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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
Helping people. It's who we are and what we do.



Cindy Pitlock, DNP
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

DRAFT MEETING MINUTES

March 16, 2023

All members participated via Microsoft Teams technology (video or audio).

VOTING MEMBERS PRESENT:

Cherylyn Rahr-Wood
Cindy Pitlock
Heather Plager
Lana Robards
Melissa Washabaugh
Michelle Sandoval
Sarah Dearborn
Sarah Hannonen
Jan Marson
Jaymee Oxborrow

VOTING MEMBERS ABSENT:

Mala Wheatley
Rebecca McGough

STAFF AND GUESTS:

Carin Hennessey
Kaci Fleetwood
Kary Wilder
Kathryn Mueller
Kristen Rivas
Linda Anderson
Marcel Brown
Nicole Mara
Shannon Hill
Stacy Smith
Tiffany Coury
Valerie Cauhape (Haskin)
William Wyss

1. Call to Order, Roll Call, Introductions. – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:03 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Michelle Sandoval announced that rural clinics received American Rescue Plan Act (ARPA) funding to pilot two in person response Mobile Crisis teams for youth in Elko County.

Cherylyn Rahr-Wood reminded all attendees that the 2022-2023 school year ends in about ten weeks for rural Nevada.

3. For Possible Action. For Possible Action. Approval of meeting minutes – *Melissa Washabaugh*

- a. Main Meeting Minutes – February 16, 2023
- b. Annual Report Workgroup Meeting – January 13, 2023
- c. Annual Report Workgroup Meeting – January 24, 2023
- d. Special Meeting Minutes – January 27, 2023

Tabled.

4. For Possible Action. Discussion and possible vote on recommendations to fill rural Children’s Mental Health Consortium membership vacancies – *RCMHC Members*

- a. A representative of a local tribal provider of juvenile mental health services; nomination of Debbie George, Chairwoman, Lovelock Paiute Tribe
- b. A representative from Medicaid, Division of Health Care Financing & Policy; nomination of Marcel Brown, Social Services Program Specialist

Nomination of Debbie George, Chairwoman, Lovelock Paiute Tribe, Tabled.

MOTION: Lana Robards made a motion to have Marcel Brown, Social Services Program Specialist replace Sarah Dearborn as a voting member

SECOND: Jan Marson

VOTE: Unanimous, with no opposition or abstention

5. For Possible Action. Review, discussion, and possible vote on FY 2023 Budget – *RCMHC Members*

- a. Wellness Items – Order to be re-submitted, \$4,000
- b. Website Re-design Hours –TBD
- c. Medication Safes – In progress, \$500
- d. Positivity Workbook for Teens – In progress, \$500
- e. Youth M.O.V.E Wellness & Self Care Activity Book Printing – Waiting for master print file from Youth M.O.V.E, \$500
- f. SOC to print “Parent’s Guide to Youth Mental Health” (Spanish and English versions), Shannon Hill is coordinating, \$0
- g. Books for WCCMHC/Children’s Cabinet – In progress, \$1,120

Kary Wilder shared with the attendees the above-mentioned FY 2023-2024 Budget updates.

6. For Possible Action. Discussion and possible vote to form 2024 Consortium Retreat Planning Workgroup– *RCMHC Members*

Attendees discussed possible timelines and travel for the 2024 Consortium Retreat, and identified which members would join the Planning Workgroup. The retreat will potentially be scheduled sometime in Fall 2024. All costs, plans, activities, and travel need to be submitted and approved by DCFS Fiscal in advance. Voting members requesting travel reimbursement need to obtain State active vendor status in advance. Kary Wilder will send a Doodle-Poll to schedule the first Workgroup meeting.

MOTION: Sarah Hannonen made a motion to move forward with forming a Consortium Retreat Planning Workgroup that consists of Jan Marson, Lana Robards, and herself

SECOND: Lana Robards

VOTE: Unanimous, with no opposition or abstention

7. For Possible Action. Presentations, updates, and possible vote to approve letters of support for pending legislation – *RCMHC Members*

- a. AB108: Approval of final letter of support for the Nurse Compact Act
- b. AB37: Authorizes the establishment of the Behavioral Health Workforce Development of Nevada – Valerie Haskin, Rural Regional Behavioral Health Coordinator
- c. Update on Children’s Mental Health Day at the Legislature
- d. Ideas for future events

MOTION: Michelle Sandoval made a motion to accept the letter of support for the Nurse Compact Act with an edit to Melissa Washabaugh’s signature to include her title as “Chair”

SECOND: Lana Robards

VOTE: Unanimous, with no opposition or abstention

AB37: Valerie Haskin, Rural Regional Behavioral Health Coordinator gave a summary

presentation on Assembly Bill 37, which authorizes the establishment of the Behavioral Health Workforce Development of Nevada. The information below was taken directly from her PowerPoint.

For K-12 Education, this Assembly Bill allows collaboration with School Districts to support and expand Career and Technical Education (CTE) Programming related to behavioral health professions in schools. It also collaborates with Area Health Education Centers (AHECs) to include focus on behavioral health professions and bolster efforts to support minority and disadvantaged youth in considering careers in behavioral health.

Assembly Bill 37 integrates professional programs at the Nevada System of Higher Education (NSHE) that are focused upon Marriage and Family Therapy, Clinical Professional Counseling, Psychology, Psychiatry, Clinical Social Work, Behavior Analysts, all Drug and Alcohol Counselor types, and specialty medical tracks such as Psychiatric Nurse Practitioners, Physician Assistants, etc. It also ensures undergraduate students are prepared for rigors of graduate school, clears the pathways for undergraduate education to graduate school are created and creates easily accessible opportunities for high quality graduate and clinical internships/practicum, with an emphasis on creating opportunities to work with communities with least access to appropriate care to ensure competent workforce with these experiences.

Assembly Bill 37 contributes to professional licensing by expanding the number of approved internship sites and supervisors through targeted training and approval efforts. It also works with licensing boards (not already doing so) to create processes to improve efficiency related to licensing Nevadans, and those coming from out of state.

Lastly, in the Professional Practice, AB37 works with Nevada Health Service Corps and federal programs to help place providers in rural and underserved communities for longer-term practice for tuition assistance/forgiveness on existing programs. It also identifies opportunities to educate new providers on the “business” of practice in Nevada, including setting up insurance reimbursement, liability insurance, business licensing, and recruiting eligible providers as approved supervisors and/or sites for undergraduate, graduate, and clinical internships.

MOTION: Jan Marson made a motion for Melissa Washabaugh to write a letter of support for AB37

SECOND: Michelle Sandoval

VOTE: Unanimous, with no opposition or abstention

Update on Children’s Mental Health Day at the Legislature:

Melissa Washabaugh and Jan Marsen gave a brief overview on Children's Mental Health Day at the Legislature. Ms. Washabaugh mentioned they took swag items to share (including notebooks and books) while getting the opportunity to talk to many other event participants. AB265 revises provisions governing alternative routes to licensure for school administrators and there is a separate bill to put the Statewide Consortium into statute, since it is currently at risk of being tabled or not supported depending on administration, year to year. Melissa Washabaugh suggested drafting a letter of support during next month’s RCMHC Meeting for AB265.

Ideas for future events:

Melissa Washabaugh suggested Dorothy Edwards present on AB69 (which would appropriate State General Funds to the Nevada Health Service Corps for loan repayment) for next month's agenda.

Jan Marsen would like to plan a presentation on AB120 that would help increase access to community outreach, and volunteer events.

8. For Possible Action. May 2023 Mental Health Month planning and possible vote
– *RCMHC Members*

Members discussed the preparation of wellness item gift bags for the rural areas of Nevada. A plan was developed to meet sometime in April at the Reno Planning and Evaluation Unit (PEU) office to put the bags together in time to be distributed for May Mental Health Acceptance Month. Some items for the gift bags are yet to be delivered, and the group is to also compose a letter explaining the purpose of each bag to include in the distribution.

9. For Information Only. Trauma Informed Systems Grant (TISS) – *Kaci Fleetwood, UNR, Nevada Center for Excellence in Disabilities; State Coordinator for MTSS*

Kaci Fleetwood presented on the TISS grant, which is a four year federal grant that has been awarded by the Nevada Department of Education and funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). The TISS grant is a cooperative agreement to implement trauma services in all grade schools, while engaging with community providers and partners. The TISS grant is implemented currently in Pershing County, Churchill County and Lyon County schools. The TISS Grant focuses on improving school-based services to address the trauma in schools across all tiers, through: increased training for staff, increased screening across students, and increased referrals for school-based mental health services. Additionally, the TISS Grant uses an Interconnected Systems Framework (ISF) by providing evidenced-based services inside schools and increasing collaborative relationships with community providers.

10. For Possible Action. Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Nevada PEP*

Tabled.

11. For Information Only. Updates from Medicaid – *Marcel Brown, Division of Health Care Financing and Policy (DHCFP)*

The Nevada State Plan Amendment (NV SPA) 22-0005 Reimbursement Methodology for Crisis Stabilization Centers and was added to Attachment 4.19-B, Pages 4a through 4c and Attachment 4.19-A, Pages 14-14c. As authorized by Assembly Bill 66 of the 80th Nevada Legislative Session (2019) and Senate Bill 156 of the 81st Nevada Legislative Session (2021), this SPA proposes the reimbursement methodology needed to establish Crisis

Stabilization Centers within hospitals. Crisis Stabilization Services are defined by legislation as “behavioral health services designed to: (1) de-escalate or stabilize a behavioral crisis; and (2) avoid admission of a patient to another inpatient mental health facility or hospital when appropriate.” SPA language will address the rate methodology utilized for a daily rate of service. Initially, providers will be reimbursed a daily default rate that is market-based using a model to reflect service definitions, provider requirements, operational service delivery and administrative considerations. After a provider has a complete fiscal year of providing services, the provider will be allowed to complete a cost report to be used to determine an individual, provider-specific rate for crisis stabilization services.

NV SPA 22-0023 Disaster Relief – Certified Community Behavioral Health Centers (CCBHCs) Prospective Payment System (PPS) pay at the anticipated rates due to the efforts of COVID pandemics effect on the cost reports. Nevada is requesting waivers to the Nevada Medicaid State Plan under section 1135 of the Social Security Act using Section 7.4 Medicaid Disaster Relief for the COVID-19 National Emergency. This amendment proposes to implement temporary policies and procedures otherwise applied under Nevada Medicaid state plan. Nevada is requesting to allow for State Plan Certified Community Behavioral Health Centers (CCBHCs) to continue with anticipated Prospective Payment System (PPS).

NV SPA 23-0002 Certified Community Behavioral Health Centers (CCBHCs) is revising bundled rate and Quality Incentive Payment methodology language and data submission requirement language. A public hearing was on January 31st, 2023.

Upcoming SPA 1915(i) Specialized Foster Care is Synchronizing terminology for agencies’ titles, address monitoring/ remediation responsibilities, and modify percentages of QA reviews to ensure QA units can meet program requirements. A public hearing will be held on March 28th, 2023.

The Consultant Health Management Associates (HMA) Children’s Behavioral Health Assistance project is currently in the process of gathering analytical data, to assist in narrowing down options, that will most effectively address the most critical concerns. HMA and Medicaid are also in development of a white paper, to provide an overview of the systematic problems and resolutions for future budgetary considerations. This has also been ongoing with HMA helping Nevada research how other states are addressing children’s behavioral health issues.

The Mobile Crisis Planning Grant worked in December to finalize the policy standards as well as incorporated draft state plan amendment language for coverage to integrate into our current SPA that is on RAI for Intensive Crisis Stabilization Centers. They also initiated work on the provider rate fee for Designated Mobile Crisis Teams. They were able to submit informally through our current SPA for Intensive Crisis Stabilization Services, our draft coverage SPA language to CMS for informal review and initial feedback and have received positive comments. In the coming months we will focus our attention to continue the fee development as well as begin our process to host a public workshop with our proposed SPA updates and Medicaid Service Manual policy within Chapter 400, most likely March 31st, with plan to submit our SPA for the rate methodology for the enhanced rate for DMCTs to CMS at the end of May after the May 30th public hearing, in hopes for an effective date of July 1, 2023.

The 1115 Substance Use Disorder (SUD) Demonstration Waiver application was received December 29th, 2022, and will allow SUD services within an Institutions for Mental Disease (IMD) setting to be reimbursable through Medicaid. Specific services to residential levels of care: ASAM 3.1, 3.2 Withdrawal Management, 3.5 and 3.7 Withdrawal Management. To operationalize this waiver, Nevada is required to obtain approval of an SUD Implementation Plan. The SUD Implementation Plan provides a framework for the state to document its approach to implementing SUD policies and develop a strategic approach for meeting the milestones which reflect the key goals and objectives of the program. It also helps to determine appropriate information for the state to report to CMS in the quarterly and annual monitoring reports. Nevada must submit the SUD Implementation Plan within 90 calendar days after approval of this demonstration. Nevada must submit the revised SUD Implementation Plan within 60 days after receipt of CMS's comments. Nevada may not claim Federal Financial Participation (FFP) for services provided in IMDs to beneficiaries who are primarily receiving SUD treatment and withdrawal management services until CMS has approved the SUD Implementation Plan. Nevada will work with CMS to establish an estimated date of approval of the Implementation Plan as we work through this process to communicate to providers. Providers are not able to be reimbursed through Nevada Medicaid for these services until Implementation Plan approval.

12. For Information Only. Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child and Family Services (DCFS)*

Bill Wyss spoke on the SOC grant coming to an end in September, and reported they are working on a no-cost extension that will provide an additional year of funding. He reminded attendees of the three critical components of SOC which are Family and Youth Engagement, Cultural Responsiveness, and Community Based Services and Support. Mr. Wyss also encouraged attendees to sign up for key SOC training courses currently being offered: System of Care Overview and Advancing Health Equity and Improving Competency. SOC has made some community-based investments with Carson Community Counseling and Community Chest Services. SOC also has a contract with Fort McDermitt Tribal Health Center, Nye Community Coalition, University of Nevada Las Vegas (UNLV) for Psychiatry services and University of Connecticut (UConn).

13. For Information Only. Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Education and Information Officer, Nevada Department of Health and Human Services.*

Nicole Mara announced the recent completion of the second series for the Ripple Effect which is the integrative framework for understanding how trauma can impact children and their families across systems. NVPeds also recently finished the last session of the Circle of Security Parenting Facilitator Training, which covers early childhood attachment. Applications for the Collaborative Assessment and Management of Suicidality (CAMS) are being accepted currently. Scholarship applications are also being accepted for ReSource for Advancing Children's Health (REACH) Institute Patient Centered Mental Health and Pediatric Primary Care Program. Lastly, Division of Child and Family Services (DCFS) NVPeds has collaborated with the National Alliance on Mental Illness (NAMI) Nevada and the Nevada Area Health Education Centers (AHEC) to develop a HRSA-grant funded hybrid Youth Peer Support Specialist/Community Health Worker

paid internship program that will provide education, training, supervised internship placement, and post-certification employment connections for young adults aged 18-24 interested in working in pediatric healthcare and children's behavioral health practices across Nevada.

14. For Possible Action. Make recommendations for agenda items for the next meeting
– *RCMHC Members*

- System of Care Sub-grantees
- Katy Grace Foundation Presentation
- Approve Letter of Support for AB 37 (Melissa is going to write this one)
- Melissa Washabaugh suggested drafting a letter of support during next month's RCMHC Meeting for AB265.
- Jan Marsen would like to plan a presentation on AB120 that would help increase access to community outreach events, and volunteer events.

15. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

16. Adjournment. – *Melissa Washabaugh, Chair*

The meeting adjourned at 5:06 pm.

CHAT TRANSCRIPT:

[3/16 2:37 PM]
Meeting started

[3/16 2:38 PM] Kary Wilder
Welcome to the March Rural Nevada Children's Mental Health Consortium meeting
This meeting is being recorded.

[3/16 2:38 PM] Kary Wilder
Please enter your name, title and organization in the Chat for the record

[3/16 2:38 PM] Kary Wilder
Thank you

[2:39 PM] Kary Wilder
Kary Wilder DCFS/PEU, Admin Support, kwilder@dcfs.nv.gov

[2:57 PM] Cindy Pitlock
I have an emergency. I will catch up with my staff soon about how the meeting went. Dr. Pitlock

[3:19 PM] Carin Hennessey
Carin Hennessey, DHCFP, BHU

[3:20 PM] Shannon Hill
Parents' Guide to Youth Mental Health - Shannon Hill - shannon.hill@dcsf.nv.gov

[3:21 PM] Kathryn Mueller
Kathryn.mueller@ode.nv.gov

[3:24 PM] Cherylyn Rahr-Wood
Once legislation is over, I'm on board

[3:32 PM] Cindy Pitlock
Cindy Pitlock DCFS

[3:34 PM] Sarah Dearborn
I apologize, I need to hop off.

[3:55 PM] Valerie Cauhape
Valerie Haskin, Rural RBHC, vcauhape@thefamilysupportcenter.org

[3:56 PM] Valerie Cauhape
I have to hop off but thank you so much for the opportunity to present AB 37, and a huge thank you for the letter of support. Have a great day!

[3:57 PM] Sarah Hannonen
Thank you, Valerie! You are awesome!

[3:57 PM] Cherylyn Rahr-Wood
AB 265

[4:09 PM] Cherylyn Rahr-Wood
Washoe Behavioral Health Policy Board's bill AB69 is the bill Melissa is referring to. Hopefully Dorothy will be here next month to present.

[4:12 PM] Stacy Smith
Stacy Smith, Nye Communities Coalition AB 120

[4:36 PM] Kaci L Fleetwood (Guest)
kacif@unr.edu

[3/16 4:37 PM] Kathryn Mueller
Thank you, Kaci!

[4:42 PM] Cherylyn Rahr-Wood
Kaci, I will email you soon

[4:47 PM] Cherylyn Rahr-Wood

I have to step away as I am holding up an office at Tribal Health care center. Have a glorious day, great meeting, and lots of awesome information...

[4:48 PM] Michelle Sandoval

I need to jump off for a crisis call...I hope this doesn't mess up quorum

[5:03 PM] Cindy Pitlock

Thanks everyone. Good night.

[3/16 5:03 PM] Heather Plager

I have to take off. Thanks.

[5:05 PM] Stacy Smith

sounds good

[5:06 PM] Nicole Mara

Thank you all!

Meeting ended: 2h 30m 36s