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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
Helping people. It's who we are and what we do.



Cindy Pitlock, DNP
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

MEETING MINUTES

FEBRUARY 16, 2023

All members participated via Microsoft Teams technology (video or audio).

VOTING MEMBERS PRESENT:

Jan Marson
Mala Wheatley
Melissa Washabaugh
Michelle Sandoval
Rebecca McGough
Sarah Hannonen
Jaymee Oxborrow

VOTING MEMBERS ABSENT:

Cherylyn Rahr-Wood
Heather Plager
Lana Robards
Sarah Dearborn

STAFF AND GUESTS:

Amna Khawaja
Ann Polakowski
Anthony Lee
Brooke Stearns
Char Frost
Erick Schoen
Jacqueline Wade
Jana Borden
Janet Wilson
Jenna Dykes
Jennifer Lords
Kary Wilder
Kelcy Meyer
Kristen Rivas

Kristen Valentine
Laurie Jackson
LeAnn Luna
Marcel Brown
Misty Vaughan Allen
Nicole Mara
Ronald Engebretson
Sarah Olivas
Shannon Hill
Tammie Shemenski
Tiffany Coury
Tiffany Lair

1. **Call to Order, Roll Call, Introductions.** – *Melissa Washabaugh, Rural Children’s Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:03 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

3. **For Possible Action.** Approval of the January 19, 2023, Main Meeting Minutes and January 27, 2023, Special Meeting Minutes – *Melissa Washabaugh*

Sarah Hannonen noted that her name and Melissa Washabaugh’s name were spelled incorrectly.

MOTION: Sarah Hannonen made a motion to approve the January 19, 2023 Meeting Minutes with the corrections

SECOND: Jan Marson

VOTE: Unanimous, with no opposition. Michelle Sandoval abstained.

Approval of the January 27, 2023 Special Meeting Minutes: Tabled.

4. **For Possible Action.** Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Nevada PEP*

Charlene Frost discussed continued preparations for Nevada PEP’s presence at the legislature for Children’s Week. Nevada PEP is funding bus transportation for families in Clark County to attend and they are reaching out to families in the rural areas to get them engaged as well. Right after Children’s week, Children’s Mental Health

Acceptance Month is taking place and there are additional preparations going on for designing activity books and journals for the younger youth.

5. **For Possible Action.** Update on Youth M.O.V.E. (Motivating Others through Voices of Experience) and discussion and possible action regarding collaborative initiatives – *Youth M.O.V.E. Facilitator*

Tabled. Youth M.O.V.E Facilitator not present.

6. **For Possible Action.** Review, Discussion and Possible Vote on FY2023 Budget – *RCMHC Members*

Kristen Rivas reported that the Elko High School Mental Health Awareness event did not go through with Fiscal this year because the school did not complete their vendor application in time. Sarah Hannonen mentioned that there will be another event next year, and notification will be sent out to ensure there is sufficient time to get that event pushed through. Melissa Washabaugh shared a draft of the budget to reallocate funds that were not used for the Elko High School Mental Health Awareness event, Amazon Wellness Items, and the Virtual Event Speaker.

7. **For Possible Action.** RCMHC Website Update and Possible Vote – *RCMHC Members*

Melissa Washabaugh encouraged everyone working with programs with helpful social media handles or websites who want to be included as a resource for families to send it over to her and she will post the information.

Voting members discussed how to allocate budget funds to the website. To increase website design hours in. Members decided to take the \$2,940.00 from Outreach activity items with unused funds and distribute them for: medication safes, journal printing, Positivity Workbooks for Teens, and then allocate remaining funds to the website re-design.

MOTION: Jan Marson made a motion to distribute \$500 each to medication safes, printing journals for Youth M.O.V.E and ordering Positivity Workbooks for Teens, with the remaining funds to go to the website design hours.

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

8. **For Possible Action.** Review, Development and Possible Vote on FY2024 Budget – *RCMHC Members*

Kristen Rivas reported that the \$2,080.00 under the “Personnel/Contractors” line-item is now being supported by the Planning and Evaluation Unit, therefore those funds can be reallocated.

Kristen Rivas clarified that Fiscal will not approve any funds to be used for food for the retreat.

Melissa Washabaugh discussed changing the Education line-item to “Supplies for Community Partner Trainings”, which will later have to be defined more specifically. Additionally, the \$2,080.00 from the removed “Personnel/Contractors” line-item will be applied to this. A total of \$3,080.00 will be allocated in this category for donation of textbooks, or sponsorships for training.

Melissa Washabaugh suggested moving funds from the Outreach category, (possibly from “Branded Promotional Items for Events”) towards the “Wellness/Outreach Items” or “May Mental Health Acceptance Month” (Activities and Supplies) line-items. Melissa also pitched adding a line item for the Elko High School Mental Health Awareness event and the Pershing County Cultural event for next year.

Melissa Washabaugh commented that another line-item to be added will be the “medication safes for MCRT”.

Melissa Washabaugh proposed taking \$1,000.00 from “Branded Promotional Items for Events” under the Outreach category to be divided equally between the Elko High School Mental Health Awareness event and the Pershing County Cultural event for next year.

MOTION: Michelle Sandoval made a motion to implement all the changes mentioned above into the FY2023 budget and the FY2024 Budget.

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

9. **For Possible Action.** Make Recommendations for New Legislative Updates for Possible Consortium Support– *RCMHC Members*

Melissa Washabaugh presented on Bill B108 – Nurse Compact Act which now allows nurses with out-of-state licensing to practice in Nevada. If the nurses have a valid license in good standing in another state, they are eligible to practice. This Bill has now passed in almost all states and the Consortium is happy to provide support.

MOTION: Sarah Hannonen made a motion to have Melissa Washabaugh draft a letter of support with both Sarah’s and Melissa’s signatures.

SECOND: Michelle Sandoval

VOTE: Unanimous, with no opposition. Melissa Washabaugh abstained.

10. **For Information Only.** Updates from Medicaid – *Sarah Dearborn, Division of Health Care Financing and Policy (DHCFP)*

Marcel Brown, Program Specialist, Behavioral Unit, took the place of Sarah Dearborn to present Medicaid updates.

The Nevada State Plan Amendment (SPA) 22-005 pertains to the reimbursement methodology for Crisis Stabilization Centers. This SPA is in discussion to be placed under the rehabilitation service area, rather than under the hospital section, and was

placed on a Request for Additional Information (RAI). Nevada will be adding coverage pages that define Intensive Crisis Stabilization Services. Web Announcement 2975 was created to inform of next steps.

Amendment 22-0023 – Disaster Release SPA is proposing implementing temporary policies and procedures otherwise applied under the Nevada Medicaid State Plan. Nevada is requesting to allow State Plan Certified Community Behavioral Health Centers (CCBHC) to continue with anticipated Prospective Payment System (PPS) pay at the anticipated rates because of the COVID-19 pandemic effects. This SPA is also on a Request for Additional Information. Discussions between Centers for Medicare and Medicaid Services (CMS) and Nevada are in continuation.

Health Management Associates (HMA) regarding Children’s Behavioral Health Assistance was tasked in May of 2022 with helping the State explore pressing issues that have impacted youth across agencies, including extensive waits for behavioral health services, increase suicide risk, increased risk of entry into child welfare systems and ineffective utilization of institutional care. During September of 2022, HMA conducted a statewide Children’s Behavioral Mental Health Summit to collaborate with stakeholders on the unique needs of Nevada in comparison to other states. HMA and Medicaid are also in the process of gathering analytical data to assist in the narrowing down of options that will most effectively address critical concerns. A white paper was recently developed to provide an overview to the legislative session and the public. Release is still pending.

The Applied Behavioral Analysis (ABA) quarterly dashboard has been posted to the DHCP website.
[https://dhcfnv.gov/uploadedFiles/dhcfpnavgov/content/Pgms/CPT/ABA/ABAQuarterlyDashboardSFY2021\(providers%20excluded\).pdf](https://dhcfnv.gov/uploadedFiles/dhcfpnavgov/content/Pgms/CPT/ABA/ABAQuarterlyDashboardSFY2021(providers%20excluded).pdf)

Additional SPAs in the works include the revision of bundled rate and Quality Incentive Payment methodology language and data submission requirement language for the CCBHCs. A public hearing was held on Tuesday, January 31st, 2023.

1915i Specialized Foster Care updates to the SPA are underway to synchronize terminology for agencies’ titles, address monitoring, remediation responsibilities and modification of percentages of quality assurance reviews to ensure program requirements are met. This public workshop took place on January 30th, 2023, and will be posted for public hearing on March 28th, 2023.

Efforts were made for the Mobile Crisis Planning Grant in December of 2022 to finalize the policy standards and incorporating a draft State Plan Amendment language for coverage to integrate into the current SPA that is on RAI for Intensive Crisis Stabilization Centers. Work was also initiated for provider rate fees for Designated Mobile Crisis Teams and will still be continued. An informal submission of the current SPA for Intensive Crisis Stabilization Center was sent. Positive comments for initial feedback were received on this submission. Attention will be focused to continue the fee development, and beginning the process to host a public workshop with the

proposed SPA updates. Submission of CMS SPA is scheduled for the end of March, beginning of April in hopes of an effective date of July 1st, 2023.

The Support Act Planning Grant has been working on the 1115 Substance Use Disorder Demonstration Waiver and getting that resubmitted over to CMS. The 1115 application and authority approval was received in December of 2022 which will allow Substance Use Disorder (SUD) Services within an Institution of Mental Disease (IMD) setting to be reimbursable through Medicaid. Providers will not be reimbursed for these services through Nevada Medicaid until the implementation plan is approved. The hope is that within the next four to five months this will be active.

11. For Information Only. Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child and Family Services (DCFS)*

Shannon Hill, DCFS, System of Care Grant Unit, took the place of Bill Wyss to present.

Shannon did not have any updates for SOC Grant but introduced the special guests in agenda item #12 for presentation since they are in collaboration.

12. For Information Only. Systems of Care, Lyon County Human Services/Community Chest, Inc. – *Erik Schoen, CEO, Community Chest, Inc., Sarah Olivas, Therapist, Community Chest, Inc., Brooke Stearns, Community Health Worker, Community Chest, Inc., Jenna Dykes, Division Manager, Children's Services, Lyon County Human Services*

Erik Schoen, Jenna Dykes, Sarah Olivas and Brooke Stearns shared the details of the System of Care (SOC) programs and how they care for families in the community. Families are screened with assessments which will then let SOC staff know what level of mental health services those youth may need. SOC also offers case management for those families who need it, as well as individual and group counseling sessions for children, in addition to offering parenting classes. Sarah Olivas described specifically what services Multidimensional Family Therapy (MDFT) offers for families. These services are offered to children between the ages of 10-26 years old and their definition of a “caregiver” can be any person who is taking care of the youth, not just specifically a parent or grandparent, but anyone who is raising that child. MDFT works closely with the school district to increase pro-social involvement for these children and ensure they are doing well in school and getting the resources they need.

13. For Information Only. Update on Pediatric Mental Health Access Care Grant – *Nicole Mara, Education and Information Officer, Nevada Department of Health and Human Services.*

Tabled.

Nicole Mara will email Kary Wilder a presentation on the four different trainings NVP is offering.

Tiffany Lair (guest) requested to receive a copy of Nicole Mara's presentation.

14. **For Possible Action.** Discussion and Possible Vote To Form 2024 Consortium Retreat Planning Workgroup– *RCMHC Members*

Tabled.

15. **For Possible Action.** Discussion and Possible Vote on Recommendations to fill Rural Children's Mental Health Consortium Vacancies – *RCMHC Members*

- a. A representative of a local tribal provider of juvenile mental health services; nomination of Debbie George, Chairwoman, Lovelock Paiute Tribe.

Tabled.

16. **For Possible Action.** May 2023 Mental Health Month Planning and Possible Vote – *RCMHC Members*

Tabled.

17. **For Possible Action.** Community Event Participation and Possible Vote – *RCMHC Members*

Tabled.

18. **For Possible Action.** Recommendations and Possible Vote for Agenda Items for the Next Meeting – *RCMHC Members*

- One family's experience on Mental Health presentation for April 2023
- Marcel Brown is replacing Sarah Dearborn as a voting member
- UNR Trauma Informed Systems Grant (TISS) – Casey Fleetwood

19. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

20. **Adjournment.** – *Melissa Washabaugh, Chair*

The meeting adjourned at 5:00pm.

CHAT TRANSCRIPT:

[2:37 PM] Kary Wilder
Welcome to the Rural Nevada Children's Mental Health Consortium Meeting.

[2:37 PM] Kary Wilder
This meeting is being recorded.

[2:37 PM] Kary Wilder
Please enter your name, title and organization in the Chat for the record.

[2:37 PM] Kary Wilder
Thank you!

[2:37 PM] Kary Wilder
Kary Wilder, DCFS Admin Support (kwilder@dcfs.nv.gov)

[2:58 PM] Kristen Valentine
Kristen Valentine, DCFS Wraparound in Nevada Supervisor

[2:58 PM] Shannon Hill
Shannon Hill - DCFS System of Care Grant Unit

[2:58 PM]
Sarah Olivas (Guest) and 3 others were invited to the meeting.

[2:58 PM]
Meyer, Kelcy was invited to the meeting.

[2:59 PM] Misty Vaughan Allen
Misty Allen, NV Office of Suicide Prevention

[2:59 PM] Ronald Engebretson
Ron Engebretson, DCFS Wraparound in Nevada Supervisor

[2:59 PM]
Jana Borden was invited to the meeting.

[2:59 PM] Anthony Lee
Anthony Lee, Interim Clinical Program Manager II, DCFS MCRT

[3:00 PM]
Erik Schoen (Guest) and Brooke Sterns (External) were invited to the meeting.

[3:00 PM]
Janet Wilson CCI (Guest) was invited to the meeting.

[3:01 PM] Michelle Sandoval
Michelle Sandoval, Rural Mobile Crisis Manager, DPBH

[3:01 PM] Ann Polakowski
Ann Polakowski Clinical Program Manager II

[3:01 PM]
Sarah Hannonen, Vice Chair (Guest) was invited to the meeting.

[3:01 PM]
Jenna Dykes (Guest) was invited to the meeting.

[3:01 PM]
Melissa Washabaugh (Guest) and 2 others were invited to the meeting.

[3:02 PM] Amna Khawaja
Amna Khawaja - DCFS System of Care Grant Unit

[3:02 PM]
Karri (Guest) left the chat.

[3:03 PM]
Mala Wheatley (Guest) was invited to the meeting.

[3:03 PM]
Rebecca McGough - Foster Rep (Guest) was invited to the meeting.

[3:04 PM] Nicole Mara
Nicole Mara, Education & Information Officer, DCFS NV Pediatric Psychiatry Solutions

[3:04 PM] Jana Borden
Jana Borden DCFS-System of Care Grant Unit

[3:04 PM] Erik Schoen (Guest)
Erik Schoen, Community Chest, Inc.

[3:05 PM] Mala Wheatley (Guest)
Mala Wheatley, Pacific Behavioral Health

[3:05 PM]
Mala Wheatley (Guest) left the chat.

[Yesterday 3:06 PM]
Rebecca McGough - Foster Rep (Guest) left the chat.

[3:06 PM]
Mala Wheatley (Guest) was invited to the meeting.

[3:07 PM] Tiffany Coury
Tiffany Coury, DCFS Contract Staff

[3:10 PM]

Tammie Shemenski (External) was invited to the meeting.

[3:13 PM] Jennifer Lords

Jen Lords, NDE OSRLE

[3:18 PM]

Char Frost (External) was invited to the meeting.

[3:40 PM] Misty Vaughan Allen

Just sent Rick email for the safes info.

[3:44 PM] Michelle Sandoval

That looks great so far!!!

[3:46 PM] Nicole Mara

Really like the color scheme, photos, layout, and plan for the community partner /resource links!

[3:55 PM] Kristen Valentine

I have to attend another meeting. It was so good to see you all, keep up the amazing work and I hope to attend next meeting!

[4:12 PM]

Janet Wilson CCI (Guest) left the chat.

[4:13 PM]

Janet Wilson CCI (Guest) was invited to the meeting.

[4:16 PM]

Janet Wilson CCI (Guest) left the chat.

[4:21 PM]

Unknown user left the chat.

[4:41 PM] Michelle Sandoval

Such a great example of communities partners coming together to serve youth in rural NV!!

[4:43 PM] Sarah Hannonen, Vice Chair (Guest)

So amazing!!! Thank you for all you are doing for our youth!

[4:47 PM] Michelle Sandoval

I need to jump off at 4:55pm. Will that affect quorum?

[4:47 PM] Rebecca McGough, Foster/Adoption Rep (Guest)

I need to run in 10 minutes as well

[4:51 PM] Michelle Sandoval

The System of Care sponsored training for numerous of our rural clinicians on MDFT! We have a great work force being developed in our rural communities!!

[4:52 PM] Brooke Sterns

Thank you for having us!

[4:52 PM]

Erik Schoen (Guest) left the chat.

[4:52 PM]

Sarah Olivas (Guest) left the chat.

[4:52 PM]

Jenna Dykes (Guest) left the chat.

[4:55 PM]

Dr Jan Marson (Guest) left the chat.

[4:55 PM] Michelle Sandoval

I've got to run!

[4:59 PM]

Rebecca McGough, Foster/Adoption Rep (Guest) left the chat.

[4:59 PM]

Meyer, Kelcy left the chat.

[4:59 PM]

Sarah Hannonen, Vice Chair (Guest) left the chat.

[4:59 PM]

Melissa Washabaugh (Guest) left the chat.

[4:59 PM]

Mala Wheatley (Guest) left the chat.

[5:05 PM]

Yesterday 5:05 PM Meeting ended: 2h 30m