

Washoe County Children’s Mental Health Consortium
Meeting Minutes
November 21,2024
DRAFT

1. Call to Order

The meeting was called to order at 10:03am by Annie Zucker, Consortia Chair.

2. Attendees:

VOTING MEMBERS PRESENT:

Ana De la Maza, Britt Young, Jaquelyn Kleinedler, Jessica Goicoechea Parise, Katherine Loudon, Vanessa Justice, Rebecca Arvans, Sarah Dearborn, Annie Zucker, Misty Allen, Rhonda Lawrence, Holland Schubach, Katherine Loudon, Natalie Sanchez

NON-VOTING MEMBERS:

Dr. Megan Weller, Brenna Hardtner, Alaina Eggers, Megan Evans, Maria Fernandez, John Gracia, Kathryn Rosaschi, Keeli Killian, Linda Anderson, Marisa Nabong, Nini McCartney, Taylor Morgan, Stephanie Brown, Brenna Hardtner, Kristen Rivas, John Gracia

3. Initial Public Comment and discussion-

No public comment or discussion for Washoe County Children’s Mental Health Consortium

4. For Possible Action: Review and approval outstanding meeting minutes:
November 21, 2024.

MOTION: Natile Sanchez made a motion to approve the meeting minutes as presented.

SECOND Misty Allen approval of September 19, 2024 Washoe County Children’s Mental Health Consortium meeting minutes.

VOTE: Passed

5. For Information Only: Family Voice- a time to hear from families and those in attendance who work with families about their successes, challenges, and themes.

Britt Young reported Family Voice continues to receive telephone calls from families about bullying that is happening at the schools. Also, families in Washoe County continue looking for providers in Speech Therapy, Occupational Therapy, and Applied Behavior Analysis (ABA) therapy. Families are on a waiting list throughout the state of Nevada.

Brenna Hardter with Youth MOVE Nevada reported that they are working with the youth and families that Nevada PEP help and are committed to ensure that the youth voice is heard by talking to the youth & families by having them talk about their experience with Mobile Crisis Response Team (MCRT). Some youths have shared that they have been restrained unnecessarily when placed in an inpatient treatment centers, they felt their treatment was rushed and not individualized for the youth. The youth reported the experience was traumatizing.

Jessica Goicoechea-Parise clarified that Washoe County Mobile Crisis Response Team (MCRT) does not physically manage the youth. They are a hands-off program and don't provide transportation to a facility or a hospital. She also mentioned there are numerous crisis response teams with METRO and other programs. Brenna Hardter was not sure about the details and will clarify with the youth and families and update the Consortia on the next scheduled meeting.

6. For Information Only: Washoe County Children's Mental Health Consortium (WCCMHC) Youth Summit Update

Annie Zucker reported that the Youth Mental Health Summit was a success at Grace Church on September 15th, 2024. There were 450 registrants, and 380 people attended throughout the day. The summit aimed to bring together mental health providers, caring adults, and youth to discuss the importance of youth mental health. New this year was providing professional contribution, presentation, and sharing resource information. Plans are in the process for next year's Youth Mental Health Summit. If anybody is interested in providing feedback or sharing information that would be appreciated. Getting the information out early enough to the community and possibly partnering up with other agencies is the goal. A Mental Health Resource Fair in September was also well attended. This was a great opportunity to connect with organizations and learn more about the resources available for youth mental health in Washoe County.

7. For Information Only: Washoe County Human Services Mobile Crisis update

Jessica Goicoechea-Parise reported that Washoe County has had Mobile Crisis for three months. Jessica reported statistics for the month of October. There was a total of 143 calls into the hot line. The calls included information, and screening calls from the Rural Nevada hot line. A few calls came through Southern Nevada hot line. There was a total of 37 in person responses. Eleven of those families were placed into short term stabilization and 2 families required higher level of care. One family opted for hospitalization prior to Mobile Crisis Team responding. For September there were 20 less calls and 10 less responses. We are seeing progress and getting the community more involved and aware of MCRT. A table was stationed in the School District during Election Day to talk with the counselors, and other mental health professions about the transition from State to the County. Clark County will no longer be a graveyard team to respond virtually for assessments if needed. There is still a 24-hour hotline that can be called. The Clark County team will be doing some different responses including Rural Nevada as of 2025. Washoe County responses will remain the same. Annie Zucker asked about where the referrals come from? Jessica Goicoechea reported a big number of referrals are coming from the School District. 2nd comes from families, and 3rd from emergency shelters in Washoe County. A lot of the calls are coming from mental health professionals. There is a discussion of getting more training so they could be able to feel comfortable completing a screening, a safety plan and making determinations while in the room with the client. They will continue responding to families and the community. The changes for 2025 will be positive for Rural Communities.

8. For Information Only: Discussion of Consortium progress and plans for the remaining year

Annie Zucker reported that she is getting to know her new role as Chair for Washoe County Children's Mental Health Consortia. She met with Kristen Rivas and discussed a few challenges the Consortia needs to look at. The Strategic Plan and strategies that the group can set forth for our next meeting. Annie Zucker would like to agendaize items for the next meeting and look at what has been accomplished and where the group needs to start focusing on. The Annual Report that is due by the end of the year is a priority. Annie asked Kristen Rivas about an "ad hoc" committee that could work and put together the Annual Report for the Consortia. Kristen Rivas reported that Dr. Megan Weller is present today and she was the consultant for last year's Annual Yearly Consortium Report. Jacquelyn Kleinedler reported that an ad hoc committee takes time and must abide by the open meeting law. She suggested to create the group today and schedule a couple of working group meetings and know whose part of the committee so we will prepare for the next meeting. She asked for interested members interested in the committee and asked Dr. Weller for feedback regarding the required time. Dr. Weller reported that a summary of the activities, achievements, and financial status would be needed from this of this report. Natalie Sanchez reported that a team effort will be needed from all the members of this consortia to put together the required summaries Dr. Weller is requesting to complete the Annual Report. Natalie Sanchez mentioned for the members of the consortia to review last year's Annual Report and update their section and submit to Dr. Weller. Kristen Rivas informed the members that the work can start immediately if the emails have only three members. She mentioned she could aid with distributing information to other members, providers, and agencies. Jacquelyn Kleinedler would like the Annual report to be agendaized for the next meeting and for all the members to review last year's Annual report. She mentioned that funds recommendation to the legislature will be this year, and she recommends an ad hoc meeting for brainstorming the subject and bringing the information to the next meeting.

9. For Possible Action: Review, discussion, and possibly to be voted on recommendation from the budget workgroup on the FY 2025 budget

Kristen Rivas reported that Chris Empey was not able to attend the meeting due to a clinical emergency. There was no budget meeting because there was no agenda items sent to him. There was a request from Jacquelyn Kleinedler that has been submitted and being processed. She mentioned that there is a new form that will need to be filled out when requesting for funds, this form has been sent out to all the Chairs. Jacquelyn Kleinedler reminded the group the importance of allocating and spending these funds. Her request for the website license was a couple of hundred dollars. She encouraged that all the members spend down the money allocated for the consortia. The fiscal year ends in June. She mentioned that this item should be discussed in our next meeting and focusing on the budget and thoroughly reviewing the budget spendings.

10. For Information Only: Updates from Medicaid

Sahara Dearborn provided a PowerPoint and will submit on the Chat Transcript for everybody to view the different websites, links, and resources.

11. For Possible Action: Review, discussion, and possibly vote on recommendations to identify possible steps to move forward with community education, outreach, and presentation on the legal hold process for minors

Stephanie Brown, Reno Behavior Health has volunteered for discussion in this area. This area will be agendaized for the next upcoming agenda.

12. For Information Only: Consortium member announcements – To provide the voting members a chance to share any updates they may have, and to discuss important issues impacting children’s mental health such as upcoming events, services, legislation, and related community factors

Misty Vaughan Allen reported Transformation Transfer Initiative (TTI) Project was awarded funds and resources to the State to adopt, strengthen, and provide innovative initiatives. Getting sport teams, associations, and extracurricular groups to get scholarships for suicidal prevention training is a goal. She gave credit to Emma White and Michelle Sandoval who fought for the funding. A total of \$250,000 was granted for this. Annie Zucker reported the Children’s Cabinet site is still looking for a person for Suicide Family Support Coordinator. If there is anybody that would like to work in the role of being called for the signs of suicide/identifying signs of suicide. This is a family support navigation to help them navigate the System of Care. The candidate needs to be able to speak Spanish.

Britt Young reported an update from October regarding Bullying Prevention month, It was reported there was a great turnout from the community. A total of 400 care messages were shared on the website “I Care We Care” Campaign and wanted to thank everyone who participated. Nevada PEP will be partnering with System of Care (SOC) grant unit focused on intellectual and developmental disabilities. Nevada PEP will also be attending the December 2nd kick-off meeting

13. For Possible Action: Approval of next meeting dates and agenda items

Budget Work Group meeting is scheduled for December 17th, 2024.

Washoe County Children’s Mental Health Consortium Main Meeting is scheduled for December 19th, 2024.

Annual Yearly Consortium Report Meeting review the (Ad hoc) data and conducted by Dr Weller scheduled for January 9th, 2025.

Washoe County Children’s Mental Health Consortium Main Meeting (voting for approval of annual report) is scheduled for January 16th, 2025.

A group meeting vote was put in place, and everybody was in favor for the next scheduled meetings.

14. Final Public Comment

Dr Tara Raines, Deputy Director of the Children's Advocacy Alliance reported that Children's Mental Health related priorities have received bill drafts request for the upcoming Session. Dr. Tara Raines will put the links, web site, and resources in the Chat Transcript

15. Adjournment

Annie Zucker adjourned the meeting at 11:24am