# Washoe County Children's Mental Health Consortium Main Meeting Minutes June 20, 2024 DRAFT

# 1. Call to Order

a. Natalie Sanchez, Consortium Chair, called meeting to order at 10:12 am.

### 2. Attendees:

- a. **Voting Members Present:** Natalie Sanchez, Jessica Goicoechea-Parise, Sandy Arguello, Mala Wheatley, Britt Yong, Chris Empey, Jacquelyn Kleinedler, Rebecca Arvans, Sarah Dearborn, Vanessa Justice, Misty Vaughan Allen, Holland Schubach
- b. Non-Voting Members Present: Mignon Hoover, Kristen Rivas, Brenna Hardtner, Don Butterfield, Katie Metz, Annie Zucker, Eric Ohlson, Rose Steffen, Kris Wilson, Nicole Mara, Olivia GrafMank, Linda Anderson, Amna Khawaja, Zontonnia Moore, Belz & Case Government Affairs Scribe by Rewatch, Rose Steffen, Annette (unverified), Else Monroy-Marsala, Daniel Miller, Tara Raines, Dominique Carter, Alaina Eggers, Gabriele McGregor, April St. James, Bernard Sands, 775-287-8270, 775-848-9775
- **3. Public comment and discussion-** No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.
  - Brenna Hardtner from Youth M.O.V.E. Nevada reported that Youth M.O.V.E. is a youth inspired organization working specifically with youth to build advocacy skills and break down mental health stigma. They are working on a podcast episode on healthcare equity featuring Dr. Jose Cucalon Calderon which will be available next week. Virtual meetings are held every Tuesday at 5:00 pm which are open to youth ages 14 to 24 statewide. Ms. Hardtner put links to the meetings and podcast in the chat.
- 4. For possible action: Review and approval outstanding meeting minutes:
  - a. May 16, 2024 Main Meeting
- **5.** For information only: Family Voice A time to hear from families and those in attendance who work with families about their successes, challenges, and themes.

Motion: Holland Schubach made a motion to approve the May 16, 2024 meeting minutes as presented.

Seconded by: Chris Empey

Vote: Motion carried. Britt Young

abstained.

- a. Britt Young reported Nevada PEP is still receiving many calls from families regarding bullying. Calls are also coming in regarding a lack of community providers for individual therapy, speech therapy, and occupational therapy. Many families are looking for summertime youth programs, especially for youth with mental health needs or disabilities. Many after-school programs and summer programs are targeted for younger youth and there is a lack of programs for transition-age youth, ages 14 and up. Many families are looking for community activities for their older youth to keep them occupied and engaged. She asked everyone to share summertime resources and programs.
- **6. For information only:** Washoe County Children's Mental Health Consortium (WCCMHC) Youth Summit Annie Zucker, Youth Mental Health Collective Impact

# Advisor, Children's Cabinet

Annie Zucker reported the 3<sup>rd</sup> Annual Youth Mental Health Summit will be held September 17, 2024 at Grace Church. The event theme is based around the Surgeon General's directives on youth mental health and the work that Washoe County is doing in those areas. An update on Willow Springs in planned, along with an update on the System of Care data recently published through Washoe County and the Children's Cabinet. Natalie Sanchez will be giving a presentation on bullying in the schools around mental health and coaching and youth sports. There may be a keynote speaker. The main event focus will be on youth voice and youth panels are planned with participants from community high schools. Jacquelyn Kleinedler is posting the event registration on the WCCMHC website and there are currently 130 registrations. Ms. Zucker would also like to include suicide prevention training at the event.

Natalie Sanchez reported that she and Dr. Dickinson Burger, Health Psychology Association will discuss some of the ways providers, professionals, parents, teachers, colleagues, and peers can effectively intervene and spot mental health crisis. The discussion will also cover ways to best tailor language when speaking about mental health crisis to give the most support and have the most positive impact.

- 7. For possible action: Discussion of Consortium progress and plans for the remaining year
  - a. Review, discussion, and possible votes on recommendations from the Budget Workgroup on FY 2024 Budget – The group re-confirmed that an official vote to approve Megan Weller's invoice for her work on the Annual Report was already taken in March, including the overage amount of \$296.00.
  - b. Review, discussion, and vote to approve the FY 2025 Budget Chris Empey, WCCMHC Budget Workgroup Chair, shared the draft FY 2025 Budget on screen and budget category line items were reviewed and discussed. Kristen Rivas stated that Megan Weller's quote for the FY 25 Annual Report was \$6,000.00. Chris Empey will follow up with Ms. Weller on this item. Jacquelyn Kleinedler personally paid \$261.00 for the WCCMHC website domain license and requested reimbursement. Kristen Rivas stated the reimbursement will need to be paid from FY 25 funds since FY 24 was over budget and a vote for funds would need to be

taken after the FY 25 Budget was officially approved by DCFS Fiscal. Natalie Sanchez recommended holding a vote to approve the FY 25 budget as presented and then plan to make changes at future meetings as needed.

c. The next WCCMHC Budget Workgroup meeting is August 5<sup>th</sup> at 11:30 am.

Motion: Rebecca Arvans motioned to approve the Washoe County Children's Mental Health FY 2025 Budget as presented. Seconded by: Britt Young

Vote: Motion carried.

**8. For possible action:** Washoe County Children's Mental Health Consortium Bylaws

- a. Status of Division of Child and Family Services, Deputy Attorney General review Kristen Rivas, Clinical Program Planner II, Planning and Evaluation Unit, Division of Child and Family Services Kristen Rivas reported three key pieces feedback were received from the DCFS Deputy Attorney General: 1. Correcting NRS 433 B.335 to NRS 433 B.333, 2. A
  - recommendation was made to to re-arrange voting member positions to align with the statue, and clarification that the new additional members which are not in statute are allowable, and 3. Section 3 and procedures are set forth with the understanding that the rules are not depending upon NRS statutes.

b. Possible approval of the proposed Bylaws

Motion: Misty Vaughan Allen motioned to approve the Washoe County Children's Mental Health Consortium Amended Bylaws as presented.

Seconded by: Britt Young Vote: Motion carried.

- **9. For possible action:** Approval of recommendations, nominations, and possible votes for Washoe County Children's Mental Health Consortium voting membership and vacancies including:
  - a. Nomination and vote to elect new Consortium Chair resignation of Natalie Sanchez. Natalie Sanchez announced her resignation and expressed her appreciation
    - for the honor and privilege of holding the Chair position. Jessica Goicoechea, WCCMHC Vice Chair, will be chairing the next meeting and nominations and formal vote will be taken for someone to step into the Chair role.
  - Nomination and vote to elect Dr. Kristin Wilson, Division Chief for Outpatient Pediatrics, Renown Children's Hospital, for the role of provider of primary health care services for children and adolescents
  - c. Nomination and vote to elect Annie Zucker, Youth Mental Health Collective Impact Advisor, Children's Cabinet, for the role of a person with lived experience in needing youth mental health services OR parent of a youth who as access or needed to access youth or family mental health services
  - d. Current open roles Provider of foster care, Representative of a parent advocacy group; Representative of youth wellness and prevention as related to bylaw changes – Natalie Sanchez reported that the

Motion: Jessica Goicoechea-Parise made a motion to elect Dr. Kristin Wilson as a new voting member in the role of provider of primary health care services for children and adolescents.

Seconded by: Rebecca Arvans

Vote: Motion carried.

Motion: Jessica Goicoechea-Parise made a motion to elect Annie Zucker as a new voting member in the role of a person with lived experience in needing youth mental health services OR parent of a youth who as access or needed to access youth or family mental health services.

Seconded by: Misty Vaughan Allen

Vote: Motion carried.

WCCMHC Bylaws cap voting membership at 19 members and the roster is now full. As a result, this agenda item will not be included in the next meeting agenda.

**10. For information only:** Updates from Medicaid – Sarah Dearborn, Social Services

# Chief II, Division of Health Care Financing and Policy

Sarah Dearborn shared a PowerPoint presentation covering Medicaid updates and initiatives, State Plan Amendments (SPAs), Medicaid Services Manual updates, Children's Behavioral Health Transformation updates and others. The Medicaid team and behavioral health benefits coverage unit has expanded to include ten individuals and Ms. Dearborn described the staff supporting different programs at various locations. Administrator Stacie Weeks held a public workshop on June 3<sup>rd</sup> related to the state's children's behavioral health transformation and Ms. Dearborn put a link to the meeting recording in the chat. The State's Crisis SPA is still under review, along with the SPA for removal of Neurotherapy Services and the Applied Behavioral Analysis Services SPA. The Collaborative Care Model public workshop is June 21<sup>st</sup> at 9:00 am. Medicaid is building a new provider Type 17 which will require all individuals performing substance use treatment services to enroll in Medicaid. Medicaid is also working to increase reimbursement rates in behavioral health services, including peer support services.

Chris Empey asked about qualified residential treatment program initiatives and Sarah Dearborn reported the goal is to build a Medicaid model to ensure Medicaid has the authority to reimburse and complement service funding with Child Welfare. This effort will come out in the next year.

The public workshop for upcoming physician services, Chapter 600, is scheduled for June 21<sup>st</sup> at 9:00 am. Medicaid welcomes public feedback and Ms. Dearborn put links to the DHCP Public Notice website in the chat.

# **11. For possible action:** Legal Hold Process for minors – Tabled

- a. Update by the providers in the community to give the Consortium more information on this topic.
- b. Review and discussion to identify possible steps to move forward with community education, outreach, and presentations on the Legal Hold Process for minors.
- **12. For information only:** Consortium member announcements To provide the voting members a chance to share any updates they may have, and to discuss important issues impacting children's mental health such as upcoming events, services, legislation, and related community factors.
  - Jessica Goicoechea announced that the DCFS Mobile Crisis Response Team is now moving to the Washoe County Human Services Agency, effective July 1<sup>st</sup>.
     Additional Washoe County clinical services teams will help bridge the transition gap between July 1<sup>st</sup> and July 15<sup>th</sup>. The mobile crisis hotline will remain available. Caseworker and mental health professional positions will posted on the Agency website. Ms. Goicoechea will be coordinating future quarterly mobile crisis stakeholder meetings.
  - Britt Yong announced Nevada PEP distributed mental health activity books to multiple middle schools and elementary schools in Washoe County for May's Children's Mental Health Acceptance month.

- **13. For possible action:** Approval of next meeting dates and agenda items
  - a. July 18, 2024 Cancelled for summer vacations
  - b. August 5, 2024 Budget Workgroup Meeting, 11:30 am to Noon
  - c. August 15, 2024 Main Meeting, 10:00 am to Noon
- **14. Public comment and discussion** No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.

Motion: Britt Young made a motion to approve the cancellation of the July 18<sup>th</sup> meeting, schedule the Budget Workgroup meeting on August 5<sup>th</sup> from 11:30 am to noon, and schedule the next main meeting for August 15<sup>th</sup> from 10:00 am to Noon.

Seconded by: Rebecca Arvans

Vote: Motion carried.

To provide public comment telephonically, dial 775-321-6111. When prompted to provide the Meeting ID, enter 676 623 050#. If providing public comment during the Teams Meeting, unmute your microphone prior to speaking. Persons making comment will be asked to begin by stating their name for the record and to spell their last name.

April St. James, Child Welfare Policy Manager for the Children's Advocacy Alliance and posted a link in the chat for the upcoming Kid's County Breakfast in Reno on July 18<sup>th</sup> at the Virgil at 8:00 am. The Kids Count data will be shared along with information how Nevada measures up in areas of economic well-being, education, and family and community standards. She encouraged everyone to attend.

Brenna Hardtner expressed interest in working with Annie Zucker on the youth panel for the Summit. Annie Zucker posted the link in the chat and encouraged everyone to join in the planning.

# 15. Adjournment

a. Natalie, Sanchez, Chair, adjourned meeting at 11:27 am.

# **Chat Transcript**

[6/20 9:40 AM] Meeting started

[6/20 9:49 AM] Jacquelyn Kleinedler

Good morning. This is Jacquelyn. I'm joining from my phone with headphones. Please let me know if I'm not muted or if you can't hear me when I do talk. Never get used to the tech lol [6/20 9:51 AM] Mignon Hoover

Will do. Thank you Jacquelyn.

[6/20 9:52 AM] Kristen Rivas

Good Morning and Welcome to the Washoe County Children's Mental Health Consortium Meeting. Please put you name and agency in the chat for the record. Thank you!

[6/20 9:54 AM] Goicoechea-Parise, Jessica

Jessica Goicoechea, WCHSA, Vice Chair

[6/20 9:56 AM] Rebecca Arvans

Rebecca Arvans, SRC, Voting Member

[6/20 9:56 AM] Lissette Hernández

Good Morning, my name is Lissette Hernandez with Join Together Northern Nevada

[6/20 9:57 AM] Natalie Sanchez

Natalie Sanchez, Health Psychology Associates, Chair

[6/20 9:59 AM] Ohlson, Eric

Eric Ohlson, Washoe County School District- Project AWARE

[6/20 9:59 AM] Linda Anderson (Guest)

Linda Anderson, Nevada Public Health Foundation.

[6/20 10:00 AM] Vanessa Justice

Vanessa Justice, DWSS, Voting Member

[6/20 10:00 AM] Vanessa Justice

Vanessa Justice, DWSS, Voting Member

[6/20 10:01 AM] Britt Young

Britt Young, Nevada PEP, Voting Member

[6/20 10:01 AM] Mignon Hoover

We are currently at 7 voting members

[6/20 10:02 AM] Kristen Rivas

Thank you Mignon for the update!

[6/20 10:02 AM] Zontonnia Moore

Zontonnia Moore DCFS - Developmental Specialist III.

[6/20 10:03 AM] Brenna Hardtner

Brenna Hardtner, Youth MOVE Team Facilitator, Youth MOVE Nevada.

[6/20 10:03 AM] Sarah Dearborn

Sarah Dearborn - Nevada Medicaid, voting member

[6/20 10:03 AM] Rose Steffen

Rose Steffen, contractor with NV Department of Education with the Office for a Safe and

Respectful Learning Environment. Suicide prevention/postvention specialist.

[6/20 10:08 AM] Jacquelyn Kleinedler

Great idea Kristen!

[6/20 10:08 AM] Nicole Mara

Hello! Nicole Mara, DCFS NVPeds Education & Information Officer

[6/20 10:09 AM] Britt Young

Mala for the save

[6/20 10:09 AM] Kristen Rivas

Thank you Mala.

[6/20 10:10 AM] Katie Metz

Good morning! Katie Metz, policy and training contractor with NV DOE with Office for a Safe and Respectful Learning Environment.

[6/20 10:10 AM] Jacquelyn Kleinedler

I'm here! Mic isn't working

[6/20 10:11 AM] Empey, Chris

Chris Empey, WCDJS, voting member, treasurer

[6/20 10:11 AM] Empey, Chris

Chris Empey, WCDJS, voting member, treasurer

[6/20 10:15 AM] Britt Young

Did we not have Public Comment?

[6/20 10:15 AM] Holland Schubach

Sorry I'm late. Voting member

[6/20 10:16 AM] Mignon Hoover

Thank you Holland

[6/20 10:17 AM] Britt Young

Thank you Brenna

[6/20 10:17 AM] Brenna Hardtner

Youth MOVE Nevada • A podcast on Spotify for Podcasters

Youth M.O.V.E. - Nevada PEP (nvpep.org)

Youth MOVE Nevada • A podcast on Spotify for Podcasters

A youth inspired and youth led podcast that explores mental health and youth serving systems.

We recognize the power of lived experience and are bringing important youth topics to the table.

[6/20 10:17 AM] Brenna Hardtner

Thank you!

[6/20 10:20 AM] Jacquelyn Kleinedler

\$261

[6/20 10:21 AM] Britt Young

Thank you for doing that Jacquelyn

[6/20 10:22 AM] Misty Vaughan Allen

Misty Allen, Office of Suicide Prevention DPBH, voting member

[6/20 10:24 AM] Jacquelyn Kleinedler

I think we should vote to approve the budget as is and then make amendments in future meetings.

[6/20 10:31 AM] Jacquelyn Kleinedler



[6/20 10:34 AM] Misty Vaughan Allen

Great work!

[6/20 10:35 AM] Jacquelyn Kleinedler

Αye

[6/20 10:37 AM] Jacquelyn Kleinedler

Thank you so much Natalie for your leadership and service!

[6/20 10:37 AM] Britt Young

Yes, thank you so much Natalie for all your hard work.

[6/20 10:39 AM] Misty Vaughan Allen

Natalie, you have been amazing and it is a true pleasure working with you on multiple boards.

Thank you and wish you some rest.

[6/20 10:39 AM] Jacquelyn Kleinedler

Aye

[6/20 10:39 AM] Jacquelyn Kleinedler

Welcome!

[6/20 10:40 AM] Empey, Chris

Yes, thanks Natalie. I know it takes a lot of administrative work that is non-reimburse in order to keep the doors open and getting paid.

[6/20 10:40 AM] Sandy Arguello, Koinonia

Thank you Natalie for all your hard work. And thank you for sharing your additional thoughts with us as well.

[6/20 10:41 AM] Jacquelyn Kleinedler

Aye

[6/20 10:41 AM] Jacquelyn Kleinedler

Welcome!

[6/20 10:42 AM] Jacquelyn Kleinedler

We've achieved a full team of 19 voting members for the first time in as long as I can remember.

Our bylaws cap membership at 19

[6/20 10:46 AM] Britt Young

Welcome Annie!

[6/20 10:51 AM] Britt Young

Thank you for the update Annie

[6/20 11:12 AM] Annie Zucker

Can you drop the link to the website in the chat, please?

[6/20 11:12 AM] Jacquelyn Kleinedler

Thank you Sarah!

[6/20 11:13 AM] Britt Young

thank you, Sarah

[6/20 11:13 AM] Sarah Dearborn

Nevada Medicaid Public Notice Webpage:

https://dhcfp.nv.gov/Public/AdminSupport/PublicNotices/

**PublicNotices** 

[6/20 11:15 AM] Jacquelyn Kleinedler

This is such good news for Washoe County families Jessica!

[6/20 11:17 AM] Britt Young

i would love to be there, Jessica

[6/20 11:22 AM] Britt Young

I thought we changed the budget meeting time to 11:30am?

[6/20 11:22 AM] Britt Young

I will be there, April!

[6/20 11:23 AM] April St. James CAA

https://www.caanv.org/2024-kids-count-breakfast/

[6/20 11:23 AM] Jacquelyn Kleinedler

I have 11:30 too

[6/20 11:24 AM] Jacquelyn Kleinedler

Ave

[6/20 11:25 AM] Brenna Hardtner

bhardtner@nvpep.org

[6/20 11:26 AM] Jacquelyn Kleinedler

Thank you!

[6/20 11:27 AM] Meeting Ended