

Washoe County Children’s Mental Health Consortium

Main Meeting Minutes

December 14, 2023

DRAFT

1. Call to Order

- a. Natalie Sanchez, Chair, called meeting to order at 10:05 am.

2. Attendees:

- a. **Voting Members Present:** Natalie Sanchez, Jessica Goicoechea-Parise, Chris Empey, Jacquelyn Kleinedler, Crystal Ninete, Katharine Loudon, Britt Young, Katie Metz, Mala Wheatley, Rebecca Arvans, Sarah Dearborn, Vanessa Justice
- b. **Non-Voting Members Present:** Linda Anderson, Cindy Pitlock, Sheri Gaunt, Nicole Mara, Mignon Hoover, Megan Weller, Sabrina Schnur, Amna Khawaja, Maria Fernandez, Patricia Leyva, Rosa Hall, Taylor Morgan, Katelyn Mullett, Megan Evans, Elyse Monroy-Marsala Marla McDade Williams, Belz & Case Government Affairs Scribe, Alaina Eggers, Shannon Hill Holland Schubach, Kary Wilder, Kristen Rivas, Teams Visitor (unknown)

3. Public Comment and Discussion- No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item upon which action can be taken.

- a. None

4. For possible action: Review and approval of outstanding minutes:

- a. October 19, 2023 Main Meeting

5. For information only: Family Voice – A time to hear from families and those in attendance who work with families about their successes, challenges, and themes

- a. Britt Young reported Nevada PEP is seeing trends with increased calls from parents reporting bullying incidents in schools and increased Mobile Crisis referrals. Many families are in crisis right now and many families are calling for help with basic needs like food and rental assistance.

Motion: Jessica Goicoechea-Parise motioned to approve the October 19, 2023 meeting minutes.

Seconded by: Britt Young

Vote: Unanimous; motion carried

- b. Rosa Hall announced the Reno Housing Authority’s youth high school program is seeing increased mental health and bullying issues. Youth are insecure at school, acting up, and holidays make things tougher.

6. For possible action: Discussion of Consortium progress and plans for the remaining year:

- a. **For possible action:** Review, discussion, and approval of recommendations from the Annual Report/Budget Workgroup; update on status of the Annual Report development.
 - i. Chris Empey shared the updated YTD budget with \$13,002.01 remaining.
 - ii. Kristen Rivas reported the two speaker fees of \$600.00 each for Dr. Nichols and Jennifer Calloway for the Mental Health Summit were paid with gift cards from the Sponsorship/Stipends funds.
 - iii. Rosa Hull will come back to the Consortium at a later date to present a request for assistance and support for Reno Housing Authority programs.
 - iv. After discussion, a vote was taken to approve purchases to be funded from the Outreach Activities category:

- a. Allocate \$4,000.00 to purchase “15 Minute Focus” book sets to support Washoe County School District counselors, social workers, and clinical mental health professionals.

Motion: Jessica Goicoechea-Parise motioned to approve purchases to be made from the Outreach Activities category as discussed.
Seconded by: Chris Empey
Vote: Unanimous; motion carried

- b. Allocate \$3,000.00 from the Behavioral Health Trauma Training Professionals in Various Fields category to purchase more gift cards to replenish the Scholarship/Stipend Fund (\$300.00 current balance).
- c. \$500.00 will be used to purchase and print Youth M.O.V.E Brochures and/or Nevada PEP Activity books.

- d. \$780.00 will be used to purchase the same mental health message magnets as last year.

- i. The 2021 Annual Report was reviewed which included legislative cycle requests. The group decided to develop the 2023 report using the prior report recommendations for content structure and

Motion: Misty Allen made a motion develop the 2023 Annual Report using prior recommendations and structure; to include new content and updates reflecting the current year’s status.
Seconded by: Jacquelyn Kleinedler
Vote: Unanimous; motion carried

sections; to include new content and updates to reflect current status of each one as needed. Discussion was held to re-identify sections still valuable for the FY 23 Report and determine what new updates and new content were needed; several were identified, and members agreed to contribute content.

b. ***For possible action:*** Status of Megan Weller’s contract to help write the Annual Report.

i. Dr. Megan Weller’s updated contract was reapproved and she will assist in developing and writing the report.

Motion: Chris Empey made a motion for WCCMHC continue to approve Dr. Megan Weller’s work to assist and support with writing the 2023 Annual Report.

Seconded by: Rebecca Arvans

Vote: Unanimous; motion carried

7. ***For possible action:*** Approval of recommendations of Washoe County Children’s Mental Health

Consortium voting membership and vacancies including:

a. Resignation of Representative of Youth Wellness and Prevention – Katie Metz.

b. Representative of Youth Wellness and Prevention – Nomination of Holland Schubach

c. Misty Vaughan Allen has put in a request for new appointees from the Office of Suicide

Prevention/DPBH to replace her as a Consortium voting member. She will follow up and give an update on her replacement.

d. Current open roles – Provider of foster care, Representative of a parent advocacy group; Representative from the Division of Public and Behavioral Health; Youth advocacy representative; Representative of Early Intervention Services – Not discussed.

Motion: Jacquelyn Kleinedler motioned to nominate Holland Schubach and elect her to replace Katie Metz as a voting member.

Seconded by: Britt Young.

Vote: Unanimous; motion carried

8. ***For possible action:*** **Medicaid Topic:** Discussion and identification of current Medicaid changes, issues, and questions for presentation at future Consortium meetings.

a. After discussion, the decision was made to continue to have Sarah Dearborn or her team provide Medicaid updates at future meetings since it’s important community information.

Motion: Chris Empey motioned to continue with Medicaid updates at future Consortium meetings.

Seconded by: Jessica Goicoechea-Parise

Vote: Unanimous; motion carried

9. For possible action: Legal Hold Process for minors. Review, discussion and possible vote on Consortium action steps to move forward with community education, outreach, and presentations on the Legal Hold Process for minors.

- a. Jacquelyn Kleinedler reported she is working with Dr. Steve Nicholas to provide family-centered safety plan training through the CASAT platform to assist moving the needle on how therapists and practitioners approach unaccompanied minors in crisis. Discussion was held to possibly invite Ms. Kleinedler and Dr. Nicholas to give a presentation at an upcoming meeting. WCCMHC may offer sponsorships to training participants. The decision was made to leave this topic on future agendas so the group can continue to learn more, possibly invite additional stakeholders, or create an educational process flow chart.

<p><u>Motion</u>: Chris Empey motioned to keep the Legal Hold topic on future meeting agendas to continue sharing of information.</p> <p><u>Seconded by</u>: Britt Yong</p> <p><u>Vote</u>: Unanimous; motion carried</p>

10. For possible action: Consortium member announcements –To provide the voting members a chance to share any updates they may have, and to discuss and take possible vote(s) on important issues impacting children’s mental health such as upcoming events, services, legislation, and related community factors.

- a. Britt Young shared a link in the Chat to the Nevada PEP Safe Allies program which has information on bullying laws in Nevada and lists trainings for families to learn about their rights.
- b. Jacquelyn Kleinedler announced her new role as Executive Director for the Nevada Association for Infant and Early Childhood Mental Health Association. Children’s Cabinet is the Association’s umbrella organization and there will be a kick-off meeting in January. Ms. Kleinedler will send the newsletter and information to Kary Wilder to distribute to everyone. She would like this included in the Annual Report and will send content to Megan Weller.
- c. Sarah Dearborn reported that Medicaid is hosting a public workshop January 18th to give an update on bills being implemented from the last legislative session. More information is available on the official Medicaid Public Notice website.
- d. Natalie Sanchez announced that Health Psychology Associates is partnering with the

School of Medicine to hold a symposium in April 2024 which will bring forward a discussion of medication and medication effects, in addition to discussing how mental health providers can discuss important issues with their clients, patients and psychiatrists.

11. For possible action: Date for next meeting and agenda items

- a. January 18, 2024

12. Public comment and discussion – No action may be taken on a matter raised under this item of the agenda until the matter itself has been specifically included on the agenda as an item on which action can be taken.

- a. None

13. Adjournment

- a. Chair adjourned meeting at 11:30 am.

Chat Transcript

[9:44 AM] Meeting started

[9:49 AM] Kary Wilder

Welcome to the Washoe County Children's Mental Health Consortium Meeting

This meeting is being recorded.

Please enter your name, title and organization name in the Chat for the record. Thank you

Kary Wilder, DCFS/PEU, Admin support for this meeting, kwilder@dcfs.nv.gov

Meeting Materials:

<https://drive.google.com/drive/folders/18GB8ct7YyAwHAqKGqI3agrE8B2wkPEfN?usp=sharing>
g December Main Meeting 12.14.23 - Google Drive

[9:53 AM] Kristen Rivas

Kristen Rivas PEU DCFS

[9:55 AM] Crystal Ninete

Crystal Ninete Tribal Liaison ADSD Sierra/Rural Regional Center

[9:56 AM] Katie Metz

Good morning, I am in another meeting currently so will be officially joining in about 10 minutes.

[9:59 AM] Cindy Pitlock

Cindy Pitlock, Director Behavioral Health Community Health Alliance

[10:00 AM] Linda Anderson (Guest)

Linda Anderson, Nevada Public Health Foundation

[10:00 AM] Goicoechea-Parise, Jessica

Jessica Goicoechea-WCHSA, voting member

[10:00 AM] Rebecca Arvans

Rebecca Arvans, SRC, voting member

[10:02 AM] Sabrina Schnur

Sabrina Schnur, Belz & Case Government Affairs

[10:02 AM] Sarah Dearborn
Sarah Dearborn, Nevada Medicaid, voting member

[10:02 AM] Kristen Rivas
Please mute your line if you are not speaking. Thank you so much.

[10:02 AM] Loudon, Katherine
Katherine Loudon
WCSD Counseling and Social Work - voting member

[10:02 AM] Amna Khawaja
Amna Khawaja - DCFS System of Care

[10:02 AM] Sheri Gaunt
Sheri Gaunt, Nevada Medicaid

[10:02 AM] Sheri Gaunt
Sheri Gaunt, Nevada Medicaid

[10:02 AM] Misty Vaughan Allen
Good morning, Misty Allen, Office of Suicide Prevention

[10:03 AM] Vanessa Justice
Vanessa Justice -DWSS Voting member

[10:04 AM] Mignon Hoover
Mignon Hoover - DCFS PEU

[10:04 AM] Camarena, Mahlee/Jacquelyn Kleinedler
Jacquelyn Kleinedler - Children's Cabinet

[10:05 AM] Kristen Rivas
Please mute your line if you are not speaking. Thank you

[10:08 AM] Britt Young
Britt Young- Statewide Family Network Coordinator at NV PEP- Voting Member -
byoung@nvpep.org

[10:09 AM] Empey, Chris
Chris Empey, Washoe County Juvenile Services, Voting member

[10:09 AM] Taylor Morgan
Taylor Morgan NV Office of Suicide Prevention

[10:09 AM] Rosa Hall
Rosa Hall, RHA Youth WFD Coord

[10:10 AM] Patricia Leyva
Patricia Leyva PEU Admin Assistant

[10:10 AM] Fernandez, Maria
Maria Fernandez - WCSD Parent University - Guest

[10:10 AM] Katie Metz
Sorry I'm late. Katie Metz - CSA Head Start/Early Head Start - voting member

[10:10 AM] Nicole Mara
Nicole Mara, DCFS NVPeds - Guest

[10:11 AM] Marcel Brown
Marcel Brown, NV Medicaid (Behavioral Health Benefits Coverage Unit)

[10:14 AM] Evans, Megan
Megan Evans WCSD Crisis Mental Health

[10:25 AM] Loudon, Katherine
Thank you yes- I can use the full 4000 to be sure both ES and MS could have the books

[10:40 AM] Sarah Dearborn

I'll be right back

[10:54 AM] Mala Wheatley (Guest)

Mala Wheatley, Pacific Behavioral Health

[11:14 AM] Misty Vaughan Allen

This will be presented on Jan 10th at the pre-conference for our Suicide Prevention Conference "Raising Hope."

[11:17 AM] Britt Young

Misty, is that January 10th or 11th and 12th? I have the 11th and 12th on my calendar

[11:18 AM] Misty Vaughan Allen

Jan. 11-12 are full conference at GSR. Jan 10th is pre-conference but we don't have the 10th fully scheduled.

[11:18 AM] Rebecca Arvans

Do you guys have a flyer or save the date? I may just not have seen it yet - but I'd love to hand it out to colleagues.

[11:18 AM] Britt Young

oh okay, thank you Misty

[11:18 AM] Misty Vaughan Allen

[Events from September 25 – August 10 – Nevada Coalition for Suicide Prevention \(nvsuicideprevention.org\)](https://nvsuicideprevention.org)

[11:21 AM] Misty Vaughan Allen

I can't seem to attach a document, but we have Family's Love Support group for adults supporting youth after suicide ideation or an attempt. Please reach out to me at mvallen@health.nv.gov or call 775-443-7843 and I can get you the information.

[11:23 AM] Britt Young

<https://nvpep.org/safe-allies/>

[11:26 AM] Britt Young

Yes, Congratulations, Jacqueline!

[11:26 AM] Natalie Sanchez, LMFT, Health Psychology Associates (Guest)

Sarah we have lost you!

[11:27 AM] Evans, Megan

This is wonderful Misty! We have families reaching out for supports so I will get that flyer out. Thank you!

[11:30 AM] Nicole Mara

Thank you!

[11:31 AM] Meeting ended