

DRAFT

Washoe County Children's Mental Health Consortium

Main Meeting Minutes

September 16, 2021

1. Call to order, roll call

- a. Meeting was called to order by Chair at 10:04 am

2. Introductions

- a. **Voting Members Present:** Jacquelyn Kleinedler, Katie Metz, Rhonda Lawrence, Chris Empey, Sarah Dearborn, Katherine Loudon, Christine Eckles, Stephanie Brown, Mala Wheatley, Ana de la Maza, Brittney Young, Steve Reagan, Rebecca Arvans, Jose Cucalon, Lexie Beck, Misty Allen
- b. **Non-Voting Members Present:** Meighan Einsel, Kristen Rivas, Don Butterfield, Angela Flora, Alison Berreman, Anne-Elizabeth Northan, Beth Schroeder, Jana Borden, Janelle Cuenca, Keeli Killian, Kathy Cavakis, Megan Evans, Megan Freeman, Roger Bahten, Steve Shell, Tami Golden, Tiffany Judd, Tomasa Kizer, Stephanie Dotson

3. Public Comment and Discussion- No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.

- a. Jaquelyn Kleinedler: Added more files to Google Drive folder sent out prior to our meeting
- b. Jacquelyn Kleinedler: updated guidance about our meetings and quorum. We cannot start a meeting without quorum, but if we lose quorum during the

meeting we can only proceed with “information only” agenda items. Meighan Einsel and Jacquelyn will work to keep track.

- c. Jacquelyn Kleinedler: AB 253 went into effect that went over new guidelines for virtual only meetings. If meetings are done completely remote, all voting members must have a working camera and microphone to be seen and heard well. Questions will be addressed in Agenda Item #12.
4. ***For possible action:*** Review and Approval of outstanding minutes
- a. **August, 2021 Main Meeting**
 - i. Stephanie Brown motions to approve August meeting minutes
 - 1. Seconded by: Katie Metz
 - 2. Vote: Unanimous, motion carried
 - b. **September, 2021 Budget Workgroup Meeting Minutes**
 - i. Chris Empey motions to approve budget minutes
 - 1. Seconded by: Ana de la Maza
 - 2. Vote: Unanimous, motion carried
5. **Family Voice:** A time to hear from families and those in attendance who work with families about their successes, challenges, and themes.
- a. Lexie Beck: Continuing meetings to check in with youth. Sharing a lot of excitement and improvement in mental health by returning to school. Still struggling with transition back to in person and sharing feelings of social anxiety.
 - i. Jacquelyn echoes these observations based on her work with Children’s Cabinet

6. ***For Possible Action:*** Review and Discussion of 81st Session of Nevada Legislature
 - a. Katherine Loudon: AB 235 which is a financial aid bill that both UNR and TMCC have increased enrollment and the future focus of the programs. Also working on SB 151 to build school mental health providers. Have over 10 workshops with TMCC to go over the stigma of financial aid. SB 249 has all the paperwork prepared and are putting together a calendar but nothing is finalized.
7. ***For information only:*** Presentation by Emma White about Life is Worth It.
 - a. Tabled
8. ***For Information only:*** Presentation on Connect Washoe County
 - a. Jacquelyn Kleinedler and Katie Metz: Based on Renown's Community Health Needs Assessment, there is a need for behavioral health within youth and families. Renown will be partnering with Children's Cabinet, Washoe County School District (WCSD), and Office of Suicide Prevention to bring the community together to discover gaps in our community. Some of the work involves: workforce development, partnering with UNR, creating the resource page mentioned in agenda item 11b.
 - i. Rhonda Lawrence: Very interested in the workforce development piece and partnership with UNR, since her office is doing something similar. Willing to work with them to do more. Want to pay attention to diversity, equity, and inclusion within the workforce.
 1. Many other participants also recognized this need and are wanting to be a part of the solution for this.

9. ***For information only:*** WCSD IEP process and how families can address concerns-
Angela Flora
- a. There is an updated contact list that will be sent out soon
 - b. There are 5 areas where each area has a special education administrator and facilitators.
 - c. One flyer provided in the Google Folder goes over the specific supports for Northstar students.
 - d. The second flyer goes over specialized programs through CLS, Strategies, or Picollo. It gives information on registration, curriculum, instruction, and related supports.
10. ***For information only:*** Report on Children’s System of Care Behavioral Health Subcommittee – Kathryn Cavakis, SOC Grant Manager.
- a. Updates:
 - i. Community Listening Session in Ely and surrounding counties to listen to their concerns and see what can be done to help them
 - ii. Kathy’s position has been filled and will start Sept 27th and Kathy will transition out in the end of October. Fully staffed except for 2 positions.
 - iii. Flex Funding available for rural communities and youth and families within the behavioral health and education domains.
11. **Discuss Consortium progress and plans for the remaining year:**
- a. ***For possible action:*** Review, Discussion, and Approval of recommendations of Washoe County Children’s Mental Health Consortium 2021-2022 Budget.

- i. Budget workgroup met a couple weeks ago and have no new recommendations for the group this month. Next meeting will be Nov. 2 at 8:30 am over Zoom.

i. Discussion of Budget Workgroup Recommendations

- b. ***For possible action:*** Review, Discussion, and Approval of Project recommendations and updates including website updates and scholarships.
 - i. Katie and Jacquelyn have worked with website manager to make a better resource page for the community. The goal is to make a self-updating resource page where agencies can go in and add in their agency information.
 - ii. Kristen Rivas has an update on scholarships. There is enough funding to continue scholarship program this fiscal year but we would need to allocate funds for upcoming years. Funding is done through gift cards but we can not buy more we just have to use what we have left. No longer have \$25 cards, so we need to change the application amounts.
- c. ***For possible action:*** Review, Discussion, and Approval of Workgroups and workgroup recommendations:
 - i. None

12. *For possible Action:* Consortium Member Announcements.

- a. Rhonda Lawrence: Nevada PEDS grant recently finished Training the Trainer and will start being able to train the remaining workforce on working with youth ages 0-6. Look forward to more updates.

- b.** Rhonda Lawrence: The third cohort for the Parent Child Psychotherapy training has started, thanks to help from SOC.
 - c.** Sarah Dearborn: Sign up for Medicaid list serv to get updates on public forums and workshops. Instructions are in the chat.
 - d.** Katherine Loudon: Changes involving revising suicide policy to collaborate with Misty Allen. Working with Human Services to change forms for child abuse. Department of Civil Rights is hosting first Brave space training which will include three course to help faculty support students on civil rights issues.
 - e.** Christine Eckles: Starting process to create more de-escalation rooms in schools to allow for youth in the detention centers to decompress in a safe spot.
 - f.** Stephanie Brown: Willow Springs has 63 kiddos in the unit and are COVID free with open spaces
 - g.** Lexie Beck: Next month is Bullying Prevention Month. There are lots of activities and on Oct 20th there is a Unity Day Twitter Chat that will be held. Information is available in the chat. WCCMHC will help market the event.
 - h.** Jacquelyn Kleinedler: Had started filling out funding application, but ran into an issue with formatting in the online application. We will put this information in our next Annual Report.
- 13. *For possible action:*** Date for next meeting and agenda items.
- a.** October 21, 2021 @ 10 am Hybrid style
 - b.** Agenda Items
 - i.** Anything tabled

- ii. **Kathy Cavakis:** If SOC can come into next meeting and collaborate and help remind others of services and goals and language use in the workforce.

14. Public Comment and Discussion- No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item up which action can be taken.

- a. **NV PEDS:** provider lines are now open and are starting to welcome calls and supports. Goal of increasing provider enrollment and utilization of services. Active recruitment of providers. Sept 1, 2021 involved the publication of the 8th edition of the NV PEDS telegram. Be on look out for debrief of impacts of COVID on children's mental health.
- b. **Ana de la Maza:** hoping to reduce stigma in Latinx community by starting the conversation. Trying to do these meetings quarterly.
 - i. Dr. Cucalon was reached out to in order to start a coalition for Hispanic mental health providers in the state.

15. Adjournment

- a. Meeting was adjourned by Chair at 11:42 am

16. Chat Comments

10:05:23 From Rebecca Arvans : Rebecca Arvans, SRC, voting member

10:05:44 From Kristen Rivas : Kristen Rivas - DCFS

10:05:44 From Chris Empey : Chris Empey, WCHSA, voting member

10:05:47 From kwellington-cavakis : Kathryn Wellington-Cavakis, System of Care

10:05:49 From Megan Freeman : Megan Freeman, Licensed Psychologist, Nevada DHHS
Children's Behavioral Health Authority

10:05:53 From Mala Wheatley : Mala Wheatley Pacific Behavioral Health

10:06:00 From Beth Schroeder, WCSD : Beth Schroeder, WCSD, Crisis Response School
Social Worker

10:06:10 From Anne-Elizabeth Northan : Anne-Elizabeth Northan, Deputy Director, Join
Together Northern Nevada

10:06:14 From Roger Bahten : Roger Bahten, WCSD Counseling

10:06:30 From Ana De la Maza : Ana De la Maza, Quest Counseling & Consulting

10:06:39 From AFlora : Angela Flora Special Education Programming Director

10:06:43 From Megan Evans : Megan Evans WCSD MTSS/SEL Behavioral Health and
Management

10:06:49 From Sarah Dearborn : Sarah Dearborn, Nevada Medicaid Behavioral Health
Unit

10:07:02 From Lexie Beck - Youth MOVE Nevada : Lexie Beck, Youth MOVE Nevada

10:07:22 From Jose Cucalon Calderon MD : Jose Cucalon Calderon MD For UNR MED
Peds and Renown Childrens Hospital

10:07:49 From Katherine Loudon- Washoe County SD in NV. : Katherine Loudon WCSD
Counseling and School Social Work

10:07:51 From Alison Berreman NV Peds : Alison Berreman, NVPeds MSW Intern

10:08:00 From stephanie : Stephanie Brown-Willow Springs Center

10:09:11 From Rhonda Lawrence DCFS : Rhonda Lawrence, DCFS Voting Member

10:09:48 From Steve Reagan : Steve Reagan Reagan Home

10:11:00 From Jana Borden : Jana Borden with System of Care

10:11:39 From Tiffany Judd : Tiffany Judd, DCFS-System of care

10:12:32 From Janelle Cuenca : Janelle Cuenca, DCFS- System of Care, BSW Intern

10:12:36 From Steve Shell : Steve Shell, Renown Health

10:17:03 From Katie Metz : Katie Metz, Renown Health

10:27:36 From Misty Allen : Such a great idea on the website. Well done!

10:30:44 From Misty Allen : Thanks Katie!

10:38:08 From Katherine Loudon- Washoe County SD in NV. : Thank you Rhonda - it is so essential

10:38:31 From Meighan Einsel : I agree Rhonda

10:38:49 From Meighan Einsel : I agree Rhonda!

10:42:02 From Lexie Beck - Youth MOVE Nevada : Me too, perfectly said!

10:47:24 From Christine Eckles, Washoe County Juvenile Detention : Jan Evans Detention Center currently has an opening for a Mental Health Counselor II position if anyone knows anyone wanting to work in great agency with at-risk kids.

10:51:10 From Misty Allen : Hi, I wanted to share the Statewide Suicide Prevention Conference registration if anyone is interested in heading to Las Vegas, Nov. 3-5.
<https://www.eventbrite.com/e/2021-nevada-suicide-prevention-conference-tickets-166130824769>

11:01:17 From stephanie : Thank you, Misty.

11:01:28 From AFlora : My office phone number is 789-4463 if you have any questions.

11:10:43 From Tami's iPhone : I am happy to share insight regarding Section 504 in WCSD. My cell is [REDACTED] if you have any additional questions. I also present to

community organizations about Section 504 accommodations to help ensure success for our students. 😊

11:12:55 From Ana De la Maza : It was a fantastic training!

11:21:43 From kwellington-cavakis : Flexible Funding available for youth involved with High-Fidelity Wraparound, MCRT and Rural Clinics. \$'s are available to support educational and social domains to include mentoring, tutoring, school fees etc. If you have questions, please reach out to Shannon Hill at SOC@dcfs.nv.gov Please reach out!

11:24:09 From Sarah Dearborn : Sign Up for the Medicaid Listserv

The instructions are below, and posted on the web

<https://dhcfnv.gov/Resources/NevadaMedicaidUpdate/NMUListserv/>.

- Compose an e-mail To: LISTSERV@LISTSERV.STATE.NV.US
- Leave the Subject blank.
- In the Body of the email: Include ONLY the following: subscribe MedicaidUpdates
- Erase your e-mail signature and privacy statement.
- Send the email.
- You will receive a confirmation.

11:33:00 From Katherine Loudon- Washoe County SD in NV. : Thanks Lexie

11:33:04 From Lexie Beck - Youth MOVE Nevada : @YouthMOVEnv and @NevadaPEP

11:33:49 From Lexie Beck - Youth MOVE Nevada : I Care We Care 2021 Bullying Campaign <https://nvpep.org/igmap/icwc2021/>

11:38:35 From Tomasa Kizer : NV Peds NVPeds@dcfs.nv.gov; [REDACTED]

11:40:39 From Brittney Young- nvpep.org : I think that's a great idea kathy