

# **Holistic Services List**

1. During a crisis response, assess the youth for the following:
  - a. Support and advocacy
  - b. Basic needs, e.g., food, clothing
  - c. Safe, emergency housing
  - d. Treatment for acute physical health needs
  - e. Treatment for acute dental health needs
  - f. Treatment for acute mental health needs
  - g. Treatment for acute substance use
2. Forensic medical evaluations
  - a. Physical, sexual and reproductive health
  - b. Physical health
  - c. Comprehensive medical evaluation
  - d. Treatment of chronic conditions, such as asthma, diabetes, etc.
  - e. Dental care focused on care and restoration of dental health
  - f. Vision screening
  - g. Transgender-related health care
  - h. Nutritional health, including screening/intervention for eating disorders
  - i. Tattoo removal
  - j. Reconstructive medical treatment (e.g., gynecological, burn and facial disfiguration treatment)
  - k. Physical/occupational therapy
  - l. Transgender-related health care (e.g., hormone therapy)
  - m. Screening for eating disorders
  - n. Screening for self-harming behaviors
  - o. Preventative health activities and health management
3. Reproductive and sexual health
  - a. Comprehensive reproductive and gynecological evaluation
  - b. Screening and treatment for pelvic inflammatory disease and STI exposure
  - c. Contraceptive options counseling
  - d. Pregnancy testing and services
  - e. Sexual health and relationship education
  - f. Impartial pregnancy options counseling
  - g. Abortion services
  - h. Prenatal care and education
  - i. HIV prevention, testing and treatment
  - j. Reproductive health education that is culturally competent, medically accurate and LGBTQ sensitive
4. Mental health and substance use
  - a. Mental health
  - b. Mental health status examination and comprehensive assessment
  - c. Counseling – individual, group and family
  - d. Clinical case management
  - e. Psychotropic medication assessment/management
  - f. In-home family counseling and/or rehabilitative/wraparound services
  - g. Residential treatment program
  - h. Sexual assault advocacy/support
  - i. CSEC caregiver support and psychoeducation
  - j. Crisis intervention and safety planning
  - k. Alternative healing (e.g., yoga, meditation, art and equine therapy)

5. Substance use
  - a. Substance use assessment for alcohol and drug addiction
  - b. Drug testing
  - c. Inpatient detox
  - d. Residential/flexible housing to support recovery
  - e. Outpatient intervention/treatment
  - f. Coordinated case management with mental health services
6. Legal advocacy
  - a. Juvenile delinquency
  - b. Protection of due process rights at pre-trial and adjudication
  - c. Dispositional advocacy
  - d. Post-disposition representation; legal options available
  - e. Accessing ancillary services related to education, mental health treatment needs, housing and immigration
  - f. Coordination of legal services then the CSEC has cases that cross multiple systems, including delinquency and dependency (e.g., CSEC may be in the custody of a juvenile service agency but have a child in the custody of a child welfare agency, or they may be dually adjudicated)
7. Crime victims
  - a. Witness protection, including responding to subpoenas
  - b. Accompaniment when law enforcement is present
  - c. Restitution
  - d. Temporary restraining order, long-term restraining order, criminal protective order, temporary restraining order and an injunction prohibiting harassment, accompaniment to any ongoing investigation/criminal trial or proceedings
  - e. Victims of crime compensation enrollment to ensure ongoing access to medical and mental health care, relocation, etc.
8. Juvenile dependency
  - a. Case plan development and monitoring including safety, permanency and well-being needs
  - b. CSEC safety plan development and monitoring
  - c. Education advocacy
  - d. Support of sibling and extended family relationships
  - e. Access to appropriate services
  - f. Coordination of legal representation
9. Reentry issues
  - a. Outstanding tickets
  - b. Fines, restitution
  - c. Debt
  - d. Sealing delinquency records/expungement
10. Education
  - a. General education advocacy (e.g., variances, non-traditional options)
  - b. Special education assessment and advocacy
  - c. Truancy, school attendance, school discipline
11. Other
  - a. Parental visitation and custody
  - b. Gender identity
  - c. Immigration services

## 12. Placement and residential treatment

- a. Drop-in shelters for runaway/homeless/CSEC, including LGBTQ-affirming
- b. Safe houses for victims of intimate partner violence and their children
- c. Emergency shelters for children and youth
- d. Emergency shelters for pregnant/parenting teens and their children
- e. Specialized treatment foster care
- f. Specialized group homes
- g. Specialized residential treatment centers
- h. Inpatient mental health services
- i. Inpatient/residential drug and alcohol treatment programs
- j. Housing and treatment programs for pregnant/parenting CSEC and their children
- k. Stepdown and community transition programs
- l. Respite care
- m. Temporary witness protection housing
- n. Out-of-country or out-of-state placements based on safety or needed services

## 13. Education, vocational and skill development needs

- a. Education
- b. Special education services or education as a second language (ESL), if needed.
- c. Non-traditional school options, such as charter or online school.
- d. Tutoring services.
- e. Credit recovery to obtain a high school diploma.
- f. Alternative high school graduation options/GED.
- g. College preparation and classes.
- h. School counseling and advocacy services.
- i. Vocational and life skills.
- j. Independent living skill training, e.g., financial literacy.
- k. Physical safety training.
- l. Career exploration and vocational training.
- m. Job seeking skills, e.g., writing a resume.

## 14. Supportive relationships and networks

- a. CSEC mentor-advocates.
- b. Victim assistance (see Victim Assistance section below)
- c. Family reunification to rebuild family connections, as appropriate.
- d. Independent living/transition programs.
- e. Racial/ethnic and linguistic communities and organizations, including tribal communities.
- f. Recreation programs.
- g. Faith communities and faith-based organizations.
- h. Immigrant communities and organizations.
- i. LGBTQ-affirming communities and organizations.
- j. Parent or partner support networks and programs, including child care and parenting classes.
- k. Teen pregnancy support programs.

## 15. Victim assistance

## 16. Federal resources

- a. A variety of federal resources are available for victims of crime who meet eligibility criteria, including:
  - i. Nutrition
  - ii. Medical
  - iii. Mental health
  - iv. Job Corps.
  - v. Monetary assistance via Victims of Crime Act Compensation (VOCA) Witness protection and services during investigation