

Steve Sisolak  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Cindy Pitlock, DNP  
Administrator

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## RURAL CHILDREN'S MENTAL HEALTH CONSORTIUM

### MEETING MINUTES

DECEMBER 16, 2021

**All members participated via Lifesize Technology (video or audio).**

#### **VOTING MEMBERS PRESENT:**

Jan Marson  
Jaymee Oxborrow  
Lana Robards  
Mala Wheatley  
Melissa Washabaugh  
Michelle Sandoval  
Sarah Dearborn

#### **MEMBERS ABSENT:**

Jessica Flood  
Heather Plager  
Rebecca McGough  
Sarah Hannonen

#### **STAFF AND GUESTS:**

Alissa Lucke  
Amna Khawaja  
Beverly Burton  
Bill Weiss  
Cathi Spooner  
Char Frost  
Diedre Manley  
Kathy Cavakis  
Kristen Rivas  
Dr. Tiffany Tyler-Garner  
Lexie Beck  
Meighan Einsel  
Nicole Mara  
Samantha Cohen  
Shannon Hill  
Stephanie Dotson

Tonya Hernandez  
Valerie Balen  
Valerie Cauhape Haskin

**1. Call to Order, Roll Call, Introductions** – Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair, called the meeting to order at 3:07 pm. A quorum was established.

**2. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

- a. Cathi Spooner: Process of obtaining a Nevada branch for the Association of Play Therapy. Will give a more thorough update next month.
- b. Dr. Tiffany Tyler-Garner of Children’s Advocacy Alliance: Gave a brief overview of the work they (CAA) do and what they want to do.
- c. Michelle Sandoval: West Hills Hospital closed causing a huge shortage of care for severe behavioral and mental health needs in Northern Nevada. Meetings are taking place to develop short and long-term solutions to this crisis.
- d. Michelle Sandoval: Funding opportunity from the state to increase resources for mental health providers throughout the state
- e. Nicole Mara: Looking for more culturally diverse providers in the rural regions for Nevada PEDS.
- f. Lexie Beck: Youth MOVE released a holiday podcast, “Why the Holidays are not always Happy”, with guest Michelle Sandoval.

**3. For Possible Action.** Approval of the October 21, 2021 Meeting Minutes – *Melissa Washabaugh, Chair*

- a. Tabled

**4. For Possible Action.** Review, Discuss, and Make Recommendations for Changes to Governing Bylaws – *RCMHC Members*

- a. Discussion of secretary position
- b. Updates suggested by System of Care

**5. For Possible Action.** Discuss and Make Recommendations for Accomplishments, Plans, and Budget for meeting 2020 Strategic Ten-Year-Plan – *RCMHC Members*

- a. 2021 Annual Report

- i. A template is needed that will connect each budget item/category with how it will help the Consortium achieve the next ten years' goals. Melissa Washabaugh will write up a draft and will bring it to the next meeting in January for approval.

b. Budget Updates

- i. Melissa Washabaugh has reached out to multiple companies for quotes on new swag and is waiting to hear back from a couple more.
- ii. The website still needs to be updated and Ms. Washabaugh reached out to companies for help. She received a few more quotes and is still looking for the best one.

**6. For Possible Action.** Updates for the Pediatric Mental Health Access Care Grant – *Stephanie Dotson, Division of Child and Family Services (DCFS)*

- a. The team is out in Southern Nevada to meet with behavioral and primary care providers to discuss first type practices in their offices.
- b. Still trying to schedule trainings and will offer updates as those happen

**7. For Possible Action.** Update on System of Care (SOC) Grant – *Bill Weiss, DCFS*

- a. Launching self-directed respite training
- b. Partnership with Nevada PEP to expand behavioral health resources in Lyon County

**8. For Possible Action.** Update on Youth M.O.V.E – *Lexie Beck, Youth M.O.V.E. Facilitator*

- a. Youth MOVE has a mindfulness resource in the works for youth made by youth.
- b. YVAL (Youth Voice at Advocacy Level) training is in the works and Ms. Beck is hoping to get it to providers soon.
- c. Student led IEP training is wrapping up soon to help youth advocate for themselves and their IEP.

**9. For Possible Action.** Updates from Medicaid – *Sarah Dearborn, Division of Health Care Financing and Policy (DHCFP)*

- a. No update

**10. For Possible Action.** Review, Discuss and Approval of Recommendations of Rural Children's Mental Health Consortium Membership and Vacancies including:

- a. Parent of a child with an emotional disturbance

- b. Tribal representative
- c. Youth member
- d. Nevada PEP Representative: Waiting for someone to come out of orientation and will move forward with nomination for voting member

**11. For Possible Action.** Discussion and Updates from Regional Behavioral Health Policy Boards including current status of Bill Draft Requests- *Members or Policy Board Coordinators*

- a. Tabled

**12. For Possible Action.** Discuss State Consortia, Their Minutes, Issues, and Possible Bill Requests from Each Board/Consortium- *Melissa Washabaugh, Chair*

- a. Tabled

**13. For Possible Action.** Discuss and Make Recommendations for Future Community Updates and Events – *RCMHC Members*

- a. Tabled

**14. For Possible Action.** Make Recommendations for Agenda Items for the Next Meeting – *RCMHC Members*

- a. Cathi Spooner to give a presentation on work with Association of Play Therapy
- b. Dr. Tyler-Garner to give a presentation on updates from Children’s Advocacy Alliance
- c. Further discussion about West Hills closure
- d. Vote on 2021 Annual Report Draft

**15. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

- a. None

**16. Adjournment.** *Melissa Washabaugh, Chair*

- a. Melissa Washabaugh adjourned the meeting at 4:00 pm due to loss of quorum.