



**Self-Directed Respite Care and Flexible
Funds for Youth and Families**

SYSTEM OF CARE GRANT UNIT

SYSTEM OF CARE GRANT RESPITE AND FLEX FUNDS

- Children and youth ages 3-21
- Severely Emotionally Disturbed (SED) or at risk of SED/SMI
- Plan of Care or Treatment Plan includes respite care as a need or strategy
- Served through DCFS Wraparound in Nevada, DCFS Mobile Crisis Response Team-Intensive Step-down Program, DPBH Rural Mobile Crisis Response Team, DPBH Rural Clinics, Tribal Health Clinics and rural and frontier Certified Community Behavioral Health Centers
- Respite funds are not available to children/youth in state or county child welfare custody as respite resources are already in place

Self-Directed Respite puts the family in charge of their own care

- The family is the employer, and the respite provider is the employee
- The respite provider can be a friend, family member, or community provider and more than one person or agency can be used at one time
- GT Independence, the financial management service, will assist the family with the process along the way



Flexible Funds – System Of Care in partnership with Nevada PEP

- Flexible funds provide for the purchase of goods and services to support the needs of youth and families in the **social and educational** domains.
- Can be utilized to increase engagement with the network of local community supports such as after school recreational activities, participation on sports teams, services and goods related to hobbies, educational expenses, musical instruments and school supplies.
- Flexible funds are available for the one-time purchase of goods and services upto a maximum of \$500.
- A few of the specific items funded include volleyball camp, a basketball hoop, karate classes, a mountain bike, dance lessons and an electric drum kit.



HOW TO SUBMIT A REFERRAL

- Contact SOC@dcfs.nv.gov for referral forms for Respite or Flex Funds
- Referral source completes request form and emails it with supporting documents to the System of Care Grant Unit at SOC@dcfs.nv.gov
- System of Care Grant Unit team will review request and contact the referral source if additional information is needed.
- Respite is NOT approved until a caregiver has been identified in the request

QUESTIONS



Contact Information:
SOC@dcfs.nv.gov