Preparing Nevada for Family First Prevention Services Act (FFPSA) Implementation

Presented by:

Kathryn Roose
Sheila Pires
Jennifer Lowther
Susan Maciolek
FFPSA Overview
Two Major FFPSA Goals

1. Makes major change in use of Title IV-E to allow funding of prevention services

   Funding for prevention services is intended to:
   a. prevent entry into foster care, and
   b. prevent adoptions and kinship guardian placement disruption

2. Limits on Congregate Care

   The stronger the prevention services, the less the need for congregate care
Prevention Services
FFPSA Prevention Services

• Allows use of Title IV-E for Prevention Services and Supports to prevent (1) placement of children and youth into foster care and (2) placement disruption for children/youth in adoptive or kinship guardian homes.

• Covers for 12 months:
  – Services to address mental health challenges
  – Substance abuse prevention and treatment
  – In-home parent skill-based programs, including parent education, individual, and family counseling

• Also allows reimbursement for kinship navigator programs

• Also IV-E reimbursement allowed for up to 12 months for child placed with a parent in a licensed residential family-based treatment facility for substance abuse
FFPSA Prevention Services Eligibility

• Eligible populations to receive services:
  – Parents or relatives caring for children/youth who are “candidates for foster care” – at imminent risk of entering foster care but can remain safely at home with services and supports
  – Adoptive parents and relative guardians where placement disruption is a concern
  – Youth in foster care who are pregnant or already parents

• Extends to age 23 supports for youth transitioning out of foster care.

• Extends to age 26 eligibility for education and training vouchers (Chafee Foster Care Independence Program)
FFPSA Key Components

1. Prevention services and supports must be promising practices, supported practices, or well-supported practices. 50% of expenditures for prevention services must be for well-supported practice.

2. Trauma-informed

3. IV-E reimbursement also allows for kinship navigator programs that meet promising, supported or well-supported practice requirements.

4. IV-E Prevention funds cannot supplant current state spending. States must demonstrate maintenance of effort.

5. Funds can be used for training and administration related to the provision of prevention services.
Title IV-E Prevention Services Clearinghouse: First Services Selected for Systematic Review

**Mental Health:**
- Solution Based Casework
- Triple P – Positive Parenting Program
  - Parent-Child Interaction Therapy
  - Trauma Focused-Cognitive Behavioral Therapy
  - Multi-systemic Therapy
  - Functional Family Therapy
  - Attachment and Biobehavioral Catch-Up
  - Brief Strategic Family Therapy
  - Child Parent Psychotherapy
  - Incredible Years
  - Interpersonal Psychotherapy
  - Multidimensional Family

**Substance Abuse:**
- Motivational Interviewing
- Multi-systemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy
- Brief Strategic Family Therapy
- Family Behavior Therapy
- Multidimensional Family Therapy
- Seeking Safety
- The Seven Challenges

**In-Home Parent Skill-Based:**
- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers
- Attachment and Biobehavioral Catch-Up
- Brief Strategic Family Therapy
- Homebuilders
- Multidimensional Family Therapy
- Nurturing Parenting
- Safecare

**Kinship Navigator Programs**
- Children’s Home Society of New Jersey Kinship Navigator Model
- Children’s Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
- Ohio’s Kinship Supports Intervention/ProtectOHIO
- YMCA Kinship Support Services, YMCA Youth and Family Services of San Diego County
Next Set of Programs Under Review

**Mental Health:**
Attachment and Biobehavioral Catch-Up [also listed under in-home parent skill-based]
Brief Strategic Family Therapy [also listed under substance abuse and in-home parent-skill based]
Child Parent Psychotherapy
Incredible Years
Interpersonal Psychotherapy
Multidimensional Family Therapy [also listed under substance abuse and in-home parent-skill based]
Triple P – Positive Parenting Program

**Substance Abuse:**
Brief Strategic Family Therapy [also listed under mental health and in-home parent skill-based]
Family Behavior Therapy
Multidimensional Family Therapy [also listed under mental health and in-home parent skill-based]
Seeking Safety
The Seven Challenges

**In-home Parent Skill-based:**
Attachment and Biobehavioral Catch-Up [also listed under mental health]
Brief Strategic Family Therapy [also listed under mental health and substance abuse]
Homebuilders
Multidimensional Family Therapy [also listed under mental health and substance abuse]
Nurturing Parenting
SafeCare
Solution Based Casework

**Kinship Navigator:**
Ohio’s Kinship Supports Intervention/ProtectOHIO
YMCA Kinship Support Services, YMCA Youth and Family Services of San Diego County
Placement Services
REDEFINES FAMILY FOSTER HOME

“The statute now limits the definition of a foster family home to a home of an individual or family and requires that the foster parent resides in the home with the child. This means that the term may no longer include group homes, agency-operated boarding homes or other facilities licensed or approved for the purpose of providing foster care...as previously permitted in the regulatory definition...if that facility is not the home of an individual or family.”

Children’s Bureau July 9, 2018: ACYF-CB-P1-18-07
https://www.acf.hhs.gov/cb/resource/pi1807
FFPSA Allowable Placements

Beginning with the third week of a child entering foster care, states will be eligible to receive IV-E maintenance payments only for children in the following settings:

• **A foster family home** that meets the new definition
• **A child care institution** - defined as a licensed private institution or public child-care institution with no more than 25 children that is one of the following settings:
  ✓ A Qualified Residential Treatment Program (QRTP)
  ✓ A setting specializing in providing prenatal, post-partum, or parenting supports for youth
  ✓ A supervised setting for youth living independently
  ✓ A setting providing high quality residential care and supportive services to children and youth who are found to be, or are at risk of becoming, sex trafficking victims
  ✓ Children placed with a parent in a licensed residential family-based substance use treatment facility

Children’s Bureau July 9, 2018: ACYF-CB-P1-18-07
https://www.acf.hhs.gov/cb/resource/pi1807
Nevada’s FFPSA Planning
Nevada’s FFPSA Planning Process

• In July 2019, Nevada put structures and processes in place to plan for Family First
  ➢ Leadership Team: includes key child welfare leaders from State, Rurals, Clark and Washoe
  ➢ Two Workgroups: include child welfare representation from State, Clark, Washoe and other State agencies
    • Prevention
    • Placement
Nevada’s Planning Timeline

• Nevada plans to submit the state’s Prevention Services Plan to the Children’s Bureau at the end of April 2020.

• The hope is that the Children’s Bureau approves with enough time to implement October 2020.
NV’s Priority Populations Identification

Nevada Prevention Work Group reviewed the qualitative and quantitative data on factors driving:

• Entries into Foster Care
• Placement Disruptions
NV’s Identified Priority Populations

1. Early Intervention (age 0-5) (for example, infants and young children at risk for entry into foster care due to the parent’s mental health and/or SUD challenges or due to the child’s behavioral health issues)
2. Parent Substance Use Disorders (placing the child at risk for entry into foster care)
3. Parent Mental Health Disorders (placing the child at risk for entry into foster care)
4. Child or Youth Behavioral Health Challenges (placing the child at risk for entry into foster care or for adoption and kinship guardian placement disruptions)
5. Domestic Violence/Intimate Partner Violence)
Finding More Information

• The FFPSA Leadership Team will post relevant updates on DCFS website at http://dcfs.nv.gov/Programs/CWS/FFPSA/

• Email inquiries or questions to centralized email address: ffpsanv@dcfs.nv.gov
Resources


https://www.acf.hhs.gov/sites/default/files/cb/pi1906.pdf (Transitional Payments)

https://www.acf.hhs.gov/sites/default/files/cb/pi1809.pdf (IV-E prevention program requirements)


More Resources

https://www.acf.hhs.gov/sites/default/files/cb/im1901.pdf (Licensing Standards)


https://campaignforchildren.org/resources/fact-sheet/fact-sheet-family-first-prevention-services-act/ (Campaign for Children Fact Sheet)
Thank You