

Steve Sisolak  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Cindy Pitlock, DNP  
Administrator

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## RURAL CHILDREN'S MENTAL HEALTH CONSORTIUM

### MEETING MINUTES

DECEMBER 15, 2022

**All members participated via Microsoft Teams technology (video or audio).**

#### **VOTING MEMBERS PRESENT:**

Cherylyn Rahr-Wood  
Heather Plager  
Lana Robards  
Mala Wheatley  
Melissa Washabaugh  
Michelle Sandoval  
Rebecca McGough  
Sarah Hannonen

#### **VOTING MEMBERS ABSENT:**

Jan Marson  
Jaymee Oxborrow  
Mala Wheatley  
Sarah Dearborn

#### **STAFF AND GUESTS:**

Amna Khawaja  
Beverly Burton  
Jacqueline Wade  
Kary Wilder  
Kristen Rivas  
Linda Anderson  
Kelcy Meyer  
Nicole Mara  
Tiffany Coury  
Vanessa Dunn  
William Wyss

1. **Call to Order, Roll Call, Introductions** – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:01 p.m. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Sarah Hannonen announced that Elko’s High School Student Council is holding a 2023 Mental Health Awareness Week on February 6-11, 2023. She suggested the Consortium have a table at the event to help spread awareness.

Melissa Washabaugh said she received email from Dana Walburn asking for input about a grant program related to the Safer Communities Act. She said she was going to send individual feedback as a healthcare provider for the area.

Cherylyn Rahr-Wood said the Northern Rural Behavioral Health Policy Board is bringing Shannon Bennett and Cole Finney in to talk about funding streams for behavioral health on January 5<sup>th</sup> at 2:00 pm. She said this would be a good opportunity to learn more about state funding and meetings are recorded. Lana Robards said the same presentation was given at the September Advisory meeting.

3. **For Possible Action.** Approval of the November 17, 2022 Meeting Minutes – *Melissa Washabaugh*

**MOTION:** Sarah Hannonen made a motion to approve the November 17, 2022 Meeting Minutes as presented.

**SECOND:** Rebecca McGough

**VOTE:** Unanimous, with no opposition or abstention.

4. **For Possible Action.** Review, Discussion and Approval of Revised FY2023 Budget – *RCMHC Members*

Tabled.

5. **For Possible Action.** Development of FY2023 Strategic Report – *RCMHC Members*

The FY 2023 Strategic Report is due in January, 2023. Sarah Hannon, Michell Sandoval, Lana Robards, and Cherlyn Rahr-Wood volunteered to develop the 2023 report and scheduled a workgroup meeting for January 13<sup>th</sup> at 9:00 am. Michelle Sandoval requested Kary Wilder send

out an email to the RCMHC listserv requesting feedback and content for the report be submitted to Sarah Hannonen by January 9<sup>th</sup>.

6. **For Information Only.** Updates from Nevada PEP and Discussion and Possible Action Regarding Collaborative Initiatives – *Charlene Frost, Nevada PEP*

Tabled. Charlene Frost was not present.

7. **For Possible Action.** Update on Youth M.O.V.E. (Motivating Others through Voices of Experience) and discussion and possible action regarding collaborative initiatives – *Representative from Nevada PEP*

Tabled. Charlene Frost was not present.

8. **For Possible Action.** Make Recommendations for New Legislative Updates – *RCMHC Members*

Melissa Washabaugh shared a draft letter from the Consortium in support of Assembly Bill 9 which she will send to the Health & Human Resources Department after it is approved.

**MOTION:** Lana Robards made a motion to approve the Assembly Bill 9 letter of support as presented.

**SECOND:** Cherylyn Rahr-Wood

**VOTE:** Unanimous, with no opposition or abstention.

Michelle Sandoval said Amada Haboush-Deloye, Chair of the Clark County Children’s Mental Health Consortium (CCCMHC), maintains a tracking list of legislative bills involving youth, children, and adolescents which could be reviewed at the next meeting to determine additional bills which RCMHC might want to support. She asked Kary Wilder to obtain and distribute the CCCMHC legislative bill tracking list to the RCMHC listserv.

9. **For Information Only.** Updates from Medicaid – *Sarah Dearborn, Division of Health Care Financing and Policy (DHCFP)*

Tabled. Sarah Dearborn was not present.

10. **For Information Only.** Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child and Family Services (DCFS)*

Amna Khawaja, SOC Health Program Specialist II, gave a PowerPoint presentation with updates on the SOC Self-Directed Respite Care and Flex Funds programs. Anyone interested in these programs can contact the System of Care Team at [soc@dcfs.nv.gov](mailto:soc@dcfs.nv.gov) to obtain the referral form and required documents to get the approval process started for families in need.

11. Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Psychiatric Caseworker II, Division of Child and Family Services (DCFS)*

Nicole Mara reported there were 210 attendees at the November “Ripple Effect” webinar training series and more sessions are scheduled for February 23-24, 2023 (these sessions cannot be recorded per contract). She asked everyone to send her information and suggestions on additional rural-appropriate training opportunities. Michell Sandoval and Sarah Hannon will send her the information and flyer on the Elko event.

12. **For Possible Action.** Consortium Retreat Planning and Possible Vote – *RCMHC Members*

Tabled.

13. **For Possible Action.** Community Event Participation and Possible Vote – *RCMHC Members*

Michelle Sandoval, Sarah Hannonen, and Heather Plager said they would attend the Elko Mental Health Awareness event on Saturday, February 11<sup>th</sup>. Cherylyn Rahr-Woods also said she would be attending the event to set up a table for mental health crisis hold and suicide prevention.

Kristen Rivas clarified that anyone wanting travel cost reimbursement needs to become established as a State Vendor and all travel costs and reimbursement need to be submitted to and pre-approved by the State Fiscal Department in advance which can take several weeks. Kary Wilder will distribute the vendor application/registration process information and requirements to the RCMHC listserv.

**MOTION:** Rebecca McGough made a motion to approve sending representatives to the Elko Mental Health Awareness event in February, 2023 and reimburse them for mileage costs.

**SECOND:** Michelle Sandoval

**VOTE:** Unanimous, with no opposition or abstention.

14. **For Information Only.** May 2023 Mental Health Month Planning and Possible Vote – *RCMHC Members*

Melissa Washabaugh said RCMHC would hold a separate event in collaboration with Nevada PEP and Youth M.O.V.E. It was decided that RCMHC would also participate in the legislative event in May with a booth, banner, and outreach/swag materials. Planning can begin when the date is published. Vanessa Dunn put a link to the legislative social event calendar in the Chat.

Kristen Rivas said there were many swag items available at the Reno office, including a supply of the popular RCMHC logo-imprinted brain stress balls.

**15. For Possible Action.** Make Recommendations for Agenda Items for the Next Meeting  
– RCMHC Members

- Policy Board presentations on legislative bills and work being done – Cherlyn Rahr Wood
- Review CCCMHC’s legislative bill tracking list to determine what bills RCMHC might want to support.

**16. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Michelle Sandoval said work is in progress to develop the behavioral health community integration and strategic plan called the Nevada Behavioral Health Community Integration Strategic Plan (which was driven by Olmstead Plan). She said the plan is updated every couple of years and it outlines and updates resources and projects throughout the state. The report has been strongly focused on adults in the past but work is being done to integrate child, youth and adolescent mental health information. She said she was hoping RCMHC can get a presentation after the report is released in January.

Michelle Sandoval said the Division of Public and Behavioral Health, Bureau of Behavioral Health, Wellness and Prevention, and the Division of Child and Family Services are holding a Summit on Improving Community Response to Individuals with Behavioral Health Challenges on January 18-19, 2023 in Las Vegas. She will send the flyer to Kary Wilder to distribute to the RCMHC listserv. She said Dr. Stephanie Woodard will be there to present on the State of Nevada’s mental health services.

**17. Adjournment.** – *Melissa Washabaugh, Chair*

The meeting adjourned at 4:05 pm.

**CHAT TRANSCRIPT**

[11/22 3:42 PM]

Kary Wilder joined the conversation.

[11/22 3:42 PM]

Kary Wilder named the meeting RCMHC Meeting.

[12/15 2:50 PM]

Kristen Rivas was invited to the meeting.

[12/15 2:52 PM]

Melissa Washabaugh (Guest) and Sarah Hannonen (External) were invited to the meeting.

[12/15 2:53 PM] Kary Wilder

Welcome to the Rural Children's Mental Health Consortium Meeting.

[12/15 2:53 PM] Kary Wilder

Please enter your name, title and organization in the Chat for the record.

[12/15 2:53 PM] Kary Wilder

This meeting is being recorded.

[12/15 2:54 PM] Kary Wilder  
Kary Wilder, Admin Support, PEU/DCFS, [kwilder@dcfs.nv.gov](mailto:kwilder@dcfs.nv.gov)  
[12/15 2:58 PM]  
Linda Anderson (Guest) was invited to the meeting.  
[12/15 2:58 PM]  
William Wyss was invited to the meeting.  
[12/15 2:58 PM]  
Rebecca McGough - Foster Rep (Guest) was invited to the meeting.  
[12/15 2:59 PM]  
Tiffany Coury was invited to the meeting.  
[12/15 3:00 PM]  
Amna Khawaja was invited to the meeting.  
[12/15 3:00 PM]  
Heather Plager (External) was invited to the meeting.  
[12/15 3:00 PM]  
Vanessa Dunn (External) was invited to the meeting.  
[12/15 3:00 PM]  
Lana Robards (Guest) was invited to the meeting.  
[12/15 3:00 PM]  
Beverly Burton was invited to the meeting.  
[12/15 3:00 PM]  
Mala Wheatley (Guest) was invited to the meeting.  
[12/15 3:01 PM]  
Nicole Mara was invited to the meeting.  
[12/15 3:01 PM]  
Cherylyn Rahr-Wood (External) was invited to the meeting.  
[12/15 3:01 PM] Heather Plager  
My microphone is not working. I will log off and log back in.  
[12/15 3:01 PM]  
Jacqueline Wade was invited to the meeting.  
[12/15 3:03 PM]  
Michelle Sandoval was invited to the meeting.  
[12/15 3:03 PM]  
Kelcy Meyer was invited to the meeting.  
[12/15 3:07 PM] Michelle Sandoval  
thank you for sharing Sarah! We are sooooo excited!!  
[12/15 3:09 PM] Kristen Rivas  
How exciting! I am more than happy to help if you need any technical support. We can also ship  
an swag that is needed. We have a lot at the DCFS office.  
[12/15 3:09 PM] Kristen Rivas  
Any  
[12/15 3:10 PM] Kristen Rivas  
Could you send the log in information to the meeting to Kary to distribute that, would be great!  
[12/15 3:14 PM] Cherylyn Rahr-Wood  
Could I get a copy of the 2023 SP? I just want to know what I am speaking too..  
[12/15 3:20 PM] Cherylyn Rahr-Wood

Kary sent you the invite to the Board meeting on the 5th at 2:00 to your email.. Thanks! 🍌🍌

[12/15 3:38 PM] Heather Plager

Would you be able to share these slides with us via email?

[12/15 3:40 PM] Cherylyn Rahr-Wood

Thank you for sharing about this awesome program...

[12/15 3:40 PM] Michelle Sandoval

Thank you Amna!!!

[12/15 3:41 PM] Amna Khawaja

Please feel free to contact the System of Care team at [SOC@dcfs.nv.gov](mailto:SOC@dcfs.nv.gov)

[12/15 3:47 PM] Cherylyn Rahr-Wood

I can provide the mental health crisis hold brochures for youth and parents as well as other Suicide Prevention.. I will table with you Michelle.....

[12/15 3:51 PM] Cherylyn Rahr-Wood

I can get reimbursed through my position so no worries on my end..

[12/15 3:55 PM] Vanessa Dunn

<https://www.leg.state.nv.us/App/Calendar/A/socialevents>

[12/15 3:55 PM] Melissa Washabaugh

(Guest)<https://www.leg.state.nv.us/App/Calendar/A/socialevents>

[12/15 3:58 PM] Cherylyn Rahr-Wood

sorry taking a crisis call i am going to have to be off camera and mic

[12/15 4:05 PM]

Lana Robards (Guest) left the chat.

[12/15 4:05 PM]

Rebecca McGough - Foster Rep (Guest) left the chat.

[12/15 4:05 PM]

Melissa Washabaugh (Guest) left the chat.

[12/15 4:05 PM]

Mala Wheatley (Guest) left the chat.

12/15 4:08 PM Meeting ended: 1h 18m 55s Transcript