

Washoe County Children's Mental Health Consortium

2021 Annual Report

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WCCMHC Chair



GOALS OF THE 2020-2029 LONG TERM PLAN



1

Increase access to compassionate care in the least restrictive environment.



2

Decrease and/or buffer children and youth's exposure to toxic stress.



3

Increase child, youth, and family access to positive community-based experiences.

<https://dcfs.nv.gov/Meetings/WCCMHC/>



RELEVANT SYSTEMIC FACTORS



- COVID-19 Pandemic
- Housing Crisis
- Surgeon General's Advisory on Youth Mental Health
- Mental Health Providers and Services
- Medicaid and Health Insurance



FAMILY VOICE THEMES



- Education
- Bullying
- Youth Suicide
- Substance Use
- Overall Health & Access to Compassionate Care



COMMUNITY SNAPSHOT



- Spotlight on 22 Community Partners
- Successes
- Community Impact



LEGISLATIVE RECOMMENDATIONS



Recommendation 1

Commit funding, infrastructure, and legislative support to maintain and expand existing programs and services that benefit youth and families in Washoe County.

Recommendation 2

Promote innovative programs to respond effectively to the ongoing and increasing youth mental health crisis in Washoe County.



ACCOMPLISHMENTS



- **Goal 1 ~ 14** accomplishments
 - Example: **Dynamic Resource Directory**
- **Goal 2 ~ 4** accomplishments
 - Example: **Letter of Request to Nevada Dept of Education**
- **Goal 3 ~ 4** accomplishments
 - Example: **digital Mental Health Newsletter**



PLANNED ACTIVITIES



- 17 Planned Activities
- Representative of the work of multiple community partners
- Examples:
 - Monitor data reports provided by The Children's Cabinet and Washoe County School District from the Signs of Suicide screenings of 7th grade students and discuss implications and additional supports (Objective 1C, 3B)
 - Continue to curate and expand the Dynamic Resource Directory housed on the Consortium website (Objective 1G)



MEMBERSHIP

Jacquelyn Kleinedler, Chair

Children's Cabinet
Non-profit Agency Representative

Katie Metz, Vice-Chair

Casa de Vida
Youth Wellness and Prevention Representative

Misty Allen, Secretary

Nevada Office of Suicide Prevention
Suicide Prevention Representative

Chris Empey, Treasurer

Washoe County Human Services Agency
Child Welfare Representative

Rhonda Lawrence

Northern Nevada Child & Adolescent Services
DCFS Representative

Sara Dearborn

Division of Health Care Financing and Policy
Medicaid Representative

Katherine Loudon

Washoe County School District
Washoe County School District Representative

Christine Eckles

Washoe County Juvenile Services
Juvenile Probation Department Representative

Stephanie Brown

Willow Springs Center
Business Community Representative

Mala Wheatley

Pacific Behavioral Health
Mental Healthcare Representative

Ana De La Maza

Quest Counseling and Consulting
Substance Abuse Provider Representative

Brittney Young

Nevada PEP
Parent Representative

Steve Reagan

Reagan Home
Foster Care Representative

Anna Thornley

National Alliance on Mental Illness-Nevada
Parent Advocacy Representative

Dr. Rebecca Arvans

Sierra Regional Center
Aging and Developmental Services Representative

Sandy Arguello

Koinonia Family Services
Group Home Representative

Dr Jose Cucalon

UNR Med Pediatric Department
Primary Healthcare Representative

Lexie Beck

NV PEP / YouthMOVE Nevada
Youth Advocacy Representative



QUESTIONS?

MEETING ANNOUNCEMENTS

<http://dcfs.nv.gov>

ADDITIONAL INFORMATION AND RESOURCES

<http://wccmhc.com>

CONTACT US AT:

wccmhconsortium@gmail.com

