

Joe Lombardo  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Marla McDade,  
Williams, MPA  
Administrator

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## RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM MEETING MINUTES September 19, 2024

**DRAFT**

### **VOTING MEMBERS PRESENT:**

Denise Padilla  
Heather Plager  
Jaymee Oxborrow  
Lana Robards  
Marcel Brown  
Melissa Washabaugh  
Michelle Sandoval  
Rebecca McGough  
Abbey Bernhardt

### **STAFF AND GUESTS:**

775-687-7101  
AI Scribe read.ai meeting notes (unverified)  
Amna Khawaja  
Ann Polakowski  
Belz & Case Government Affairs Scribe by Rewatch  
Bernard Sands  
Beverly Hart  
Bill Wyss  
Britt Young  
Carissa Pearce  
Carissa Pearce  
Christina Cobeo  
Daniel Miller  
Elyse Monroy-Marsala  
Jeannine Warner  
Katie Metz  
Kelly McKiddie  
Kristen Rivas  
Linda Anderson  
Matthew Bommarito  
Mignon Hoover  
Nicole Mara  
Olivia GrafMank

Patience Ford  
Rose Staffen

**1. Call to Order, Roll Call, Introductions.** – *Melissa Washabaugh, Chair*

Melissa Washabaugh called the meeting to order at 3:04 pm. Kristen Rivas, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

**2. Public Comment.** No action may be taken upon a matter raised during a period devoted to comments by the public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.

Ryley Harris with Youth Move of Nevada is the youth mentor and would like to share a youth bully prevention contest for youth to make a 2-minute video. The contest is statewide, and he will share a flyer and would like to have everybody promote it to all youth statewide.

Melissa Washabaugh requested an update on Youth Move under the Nevada PEP section.

Katie Zeller expressed that she is the director of a non-profit that puts on wellness events throughout Nevada, and they have an upcoming event on November 15-17th called Buckaroo Tradition Gathering and are looking for resources and nonprofits to come to the outreach. It will be in Winnemucca, NV, there will be other sites with mental health services looking for more youth-based items.

**3. For Possible Action.** Approval of meeting minutes – *Melissa Washabaugh, Chair*  
Review and approval of outstanding meeting minutes for September 19, 2024

**MOTION:** Heather Plager made a motion to approve September 19, 2024, meeting minutes as presented.

**SECOND:** Rebecca McGough

**VOTE:** September 19, 2024, meeting minutes for the Rural Nevada Children’s Mental Health Consortium Meeting were unanimously approved as presented with no further discussion and no abstentions.

**4. For possible action.** Nominations and recommendations to fill Rural Nevada Children’s Mental Health Consortium (RNCMHC) membership vacancies – RNCMHC Members

Kadie Zeller was elected in the role of a representative who’s a tribal member with knowledge of mental health needs in the region where she does have tribal affiliations or experience.

Kadie Zeller expressed she is enrolled with citizens of the Choctaw nation of Oklahoma and grew up in Nevada after school network to lead the tribal steering committee. Kadie Zeller sends a lot of communications about the work she does and works closely with the Nevada Department of Native Americans Affairs.

Rebecca McGough expressed before they had a representative that was not part of the Nevada PEP, the person was a private parent that had significant mental health issues with her family and children, so is don’t need to be a member from Nevada PEP.

Melissa Washabaugh expressed the role is for a representative of a parent advocacy organization. Rebecca recommended reaching out to NAMI.

Abbey Bernhardt suggested Early Childhood Advisory Council, they also have parents speak, they have a partnership with children's cabinet, and they might have good connections.

Britt Young was voted to represent the parent advocate position

**MOTION:** Heather Plager made a motion to approve Brit Young as the representative for the parent advocate position.

**SECOND:** Rebecca McGough

**VOTE:** Approve Brit Young as the representative for the parent advocate position.

**5. For possible action.** Review, discussion, and possible vote on FY 2025 Rural Nevada Children's Mental Health Consortium Budget spending plans – RNCMHC Members

Kristen Rivas said that there has been no request to the budget since it was approved. Melissa Washabaugh expressed that the group should get going since July and August meeting did not occur. She mentioned there is items on the budget that don't need deliberation. The wellness basket line will remain the same as in the last two years. Kristen pulled up the budget worksheet. Melissa Washabaugh said that at this meeting we could review some of the orders for the budget and not have too much discussion on the wellness items that have already been approved. A budget work group meeting is necessary to go through additional request and rearrange funds. Next budget meeting is necessary so we can create summit group to start planning for next year. Kristen Rivas shared the budget 2025, wellness section. Melissa Washabaugh expressed that she could submit similar orders as last time with the weighted animals, workbooks, fidget toys and the things that were donated to the Rural Clinics. The donations did cover a lot of the Rural Clinics, but not all clinics received items. Melissa Washabaugh will reach out this year to the areas that did not receive donations. No mailing was done last year, so possibly this year we could reach out to the Southern regions in Nevada, like Pahrump and Mesquite. Melissa Washabaugh informed the body that she did register as a state vendor to do mailing and reimbursements when sending mail and packages. Under mental health awareness activities, fund used last year were for print workbooks, coloring books, etc. we could collaborate again this year if they have a need for that in the area where community events will take place. We still have a large supply of items. All the other extra stock items are stored in the Reno location. Melissa Washabaugh expressed that the \$1,500 line item might not be needed and if it is not used for the Summit event then we can order more supply. The summit event, the virtual speakers fee is where we don't know how much it will be used. For our next item on the agenda, lets plan the budget workgroup meeting and we will know more where our budget areas need to focus on.

Miss Weller sent an email regarding the actual fee for her services for the annual plan for a total of \$6,000. A total of \$6,000 plus 8% for a total of \$480 for the eight percent a total of \$6,480. Rebecca suggest doing bi-annual community events and still show presence of \$1,000 in the area of virtual speaker fee. We could possibly do it through the zoom platform of Teams where people throughout the region could view. We can set up the budget workgroup meeting to further this discussion. We can pull \$660 from each line and \$3,000 from the retreat.

**MOTION:** Rebecca McGough moves to cover the fee for the consultant. We pull \$3,000 from the live event, \$660 from the branded promotion items for events and \$660 from the main mental health awareness area to allocate the contract for the contractor plus 8% fee.

**SECOND:** Melissa Washabaugh seconds

**VOTE:** Approve the budget changes as motioned

**For possible action.** Discussion and possible vote to approve the Rural Nevada Children's Mental Health Consortium FY 2025 Budget

**6. For information only.** Update on System of Care Grant (SOC) – William Wyss, System of Care Director, Health Bureau Chief, Division of Child and Family Services

William Wyss from the System of Care informed the body that the grant started in 2019 is ending now and (SAMHSA) Substance Abuse and Mental Health Services Administrative. They will continue to work with NV PEP to assist the youth with services they need throughout the state of Nevada. A virtual summit for the grantees and partners and some leaders will be completed. In addition, we received a grant for twelve million for four years starting October of this year. Working on the population from 0-21 youth and young adults and youth with (SED) Serious Emotional Disability, and individuals with developmental disabilities. William expressed they have three goals and that to develop services that are focused on this population and the community. William said it's a statewide project and all Nevada can be part of the grant. The goal is to be able to serve 275 youth in the next four years.

**7. For information only.** Update on Pediatric Mental Health Access Care Grant (NVPeds) – Nicole Mara, Education and Information Officer, Division of Child and Family Services

Nicole Mara Education and Information Officer with Nevada Pediatric Psychiatry Solution Program let the group know this will be her last meeting as the grant is now over and not being renewed.

**8. For information only.** Update from Nevada PEP and discussion on collaborative initiatives – Nevada PEP Representative

Britt Young shared that the I Care We Care campaign will start in October for bullying prevention month spreading the message that together we can stop bullying. Please check the web site mentioned for Youth MOVE and the contest for the best video on bullying and winners will be receiving a cash prize. See flyer. Melissa Washabaugh mentions a budget for printing will be available and will be discussed at next month meeting.

**9. For information only.** Updates from Medicaid – Division of Health Care Financing and Policy Representative

Sarah Dearborn completed a presentation and discussed all the updates currently being made through the Division of Health Care Financing and Policy for Children's Behavioral Health.

**10. For possible action.** Approval of next meeting dates and agenda items – RNCMHC Members  
Approval of October 17<sup>th</sup> meeting and agenda Melissa Washabaugh would like to add forming a retreat and planning a work group so we can start for next year Community events also discuss regarding bills being drafting and also an update on (NAMI) National Alliance on Mental Illness program. Kadie Zeller mentioned also about the legislature sessions, Nevada institute of children's research policy.

**11. Public comment** – No action may be taken upon a matter raised during a period devoted to comments by the public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.

Marcel Brown mention that October 23, 2024, will be the first meeting regarding children's behavioral health for the agency.

Abbie Bernhardt youth advocacy chairwomen of the youth advocacy committee stated that the NAMI walk is coming up this year and it will be held in Lake Tahoe casino strip its call NAMI walk looking for community partners to table at the event.

**12. Adjournment** – Melissa Washabaugh, Chair, adjourned the meeting at 4:25 pm.

### Chat Transcript

9/19 2:47 PM Meeting ended: 23s

9/19 2:48 PM Meeting started

Good afternoon and welcome to the RNCMHC Main Meeting. Please put your name and agency in the chat.

Please mute your lines as you join the call. Thank you

Beverly Hart, DCFS/SOC

Char added read.ai meeting notes to the meeting (recording enabled). Type 'read stop' to disable, or 'opt out' to delete meeting data. View Privacy Policy:

<https://www.read.ai/pp> Nicole Mara, DCFS- Nevada Pediatric Psychiatry Solutions (NVPeds)

Mala Wheatley Pacific Behavioral Health

Kadie Zeller, Nevada Afterschool Network and Om Namō nonprofit

Alejandro Ruiz, DCFS - PEU

Amna Khawaja - DCFS SOC

Britt Young- NV PEP - Statewide Family Network Coordinator - Guest

Ryley Harris - Youth MOVE Nevada, Youth Mentor

Linda Anderson, Nevada Public Health Foundation

Ali Banister, Chief of Juvenile Services, Carson City

Sabrina Schnur, Belz & Case Government Affairs (and our scribe)

Christina Cobeo-DHCFP- Behavioral Health

Christina Cobeo-DHCFP- Behavioral Health Stand Up, Speak Out! Unity Day Contest  
Flyer.pdf you can also visit our website for more information about the contest:  
<https://nvpep.org/youth-move/>

Youth M.O.V.E. - Nevada PEP Get Social With Us! Our Podcast We're A State  
Chapter We Promote Research, Education, & Best Practices Who we Are We are a  
youth inspired and youth led organization that encourages and empowers our...  
Buckaroo Traditions Gathering, [btgathering.com/vendors](http://btgathering.com/vendors) Nov 15-17, Winnemucca  
Events Complex [Btgathering@gmail.com](mailto:Btgathering@gmail.com)

Dr. Moninghoff, Licensed Psychologist 2 with DCFS.

Congrats Kadie

Congratulations - Welcome.

FYI- Nevada PEP would be please to have Britt Young nominated to fill the parent  
advocate position that is typically filled by a Nevada PEP representative.

Congratulation Brit!

I "m going to log off and come back in.

thank you

Thank you Nicole

Thank you for all you have done Nicole. We appreciate you. While NVPeds is ceasing operations next week, the Nevada Pediatric Access Line (<https://nvpal.org>) has been awarded the newest PMHCA grant through HRSA. This statewide program offers peer to peer pediatric psychiatry consultations, care coordination, and educational resources for PCPs statewide. Please visit their website to learn more!

Nevada Pediatric Access Line (NV PAL)

A post from bittyrant on Nevada Pediatric Access Line (NV PAL) provided by:  
<https://nvpal.org> <https://nvpep.org/> [ChildrensBH@dchfp.nv.gov](mailto:ChildrensBH@dchfp.nv.gov)

<https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=1643>

Thank you all!

9/19 4:26 PM Meeting ended: 1h 38m 34s RNCMHC Main Meeting Thursday, September 19, 2024 3:00 PM - 5:00 PM View recap Content Transcript Agenda and notes 1h 34m 39s Set to expire