

Nevada System of Care Available Trainings

Welcome to the DCFS Nevada System of Care Course Catalog!

The Nevada System of Care Course Catalog is updated annually. New trainings may be added throughout the year, and some trainings may not appear in the catalog until it is updated for the following year.

To access the calendar of available trainings and/or register for a training, please visit: <https://www.mycasat.org/dcfs-trainings/> and create an account. Available trainings are updated monthly, so be certain to check back often. Monthly training calendars are also featured in the Nevada System of Care Newsletter. To subscribe, please email: soc@dcfs.nv.gov

If you have any questions about trainings or would like to suggest that a training be created for your agency, please contact us at 702-486-6118 to be directed to a DCFS Nevada System of Care trainer in your region.

Available Trainings:

1. The Nevada System of Care Overview*

The purpose of this 2-hour training is to educate the trainee on what systems of care are and how the Nevada System of Care seeks to orchestrate the provision of comprehensive behavioral health services to every child, youth, and young adult in Nevada. The provision of these behavioral health services is within the framework of the *Nevada System of Care Core Values*, which state that all services should be:

- Community based.
- Family driven and youth guided.
- Culturally and linguistically competent.

At the completion of this training, trainees should be able to:

- Define what systems of care are.
- Understand the organizational framework of systems of care.
- Understand the values and principles of systems of care.
- Understand the tenant of family driven and youth guided.
- Understand each core value and principle of the Nevada System of Care.
- Understand the structure of the Nevada System of Care.
- Understand how data and quality management are used in systems of care.
- Define cultural and linguistic competence and why this is an important component of the Nevada System of Care.

***Online version of System of Care Overview is now available! To register, go to:**

<https://www.mycasat.org/courses/the-nevada-systems-of-care-overview/>

2. The National Standards for Culturally and Linguistically Appropriate Services in Health and HealthCare (CLAS)*

The purpose of this 2-hour training is to familiarize each trainee with the National Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care. These standards are intended to advance health equity, improve quality, and help eliminate health care disparities by establishing a framework for organizations to:

- Provide effective, equitable, understandable, respectful, quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other communication needs.
- Recruit, promote, and support a culturally and linguistically diverse governance, leadership, and workforce that are responsive to the population in the service area.
- Educate and train governance, leadership, and workforce in culturally and linguistically appropriate policies and practices on an ongoing basis.
- Offer free language assistance to individuals with limited English proficiency and/or other communication needs to facilitate timely access to all health care and services.
- Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into assessment measurement and continuous quality improvement activities.
- Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and inform service delivery.

At the completion of this training, trainees should be able to:

- Define Cultural Competence.
- Define Linguistic Competence.
- Derive a better understanding of their own knowledge of disparities in healthcare that is due to a lack of cultural competence.
- Learn about each CLAS standard.
- Obtain ideas and guidance for implementing CLAS standards in their own practices and/or agencies.
- Understand how both Implicit and Explicit Bias operate within ourselves.

***Online version of CLAS is now available! To register, go to:**

<https://www.mycasat.org/courses/culturally-linguistically-appropriate-standards-clas-in-health/>

3. Caring for Children Who Have Experienced Trauma

The purpose of this 2-day training is to educate the trainee about a trauma-informed approach and why this approach is vital when working with children and families who have experienced trauma.

A trauma-informed approach reflects adherence to key principles rather than a prescribed set of practices or procedures. These principles may be generalizable across multiple types of settings,

although terminology and application may be setting- or sector-specific. From the perspective of the Substance Abuse and Mental Health Services Administration (SAMHSA), it is critical to promote the linkage to recovery and resilience for those individuals and families impacted by trauma. Consistent with SAMHSA's definition of recovery, services and supports that are trauma-informed build on the best evidence available, as well as consumer and family engagement, empowerment, and collaboration.

Upon completion of this training, attendees will derive a greater understanding of:

- The survivor's need to be respected, informed, connected, and hopeful regarding their own recovery
- The interrelation between trauma and symptoms of trauma such as substance abuse, eating disorders, depression, and anxiety
- The need to work in a collaborative way with survivors, family and friends of the survivor, and other human services agencies in a manner that will empower survivors and consumers

4. Child and Adolescent Needs and Strengths Assessment (CANS)

The purpose of this training is to teach attendees how to administer the Child and Adolescent Needs and Strength Assessment (CANS) tool.

The Nevada CANS is a multipurpose tool developed to encourage collaborative care planning with families, determine intensity of need, facilitate quality improvement initiatives, and allow for the monitoring of outcomes of services. This tool was developed from a communication perspective in order to facilitate the linkage between the assessment process and the design of individualized service plans including the application of evidence-based practices.

Access to this web-based training through the Division of Child and Family Services (DCFS) allows participants to understand the benefits of using the Nevada CANS instrument in their work with families and become certified as a reliable rater.

Upon completing this online course and certification process, participants will be able to:

- Define the components and rating system of the CANS.
- Complete a sample Nevada CANS.
- Identify how to utilize CANS in plans of care.
- Identify when a more in-depth assessment is appropriate.
- Complete the Nevada CANS certification test.

For more information on this training, please contact Pricila Longmire-Yancy @PLongmire-Yancy@dcsf.nv.gov

5. National Outcome Measures (NOMs)

The purpose of this training is to teach trainees how to administer the NOMS and to understand the purpose of this rating tool.

The NOMs are comprised of ten domains that embody meaningful real-life outcomes for people who are striving to attain and sustain recovery, build resilience, and work, learn, live, and fully participate in their communities. The NOMs matrix represents the beginning of a state-level reporting system that, in turn, will create an accurate and current national picture of substance-abuse and mental-health services.

6. Children's Mental Health Initiative (CMHI)

The purpose of this training is to familiarize the trainee with the National System of Care Expansion Evaluation for the Children's Mental Health Initiative (CMHI) that is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) for all System of Care Expansion grants.

The National Evaluation's Child and Family Outcomes Study seeks to describe characteristics of youth, young adults, and families, who are receiving System of Care (SOC) services in expansion grantee sites and track their outcomes over time. The goal is to collect Child and Family Outcomes Study data on all eligible and consenting youth and caregivers receiving services within an SOC expansion and sustainability cooperative agreement site.

At the end of this training, participants will be able to utilize the CMHI rating tool as well as understand the data collection process.

7. Addressing the Needs of LGBTQ+ Youth and LGBTQ+ Overview Training*

This 4-hour online course is an introduction and overview of LGBTQ+ culture and is designed for administrators and support staff to aid in the process of becoming more comfortable and competent working with youth who are LGBTQ+ identified.

Participants in this training can expect to:

- Learn culturally competent language and behaviors to communicate respect and understanding to LGBTQ+ identified individuals.
- Learn general information about LGBTQ+ communities.
- Identify their own understandings and assumptions about gender and explore how those understandings may affect their work.

***The online LGBTQ+ Overview training is now available! To register, go to:**

<https://www.mycasat.org/courses/system-of-care-addressing-the-needs-of-lgbtqyouth/>

8. Prior Authorizations and Treatment Planning 101, Determining Medical Necessity and Appropriate Levels of Care for your Clients

The purpose of this 3-hour training is for participants to become familiar with the Medicaid Prior Authorizations Request (PAR) form as well as become skilled at determining appropriate levels of care and treatment planning for their clients.

At the end of this training, participants can expect to:

- Define Serious Emotional Disturbance (SED).
- Define medical/clinical necessity.
- Have familiarity with the PAR form.
- Know the key components for the Medical (Clinical) sections of a PAR.
- Know the difference between a Technical Denial and a Medical (Clinical) Denial.
- Understand the Medicaid appeal process.

9. Wraparound Overview Training*

The purpose of this 2-hour training is to educate trainees on the evidence-based model of High-Fidelity Wraparound (HFW). This training will also provide an understanding of which children/families are appropriate for HFW, how to make a referral for a child/family, and, as a potential team member, what to expect at a Child and Family Team Meeting (CFTM). In Nevada, DCFS provides HFW coordinated-care to children and families through Wraparound In Nevada (WIN). As part of the Nevada System of Care, WIN seeks to facilitate coordinated care to every child, youth, and young adult in Nevada whose level of needs necessitates intensive care coordination.

At the completion of this training, trainees should be able to:

- Understand the basic concepts of the High-Fidelity Wraparound process.
- Know what the principles and elements of Wraparound are.
- Understand the purpose and importance of CFTM.
- Understand the referral process for accessing WIN.
- Implement the core values and principles of the Nevada System of Care.

***Online version of Wraparound Overview training is now available! To register, go to:**

<https://www.mycasat.org/courses/an-overview-of-the-wraparound-process/>