

Rural Children's Mental Health Consortium
Meeting Minutes
December 16, 2021

All members participated via Lifesize technology (video or audio)

VOTING MEMBERS PRESENT:

Jan Marson
Jaymee Oxborrow
Lana Robards
Mala Wheatley
Melissa Washabaugh
Michelle Sandoval
Sarah Dearborn

MEMBERS ABSENT:

Jessica Flood
Heather Plager
Rebecca McGough
Sarah Hannonen

STAFF AND GUESTS:

Alissa Lucke
Amna Khawaja
Beverly Burton
Bill Weiss
Cathi Spooner
Char Frost
Diedre Manley
Kathy Cavakis
Kristen Rivas
Dr. Tiffany Tyler-Garner
Lexie Beck
Meighan Einsel
Nicole Mara
Samantha Cohen
Shannon Hill
Stephanie Dotson
Tonya Hernandez
Valerie Balen
Valerie Cauhape Haskin

1. **Call to Order, Roll Call, Introductions** – Melissa Washabaugh, Rural Children's Mental Health Consortium Chair, called meeting to order at 3:07 pm. A quorum was established.

2. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*
 - a. Cathi Spooner: Process of obtaining a Nevada branch for the Association of Play Therapy. Will give a more thorough update next month.
 - b. Dr. Tiffany Tyler-Garner of Children’s Advocacy Alliance: Gave a brief overview of the work they (CAA) do and what they want to do.
 - c. Michelle Sandoval: West Hills Hospital closed causing a huge shortage of care for severe behavioral and mental health needs in Northern Nevada. Meetings are taking place to develop short and long-term solutions to this crisis.
 - d. Michelle Sandoval: Funding opportunity from the state to increase resources for mental health providers throughout the state
 - e. Nicole Mara: Looking for more culturally diverse providers in the rural regions for Nevada PEDS.
 - f. Lexie Beck: Youth MOVE released a holiday podcast, “Why the Holidays are not always Happy”, with guest Michelle Sandoval.
3. **For Possible Action.** Approval of the October 21, 2021 Meeting Minutes – *Melissa Washabaugh, Chair*
 - a. Tabled
4. **For Possible Action.** Review, Discuss, and Make Recommendations for Changes to Governing Bylaws – *RCMHC Members*
 - a. Discussion of secretary position
 - b. Updates suggested by System of Care
5. **For Possible Action.** Discuss and Make Recommendations for Accomplishments, Plans, and Budget for meeting 2020 Strategic Ten-Year-Plan – *RCMHC Members*
 - a. 2021 Annual Report
 - i. A template is needed that will connect each budget item/category with how it will help the Consortium achieve the next ten years’ goals. Melissa Washabaugh will write up a draft and will bring it to the next meeting in January for approval.
 - b. Budget Updates
 - i. Melissa Washabaugh has reached out to multiple companies for quotes on new swag and is waiting to hear back from a couple more.
 - ii. The website still needs to be updated and Ms. Washabaugh reached out to companies for help. She received a few more quotes and is still looking for the best one.
6. **For Possible Action.** Updates for the Pediatric Mental Health Access Care Grant – *Stephanie Dotson, Division of Child and Family Services (DCFS)*

- a. The team is out in Southern Nevada to meet with behavioral and primary care providers to discuss first type practices in their offices.
 - b. Still trying to schedule trainings and will offer updates as those happen
7. **For Possible Action.** Update on System of Care (SOC) Grant – *Bill Weiss, DCFS*
- a. Launching self-directed respite training
 - b. Partnership with Nevada PEP to expand behavioral health resources in Lyon County
8. **For Possible Action.** Update on Youth M.O.V.E – *Lexie Beck, Youth M.O.V.E. Facilitator*
- a. Youth MOVE has a mindfulness resource in the works for youth made by youth.
 - b. YVAL (Youth Voice at Advocacy Level) training is in the works and Ms. Beck is hoping to get it to providers soon.
 - c. Student led IEP training is wrapping up soon to help youth advocate for themselves and their IEP.
9. **For Possible Action.** Updates from Medicaid – *Sarah Dearborn, Division of Health Care Financing and Policy (DHCFP)*
- a. No update
10. **For Possible Action.** Review, Discuss and Approval of Recommendations of Rural Children’s Mental Health Consortium Membership and Vacancies including:
- a. Parent of a child with an emotional disturbance
 - b. Tribal representative
 - c. Youth member
 - d. Nevada PEP Representative: Waiting for someone to come out of orientation and will move forward with nomination for voting member
11. **For Possible Action.** Discussion and Updates from Regional Behavioral Health Policy Boards including current status of Bill Draft Requests- *Members or Policy Board Coordinators*
- A. Tabled
12. **For Possible Action.** Discuss State Consortia, Their Minutes, Issues, and Possible Bill Requests from Each Board/Consortium- *Melissa Washabaugh, Chair*
- a. Tabled
13. **For Possible Action.** Discuss and Make Recommendations for Future Community Updates and Events – *RCMHC Members*
- a. Tabled
14. **For Possible Action.** Make Recommendations for Agenda Items for the Next Meeting – *RCMHC Members*
- a. Cathi Spooner to give a presentation on work with Association of Play Therapy
 - b. Dr. Tyler-Garner to give a presentation on updates from Children’s Advocacy Alliance

- c. Further discussion about West Hills closure
 - d. Vote on 2021 Annual Report Draft
15. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*
- a. None
16. **Adjournment.** *Melissa Washabaugh, Chair*
- a. Melissa Washabaugh adjourned the meeting at 4:00 pm due to loss of quorum.