NEVADA CHILDREN'S COMMISSION BEHAVIORAL HEALTH SUBCOMMITTEE:

DEVELOPING A MENTAL/BEHAVIORAL HEALTH DATA SHEET

(WORKING DRAFT)

QUANTIFYING THE SCOPE OF YOUTH BEHAVIORAL HEALTH NEED IN NEVADA

Number of youth in Unity System showing mental health diagnosis

Number of youth in Unity System designated with Serious Emotional Disturbance (SED)

Number of youth in Unity System prescribed psychotropic medication

• Number of youth in Unity System prescribed multiple psychotropic medications

Number of youth in Unity System in Special Needs Adoption Status due to behavioral health diagnoses

• % of total adoptions

Number of youth who re-enter state child welfare custody postadoption/guardianship/reunification due to unmet behavioral health needs

Number of youth with diagnosed/suspected neurodevelopmental disabilities in the Unity System

Number of youth whose parent/guardian has surrender custody to child welfare system due to inability to safely meet behavioral health needs in home

• AB 387/NRS 433B.3392 (2019)/"Collaborative Pathways"

Number of youth in Unity System admitted to Emergency Room over 24 hours for behavioral health concerns

• Median length of stay, range

Nevada Medicaid expenditure for emergency room admissions for primary behavioral health

Number of youth in Nevada covered by state Medicaid Program

Number of uninsured youth in Nevada

Child and adolescent behavioral health provider data (# of providers) from Nevada Medicaid by provider type

• % of approved providers who have billed Nevada Medicaid in the last 12 months

Same question – numbers of providers (non-Medicaid) paneled with private insurance

Number of providers who do not accept any insurance, cash pay only

Child and adolescent behavioral health provider data (# of providers) from professional licensing boards (note: licensing boards do not license by specialty, i.e. how many child/adolescent specialists. Different way to get at this data? Different source? Compare general provider type numbers with Medicaid approved?)

- Nevada Board of Medical Examiners (child adolescent psychiatrist)
- Board of Psychological Examiners (psychologist and neuropsychologist)
- Board of Examiners for Marriage and Family Therapists and Clinical Professional Counselors (MFT and CPC)
- State of Nevada Board of Examiners for Social Workers (LCSW)
- Nevada State Board of Nursing (Psych APRN)
- Nevada Applied Behavior Analysis Board (ABA)

Apply national prevalence data to estimate projected number of Nevada youth in general population and on Medicaid who are likely to meet criteria for Serious Emotional Disturbance

• Apply population growth projections for Nevada to estimate future need

Review State epidemiology data for relevant indicators

PREVENTION/EARLY INTERVENTION

Capacity of DCFS Early Childhood Mental Health services by region

- Children enrolled/Capacity
- Primary diagnoses
- Number of youth referred for comprehensive neurodevelopmental assessment
- Waitlist
- Staff vacancies

NEIS – Nevada Early Intervention Services 0-3. Any child who is drug exposed should be referred.

- Children enrolled/Capacity/number referred/waitlist
- Eligibility criteria/primary diagnoses

Child Find. Ages 3+. Administered through school district. (Dept of Ed. Track this?) May result in IEP.

- Children enrolled/capacity/number referred/waitlist
- Eligibility criteria/primary diagnoses

OUTPATIENT

Need assistance fleshing out this data section.

Capacity

Access

Transportation

Can this be captured as a data ask or are these identified barriers? How to capture data points identifying numbers of children in community who seek services and cannot.

• Office of Suicide Prevention – look at report regarding "state of teen mental health" and estimating general need.

INTENSIVE IN HOME

DCFS Mobile Crisis team capacity by region

DCFS Mobile Crisis "Intensive Step-Down Team" capacity by region

DCFS Mobile Crisis staff vacancies

DCFS Mobile Crisis response times

DCFS Wraparound in Nevada (WIN) capacity by region

DCFS Wraparound in Nevada (WIN) staff vacancies

DCFS Wraparound in Nevada (WIN) waitlist

Number of private providers of High-Fidelity Wraparound services in Nevada

PSR/BST

• Number of youth in Unity receiving

Crisis Stabilization services through Medicaid

• Number of youth in Unity receiving

DCFS Contracted Care Management Entity

• Number of youth in Unity receiving intensive in home through CME

IOP/PHP

Day Treatment through Early Childhood Mental Health

Day Treatment Latency Age Program

Capacity of DCFS Early Childhood Mental Health services by region

- Children enrolled/Capacity
- Primary diagnoses

- Number of youth referred for comprehensive neurodevelopmental assessment
- Waitlist
- Staff vacancies

Capacity of Intensive Outpatient treatment programs in Nevada by region (public and private)

- General capacity
- Number of pediatric programs/beds (under 12)
- Number of programs specialized for substance use disorder treatment
- Number of programs capable of treating co-occurring neurodevelopmental
- Waitlists
- Number of programs that provide transportation

Number of youth in Unity receiving IOP

Capacity of Partial Hospitalization treatment programs in Nevada by region (public and private)

- General capacity
- Number of pediatric programs/beds (under 12)
- Number of programs specialized for substance use disorder treatment
- Number of programs capable of treating co-occurring neurodevelopmental
- Waitlists
- Number of programs that provide transportation

Number of youth in Unity receiving IOP

COMMUNITY BASED RESIDENTIAL (NON-SECURE PRTF/QRTP)

Number of youth in Unity System placed in non-secure residential treatment program (unlocked PRTF)

Number of youth in Unity System placed in non-secure residential treatment program (QRTP)

Number of youth non-secure residential treatment beds by program/facility in Nevada (public and private) (Non-secure PRTF)

- Youth on waitlist
- Number of denials, reasons for denial
- Of private facilities, those that take Medicaid versus don't

Number of youth non-secure residential treatment beds by program/facility out of state (public and private) (Non-secure PRTF)

- Youth on waitlist
- Number of denials, reasons for denial
- Of private facilities, those that take Medicaid versus don't

Number of Qualified Residential Treatment Program beds in Nevada (QRTP)

- Youth on waitlist
- Number of denials, reasons for denial
- Specializations of programs

Number of current staff vacancies at public or state contracted facilities

SECURE RESIDENTIAL TREATMENT (ACUTE CARE/SECURE PRTF/ "RTC")

(START 3/12/2024 SUBCOMMITTEE REVIEW HERE)

Number of youth in Unity System placed in acute psychiatric treatment facility

• Number of youth who are re-admitted to acute treatment facility within 12 months

Number of youth court ordered for residential psychiatric treatment pursuant to NRS 432B.6076

Number of youth in Unity System placed in secure residential treatment facility (locked PRTF)

Number of youth in Unity System placed out-of-state for secure residential treatment facility (locked PRTF)

Youth who are admitted acutely from RTC placement

• Admit to external hospital or unit in RTC

Look at Unity placement and services in place directly prior to an acute admit (foster home, CH, detention, Wrap Around, ABA, etc.)

Look at Unity discharge placement and services in place upon discharge from acute admit. What setting are these youth going to?

DOJ identified issues – Were children in community based placements prior to acute and did they discharge to setting where they were wrapped in robust community based services? Can this be correlated with length of stay?

Number of acute care psychiatric beds by program/facility in Nevada (public and private)

• Number of pediatric (under 12) acute care psychiatric beds by program/facility in Nevada (public and private)

Average length of stay (median, range) for acute care admits

• Break out subacute admits (SNU)

Number of secure residential treatment beds <u>by program/facility</u> in Nevada (public and private)

- Number of children placed within 12 mo period
- Number of beds, licensed beds versus staffed beds
- Average waitlists, both number of youth and length of time
- % of denials and basis for the denial
- Number of pediatric beds (under 12)
- Number of beds specialized for substance use disorder treatment/co-occurring SUD
 - The one facility Clark has occasionally used for DIY is unlocked
 - Youth typically placed in MH RTC with adjunct substance use treatment. Sufficient?
 - Increase in fentanyl overdose, intentional or unintentional
- Number of beds capable of treating co-occurring neurodevelopmental
- Number of beds available for "conduct disorder"/significant aggression/delinquency involvement (fall in the gap between correctional care and mental/behavioral health care and neither setting can/will meet their needs)
 - This population overlaps significantly with neuro-developmental population.
 These youth need three levels of care neuro-developmental/ MH / behavioral aggression.
- DCFS staff vacancies at RTC/acute level care (captures staffed versus licensed)
- Average and median length of stay
- Placement to which youth discharges, level of care, community-based services upon discharge
- Placement directly preceding admission to secure RTC

Number of out-of-state secure residential treatment programs currently contracted with Nevada Medicaid

See all comments above and insert for out of state facilities below.

- Average waitlists
- % of denials
- Number of pediatric programs (under 12)
- Number of programs specialized for substance use disorder treatment
- Number of programs capable of treating co-occurring neurodevelopmental
- Of contracted providers, how many programs have billed Nevada Medicaid in last 12 months

NEURODEVELOPMENTAL

Number of clinical psychologists who conduct neuropsych assessments, IQ testing, assessments for ASD/FASD? Dr. Jacobs – many generalist psychologists perform these assessments.

Number of licensed neuropsychologists in Nevada by region

- Available from licensing board (list specialization?)
- Send survey to membership requesting relevant data?
- Accept insurance? Accept Medicaid?

[BEGIN 6/11/2024 WORKING SESSION HERE]

Number of other specialists

Number of licensed neuropsychologists contracted with Nevada Medicaid

- Number of neuropsychologists who have billed Nevada Medicaid for comprehensive assessment in last 12 months
- Number of neuropsychologists who have billed private insurance for comprehensive assessment in last 12 months

Number of youth referred to ADSD for developmental services eligibility by Regional Center

- By age
- By diagnosis
- Number of requests for additional information/testing
- Number of approvals/denials by diagnosis
- Reasons for denial
- Number of applications closed out for lack of follow up documentation

Number of specialized residential beds for youth with qualifying neurodevelopmental diagnoses, in and out of state, public and private

- Supported Living Arrangement
- Intermediate Care Facility
- Other placement types?

Number of Applied Behavior Analysis (ABA) providers approved contracted with Nevada Medicaid

Number of ABA providers contracted with private insurance providers

Number of Medicaid covered youth billed for ABA service by diagnosis (Autism, FASD)

JUVENILE JUSTICE/DUAL STATUS YOUTH

Number of youth in State correctional/County detention facility with behavioral health diagnosis

Number of youth in state correctional/County detention facility who received therapy/behavioral consult while in custody

Number of youth in state correctional/County detention facility receiving psychiatry services while in custody (psychotropic medication administration)

Number of youth in DCFS custody in alternative placement for psychiatric treatment

• Out of state versus in state placement

Number of youth transported from State correctional/County detention facility for acute psychiatric care

Number of youth in State correctional/County detention facility placed on suicide protocols

Number of youth in state correctional/County detention facility with a confirmed or suspected neurodevelopmental diagnosis