

Joe Lombardo  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Marla McDade,  
Williams, MPA  
Administrator

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## RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM MEETING MINUTES June 20, 2024

**DRAFT**

### **VOTING MEMBERS PRESENT:**

Denise Padilla  
Heather Plager  
Jaymee Oxborrow  
Lana Robards  
Marcel Brown  
Melissa Washabaugh  
Michelle Sandoval  
Rebecca McGough

### **STAFF AND GUESTS:**

775-687-7101  
AI Scribe read.ai meeting notes (unverified)  
Amna Khawaja  
Ann Polakowski  
Belz & Case Government Affairs Scribe by Rewatch  
Bernard Sands  
Beverly Hart  
Bill Wyss  
Britt Young  
Carissa Pearce  
Carissa Pearce  
Christina Cobeo  
Daniel Miller  
Elyse Monroy-Marsala  
Jeannine Warner  
Katie Metz  
Kelly McKiddie  
Kristen Rivas  
Linda Anderson  
Matthew Bommarito  
Mignon Hoover  
Nicole Mara  
Olivia GrafMank  
Patience Ford

**1. Call to Order, Roll Call, Introductions.** – *Melissa Washabaugh, Chair*

Melissa Washabaugh called the meeting to order at 3:05 pm. Mignon Hoover, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

**2. Public Comment.** No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.

- There was no public comment.

**3. For Possible Action.** Approval of meeting minutes – *Melissa Washabaugh, Chair*

a. March 28, 2024

**MOTION:** Marcel Brown made a motion to approve the March 28, 2024 meeting minutes as presented.

**SECOND:** Lana Robards

**VOTE:** The March 28, 2024 meeting minutes for the Rural Nevada Children’s Mental Health Consortium Meeting were unanimously approved as presented with no further discussion and no abstentions.

**4. For possible action.** Nominations and recommendations to fill Rural Nevada Children’s Mental Health Consortium (RNCMHC) membership vacancies – RNCMHC Members

a. Discussion and possible vote to nominate and elect Consortium Vice Chair – Rebecca McGough volunteered for the Vice Chair role.

**MOTION:** Michelle Sandoval made a motion to nominate and elect Rebecca McGough for the role of Consortium Vice Chair.

**SECOND:** Lana Robards

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

b. Discussion and possible vote to nominate and elect Kelly McKiddie, DCFS: representative of the agency which provides child welfare services in the region

**MOTION:** Marcel Brown made a motion to nominate and elect Kelly McKiddie as a voting member in the role of DCFS representative of the agency which provides child welfare services in the region

**SECOND:** Heather Plager

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

c. Discussion and possible vote to nominate and elect Abbey Bernhardt in the role of youth between the ages of 18-26 with lived experience

**MOTION:** Rebecca McGough made a motion to nominate and elect Abbey Bernhardt as a voting member in the role of a youth between the ages of 18-26 with lived experience.

**SECOND:** Lana Robards

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

- d. Discussion and possible vote to nominate and elect Kadie Zeller in the role of representative who is a tribal member with knowledge of mental health needs in the region – The vote was tabled until Kadie Zeller could be contacted to confirm her interest and availability to fulfill the duties. Melissa Washabaugh said she would send Ms. Zeller an email.
- e. Discussion and possible vote to nominate a representative of business community in the region – Melissa Washabaugh will add Sarah Hannon to the discussion of open RNCMHC voting member positions and asked everyone to let her know if there are business partners or school representatives that may be interested in participating as a Consortium voting member. Denise Padilla will reach out to her contacts.
- f. Discussion and possible vote to nominate a representative for parent advocacy organization role – Tabled

Ms. Washabaugh will work with Kristen Rivas to add all open voting members positions to the next meeting agenda for possible action.

**5. For possible action.** Review, discussion, and possible vote on FY 2024 Rural Nevada Children’s Mental Health Consortium Budget spending plans – RNCMHC Members

Kristen Rivas clarified that unused Consortia funds are returned back into the state general fund at the end of each fiscal year and are no longer available for Consortia spending. Michelle Sandoval reported that she distributed wellness items purchased with FY 24 funds to Fernley, Fallson, Hawthorne, Silver Springs, and other locations. These items were appreciated and well received. Popular items were the weighted stuffed animals, weighted blankets, and night lights. Melissa Washabaugh reported that the custom imprint orders for caps, shirts, sweatshirts, and bandanas were received at the Lovelock Rural Clinic.

Melissa Washabaugh reported a gift card was approved to be sent to Dana Tueller in Lovelock to thank her for her work to help receive and coordinate RNCMHC purchases. Other gift cards will be awarded for reimbursements for travel to the RCMHC Summit. The scholarship application page on RNCMHC’s website is now available for families to apply for gift cards. Ms. Washabaugh is working on a system to mail out gift cards.

Michelle Sandoval asked about the status of approvals to award gift cards to reimburse voting members for travel to the spring RNCMHC Mental Health Summit. Melissa Washabaugh reported the requests were approved and the cards are being sent out. She reminded everyone of the process in place for the RNCMHC gift card approval subcommittee to review and award applications and requests for gift cards. Applications submitted through the RNCMHC website are being emailed to Ms. Washabaugh and she put a link to the gift card application page in the chat. She requested a standing agenda item be added to the August meeting agenda for the gift card subcommittee to give monthly updates.

**6. For possible action.** Discussion and possible vote to approve the Rural Nevada Children’s Mental Health Consortium FY 2025 Budget

The FY 25 budget planning worksheet was reviewed and discussed. The FY 2024 fiscal-approved budget numbers will be used for the FY 25 budget and individual budget categories can be adjusted and changed through discussion and votes at future meetings, if necessary

**MOTION:** Rebecca McGough made a motion to move forward and approve the proposed FY 25 budget as presented.

**SECOND:** Lana Robards

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

Melissa Washabaugh would like to set up a Budget Workgroup at the next meeting. Kristen Rivas will forward the approved FY 25 budget to the DCFS Deputy and Fiscal Department for official approval. She will notify Ms. Washabaugh when it is fully approved.

**7. For possible action.** Discussion and possible vote on scheduling recurring RNCMHC main meeting standing agenda items to occur every other month (System of Care Grant, Pediatric Mental Health Care Access Grant, Nevada PEP, Medicaid) – RNCMHC Members

Nicole Mara reported that Nevada Peds was open to the option of providing updates as requested, or every other month. The NVPeds grant will sunset in September and they are in the process of wrapping-up projects and finalizing training. September is the last meeting she will be attending.

**MOTION:** Rebecca McGough made a motion to schedule recurring RNCMHC main meeting standing agenda items to occur every other month (System of Care Grant, Pediatric Mental Health Care Access Grant, Nevada PEP, Medicaid).

**SECOND:** Lana Robards

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

Kristen Rivas and Melissa Washabaugh will work together to amend agendas and coordinate scheduling with presenters for future meetings

**8. For information only.** Update on System of Care Grant (SOC) – William Wyss, System of Care Director, Health Bureau Chief, Division of Child and Family Services

Bill Wyss reported that September is the current SOC grant’s sunset date. They have applied for a new grant and are planning a virtual summit event for SOC grantees. Youth MOVE and Nevada PEP are partnering to present at the summit which will focus on system collaboration and cross-agency work. A community health worker discussion is planned with Michelle Sandoval’s participation, along with the National Training and Technical Assistance Center for Children, Youth and Mental Health.

The new statewide Substance Abuse and Mental Health Services Administration (SAMHSA) grant proposal will target youth with intellectual disabilities and mental health together to address the gaps in Nevada's systems. Mr. Wyss was contacted recently by SAMHSA with a request for more information on the grant proposal and he is hoping to receive approval in September. A summary report of current grant activities will be published.

**9. For information only.** Update on Pediatric Mental Health Access Care Grant (NVPeds) – Nicole Mara, Education and Information Officer, Division of Child and Family Services

Nicole Mara reported that the Health Resources and Services Administration (HRSA) grant which funds NVPeds is in the final and sixth year. She provided updates on the publications recently distributed; 8 Infographics and 9 Telegrams on various public topics concerning children's mental health, including survivors of suicide, loss, poverty, healthcare access, implicit bias and health care disparities, intimate partner violence among youth, and food insecurity, among others. The next Telegram will cover intergenerational trauma. Professional development efforts continue to expand and enhance the skills sets of youth servicing professionals across the state. 35 Clinicians attended the Circle of Security Parenting Facilitator Training and will be attending an additional training component "Bigger, Stronger, Wiser, Kinder" (an opportunity to access asynchronous and synchronous training module which includes coaching calls to solidify and enhance their knowledge of parental attachment in childhood). Continuing medical education courses are available online on the UNR CME library. Several "Zero to Three" Certification trainings are also available and open for registration. The paid internship and dual certification program for young adults offered in collaboration with NAMI affiliates from Nevada and High Sierra Area Health Education centers is still running. All training activities will need to be completed by September. Ms. Mara put a link to the UNR CME library in the chat. Melissa Washabaugh will send Nicole Mara the RNCMHC Annual Report Consultant's (Megan Weller) contact information so she can forward NV Peds Infographics emails for inclusion in next year's report.

**10. For information only.** Update from Nevada PEP and discussion on collaborative initiatives – Nevada PEP Representative

Britt Young reported that May's Mental Health Acceptance month community activities were successful and activity books were distributed through school districts. Nevada PEP and Youth Move will be presenting at the upcoming SOC Summit on July 24<sup>th</sup>. Nevada PEP is looking forward to participating in the upcoming Medicaid stakeholders meetings to give feedback and input on changes that systems are making. Ms. Young and Nevada PEP would like the Consortium's support in funding printing of activity books in FY 25.

**11. For information only.** Updates from Medicaid – Division of Health Care Financing and Policy Representative

Marcel Brown, Program Specialist for the Medicaid Behavioral Health Benefits Coverage Unit, provided an update on new staff members; Wendy Messier (Medicaid Outpatient Providers), Christina Cobio (Specialized Foster Care and Targeted Case Management), and Lynn Coe (1915 Waiver Support). Public workshops were held for the Medicaid Nevada Behavioral Health Transformation Initiative for children on March 21<sup>st</sup> and June 3<sup>rd</sup>. Ms. Brown posted links to this Initiative in the chat. Specialized foster care quality assurance

reviews are still underway for reporting requirements mandated for the 1915 Waiver. Medicaid is still working with state and county partners to get quality assurance measurements aligned. Three State Plan Amendments (SPAs) are in progress to change reimbursement methodology and coverage for intensive crisis stabilization services and mobile crisis response. The SPA related to revised payment methodology language for Certified Community Behavioral Health Centers was approved in May. There will be upcoming changes to the Medicaid Service Manual to provide a new chapter and new substance use provider type for substance use treatment disorders. A public hearing is scheduled June 26<sup>th</sup> and July 30<sup>th</sup>. The Department of Justice negotiation settlements have not yet been publicly publicized but should be available soon.

**12. For possible action.** Approval of next meeting dates and agenda items – RNCMHC Members

- a. July 18, 2024 – Meeting cancelled due to summer break
- b. The next main meeting will be August 15<sup>th</sup> from 3:00 pm to 5:00 pm.

**MOTION:** Rebecca McGough made a motion to skip the July meeting and return to the regular meeting schedule on August 15, 2024 at 3:00 pm.

**SECOND:** Michelle Sandoval

**VOTE:** The motion was unanimously approved as presented with no further discussion and no abstentions.

Melissa Washabaugh identified agenda items for the August meeting:

- a. Review and possible action of all remaining open voting member roles
- b. Establish an FY 25 Budget Workgroup and nominate Chair and Workgroup members.
- c. Update on the status of the Department of Justice Report (Michelle Sandoval volunteered to provide a contact name)
- d. RNCMHC Gift Card Subcommittee update

**13. Public comment** – No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.

- Britt Young announced that Nevada PEP is currently recruiting for three open positions and the Reno office location (family specialist, outreach specialist, Youth MOVE facilitator). She asked everyone to encourage interested individuals to apply and put the link in the chat. Hybrid work schedules are available to new hires after completion of the orientation period.

**14. Adjournment** – Melissa Washabaugh, Chair, adjourned the meeting at 4:25 pm.

**Chat Transcript**

[Thursday 2:47 PM] Meeting started

[Thursday 2:51 PM] Kristen Rivas

Hello and Welcome to the RCNMH Consortium Meeting. Please add your name to the chat and the agency you represent for the record. Thanks so much.

[Thursday 2:52 PM] Christina Cobeo

Christina Cobeo DHC FP Behavioral Health

[Thursday 2:54 PM] Patience Ford  
Patience Ford DHCFP Behavioral Health

[Thursday 3:02 PM] Unknown User  
Char added read.ai meeting notes to the meeting (recording enabled). Type 'read stop' to disable, or 'opt out' to delete meeting data. View Privacy Policy: <https://www.read.ai/pp>

[Thursday 3:07 PM] Nicole Mara  
Nicole Mara, Education & Information Officer for DCFS NVPeds

[Thursday 3:07 PM] Linda Anderson (Guest)  
Linda Anderson, Nevada Public Health Foundation

[Thursday 3:07 PM] Ann Polakowski  
Ann Polakowski, DCFS

[Thursday 3:07 PM] Bernard Sands  
Bernard Sands Jr. DCFS CBHS

[Thursday 3:07 PM] Jeannine Warner  
Jeannine Warner, Nevada Department of Education

[Thursday 3:07 PM] Carissa Pearce (External)  
Carissa Pearce, Children's Advocacy Alliance

[Thursday 3:08 PM] Amna Khawaja  
Amna Khawaja, DCFS System of Care grant unit

[Thursday 3:19 PM] Britt Young (External)  
Britt Young, NV PEP, Guest

[Thursday 3:22 PM] Beverly Hart  
Bev Hart, DCFS SOC

[Thursday 3:36 PM] Britt Young (External)[https://docs.google.com/spreadsheets/d/1MOr8NIZw2v-u265qTqu8vmWpdYG6SiPW/edit?usp=drive\\_link](https://docs.google.com/spreadsheets/d/1MOr8NIZw2v-u265qTqu8vmWpdYG6SiPW/edit?usp=drive_link)  
FY 2025 RCMHC Budget Planning 2.2.24.xlsx  
FY 2025 FY 2025 CONSORTIA BUDGET PLANNING RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM, APPROVED 2024 BUDGET, EXPENDITURES YTD, PENDING EXPENSES (Submitted to Fiscal), PROJECTED EXPENSES (Pending ...

[Thursday 4:01 PM] Nicole Mara  
NVPeds-sponsored asynchronous courses on the UNR CME Library: <https://med.unr.edu/cme/childrens-behavioral-health>  
Children's Behavioral Health Program Series | School of Medicine | University of Nevada, Reno  
Children's Behavioral Health Program Series | School of Medicine | University of Nevada, Reno

[Thursday 4:03 PM] Nicole Mara  
NVPeds is also sponsoring 75 registrations for SBIRT in Medical Settings:  
<https://med.unr.edu/cme/cmeonlinelibrary/dcfs-sbirt>  
Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Medical Settings | School of Medicine | University of Nevada, Reno  
Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Medical Settings | School of Medicine | University of Nevada, Reno

[Thursday 4:11 PM] Marcel Brown  
**COVID Unwind**  
<https://dhcfp.nv.gov/covid19/>  
**Issues Related to Claims or Prior Authorizations**  
[nevadaprovidertraining@gainwelltechnologies.com](mailto:nevadaprovidertraining@gainwelltechnologies.com)  
**(NEW) Community and Provider Engagement Unit (Access Point for Medicaid Questions)**  
[communityandprovider@dhcfp.nv.gov](mailto:communityandprovider@dhcfp.nv.gov).

## **CMS Bulletin Update on Providers to Dual Eligible Recipients**

CMS dual eligible bulletin 1 (2).pdf

### **Legislative Implementation Update**

September 18, 2023 [Nevada Medicaid Stakeholder Legislative Implementation Update - YouTube](#)

January 18, 2024 [Nevada Medicaid Stakeholder Update Workshop \(youtube.com\)](#)

### **Medicaid Public Hearing Notices**

[Home \(nv.gov\)](#)

### **Sign Up for the Medicaid List Serve:**

<https://dhcfp.nv.gov/Resources/NevadaMedicaidUpdate/NMUListserv/covid19>

[Thursday 4:11 PM] Marcel Brown

- [BHS \(nv.gov\)](#)
- [PublicNotices \(nv.gov\)](#) Behavioral Health Transformation

BHS

[Thursday 4:22 PM] Britt Young (External)Thanks, Melissa

[Thursday 4:22 PM] Melissa Washabaugh (External)

<https://rcmhcnv.org/resources-for-families/consortium-scholarships/>

Consortium Scholarships – Rural Children's Mental Health Consortium

A post on Rural Children's Mental Health Consortium provided by: <https://rcmhcnv.org>

[Thursday 4:24 PM] Britt Young (External)

<https://nvpep.org/careers/>

Careers - Nevada PEP

Careers Thank you for your interest in a career with Nevada PEP! We are currently expanding programs and have new employment opportunities. Join the Nevada PEP Team and apply your life experiences ...

[Thursday 4:26 PM] Meeting ended: 1h 39m 34s