

Joe Lombardo  
Governor

Richard Whitley, MS  
Director



# DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES  
*Helping people. It's who we are and what we do.*



Cindy Pitlock, DNP  
Administrator

## RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

### MEETING MINUTES

JANUARY 19, 2023

**All members participated via Microsoft Teams technology (video or audio).**

#### VOTING MEMBERS PRESENT:

Jan Marson  
Jaymee Oxborrow  
Lana Robards  
Mala Wheatley  
Melissa Washabaugh  
Sarah Hannonen

#### VOTING MEMBERS ABSENT:

Cherylyn Rahr-Wood  
Heather Plager  
Michelle Sandoval  
Rebeca McGough  
Sarah Dearborn

#### STAFF AND GUESTS:

Beverly Burton  
Hana Fahim  
Kary Wilder  
Kristen Rivas  
Nicole Mara  
Tiffany Coury

- **Call to Order, Roll Call, Introductions** – *Melissa Washabaugh, Rural Children's Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:05 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

- **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None

**3. For Possible Action.** Approval of the December 15, 2022 Meeting Minutes – Melissa Washabaugh

Sarah Hannonen noted her name and Michelle Sandoval’s name were spelled incorrectly.

MOTION: Sarah Hannonen made a motion to approve the December 15, 2022 Meeting Minutes with the correction.  
SECOND: Jan Marson  
VOTE: Unanimous, with no opposition or abstention.

**4. For Possible Action. Review, Discussion and Approval of Revised FY2023 Budget – RCMHC Members**

Melissa Washa shared a draft of the budget and a decision was made to reallocate funds no longer needed from the Personnel/Contractors and Retreat categories to the Community Wellness and Outreach categories. DCFS staff are providing administrative support to the Consortium. Complete plans and budget for the retreat will need to be developed and pre-approved by DCFS Fiscal in order to hold a retreat in 2024.

MOTION: Sarah Hannonen made a motion to reallocate \$7,000.00 from the Personnel/Contractors and Retreat categories to the Community Wellness and Outreach Categories (Actual amount \$6,080.00).  
SECOND: Jan Marson  
VOTE: Unanimous, with no opposition or abstention.

Melissa recommended RCMHC support the request from Jacquelyn Kleinedler, Washoe County Children’s Mental Health Consortium Chair, to pay for “The Trauma-Sensitive Classroom: Building Resilience with Compassionate Teaching” textbooks for an educator training event sponsored by the Children’s Cabinet and WCCMHC in Silver Springs in the amount of \$1,120.00.

MOTION: Lana Robards made a motion to approve the \$1,120.00 purchase of textbooks to sponsor the Children’s Cabinet training event.  
SECOND: Jaymee Oxborrow  
VOTE: Unanimous, with no opposition or abstention.

Sara Hannon suggested sponsoring the Elko High School Student Council Mental Health Awareness week event February 6<sup>th</sup> through February 11<sup>th</sup>.

MOTION: Jan Marson made a motion to sponsor the Elko High School Student Council Mental Health Awareness week event in the amount of \$1,000.00.  
SECOND: Jaymee Oxborrow  
VOTE: Unanimous, with no opposition or abstention.

Melissa Washabaugh suggested sponsoring the Children's Mental Health Day at the capitol and will reach out to Amanda Haboush-Deloye, Chair of the Clark County Children's Mental Health Consortium, for more information.

Discussion was held on how to best utilize funds for community outreach and a decision was made to purchase wellness and comfort items to support rural communities. The plan is to schedule a date for Consortium members to join in for a workday to package these items into kits at the DCFS Reno office for distribution. There are a number of swag and RCMHC logo-imprinted items available at the office to add to the bags. There are also a number of RCMHC swag/outreach items at Melissa Washabaugh's home. Distribution of the kits would be done at local rural schools (McDermott) or community therapy offices. Kristen Rivas suggested setting aside funds for shipping and including the kits on the RCMHC website with a contact/request form in order to obtain them. The kits can also be distributed as part of the May Mental Health Awareness events.

Melissa Washabaugh will send the wellness items shopping list to Kary Wilder so the items can be ordered as soon as possible.

MOTION: Jan Marson made a motion to spend up to \$5,000 for purchasing children's mental health wellness and comfort items for rural communities.  
SECOND: Jaymee Oxborrow  
VOTE: Unanimous, with no opposition or abstention.

Kristen suggested reaching out to recipients of these items and sponsorships for narratives and personal stories on how the items were helping youth and families for publication on the website and inclusion in next year's Annual Report.

**5. For Possible Action.** Review, Discussion and Approval of FY2023 Strategic Report prepared from Workgroup meeting held January 13, 2023 – RCMHC Members

Sarah Hannonen reported that the Workgroup Meeting on January 13<sup>th</sup> was very productive and the draft is in development. The group is meeting again on January 24<sup>th</sup> to finalize the report. A Special Meeting is scheduled on Friday, January 27 for the Consortium to approve the final report in order to meet the deadline of January 31, 2023. Sarah suggested adding information about the updated website, a message from Melissa Washabaugh, Chair, and the letter of support for Assembly Bill 9 sent in December. Additional content is expected from Sarah Dearborn regarding Medicaid and Michele Sandoval is providing an update on Rural Mobile Crisis. Cherylyn Rahr-Wood is getting updates from the County Behavioral Health Task force and other policy boards.

**6. For Possible Action.** Updates from Nevada PEP Regarding Current Initiatives. Discussion and Possible Approval of New Collaborative Initiatives – Charlene Frost, Nevada PEP

Tabled. Char Frost was not present.

**7. For Possible Action.** Update on Youth M.O.V.E. (Motivating Others through Voices of Experience) Regarding Current Initiatives. Discussion and Possible Approval of New Collaborative Initiatives – Representative from Nevada PEP

Tabled. Char Frost was not present.

**8. For Possible Action.** Review CCCMHC Legislative Bill Tracker and Discussion and Possible Approval of Future Meeting Presentations on New Legislative Bill Updates (after a Bill is recommended for discussion at a future meeting, the Bill number and brief summary will be provided) – RCMHC Members

Melissa Washabaugh identified and recommended four bills that the Consortium might want to support. She asked everyone to send her suggestions on other bills to support.

- AB37: Authorizes the establishment of the Behavioral Health Workforce Development Center of Nevada
- AB69: Expands the loan repayment program administered by the Nevada Health Service Corps to include certain providers of behavioral health care. (BDR 34-399)
- AB45: An Act relating to health care: creating a program to repay the student education loans of certain providers of health.
- SB38: Revises provisions relating to offenses against children. (BDR 15-425)

**MOTION:** Sarah Hannonen made a motion to support AB37- Authorizing the establishment of the Behavioral Health Workforce Development Center of Nevada by drafting and send a letter of support from the Consortium.

**SECOND:** Jaymee Oxborrow

**VOTE:** Unanimous, with no opposition or abstention.

**9. For Information Only.** Updates from Medicaid – Sarah Dearborn, Division of Health Care Financing and Policy (DHCFP)

Tabled. Sarah Dearborn was not present.

**10. For Information Only.** Update on System of Care (SOC) Grant – Bill Wyss, Division of Child and Family Services (DCFS)

Bill Wyss was not present. Beverly Burton said SOC invited one of the subgrant awardees to come and share in February about their program and talk about the work they are doing. The “Advancing Health Equity and Improving Cultural Competency” training is coming up February 6<sup>th</sup> and 13<sup>th</sup>. The “System of Care Overview” training is scheduled for April 27<sup>th</sup>. Ms. Burton posted the training links in the Chat.

**11. For Information Only.** Update on Pediatric Mental Health Access Care Grant – Nicole Mara, Education and Information Officer, NVPeds, Division of Child and Family Services (DCFS)

Nicole Mara announced NVPeds is sponsoring 300 participants to the second series of “The Ripple Effect” training which focuses on trauma and how it ripples through systems and families. 100 Seats are already filled. The “Circle of Security” training is scheduled for March 2<sup>nd</sup> through March 16<sup>th</sup>, followed by group practice sessions, consultation, and coaching calls. The training offers 24 to 37 CEUs depending upon the licensure board and is recommended for primary care providers, nurses, behavioral/mental health clinicians, behavior analysts, home visitors and early childhood developmental specialists. The PPP Program (Pediatric in Primary Care Program) is a mini fellowship that will be occurring April 14<sup>th</sup> through April 16<sup>th</sup> followed by case-based coaching calls. There are four offerings with CMS available on the UNR CME website. She posted links for the events in the Chat and encouraged everyone to reach out to her for more information.

**12. For Possible Action.** Discussion of Consortium Retreat Planning and Possible Approval of Retreat Plans; To Include Retreat Location, Activities, and Budget Approval – RCMHC Members

Melissa Washabaugh reported that a complete plan, agenda, retreat goals and budget are required in advance by DCFS Fiscal in order to get a retreat approved. Since there is not enough time this year, the retreat plan will need to be developed and proposed for the 2024 RCMHC Budget.

Sarah Hannon suggested planning and holding a retreat around a rural community discussion or other rural outreach event. Holding a retreat at the same time and in the same rural location would allow for a bigger team presence at an event. She recommended doing planning for next year’s Annual Strategic Report as one of the retreat agenda items. She suggested forming a Retreat Workgroup to propose a plan to the Consortium. Suggested locations from group members for the retreat included Tonopah and Ely. This topic will be put on the next meeting agenda.

**13. For Possible Action.** Discussion and Possible Approval of RCMHC Member Participation in Upcoming Events in Rural Nevada where RCMHC Participation and Collaboration would be Impactful and Support RCMHC’s Strategic Plan– RCMHC Members

- Sarah Hannonen will be attending the Elko High School Mental Health Event on February 11th.
- Melissa Washabaugh is planning to attend the legislative Children’s Mental Health event sponsored by the Clark County Children’s Mental Health Consortium on March 14th. She completed an online form for a table at the event and will send an email to find how who might want to participate.
- Sarah Hannonen said Pershing County School District is going to have a Parent’s Night during the last week in March in Lovelock which will include therapist-taught family workshops, free hot dogs, vendors and booths. She will get the final event date and send it to Kary Wilder for distribution to the RCMHC listserv.

**14. For Possible Action.** Discussion and Possible Approval of Consortium Planning for an Event Supporting May 2023 Mental Health Month; To Include Event Location, Goals Supporting RCMHC's Strategic Plan, Activities, and Budget Approval – RCMHC Members

Melissa Washabaugh said it was challenging to come up with a plan given the short timeframe. Jan Marson suggested supporting this event with the mental health wellness kits. She suggested each voting member identify a community contact to connect with for distributing the kits. Sarah Hannonen suggested adding an agenda item to the 2024 Retreat to plan for this event going forward.

**15. For Possible Action.** Make Recommendations for Agenda Items for the Next Meeting – *Consortium Members*

- Letter of Support for AB37: Authorizes the establishment of the Behavioral Health Workforce Development Center of Nevada
- Creation of 2024 Retreat Workgroup
- 2024 Budget Development
- RCMHC Website Update
- RCMC Membership Development
- Policy Board Presentations

**16. Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

**17. Adjournment.** – *Melissa Washabaugh, Chair*

The meeting adjourned at 4:43 pm.

## **CHAT TRANSCRIPT**

[1/19 2:39 PM]  
Meeting started.

[1/19 2:41 PM] Kary Wilder  
Hello and welcome to the January Rural Nevada Children's Mental Health Consortium Meeting.

[1/19 2:41 PM] Kary Wilder  
This meeting is being recorded.

[1/19 2:42 PM] Kary Wilder

Please enter your name, title and organization in the Chat for the record.

[1/19 2:42 PM] Kary Wilder  
Thank you!

[1/19 2:42 PM] Kary Wilder  
Kary Wilder, PEU/DCFS Administrative Support for this meeting. kwilder@dcfs.nv.gov

[1/19 2:48 PM] Kristen Rivas  
Kristen Rivas - DCFS PEU

[1/19 2:51 PM] Tiffany Coury  
Tiffany Coury - DCFS Contract Staff

[1/19 3:03 PM] Nicole Mara  
Good afternoon! Nicole Mara- Education & Information Officer, DCFS Nevada Pediatric Psychiatry Solutions (HRSA Grant)

[1/19 3:21 PM] Beverly Burton  
Sarah, we are funding a position at the McDermitt wellness center and work with Alex. we (SOC) might be able to fund some things. Was it Journals?  
Advancing Health Equity Pre-test

[1/19 3:22 PM] Beverly Burton  
Melissa, I will also reach out to Jacqueline as we might have funds through one of our grants.

[1/19 3:24 PM] Kristen Rivas  
Thank you Beverly!

[1/19 3:37 PM] Kary Wilder  
I just emailed the budget to everyone in the meeting that I have email addresses for.

[1/19 4:16 PM] Kary Wilder  
Congratulations Nicole!

[1/19 4:16 PM] Beverly Burton  
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Advancing Health Equity Pre-test

[1/19 4:16 PM] Beverly  
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System of Care Pre-Quiz

[1/19 4:17 PM] Beverly Burton  
Ripple Effect Link

[1/19 4:17 PM] Beverly Burton  
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[1/19 4:27 PM] Nicole Mara  
If you are not already on the NVPeds Listserv for our publications (Infographics, Telegrams, and upcoming sponsored professional development & trainings), please email [NVPeds@dcfs.nv.gov](mailto:NVPeds@dcfs.nv.gov) to request to be added. Thank you!

[1/19 4:28 PM] Kristen Rivas  
Nicole- I would love to be added to your listserv. Thank you in advance.

[1/19 4:31 PM] Nicole Mara  
Kristen- consider it done!

[1/19 4:43 PM] Kristen Rivas  
Thank you.

[1/19 4:45 PM]  
Meeting ended: 2h 6m 37s.