5	2		
Texas	17	32	26	16	10	7
Utah	85	179	187	159	117	86
Washington			2		1	
Total Placements	148	286	272	210	152	133

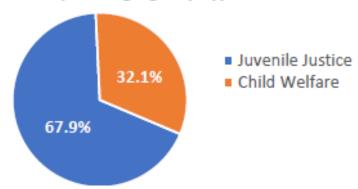


### Out-of-State Placement by Gender and Type

Nevada Juvenile Justice & Child Welfare OOS Placements as of 4/30/2021 by Gender



Nevada Juvenile Justice & Child Welfare OOS Placements as of 4/30/2021 by Placing Agency Type





# **Accessing Services**

### Youth in ER for Mental Health Crisis

Assessment Completed

Within 24 hours

#### Level of Care Identified

**During the Assessment** 

If higher level of care needed

#### Referrals Made to Local Facilities

1-2 days

If denied\*

#### Referrals Made to Out-of-State Facilities

Up to 1-2 weeks

If denied\*

CEOs Contacted & Individualized Service Agreements Offered

No Appropriate Place to Wait for Response

#### Youth Remains in ER

Can be up to 3-4 weeks

<sup>\*</sup>Denial Reasons: Bed not available, Denied based on previous Experience, Specific services not available, Facility milieu not conducive to admission, Exclusionary criteria from MSM Chapter 400, etc.

## Ideas for Addressing Challenges

Crisis stabilization centers (per SB156).

• Enhanced Managed Care Organization (MCO) responsibility for children's outcomes.

Non-residential solutions – quality in-home services

 Building Bridges Initiative (BBI) and High-Fidelity Wraparound (HFW).





# Questions?



### **Contact Information**

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