
Systems of Care

Lyon County Human Services,
Community Chest, Inc.

What is Systems of Care?

A system of care is a spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

The Nevada System of Care consists of a broad array of both behavioral health and support services. These services include both home and community based treatment, as well as out of home treatment services that are provided when necessary.





Lyon County and Systems of Care (LCSoc).

Lyon County systems of care takes on the systems approach by sharing in community resources to support youth and families.

Nevada DCFS, Lyon County Human Services (LCHS), Community Chest, Inc (CCI), and Lyon County Juvenile Probation (LCJPO) have partnered together to design and implement systems of care throughout Lyon and Mineral Counties.



Lyon County Juvenile Probation (LCJPO).

LCJPO is a key stakeholder in advocating, referring, and being part of wrap-around services with youth/families for LCSoc.

They demonstrated a strong collaboration with LCHS, CCI, and the state for the development of the LCSoc program.

They are a top referral resource for families served under LCSoc at this time.



How LCSoc process works

Referral process starts from community partners through LCHS.

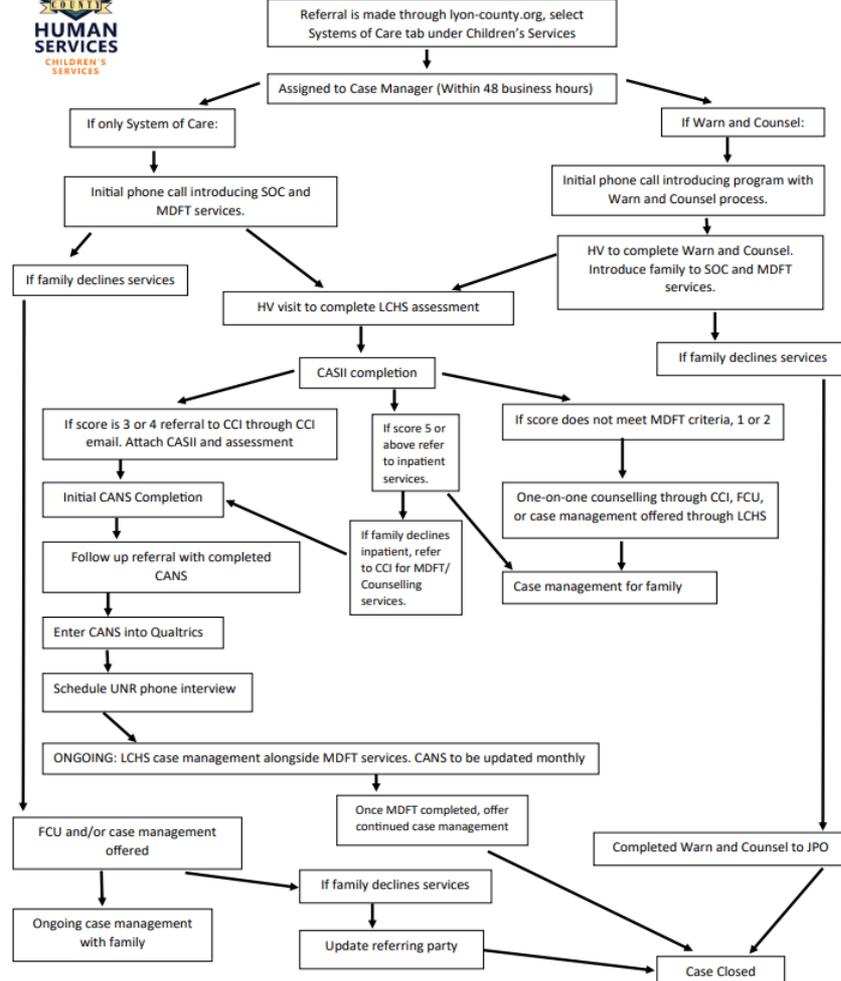
LCHS then conducts standard intake processing as well as the Child and Adolescent Service Intensity Instrument (CASII) and Child and Adolescent Needs and Strengths (CANS) assessments. These tools assess each client's needs to determine best level of care and intervention.

Once this step is complete, the youth/family are connected with linked programs within both LCHS and CCI based on the level of needed services indicated.

Referral Flow-Chart



System of Care Internal Flowchart





LCHS

Children/youth with a lower rating, not rising to the level of mental health services, are diverted to LCHS Family Check-up program as well as case management.

Families can engage with Family Check-up and mental health services if warranted.

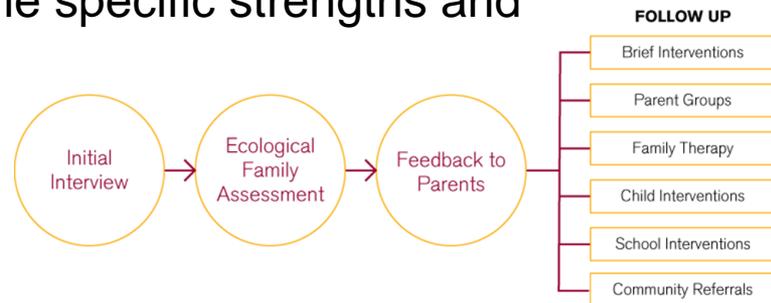
Family Check-up



The Family Check-Up (FCU) is a brief, strengths-based intervention model for children ages 2 through 17. It promotes positive child outcomes by improving parenting and family management practices.

The Family Check-Up has more than 30 years of evidence demonstrating strong intervention effects.

This intervention offers parents simple, practical parenting skills and can be tailored to the specific strengths and challenges of each family.





Community Chest, Inc. (CCI)

Children/youth that have a higher level of care indicated on the CASII assessment are diverted to mental health services at CCI.

Depending on the level indicated the youth/family are either referred to individual counseling services, or Multidimensional Family Therapy (MDFT) model.



Individual Counseling Services

Youth that do not rise to the level of MDFT service, but could still utilize mental health or substance use services are referred to CCI counseling team for individual counseling services.

Under this service, Youth are normally seen once per week to address presenting mental health and/or substance use concerns.

- Collaboration with any wrap around services is always present when there is any level of counseling

Multidimensional Family Therapy (MDFT)

MDFT addresses a range of youth behavior challenges including:

- Substance Use
- Mental Health
- Crime & Delinquency
- Antisocial & Aggressive Behaviors
- School & Family Problems
- Emotional Difficulties

MDFT serves youth with a wide array of challenges between the ages of 10-26 and their families. MDFT does not exclude families with domestic violence or parents with substance use or mental health disorders. It broadly defines the “parent/caregiver” role to reflect the variety of family situations and dynamics.

A Proven & Practical Science-based Intervention:

MDFT has more than 30 years of rigorous research that proves its efficacy, and the widespread adoption of MDFT demonstrates its feasibility. Today, clinicians implement and sustain MDFT programs in over 150 public and private settings throughout the U.S. and Europe. In addition to its strong research outcomes, MDFT is embraced by youth, parents, therapists, and community collaborators.

Objectives of MDFT

Reduce

- Substance Use
- Mental Health Symptoms
- Aggressive Behavior
- Negative Peer Relationships
- Crime & Delinquency
- Out of Home Placement

Enhance

- School Performance
- Family Functioning & Stability
- Prosocial Involvement
- Positive Peer Relationships

MDFT Strives to Achieve

These Objectives by

Promoting Change:

- Within the hearts and minds of youth
- In how parents relate to and influence their children
- In how the family solves problems and loves one another
- In the family's interactions with school, juvenile justice, and their community

Why MDFT?

It Works:

In 2020, outcomes with youth and families in the United States:

- 94% of families completed treatment
- 88% of families eliminated reports of child abuse/neglect
- 90% of youth stayed living at home
- 86% reported stable mental health
- 88% had no new arrests
- 80% were in school or employed
- 90% abstained from hard drugs
- 50% abstained from all substances

It Saves Money

More economical than residential treatment, MDFT significantly lowers a community's costs by reducing hospitalizations, inpatient treatment, Emergency Department (ED) visits, and both short and long-term incarcerations.

It's for a Diverse Population

The most effective substance use treatment for a diverse population of youth throughout the United States and Europe.

It's a One-Stop Shop

With MDFT you get:

- Effective treatment for both mental health and substance use
- Individual therapy for youth
- Parent sessions for education, support, and change efforts
- Family therapy for youth and parents together
- Community services and linkages
- Significant, life-transformative changes within 6 months
- Long-lasting positive effects into adulthood

Collaboration

LCHS and CCI continually work alongside each other for the benefit of the youth and families served.

This allows for a systems approach to needed interventions and services, promoting high success of participants in this program.

Monthly meetings are held to update CANS and CASII assessments, as well as making sure the participants are getting everything they need from both agencies.

Lyon County Juvenile Probation has strong involvement with referring youth and families, as well as being a partner in the wrap-around services.



Mineral County Systems of Care

Community Health Workers partnered with Mineral County School District to provide support to youth, families, and school staff at the combined Junior High and High Schools in Hawthorne.

Support is provided through advocacy, case management services, and social-emotional learning and education.

Utilizing the Child and Adolescent Service Intensity Instrument (CASII) and Child and Adolescent Needs and Strengths (CANS) assessments to determine when those higher-level services are needed.

Thank you!

Questions???
