#### INTRODUCTION

Nevada children's mental health services in philosophy and practice are based upon System of Care values and principles. System of Care incorporates a comprehensive spectrum of mental health and other necessary services for children with emotional and behavioral disorders. These services are organized into a coordinated network to meet the multiple, changing and challenging needs of children and their families. Mental health services offered under System of Care practice principals need be responsive to the cultural context and characteristics of the populations they serve. It is imperative that the Nevada Division of Child and Family Services (DCFS) appraises the children and families receiving mental health services and makes every effort to solicit feedback from the service recipients on the perceptions they have regarding the adequacy and quality of the mental health services they receive.

#### QUALITY ASSURANCE / PROGRAM QUALITY IMPROVEMENT

Over the past year, the DCFS Planning and Evaluation Unit (DCFS/PEU) initiated and/or continued several key components of its expanding system for monitoring populations entering service, service recipient satisfaction and service delivery compliance.

#### **Treatment Population**

#### Descriptive Study of Mental Health Services

A detailed Descriptive Study was completed this past year that consisted of 3109 children served by the DCFS Children's Mental Health Services in Fiscal Year 2009 (July 1, 2008 through June 30, 2009). Demographic descriptors and assessment information were systematically documented in portraying the children and youth in our care.

Of the 3109 children served by DCFS programs, 2196 (70.6%) received services in Clark County and 913 (29.4%) were served in Washoe County/Rural.

Community based outpatient programs served 87.5% of the clients statewide. The remaining 12.5% were served in residential and inpatient treatment settings.

Of all children served, 58% were 12 years of age or younger and 59% were male. Caucasian children accounted for 72% of all those served and African-American youngsters 24%. Children of Hispanic origin came to 24%.

In FY09, 58% of the children admitted to mental health services statewide were in the custody of their parent or family, 32% were in Child Welfare custody and 0.5% were in Youth Parole custody.

The complete report can be found in the appended DCFS Mental Health Services Descriptive Study SFY09. (Attachment A)

#### **Service Recipient Satisfaction**

It is the policy of DCFS that all children, youth and their families/caregivers receiving mental health services have an opportunity to provide feedback and information regarding those services in the course of their service delivery and later at the time of their discharge from treatment.

#### Service Surveys

DCFS/PEU conducted two youth and family service surveys during calendar year 2009.

#### DCFS Community-Based Mental Health Services

A parent/caregiver and a youth version of the DCFS community based mental health services survey was administered in April and May (Spring) of 2009. In the survey, five Neighborhood Family Service Center sites were polled in Las Vegas and three were polled in Reno. Responding to the survey were 287 parents/caregivers and 107 youth still in program services. Spring survey results indicated a statewide average 88% parent / caregiver positive rating and an 82% youth positive rating for the program areas targeted for review. Results of the Spring parent/caregiver and youth surveys were also reported to the federal Center for Mental Health Services as one requirement for Nevada's participation in the Community Mental Health Services Block Grant.

A summary of the Spring community-based survey results can be found in the appended DCFS Community Based Mental Health Services Survey. (Attachment B).

#### DCFS Residential and Psychiatric Inpatient Services

A parent/caregiver and a youth version of the DCFS Residential and Psychiatric Inpatient Services Survey was administered in mid-October through November (Fall) of 2009. The two Northern Nevada Child and Adolescent Services (NNCAS) residential program areas were polled as were the two Southern Nevada Child and Adolescent Services (SNCAS) residential / inpatient program areas. Responding to the survey were 22 parents/caregivers and 73 youth still in program. Results of the Fall survey indicated a statewide average 94% parent/caregiver positive rating and a 77% youth positive rating for the program areas targeted for review.

Following publication of the residential/inpatient services survey results, staff from the participating programs met to discuss issues raised in the survey and to propose solutions for increasing client satisfaction with their treatment experience. This process resulted in each program area formulating an Action Plan to be implemented by identified program staff during the next 12 months.

A summary of the Fall residential/psychiatric inpatient survey results can be found in the appended DCFS Residential and Psychiatric Inpatient Services Surveys. (Attachment C).

#### Youth and Parent/Caregiver Consumer Surveys At Discharge

By reason of its Joint Commission certification, the Desert Willow Treatment Center (DWTC) currently conducts patient and/or parent/caregiver consumer service evaluations at time of patient discharge from the facility. DCFS/PEU has drafted and disseminated discharge survey instruments to additional residential programs and is now incorporating program feedback into rewrite versions of the documents. Protocol drafts are being readied for first review.

#### **Service Delivery Compliance**

DCFS policy requires that its children's mental health services promote clear, focused, timely and accurate documentation in all client records in order to ensure best practice service delivery and to monitor, track and analyze client outcomes and quality measures.

#### Client Risk Measurement

Risk measures are indicators based on the structure of a treatment home program and how it responds to and subsequently documents select critical incidents. Risk measures target safety issues that can arise with children and youth having behavioral challenges. Client demographic, clinical and other descriptive information is collected at the program level for such high risk areas as suicidal behavior, medication errors by type and outcome, client runaways (AWOL) with attendant information and incidents of safety holds including circumstances and outcomes. Risk measure data can serve to indicate treatment population trends and might suggest program areas in need of improvement.

In September 2008, client departure condition data were added to the risk measures data collection and analysis efforts. Departure condition data are captured for each client who leaves a treatment home. Information collected includes demographic and clinical variables, client Child and Adolescent Service Intensity Index scores upon admission and at departure, reason for departure and with what disposition, and was treatment considered completed.

In 2009, DCFS/PEU captured a full 12 months of DCFS community treatment home program risk measurement and departure condition data. For all of last year statewide there was one suicide attempt reported (no client harm); a total of 15 various medication errors (no client harm) and 130 safety hold episodes (no client harm). Of 138 client discharges statewide, 71% occurred with Child and Family Team recommendation.

Summaries of the high risk areas and departure conditions captured for DCFS community treatment home programs will be found in three appended Risk Measures and Departure Conditions Reports for SNCAS Oasis, NNCAS Adolescent Treatment Center, and NNCAS Family Learning Homes respectively (Attachments D, E and F).

#### Supervisor Checklists

For over a year mental health supervisors have been using two DCFS/PEU developed service-specific case review checklists to help guide their feedback to staff when directing and improving direct service provider and/or targeted case management service provider adherence to relevant policy and documentation requirements. In this past year, continued supervisor/PEU collaboration introduced additional revisions to these important tools.

Current versions of the Children's Mental Health Direct Service Delivery Clinical Supervisor Checklist and the Targeted Case Management Supervisor Checklist will be found appended respectively (Attachments G and H).

#### Program Quality Assurance Monitoring

As the Division's sole Joint Commission credentialed treatment facility, DWTC continues to conduct its programs in strict compliance with the Commission's operational mandates. As mentioned in earlier Medicaid reports, DWTC patients and/or their parents/caregivers are administered consumer service evaluations upon discharge with monthly reports being forwarded to the Joint Commission. Several DWTC internal committees review monthly such patient-related care areas as Restraint and Seclusion data, treatment outcome measures and incident and accident data. Monthly Health and Safety Checklists are completed as is a Joint Commission Readiness walkthrough facility/programs inspection. Patient charts are audited daily and typical medical facility infection control activities/reports and medication audits/reports are conducted as well. Consumer complaints and Denial of Rights are reviewed, addressed and reported. Staff medical and clinical peer reviews and program utilization reviews occur monthly. Facility nutritional services undergo quarterly review. The entire facility undergoes an annual performance review that drives facility performance improvement projects.

#### Client Case Record Data

Client case record documentation begins with timely data entry by appropriate staff. The management information system that houses the data must then be maintained and regularly monitored for client data accuracy and completeness. DCFS employs several processes in seeking to maximize the adequacy and integrity of its client data.

#### Data Clean-up

DCFS/PEU engages in on-going efforts to identify, isolate, remediate and monitor specific data deficiencies in the Avatar management information systems. Recent efforts have focused on monitoring new Avatar data fields that capture the Child and Adolescent Functional Assessment Scale (CAFAS) and Preschool Child Functioning Assessment Scale (PECFAS) scoring and a different data set for tracking client educational and juvenile justice outcome information.

#### Mutual Advocacy for Data Workgroup (MAD)

This workgroup is composed of key DCFS Information Management System (IMS) and DCFS/PEU personnel and is based upon a shared desire to have a close and informed relationship exist between mental health program service areas and the technical information system that captures, maintains and reports those services' clinical, demographic and financial client data. In addition to its ongoing data monitoring efforts, last year MAD finalized the business processes and design for Avatar data input screens needed to capture juvenile justice and client educational outcome information. MAD has graduated to a "special issues" meeting schedule in continuing to be available as needed in support of the DCFS commitment to its data quality, adequacy and integrity.

#### **Additional Program Evaluation Unit Activities**

#### Community Mental Health Block Grant

The State of Nevada has been a long time participant in a Community Mental Health Block Grant (CMHBG) provided through the federal Center for Mental Health Services (CMHS) of the Substance Abuse and Mental Health Services Administration. This grant assists participating states to establish or expand their capacity for providing organized and on-going mental health services for adults with severe mental illness (SMI) and children with severe emotional disturbance (SED). DCFS has represented children's mental health services in this grant since the Division was created by State legislative action in 1991.

CMHBG participation requires state accountability for funds expended and outcomes achieved. The CMHBG meets this goal by requiring that states use and report on a set of uniform National Outcome Measures. These measures identify five areas or "indicators" important for a state's mental health programming success and include such topics as increased access to services, client perception of care, reduced incidence of psychiatric program utilization, improved levels of functioning and social connection.

Grant implementation reporting also requires that states use a CMHS Uniform Reporting System (URS). The URS is made up of 21 separate tables of select client and program specific data that detail such information as the number and socio-demographic characteristics of children served by DCFS, outcomes achieved as a result of that service, client assessment of care received, client insurance status, program census characteristics, length of stay measures and so on.

The DCFS/PEU supports State of Nevada participation in the CMHS block grant by capturing, collating, analyzing and formatting and reporting all of the children's mental health program data noted above.

#### Wraparound Service Delivery Model Fidelity Evaluation

DCFS/PEU is partnering with Wraparound in Nevada for children and Families (WIN) program managers and supervisors by evaluating for model fidelity the services being provided to wraparound clients. This past year DCFS/PEU began conducting structured interviews with wraparound facilitators, parent/caregivers and age appropriate youth using the Wraparound Fidelity Index (WFI) instrument. These interviews are an important component of the project's evaluation design. WFI interviews began in December 2009 for the rural and north WIN programs.

#### Seclusion/Restraint of Clients

In support of a DCFS seclusion/restraint policy update begun last year, DCFS/PEU designed a data input form for capturing policy related incidents and built (and maintains) a database for housing reported incident related information. Regular reports required by the Nevada Commission on Mental Health and Developmental Services are generated from the database and it is available for other DCFS reporting or data needs as well.

#### Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Evaluation

TF-CBT is an evidenced-based mental health treatment approach designed to help clients overcome trauma-related syndromes secondary to child abuse and other traumatic events. The PEU collaborated with clinical program managers in designing an evaluative function for those program areas adopting TF-CBT as a treatment modality.

#### **Clinical Training**

The Child and Adolescent Functional Assessment Scale (CAFAS) is an evaluative tool used in children's mental health for assessing a youth's day-to-day functioning across critical life domains and for determining a youth's functional improvement over time. Select DCFS/PEU staff helped provide regional training to clinical staff on the CAFAS and how to use it when evaluating their clientele.

#### **Ongoing Reports**

Since last year's Medicaid report, a new case data integrity report has become fully operational. A client activity report identifies cases that have been open for more than 24 months or more. The report is used by managers and supervisors to ensure that clients' are receiving appropriate treatment and that treatment plans include a discharge plan. A second client activity report identifies all open cases inactive for 90 days or more and six months or more. The report identifies clients by name, program, therapist, and case supervisor. The report supports decision making for closing those cases that are no longer in need of treatment services.

#### CONCLUSION

The DCFS quality assurance and quality improvement model encompasses efforts to understand and optimize all possible factors influencing service delivery and outcomes. DCFS/PEU is tasked with developing a clear plan for measuring service delivery impact upon outcomes and for improving our understanding of the building blocks that lead to effective programs. Understanding the process of service delivery and evaluating and appreciating consumer satisfaction are all based upon the development of quality assurance and quality improvement standards. DCFS/PEU partners with DCFS program managers in developing these standards within the different service areas and in measuring their effectiveness. Information generated by on-going outcome measurement allows characterization of program effectiveness and at times may indicate the need to refine or revise a standard for greater effectiveness. DCFS/PEU Quality assurance and quality improvement efforts continue to address system of care operations at the child and family level, at the supervisory level and at the managerial and community stakeholder level.

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## ATTACHMENT INDEX

	TITLE	LOCATION (page)
A	DCFS Mental Health Services Descriptive Study SFY 09	9
В	DCFS Community Based Mental Health Services Survey – Spring 2009	29
С	DCFS Residential and Psychiatric Inpatient Services Survey – Fall 2009	51
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# ATTACHMENT A

# DCFS Mental Health Services Descriptive Study SFY 09

**Division of Child and Family Services** 

# DESCRIPTIVE SUMMARY OF CHILDREN'S MENTAL HEALTH SERVICES Fiscal Year 2009



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# INTRODUCTION

Nevada children's mental health services in philosophy and in practice are based upon System of Care values and principles. System of Care incorporates a comprehensive spectrum of mental health and other necessary services for children with emotional and behavioral disorders. These services are organized into a coordinated network to meet the multiple and changing needs of children and their families. Services offered under System of Care need be responsive to the cultural context and characteristics of the populations they serve. It is imperative that DCFS know the children and families for whom it cares.

The following is the descriptive summary of the children who were served by the Division of Child and Family Services (DCFS) Children's Mental Health Services in Fiscal Year 2009 from July 1, 2008 through June 30, 2009. The FY 2009 Descriptive Study provides an expanded analysis of DCFS programs. This FY 2009 report examines served data statewide and by programs. Children served are those who received a service sometime during the fiscal year. This report provides descriptive information on each DCFS Children's Mental Health Services' program.

The Child and Adolescent Functional Assessment Scale (CAFAS) and the Preschool and Early Childhood Functional Assessment Scale (PECFAS) are used as clinical tools that assess individuals' progress and as pre-post outcome measures for program evaluation. The CAFAS and the PECFAS subscale scores were examined at admission and at 3-months for residential program areas and at admission and at 6-months for community-based program areas.

## SURVEY COMMENT FROM A SATISFIED PARENT

I am just grateful that you and this service are here and available to us.

This descriptive report summarizes demographic and clinical information on the 3109 children served for mental health services across the State of Nevada in DCFS Children's Mental Health programs. DCFS Children's Mental Health programs are divided into Southern Nevada Child and Adolescent Services (SNCAS), with locations in southern Nevada, and Northern Nevada Child and Adolescent Services (NNCAS), with locations in northern Nevada, which includes the Wraparound in Nevada program serving the rural region. Programs are outlined in the following table.

# Programs for Southern Nevada Child and Adolescent Services (SNCAS) and Northern Nevada Child and Adolescent Services (NNCAS)

SNCAS	NNCAS	
Community-Ba	sed Services	
Children's Clinical Services Outpatient Services		
Early Childhood Mental Health Services	Early Childhood Treatment Services	
Wraparound in Nevada	Wraparound in Nevada	
Pharmacy Services	Pharmacy Services	
Treatment Homes		
Oasis On-Campus Treatment Homes Adolescent Treatment Center		
	Family Learning Homes	
Residential Facility and Psychiatric Hospital		
Desert Willow Treatment Center		



# **CHILDREN'S MENTAL HEALTH**

## Number of Children Served

Statewide	NNCAS	SNCAS
3109	913 (29.4%)	2196 (70.6%)

## Admissions

Statewide	NNCAS	SNCAS
1722	491 (28.5%)	1231 (71.5%)

#### SURVEY COMMENT FROM A SATISFIED YOUTH

I think all the help they give me is the best help I have ever gotten. It's really changed my life.



# **CHILDREN'S DEMOGRAPHIC CHARACTERISTICS**

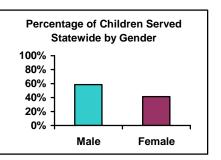
Age Group	Statewide	NNCAS	SNCAS
Average age	10.88	11.49	10.62
0–5 years old	24.3%	15.6%	27.9%
6–12 years old	33.9%	40.4%	31.2%
13–18 years old	40.4%	42.7%	39.4%
19+ years old	1.4%	1.3%	1.5%

## Statewide and by Region

## Gender

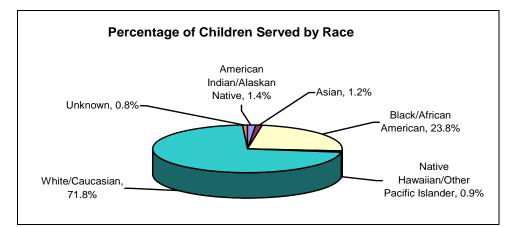
Age

	Statewide	NNCAS	SNCAS
Male	1818 (58.5%)	520 (57%)	1298 (59.1%)
Female	1291 (41.5%)	393 (43%)	898 (40.9%)



#### **Race and Ethnicity**

Race	Statewide	NNCAS	SNCAS
American Indian/Alaskan Native	44 (1.4%)	23 (2.5%)	21 (1%)
Asian	38 (1.2%)	5 (.5%)	33 (1.5%)
Black/African American	741 (23.8%)	77 (8.4%)	664 (30.2%)
Native Hawaiian/Other Pacific Islander	29 (.9%)	11 (1.2%)	18 (.8%)
White/Caucasian	2232 (71.8%)	786 (86.1%)	1446 (65.8%)
Unknown	25 (.8%)	11 (1.2%)	14 (.6%)
Ethnicity	Statewide	NNCAS	SNCAS
Hispanic Origin	748 (24.1%)	198 (21.7%)	550 (25%)



## **Custody Status at Admission**

	Statewide	NNCAS	SNCAS
Parent/Family	1810 (57.9%)	647 (70.9%)	1154 (52.6%)
Child Welfare	996 (32%)	126 (13.8%)	870 (39.6%)
DCFS Youth Parole	17 (.5%)	4 (.4%)	13 (.6%)
Other	76 (2.4%)	18 (2%)	58 (2.6%)
Missing	219 (7%)	118 (12.9%)	101 (4.6%)

#### Severe Emotional Disturbance Status at Admission

Statewide	NNCAS	SNCAS
2793 (89.8%)	841 (92.1%)	1952 (88.9%)

## **Demographics by Program**

## **Community-Based Services**

### Outpatient Services (OPS) - NNCAS and Children's Clinical Services (CCS) - SNCAS

#### Number of Children Served

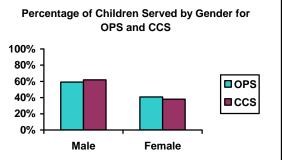
OPS	CCS
386	972

#### Age

The average age of children served for OPS was 13.8327 and CCS was 13.3429.

Age Group	OPS	CCS
0–5 years old	1 (.3%)	0 (0%)
6–12 years old	142 (36.8%)	426 (43.8%)
13-18 years old	240 (62.2%)	539 (55.5%)
19+ years old	3 (.8%)	7 (.7%)

**OPS and CCS** 100% Gender 80% **OPS** CCS 60% Male 228 (59.1%) 602 (61.9%) 40% 20% 158 (40.9%) Female 370 (38.1%) 0%



## **Race and Ethnicity**

Race	OPS	CCS
American Indian/Alaskan Native	5 (1.3%)	10 (1.0%)
Asian	4 (1.0%)	12 (1.2%)
Black/African American	32 (8.3%)	266 (27.4%)
Native Hawaiian/Other Pacific Islander	7 (1.8%)	14 (1.4%)
White/Caucasian	338 (87.6%)	665 (68.4%)
Unknown	0 (0%)	5 (.5%)
Ethnicity	OPS	CCS
Hispanic Origin	96 (24.9%)	250 (25.7%)

## **Custody Status at Admission**

	OPS	CCS
Parent/Family	338 (87.6%)	636 (65.4%)
Child Welfare	35 (9.1%)	292 (30.0%)
DCFS Youth Parole	3 (0.8%)	2 (0.2%)
Other	10 (2.6%)	35 (3.6%)
Missing	0 (0%)	7 (0.7%)

## Early Childhood Treatment (ECT) - NNCAS and Early Childhood Mental Health Services (ECMHS) - SNCAS

## **Number of Children Served**

ЕСТ	ECMHS
290	692

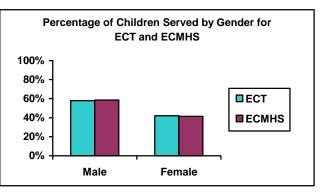
#### Age

The average age of children served for ECT was 6.2199 and ECMHS was 4.3094.

Age Group	ЕСТ	ECMHS
0-5 years old	132 (45.5%)	573 (82.8%)
6–12 years old	158 (54.5%)	119 (17.2%)

#### Gender

	ЕСТ	ECMHS
Male	168 (57.9%)	405 (58.5%)
Female	122 (42.1%)	287 (41.5%)



## **Race and Ethnicity**

Race	ЕСТ	ECMHS
American Indian/Alaskan Native	7 (2.4%)	3 (0.4%)
Asian	1 (0.3%)	13 (1.9%)
Black/African American	29 (10.0%)	267 (32.8%)
Native Hawaiian/Other Pacific Islander	3 (1.0%)	2 (0.3%)
White/Caucasian	250 (86.2%)	444 (64.2%)
Unknown	0 (0%)	3 (.4%)
Ethnicity	ЕСТ	ECMHS
Hispanic Origin	67 (23.1%)	192 (27.7%)

## **Custody Status at Admission**

	ЕСТ	ECMHS
Parent/Family	266 (91.7%)	305 (44.1%)
Child Welfare	19 (6.6%)	379 (54.8%)
Other	5 (1.7%)	6 (0.9%)
Missing	0 (0%)	2 (0.3%)

## WIN Statewide and by Region

## Number of Children Served

Statewide	North	Rural	South
807	162 (20.0%)	149 (18.5%)	496 (61.5%)

#### Age

The average age of children served was 13.71–Statewide; 14.33–North; 12.88–Rural; 13.75–South.

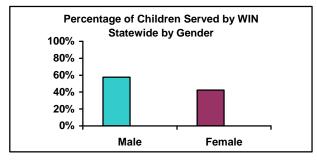
Age Group	Statewide	North	Rural	South
0–5 years old	18 (2.2%)	4 (2.5%)	13 (8.7%)	1 (.2%)
6–12 years old	303 (37.5%)	49 (30.2%)	56 (37.6%)	198 (39.9%)
13–18 years old	448 (55.5%)	103 (63.6%)	75 (50.3%)	270 (54.4%)
19+ years old	38 (4.7%)	6 (3.7%)	5 (3.4%)	27 (5.4%)

## SURVEY COMMENT FROM A SATISFIED YOUTH

I have a better relationship with my mom.

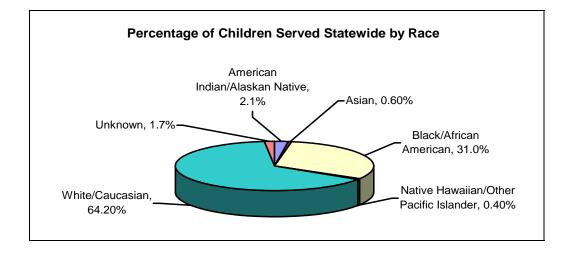
#### Gender

	Statewide	North	Rural	South
Male	466 (57.7%)	109 (67.3%)	69 (46.3%)	288 (58.1%)
Female	341 (42.3%)	53 (32.7%)	80 (53.7%)	208 (41.9%)



#### **Race and Ethnicity**

Race	Statewide	North	Rural	South
American Indian/Alaskan Native	17 (2.1%)	3 (1.9%)	9 (6.0%)	5 (1.0%)
Asian	5 (0.6%)	0 (0%)	0 (0%)	5 (1.0%)
Black/African American	250 (31.0%)	12 (7.4%)	11 (7.4%)	227 (45.8%)
Native Hawaiian/Other Pacific Islander	3 (0.4%)	1 (.6%)	1 (0.7%)	1 (0.2%)
White/Caucasian	518 (64.2%)	144 (88.8%)	119 (79.9%)	255 (51.4%)
Unknown	14 (0.4%)	2 (1.2%)	9 (6.0%)	3 (.6%)
Ethnicity	Statewide	North	Rural	South
Hispanic Origin	121 (15.0%)	30 (18.5%)	18 (12.1%)	73 (14.7%)



#### SURVEY COMMENT FROM A SATISFIED PARENT

The most helpful thing is that our child is safe and not hurting herself or others....

	Statewide	North	Rural	South
Parent/Family	187 (23.2%)	78 (48.4%)	26 (78.8%)	83 (20.3%)
Child Welfare	386 (47.8%)	80 (49.7%)	5 (15.2%)	301 (73.8%)
DCFS Youth Parole	4 (0.5%)	2 (1.2%)	1 (3.0%)	1 (0.2%)
Other	25 (3.1%)	1 (.6%)	1 (3.0%)	23 (5.6%)

#### **Custody Status at Admission**

## **Treatment Homes**

Adolescent Treatment Center (ATC) – NNCAS, Family Learning Homes (FLH) – NNCAS, On-Campus Treatment Homes (OCTH) – SNCAS

#### Number of Children Served

ATC	FLH	ОСТН
44	51	77

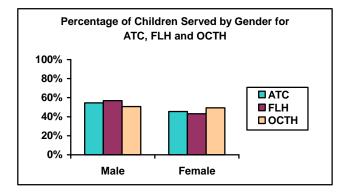
### Age

The average age of children served was 15.89-ATC; 12.99-FLH, OCTH-13.75.

Age Group	ATC	FLH	ОСТН
6–12 years old	2 (4.5%)	25 (49.0%)	30 (39.0%)
13–18 years old	42 (95.5%)	26 (51.0%)	47 (61.0%)

#### Gender

	ATC	FLH	ОСТН
Male	24 (54.5%)	29 (56.9%)	39 (50.6%)
Female	20 (45.5%)	22 (43.1%)	38 (49.4%)



#### SURVEY COMMENT FROM A SATISFIED YOUTH

People are always there to help me.

#### **Race and Ethnicity**

Race	ATC	FLH	ОСТН
American Indian/Alaskan Native	1 (2.3%)	1 (2.0%)	0 (0%)
Asian	0 (0%)	0 (0%)	0 (0%)
Black/African American	3 (6.8%)	3 (5.9%)	26 (33.8%)
Native Hawaiian/Other Pacific Islander	1 (2.3%)	0 (0%)	1 (1.3%)
White/Caucasian	39 (88.6%)	47 (92.2%)	49 (63.6%)
Unknown	0 (0%)	0 (0%)	1 (1.3%)
Ethnicity	ATC	FLH	ОСТН
Hispanic Origin	9 (20.5%)	6 (11.8%)	8 (10.4%)

## **Custody Status at Admission**

	ATC	FLH	ОСТН
Parent/Family	36 (81.8%)	45 (88.2%)	36 (52.2%)
Child Welfare	7 (15.9%)	5 (9.8%)	23 (33.3%)
DCFS Youth Parole	0 (0%)	1 (2.0%)	2 (2.9%)
Other	1 (2.3%)	0 (0%)	8 (11.6%)

## **Residential Facility and Psychiatric Hospital**

## Desert Willow Treatment Center Acute Hospital (Acute) and Residential Treatment Center (RTC) – SNCAS

#### **Number of Children Served**

Acute	RTC
157	121

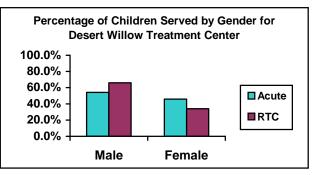
#### Age

The average age of children served was 15.1933.

Age Group	Acute	RTC
0–5 years old	1 (0.6%)	0 (0%)
6–12 years old	45 (28.7)%	5 (4.1%)
13-18 years old	111 (70.7%)	115 (95.0%)
19+ years old	0 (0%)	1 (0.8%)

#### Gender

	Acute	RTC
Male	85 (54.1%)	80 (66.1%)
Female	72 (45.9%)	41 (33.9%)



## **Race and Ethnicity**

Race	Acute	RTC
American Indian/Alaskan Native	2 (1.3%)	3 (2.5%)
Asian	5 (3.2%)	0 (0%)
Black/African American	31 (19.7%)	17 (14.0%)
Native Hawaiian/Other Pacific Islander	3 (1.9%)	0 (0%)
White/Caucasian	115 (73.2%)	100 (82.6%)
Unknown	1 (0.6%)	1 (0.8%)
Ethnicity	Acute	RTC
Hispanic Origin	61 (38.9%)	23 (19.0%)

## **Custody Status at Admission**

	Acute	RTC
Parent/Family	143 (91.1%)	101 (83.5%)
Child Welfare	13 (8.3%)	7 (5.8%)
DCFS Youth Parole	0 (0%)	10 (8.3%)
Other	1 (0.6%)	2 (1.7%)
Missing	0 (0%)	1 (0.8%)



# CHILDREN'S CLINICAL CHARACTERISTICS AND OUTCOMES

## **Presenting Problems at Admission**

At admission, parents and caregivers are asked to identify problems their child has encountered. Of the 51 problems listed, the six problems identified below accounted for forty-five percent (45%) of all problems reported.

- Adjustment Problems
- Depression
- Child Neglect Victim
- Parent-Child Problems
- Physical Aggression
- Suicide Attempt Threat

Adjustment Problems and Depression are also the two most frequent admitting problems for NNCAS and SNCAS. Depression was not in the top five in FY 2008. Parent-Child Problems and Physical Aggression were tied for the fourth most frequent problem.

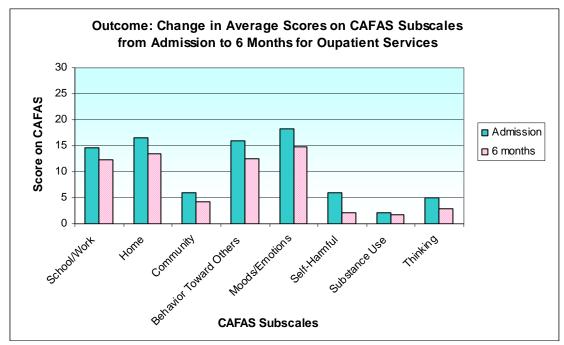
When analyzed by region, the most frequent admitting problem was Adjustment Problems. The second most frequent admitting problem was Depression. Parent-Child Problems was the third most frequently reported problem at NNCAS while Child Neglect Victim was the third most frequently reported problem at SNCAS.

## Child and Adolescent Functional Assessment and the Preschool and Early Childhood Functional Assessment

The Child and Adolescent Functional Assessment Scale (CAFAS) was designed to assess in children ages 6 to 18 years the degree of functional impairment regarding emotional, behavioral, psychiatric, psychological and substance-use problems. CAFAS scores can range from 0 to 240 with higher scores reflecting increased impairment in functioning.

The Preschool and Early Childhood Functional Assessment Scale (PECFAS),<sup>1</sup> was also designed to assess degree of impairment in functioning of children ages 3-7 years with behavioral, emotional, psychological or psychiatric problems. PECFAS scores range from 0 to 210 with a higher score indicating greater impairment.

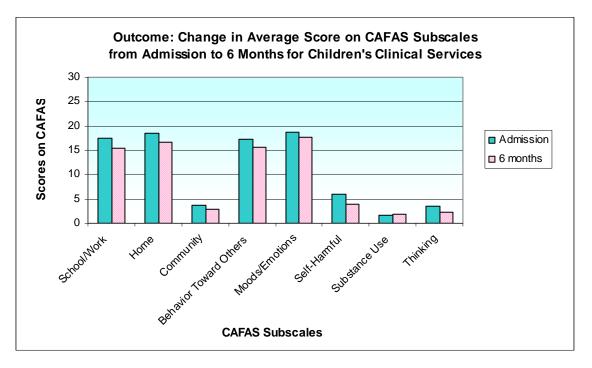
The CAFAS and the Preschool and Early Childhood Functional Assessment Scale (PECFAS) are standardized instruments commonly used across child-serving agencies to guide treatment planning and as a clinical outcome measures for individual clients and program evaluation (Hodges, 2005). The CAFAS and the PECFAS are the primary outcome measures for DCFS Children's Mental Health.



## **Outpatient and Children's Clinical Services**

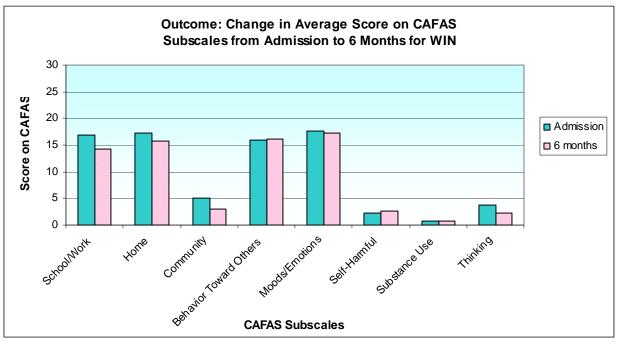
Based on 138 pairs, the average CAFAS score was 84.35 at admission. At 6 months into services, the average CAFAS score decreased to 64.13, which indicates a statistically significant improvement in overall daily functioning.

<sup>&</sup>lt;sup>1</sup> Hodges, K. (2005). *Manual for Training Coordinators, Clinical Administrators, and Data Managers*. Ann Arbor, MI: Author.



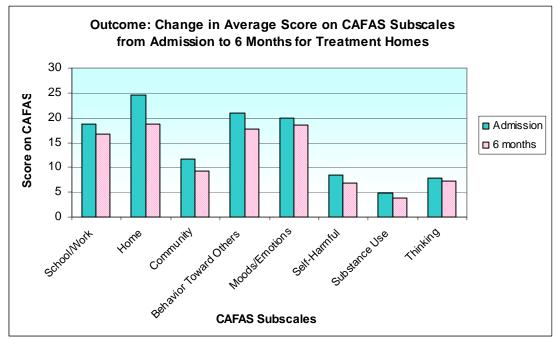
Based on 250 pairs, the average CAFAS score was 86.84 at admission. At 6 months into services, the average CAFAS score decreased to 76.44, which indicates a statistically significant improvement in overall daily functioning but not a clinically meaningful reduction in impairment. A clinically meaningful reduction in overall impairment must be a total score decrease of 20 or more points.





Based on 74 pairs, the average CAFAS score was 79.46 at admission. At 6 months into services, the average CAFAS score decreased to 72.03, which indicates a statistically significant improvement in

overall daily functioning but not a clinically meaningful reduction in impairment. A clinically meaningful reduction in overall impairment must be a total score decease of 20 or more points.



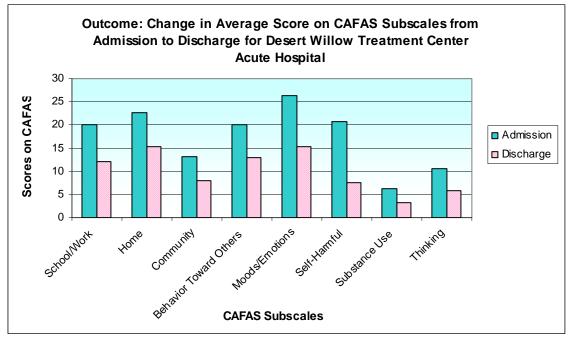
#### **Treatment Homes**

Based on 74 pairs, the average CAFAS score was 117.57 at admission. At 6 months into services or at discharge, the average CAFAS score decreased to 98.78, which indicates a statistically significant improvement in overall daily functioning which is nearly a clinically meaningful reduction in impairment. A clinically meaningful reduction in overall impairment must be a total score decease of 20 or more points.

## SURVEY COMMENT FROM A SATISFIED CAREGIVER

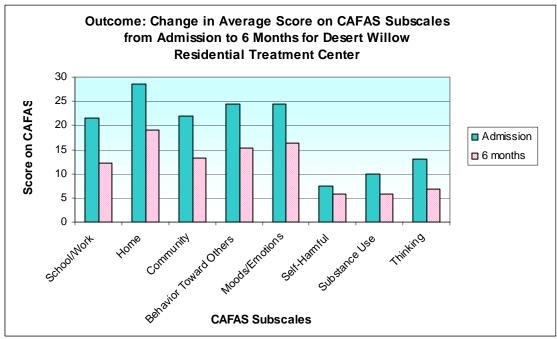
The crisis and danger were dealt with. I feel like she is getting some serious help that she needs.

## **Desert Willow Treatment Center Acute Hospital**



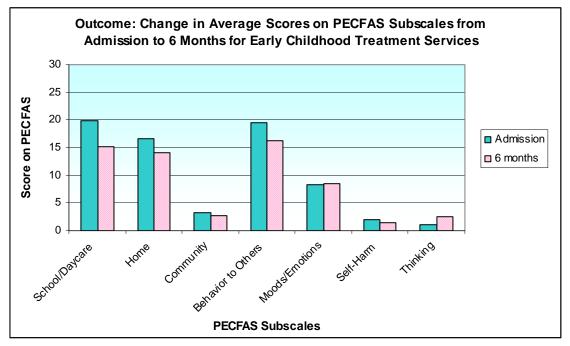
Based on 87 pairs, the average CAFAS score was 140 at admission. At 3 months into services or at discharge, the average CAFAS score decreased to 80.46, which indicates a statistically significant improvement in overall daily functioning.

## Desert Willow Treatment Center RTC



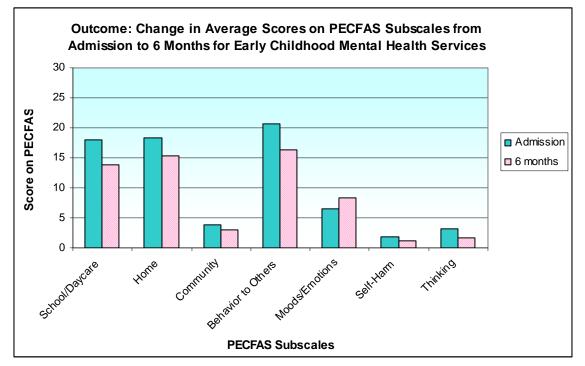
Based on 19 pairs, the average CAFAS score was 151.05 at admission. At 6 months into services or at discharge, the average CAFAS score decreased to 94.21, which indicates a statistically significant improvement in overall daily functioning.

## Early Childhood Treatment Services (NNCAS)



Based on 41 pairs, the average PECFAS score was 72.93 at admission. At 6 months into services or at discharge, the average PECFAS score decreased to 60.73, which indicates a statistically significant improvement in overall daily functioning but not a clinically meaningful reduction in impairment. A clinically meaningful reduction in overall impairment must be a total score decrease of 17.5 or more points.

## Early Childhood Mental Health Services (SNCAS)



Based on 105 pairs, the average PECFAS score was 74.29 at admission. At 6 months into services or at discharge, the average PECFAS score decreased to 59.81, which indicates a statistically significant improvement in overall daily functioning.

## Diagnosis

Over 32% of the FY 09 children met criteria for more than one diagnostic category at admission. The most prevalent Axis I diagnoses of children at admission by age category are listed below.

## Age Group 0-5

- Disruptive Disorder NOS
- Adjustment Disorder
- Anxiety Disorder
- Deprivation/Maltreatment Disorder

## Age Group 6-12

- Attention Deficit/Hyperactivity Disorder
- Posttraumatic Stress Disorder
- Oppositional Defiant Disorder

## Age Group 13-18+

- Posttraumatic Stress Disorder
- Oppositional Defiant Disorder
- Depressive Disorder NOS
- Mood Disorder NOS



# **SURVEY RESULTS**

## Percent of Positive Response for Each Survey Domain

Community Based Services Survey – Spring 2009	Parent % positive	Youth % positive	National Benchmark for Parent Response <sup>2</sup>
Service are seen as accessible and convenient regarding location and scheduling	90	79	84
Services are seen as satisfactory and helpful	91	81	83
Clients get along better with family and friends and are functioning better in their daily life	73	76	64
Clients feel they have a role in directing the course of their treatment	89	80	87
Staff are respectful of client religion, culture and ethnicity	95	91	93
Clients feel supported in their program and in their community	91	86	NA
Clients are better able to cope and are doing better in work or school	75	78	NA
Important issues such as diagnosis, medication, treatment options, client rights and confidentiality were adequately explained by staff (community based domain)	88	82	NA

<sup>&</sup>lt;sup>2</sup> 2008 State Mental Health Measures: CMHS Uniform Reporting System Measures, available at http://download.ncadi.samhsa.gov/ken/excel/URS\_Data08/AmericanSamoa.xls

Residential / Inpatient Services Survey – Fall 2008	Parent % positive	Youth % positive
Service are seen as accessible and conveniently scheduled	88	73
Services are seen as satisfactory and helpful	76	60
Clients feel they have a role in directing the course of their treatment	92	71
Important issues such as diagnosis, medication, treatment options, client rights and confidentiality were adequately explained by staff	84	71
Services are provided in a safe, comfortable and private environment	56	72
Staff are respectful of client religion, culture and ethnicity	78	69
Client educational needs are met while in treatment	63	83
Clients feel supported in their program and in their community	83	75
Clients feel they have a role in directing the course of their treatment	72	79

## ATTACHMENT B

# DCFS Community Based Mental Health Services Survey – Spring 2009

# DCFS Community Based Services Parent / Caregiver – Youth Survey Results Statewide Spring 2009

From mid April to the end of May, 2009, DCFS conducted its spring survey of children's community based mental health service programs. Parent/caregivers with children in treatment and the children themselves (if age 11 or older) were solicited to voluntarily participate in completing the survey instrument. Participants were asked to disagree or agree with a series of statements relating to seven areas or "domains" that the Federal Mental Health Statistical Improvement Program (MHSIP) prescribes whenever evaluating mental health programming effectiveness. An eighth domain surveyed select items of interest to community-based service program managers.

The seven MHSIP domains include statements concerning the ease and convenience with which respondents received services (Access); whether they liked the service they received (General Satisfaction); the results of the services (Positive Outcomes); respondent ability to direct the course of their treatment (Participation in Treatment); whether staff were respectful of respondent religion, culture and ethnicity (Cultural Sensitivity); whether respondents felt they had community-based relationships and support (Social Connectedness); and how well respondents seem to be doing in their daily lives (Functioning). The eighth domain (Interest Items) includes statements regarding client treatment and confidentiality issues, family dynamics/relating skills and client awareness of available community support services.

#### **Survey Results Format**

For this report, community based services survey results are in table format and are presented by type of service: Children's Clinical Services, Wraparound in Nevada and Early Childhood Mental Health Services under the Southern Nevada Child & Adolescent Services (SNCAS) and Outpatient Services, Wraparound in Nevada, and Early Childhood Treatment under the Northern Nevada Child & Adolescent Services (NNCAS). Parent/caregiver and youth responses appear together under each domain. Statements listed under each domain are from the Parent/caregiver survey instrument. Youth responded to the same statements that had been reworded to apply to them. Early Childhood services have only parent/caregiver responses as the children served are too young (six years or less) to self-report on a survey instrument

The Parent/Caregiver and Youth Positive Response numbers appearing under each domain are percentages. A percentage number represents the degree to which a particular domain statement was endorsed or rated positively by respondents. Since not every survey respondent answers every

statement, each statement's percentage numbers are based upon the actual number of responses to that particular statement.

You will notice that any statement on the survey with less than a 60% Positive Response number is "courtesy highlighted". Courtesy highlights call attention to any survey item having a respondent endorsement rate that is approaching the lower end of the frequency scale. Children's Clinical Services/Outpatient, Wraparound in Nevada or Early Childhood programs having courtesy highlighted items may wish to monitor these particular items in subsequent surveys should similarly low endorsement rates re-occur. Programs might opt to give special attention to a highlighted statement's subject matter when considering if any programmatic or other corrective action might be taken. Programs may also want to compare results with previous survey findings.

Following each service area's domain results, you will find listed whatever remarks respondents offered regarding what was the most helpful thing about the services they received, what would improve upon the services they received and any additional comments they might have had.

A final section on survey participation concludes the report.

#### **Survey Participants**

Parents or caregivers with children receiving community based mental health treatment and the children themselves when age appropriate were participants in this spring survey. Responding to the survey were 287 parents/caregivers and 107 youth still in program. Survey participants were solicited by clerical/other office staff at the different locations providing the clients' mental health services. Survey questionnaires were self-administered and when completed put into closed collection boxes. Some caregivers and parents chose to complete the surveys at home and mailed them to Planning and Evaluation Unit offices. Survey participation was entirely voluntary and survey responses were both anonymous and confidential.

The following table presents the number of parent/caregiver and number of youth surveys received from each region and treatment site. The parent/caregiver section of the table also includes the percentage of clients served who were sampled by the respective area's survey. Youth percentages are not given since not all clients served were age eligible for survey participation so any percentage would be non representative.

<b>REGION &amp; SITE</b>		S	SURVEY	S	
	Parent/Caregiver		Youth		
	Number	Number	Survey	Number	Number
	of	of	Sample	of	of
	Surveys	Clients	Percent	Surveys	Clients
		Served			Served
SNCAS				-	
Children's Clinical Services	52	434	12%	36	
WIN	43	358	12%	40	
Early Childhood Mental Health					
Services	106	304	35%	NA	NA
SNCAS Total	201	1096	18%	76	
NNCAS					
Outpatient Services	35	239	15%	9	
WIN –Reno/Rural	21	187	11%	22	
Early Childhood Treatment Services					
	30	186	16%	NA	NA
NNCAS Total	86	612	14%	31	
Statewide Total	287	1708	17%	107	

Note: SNCAS = Southern Nevada Child and Adolescent Services

WIN = Wraparound in Nevada

NNCAS = Northern Nevada Child and Adolescent Services

# DCFS Community Based Services Parent / Caregiver - Youth Survey Results Statewide Spring 2009

SNCAS Children's Clinical Services Results			
Parent/Caregiver N=52; Youth N=36 Total Served = 434 Sample = 12%	Parent/Caregiver Positive Response %	Youth Positive Response %	
ACCESS TO SERVICES	•	•	
The location of services was convenient for us.	90	67	
Services were scheduled at times that were right for us.	94	80	
GENERAL SATISFACTION			
Overall, I am pleased with the services my child and/or family received.	94	89	
The people helping my child and family stuck with us no matter what.	92	92	
I felt my child and family had someone to talk to when he/she was troubled.	92	78	
The services my child and family received were right for us.	92	72	

I received the help I wanted for my child.	86	83
My family got as much help as we needed for my child.	82	86
POSITIVE OUTCOMES		1
My child is better at handling daily life.	74	71
My child gets along better with family members.	66	57
My child gets along better with friends and other people.	76	68
My child is doing better in school and/or work.	80	81
My child is better able to cope when things go wrong	66	71
I am satisfied with our family life right now.	69	57
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	83	63
I helped to choose my child and/or family's treatment goals.	90	81
I participated in my child's and family's treatment.	92	79
CULTURAL SENSITIVITY		
Staff treated our family with respect.	94	91
Staff respected our family's religious/spiritual beliefs.	85	88
Staff spoke with me in a way that I understood.	96	91
Staff was sensitive to my family's cultural and ethnic background.	91	73
SOCIAL CONNECTEDNESS		
I know people who will listen and understand me when I need to talk.	92	N/A
I have people that I am comfortable talking with about my child's problems.	92	N/A
In a crisis, I would have the support I need from family or friends.	86	86
I have people with whom I can do enjoyable things.	92	94
I am happy with the friendships I have.	N/A	71
I feel I belong in my community.	N/A	85
FUNCTIONING		
My child is better at handling daily life.	74	71
My child gets along better with family members.	66	57
My child gets along better with friends and other people.	76	68
My child is able to do the things he/she wants to do.	78	74
My child is doing better in school and/or work.	80	81
My child is better able to cope when things go wrong.	66	75

INTEREST ITEMS		
Staff explained my child's diagnosis, medication and treatment options.	81	82
Staff explained my child and my family's rights and confidentiality issues.	90	92
I receive support and advocacy from my NV PEP Family Specialist.	87	65
My NV PEP Family Specialist supports me in leading my child's treatment planning or Child and Family Team meetings.	86	74
Our family is aware of people and services in the community that support us.	88	80
I am better able to handle our family issues.	81	69
I am learning helpful parenting skills while in services	88	89
I have information about my child's developmental expectations and needs.	82	81

Parent/Caregiver comments	Youth comments
1. What has been the most helpful thing about the services your child received?	1. What has been the most helpful thing about the services you received?

aran	t/Caragivar commants	Vouth commonts
	t/Caregiver comments	Youth comments
•	being able to talk to someone other than me or his mom	Having a home     Dates able to talk about whether an any mind and being able to
•	access and information	<ul> <li>Being able to talk about what's on my mind and being able to anywhere I most to</li> </ul>
•	Him able to talk to someone not me or his mom	cry when I need to
•	To be able to see her more happy	Everything
•	Was able to get him off of ADHD medication	Everything they do is helpful for me
•	We have just started services	<ul> <li>The most helpful thing about the services I receive(d) is that</li> </ul>
•	Don't know yet	know who to do to when I need help
	-	That they understand
•	The staff	<ul> <li>I can talk to my mom and stuff, she can talk to me.</li> </ul>
•	The most helpful thing to me is that I have someone to talk to about	A friend that will always be there
	issues at home who is not judgmental and is very knowledgeable and	<ul> <li>Helping with anxiety</li> <li>Nothing really. And that's more my fault I don't follow the</li> </ul>
	supportive of my family	<b>o j</b>
•	Staff member name	direction of my therapist.
•	The way services are implemented towards the whole family.	New placement     I don't know
•	(Staff) has been wonderful in helping my boys and myself with discipline,	
	controlling behaviors and being their when I need her.	<ul> <li>Getting me an adoptive home I like</li> <li>I feel like I am more confident and I'm not as angry</li> </ul>
•	The services adapt to my schedule as a single parent.	r toor like r all more contractic and r in not as angry
•	The ability to talk	
•	Therapeutic sessions	
•	That we aren't alone with these problems anymore.	<ul> <li>person talks</li> <li>The fact that I cope better</li> </ul>
•	· ·	
	Understand my child better, have more knowledge to handle it	<ul> <li>Dealing with problems</li> <li>Somebody to talk to</li> </ul>
•	The medication helps stabilize her.	
•	Therapist honest, to the point. Uses easy to understand language.	<ul> <li>It's helped me see things differently</li> <li>Medication</li> </ul>
	Genuinely cares, has our best interests @ forefront every time	They help me with my problems
•	I believe that knowing the people really care what happens to her and	<ul> <li>The most helpful things about the services I receive are how</li> </ul>
	are willing (freely) to help. To some workers it becomes just a job, to	my therapist guides me step by step through the process.
	these special workers it is more, maybe a calling or way of life	<ul> <li>I'm getting better</li> </ul>
•	She has gotten better about a few things but needs to work hard at	
	handling punishments and not throw temper tantrums when she doesn't	5
	get her way.	<ul> <li>I think all help they are giving me are the best help I have</li> </ul>
•	(Staff) is the best. He helps me understand my son. He gets things done.	ever gotten it's really changed my life.
	He really cares & it shows. You need more like him	The coping skills. Having someone to talk to     (Staff) uses much half of any share realized much family.
•	Having someone to talk to about our problems and getting help for	<ul> <li>(Staff) was most helpful for me she makes my family understand mass shout me and teaches me lessen</li> </ul>
	behavior issues	understand more about me and teaches me lesson
•	Services are very suited to the individual child.	Don't really understand this question     The continue formity
•	A am very pleased that (son's) therapist takes my concerns regarding him	<ul> <li>The coping skills, family</li> <li>The medication</li> </ul>
•		
_	seriously.	They have helped me with most school problems
•	Change in behavior	
•	Being a better person	
•	The attention and support of the therapists, in the help with resources,	
	when we need it.	
•	Change in behavior	
•	Being able to talk to someone regarding child's behavior & daily activities	
	w/o judgment	
•	Everything but I would say the counseling and the medication	
•	Medication	
	Our therapist listened to our problems and had ideas to help resolve	
	problems before they escalated	
-	Someone else him being comfortable talking to about his issues not	
•		
	feeling like he only has me (mom)	
•	Teaching (me) step mom how to deal with his behaviors neg.	
•	WIN worker	
•	Getting him on meds; getting school to help us	
•	She likes her providers and looks forward to visiting them	
	-	
. What	t would improve services your child and the family received?	2. What would improve services you received?
•	In the past our family belief system was totally ignored. Our rights were	Nothing
	never explained or adhered to. The physician has been excellent in	Undecided at the moment
	respecting both.	<ul> <li>There's really nothing that needs improvement</li> </ul>
•	Everything being done is great. Daughter is one who makes hard	I have no idea
•	OASIS	New placement
•	Everything is great	<ul> <li>He would take one out of class but he's great already</li> </ul>
•	Better hours to see the doctor	<ul> <li>Help me get a cat, please</li> </ul>
•	(Client) receiving more intensive therapy w/Oasis group home and	<ul> <li>More games like the Ungame and interesting activities</li> </ul>
-	training for us to manage (client) in the same manner the group home	<ul> <li>Nothing would</li> </ul>
	would to improve family function.	Explain things better to me
-	Parenting classes for children with severe behavioral problems.	<ul> <li>Giving the therapist money to spend on kids for lunch, etc</li> </ul>
	Well satisfied w/ services as they are	<ul> <li>Giving the therapist money to spend on kids for functi, etc.</li> <li>It's already up to par</li> </ul>
	For the agency to have more money to help more people	More one on one

Parent/Caregiver comments	Youth comments
<ul> <li>After school activities</li> <li>More organization at NV Partners. Just because my son looks ok it took me a long time to get anyone to realize he was not just a "normal teenager". I knew something was *****</li> <li>Nothing. The services thus far have been just great.</li> <li>I am satisfied with the level of care my son is receiving.</li> <li>More visits</li> <li>To be more disciplined and obedient</li> <li>Nothing. All good</li> <li>More visits</li> <li>No improvement needed at this time</li> <li>Help w/ his school work, but they are working on that</li> <li>Health service</li> <li>Returned calls, actual help</li> <li>More frequent maybe, he needs to be willing to open up</li> <li>I would have liked an after hours/weekend person to talk to when problems occurred.</li> <li>Do a meeting to diagnose or not of Aspergers and offer more suggestions or medication if feel necessary – PLEASE</li> <li>The extra services we are waiting to start</li> <li>Schools, Medicaid working w/ dcfs more cooperatively</li> </ul>	<ul> <li>Nothing because they're very good</li> <li>Having Medicaid services work faster getting meds and helping us out here.</li> </ul>
<ol> <li>Additional Comments         <ul> <li>I feel that (staff), (staff) and staff are great. My family is always treated with great respect. Every staff member I have had contact with at this site has been very professional.</li> <li>Many thanks, to (staff) for the help given, to my children and to me. Thanks to your organization for having these services in the community. God bless you and may you prosper with more money to continue with this service.</li> <li>I am worried that we will be without the services that you offer to our children.</li> <li>We thought (staff) was very helpful &amp; patient, always returned phone calls immediately. We were very satisfied w/ him as (client's) counselor</li> <li>I am just grateful that you and this service are here and available for us. Thank you and thank the lord. P.s. I don't know what we would have done if you had not been here.</li> <li>I appreciate staff</li> </ul> </li> </ol>	<ul> <li>3. Any additional comments?</li> <li>I'm better than I was seven months ago</li> <li>You're the best (staff)</li> <li>(Staff) is funny</li> <li>They should have more stuff like this</li> <li>No, everything else is exceptional</li> <li>For question 26 and 27 our specialist doesn't help us at all she never answers the phone and doesn't give us advise</li> <li>I love it there best</li> <li>I am grateful that I receive the services that you provide for my need. I congratulate you for your outstanding services.</li> </ul>

SNCA	S

WIN Results			
Parent/Caregiver N=43; Youth N=40 Total Served = 358 Sample = 12%	Parent/Caregiver Positive Response %	Youth Positive Response %	
ACCESS TO SERVICES			
The location of services was convenient for us.	95	97	
Services were scheduled at times that were right for us.	88	89	
GENERAL SATISFACTION			
Overall, I am pleased with the services my child and/or family received.	86	88	
The people helping my child and family stuck with us no matter what.	93	83	
I felt my child and family had someone to talk to when he/she was troubled.	98	88	
The services my child and family received were right for us.	86	79	
I received the help I wanted for my child.	88	87	
My family got as much help as we needed for my child.	76	95	
POSITIVE OUTCOMES			
My child is better at handling daily life.	64	92	
My child gets along better with family members.	80	74	
My child gets along better with friends and other people.	65	84	
My child is doing better in school and/or work.	75	87	

SNCAS		
WIN Results		
Parent/Caregiver N=43; Youth N=40 Total Served = 358 Sample = 12%	Parent/Caregiver Positive Response %	Youth Positive Response %
My child is better able to cope when things go wrong	57	77
I am satisfied with our family life right now.	60	68
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	78	71
I helped to choose my child and/or family's treatment goals.	79	75
I participated in my child's and family's treatment.	95	73
CULTURAL SENSITIVITY		
Staff treated our family with respect.	98	95
Staff respected our family's religious/spiritual beliefs.	95	86
Staff spoke with me in a way that I understood.	95	95
Staff was sensitive to my family's cultural and ethnic background.	93	83
SOCIAL CONNECTEDNESS		
I know people who will listen and understand me when I need to talk.	85	N/A
I have people that I am comfortable talking with about my child's problems.	93	N/A
In a crisis, I would have the support I need from family or friends.	93	89
I have people with whom I can do enjoyable things.	95	93
I am happy with the friendships I have.	N/A	85
I feel I belong in my community.	N/A	73
FUNCTIONING		
My child is better at handling daily life.	64	92
My child gets along better with family members.	80	74
My child gets along better with friends and other people.	65	84
My child is able to do the things he/she wants to do.	83	85
My child is doing better in school and/or work.	75	87
My child is better able to cope when things go wrong.	57	77

IN IERESI IIEMS		
Staff explained my child's diagnosis, medication and treatment options.	87	83
Staff explained my child and my family's rights and confidentiality issues.	90	88
I receive support and advocacy from my NV PEP Family Specialist.	73	68
My NV PEP Family Specialist supports me in leading my child's treatment	68	77
planning or Child and Family Team meetings.		
Our family is aware of people/ services in the community that support us.	93	85
I am better able to handle our family issues.	90	75
I am learning helpful parenting skills while in services	87	89
I have information about my child's developmental expectations and	86	84
needs.		

Parent/Caregiver comments	Youth comments
1. What has been the most helpful thing about the services your child	1. What has been the most helpful thing about the services you
received?	received?
Not a thing	<ul> <li>Food, shoes, clothes</li> </ul>
<ul> <li>therapy to help process the abuse she suffered</li> </ul>	<ul> <li>Food and comes when a problem occurs</li> </ul>
He has someone to talk	The food and the clothes
Calmed him down	Coping skills

<ul> <li>Having (staff) as a WIN worker. She is professional, honest and caring</li> <li>Willing to listen to possible things that could be or not be wrong</li> <li>Assistance w/ transportation to therapy &amp; visits by sw, win, psr</li> <li>Team support</li> <li>Someone to talk to other than a social worker</li> <li>The team is great</li> <li>We all agreed on the best situation and problem solving methods. We put all our ideas together</li> <li>Sufficient medication</li> <li>Our WIN worker</li> <li>Staff &amp; therapist @ safy</li> <li>Able to talk to someone</li> <li>Information we have received</li> <li>The help he received from his team</li> <li>They're always there if you need them</li> <li>Having other adults who are willing to help, spend time with her etc. as she is in crisis w/ mental health issues</li> <li>Knowing there is a team to assist him with issues</li> <li>Have someone to talk to about his problems</li> <li>Our family is working on issues of major concern. Direction for help which has been implemented and we continue to seek medical for other concerns</li> <li>How caring staff is and continues to be during this process</li> <li>Monthly cfts to assist w/ motivation, needs, etc to keep youth working on goals</li> <li>To know my worker is always available</li> <li>Appreciate the transportation help when needed. Communication is great</li> <li>WIN worker very helpful</li> <li>The services take into account family dynamics which affect all members and services are based on need</li> <li>Services help all to cope more better with our issues</li> <li>When she goes to therapy she seems more relaxed &amp; confident about herself</li> <li>Meds</li> <li>Having a support team help me understand needs. Having a PSR It helps him reach his goals</li> <li>Cft mtg plus one on one w/ my WIN worker</li> <li>Getting him the help he needs</li> <li>Being able to call and talk freely w/ our therapist</li></ul>	<ul> <li>I've learned how to cope with different problems</li> <li>Dealing with life better</li> <li>I don't know</li> <li>I really don't know</li> <li>They had given me the best foster home</li> <li>WIN worker is always prepared for CFT</li> <li>Having someone to talk to when I have to</li> <li>They help me understand things and make me and my family happy!</li> <li>Therapy because it helped me learn from my mistakes</li> <li>Has been having a therapist because she has been talking to me about the things I need to do.</li> <li>Therapist</li> <li>That they understand</li> <li>Who knows</li> <li>My drug awareness class. It helped me get to where I need to be</li> <li>Having people I can trust</li> <li>Communication skills</li> <li>Everyone so supportive of me and they help with whatever I need</li> <li>Medicine helps control anger</li> <li>They help me get to my appointment mtgs: they go to school meetings; all mtgs</li> <li>I talk to more people and I'm happier</li> <li>Trying to cope better</li> <li>Talking about the situations I been through and letting go and moving on</li> <li>Support the school</li> <li>Manipulation</li> <li>Having someone to talk to</li> <li>Everything that they have taught me</li> </ul>
<ol> <li>What would improve services your child and the family received?</li> <li>Basic skill worker</li> <li>Workers are not on the same page and disagree &amp; sabotage each other's recommendations</li> <li>My child is receiving great services</li> <li>Keep hiring great people</li> <li>Easier accessibility</li> <li>If someone can work one on one w/ her special need</li> <li>More activities for kids NR</li> <li>All the services are there for him. If we need more I call to ask for help</li> <li>Time</li> <li>Get an IEP right away, be given the test needed and medication needed</li> <li>Everything was okay</li> <li>That services continue so that the children are able to cope and recognize their condition</li> <li>Stop switching staff. No new face</li> <li>Additional community resources that could be made available to the service groviders. Sometimes there aren't services available</li> <li>Services don't need improvement</li> <li>Having a DFS caseworker would be more helpful and stays longest on the case</li> </ol>	<ul> <li>2. What would improve services you received?</li> <li>Nothing</li> <li>The services I need I already got</li> <li>To improve my services is to get me home with my mommy?</li> <li>Nothing</li> <li>I still don't know</li> <li>Seeing my family</li> <li>My home I have. I would like to move to a different house.</li> <li>Having shorter therapy sessions</li> <li>Nothing I can think of</li> <li>I don't know. Everything's perfect. Thank</li> <li>Scheduling</li> <li>Nothing. Everything is fine the way it is</li> <li>More insight</li> </ul>
3. Additional Comments	3. Any additional comments?
<ul> <li>(Staff) helped me a lot</li> <li>Consistency of follow-up by workers has been great</li> <li>They were very helpful to us in our time of need</li> <li>Workers all have different opinions and lack understanding of foster parent role. They make decisions and then say "but don't tell the kids" we can't parent &amp; be expected to be dishonest</li> </ul>	<ul> <li>Fun to talk to and laugh with</li> <li>Not at all</li> <li>(Staff) was the best person through this bad time in my life</li> <li>I love everyone that is helping me</li> <li>I hate you</li> <li>I love my workers</li> </ul>

Everything is good
(Staff) is very concerned about (client) & her needs. She is in
constant contact
I would like to get the test the kids need done right away. It's
dragging along to me he has serious behavior problems.
I am very grateful to have a team working with me and show
genuine concern for my family and our needs
Staff is inadequate and waiting lists are excessively long
(Staff) is awesome. Very helpful and professional. I cannot say this
about all win workers
I appreciate what the WIN worker has done for us
(Client) has shown improvement since joining New Vista
(Staff) is very helpful and very understanding and patient and
clearly concerned about the children
···· <b>,</b> ··· ··· ··· ··· ··· ··· ··· ··· ··· ·

SNCAS		
Early Childhood Mental Health Services	s Results	
Parent/Caregiver N=106; Youth = NA Total Served = 304 Sample = 35%	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
The location of services was convenient for us.	89	N/A
Services were scheduled at times that were right for us.	93	N/A
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and/or family received.	92	N/A
The people helping my child and family stuck with us no matter what.	90	N/A
I felt my child and family had someone to talk to when he/she was troubled.	93	N/A
The services my child and family received were right for us.	92	N/A
I received the help I wanted for my child.	90	N/A
My family got as much help as we needed for my child.	91	N/A
POSITIVE OUTCOMES		
My child is better at handling daily life.	75	N/A
My child gets along better with family members.	78	N/A
My child gets along better with friends and other people.	77	N/A
My child is doing better in school and/or work.	78	N/A
My child is better able to cope when things go wrong	63	N/A
I am satisfied with our family life right now.	76	N/A
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	82	N/A
I helped to choose my child and/or family's treatment goals.	92	N/A
I participated in my child's and family's treatment.	94	N/A
CULTURAL SENSITIVITY		
Staff treated our family with respect.	94	N/A
Staff respected our family's religious/spiritual beliefs.	94	N/A
Staff spoke with me in a way that I understood.	95	N/A
Staff was sensitive to my family's cultural and ethnic background.	93	N/A
SOCIAL CONNECTEDNESS		
I know people who will listen and understand me when I need to talk.	90	N/A
I have people that I am comfortable talking with about my child's problems.	91	N/A
In a crisis, I would have the support I need from family or friends.	88	N/A
I have people with whom I can do enjoyable things.	89	N/A
I am happy with the friendships I have.	N/A	N/A

SNCAS				
Early Childhood Mental Health Services Results				
Parent/Caregiver N=106; Youth = NA Total Served = 304 Sample = 35%		Parent/Caregiver Positive Response %	Youth Positive Response %	
I feel I belong in my community.		N/A	N/A	
FUNCTIONING			14,7,0	
My child is better at handling daily life.		75	N/A	
My child gets along better with family members.		78	N/A	
My child gets along better with friends and other people.		77	N/A	
My child is able to do the things he/she wants to do.		81	N/A	
My child is better able to cope when things go wrong.		63	N/A	
INTEREST ITEMS				
Staff explained my child's diagnosis, medication and treatment	nt options	90	N/A	
Staff explained my child and my family's rights and confident		91	N/A	
I receive support and advocacy from my NV PEP Family Spec		85	N/A	
My NV PEP Family Specialist supports me in leading my child		87		
planning or Child and Family Team meetings.			N/A	
Our family is aware of people/ services in the community that	t support us.	89	N/A	
I am better able to handle our family issues.		89	N/A	
I am learning helpful parenting skills while in services		94	N/A	
I have information about my child's developmental expectation	ons and	90	N1 / A	
needs.			N/A	
Parent/Caregiver comments	Youth comm	nents		
1. What has been the most helpful thing about the services your child received?	1. What has bee received?	n the most helpful thing about	the services you	
<ul> <li>They are understanding more of what they have to do</li> <li>Therapy in the home setting - also the therapist allowing for bonding time - wasn't rushed</li> <li>Showing her how to get along with other kids</li> <li>He can play with other kids, do not hit me a lot, he can listen more</li> <li>Teaching me better parenting to skills for all my children and showing me how to deal and help child with emotional behavioral problems.</li> <li>Help with adjusting from an abusive foster home and settling into a new home</li> <li>What I learned at the all day training at Safy working with our mental health specialist (staff) CPI training and county trainings are good also.</li> <li>The support received for all our foster children</li> <li>(Client) was put in the system early. (Client) is able to bond with me and love in a family environment</li> <li>My child controls his anger</li> <li>He has some else to talk too. Our M/H specialist was a great 'voice' and advocate for a young foster child.</li> <li>Talking and intervention strategies dealing with issues that come up</li> <li>The therapist and case worker have been the best they really care</li> <li>They are understanding more of what they have to do</li> <li>(Staff) did an outstanding job providing all the treatments needed for (client) and met all those goals we planned for him to accomplish. Day treatment was excellent service for any child who needs help with their behaviors and (client) turned 360% from where he started getting treatments</li> </ul>	• NA			
Able to attend school for two hours				

•	The feeling I get that there is always someone to "watch my back" and	
	direct me to needed resources	
•	Support on all his needs	
•	Everything	
•	They're always there whether or not they able	
•	Independent assessment of client needs	
•	My son is able to get along much better with others, especially in school Education and knowledge to help her	
	Teaching us as a family. Some of his actions are normal for him. She	
•	has helped us a lot	
•	Therapy	
•	Always has answers to all my questions Helps us in anyway that she can	
	can call her anytime we need her	
•	Now I can see what I was doing wrong by having a pro talk me through	
	it	
•	When I have problems coming up on things I don't know what to do	
	Services are the ready to help when I ask.	
•	He is beginning to open up and talk about painful feelings	
•	Close attention by trained specialist, early childhood, quest, child haven.	
•	(staff), (staff) dps and foster parents with his school and diagnosis and therapy treatment	
	I have seen so much progress in him	
•	My child is getting along better w/ his sibling and expressing himself	
	better	
•	She has someone who understands her traumas	
•	(Client) is becoming more stable and secure living with me her	
	grandmother	
•	His behavior	
•	His behavior	
•	Better behavior	
•	Better behaved at home and with brother	
•	Answering my questions On site help, doctor's appointments, etc	
	I am happy that this service has really help me get my child back	
•	He's communicating his feelings more positively and calmly	
•	The transportation, bus passes when available and having someone to	
	talk to	
•	Understanding behaviors	
•	He is more high functioning	
•	Seeing my child become more receptive to services & learning skills that	
	apply to everyday life that my family can use	
•	Speech therapy, behaviors	
•	Very patient with my two children, good service (Client) has great worker that works w/ him and siblings. She is just	
•	great w/ them	
	She helped me get early intervention	
•	His speech and OT	
•	Everything they do to family is working real good	
•	I have learned how to deal w/ any problem w/ my child	
•	Medications	
•	By working on her developmental stage	
•	The support I receive from the case manager and the help she gives to	
	our family	
•	The information that is given to us. They are very helpful to our family (Staff) is the only one that is genuinely concerned about child's welfare	
•	(Staff) is the only one that is genuinely concerned about child's welfare. Very professional and attentive. Not only knowledgeable in her field but	
	willing to share the information	
•	Not sure yet. Only 2 <sup>nd</sup> visit	
•	Learning how to help her separation anxiety	
•	The one on one sessions	
•	Being able to handle his anger. Also the support that we are not the only	
	ones going through this	
•	Information on behavioral problems	
•	Knowing what his issues are and being able to recognize them and help	
_	him through them	
•	Helping her achieve some sort of a normal life. Having her be a happy	
•	little girl Having help and education for (client) to be a happy little boy	
	Learning therapy techniques	
•	Understanding his emotional problems and now I am learning to deal	
	with them and be more	
•	Community resources	
•	He is listening better	
•	My child is more able to discuss his feeling more and is learning more	
•		
•	appropriate ways to handle anger and to interact with others more	
·		

<ul> <li>Support from social worker and social services <ul> <li>Report of others</li> <li>Report of the service of</li></ul></li></ul>			
<ul> <li>He can deal wit veryptay situations and its galling bellor for hin to experiment of the analysis of high sectors where a start of high sectors have a start of high sec</li></ul>	•	Support from social worker and social services	
<ul> <li>upprox himself</li> <li>He can communicate more barles and exk for help</li> <li>He can communicate more barles and exk for help</li> <li>In the barles may help in the hore stores in the part of the family bours that have an ear during this hard then is not a training</li> <li>Listen to her</li> <li>So far my son has stated to listen better and be more patient</li> <li>Gatting from into head Stat</li> <li>Commoling</li> <li>Listening</li> <li>Councing</li> <li>Listening put list into effecting different services &amp; options</li> <li>Listening may with high or def to the more patient</li> <li>Listening may with high or def to ther help be to get an earlier</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high or def to the high possible</li> <li>Listening may with high so def to the high possible</li> <li>Listen high possible of the high possible of the high possis the different stores on the high possis the different with a companients.</li> <li>Deverything here a dange do store with and the family received?</li> <li>Not</li> <li>Store are stores for the water to water on the high possis the different water con the high possis the different water con the high possis the different water con the high possis the different wat</li></ul>	•	Respect of others	
<ul> <li>If is an communication much batter and as for help in the above helpful to have support hrough all of the family issues that it has been helpful to have support hrough all of the family issues that it best helpful to have support hrough all of the family issues that it best helpful to have support hrough all of the family issues that it is sometimes has issues of the you helpful the situation and his ansety panks that he sometimes has issues to take to an helpful the helpful the situation and his ansety panks. That he sometimes has issues to take to an helpful the real demonses to reach the goals needed for my shift issue started to list he helpful the helpful</li></ul>	•	He can deal w/ everyday situations and its getting better for him to	
<ul> <li>I'm dealing with it in different ways, trying new things</li> <li>I'm dealing with it in different ways, trying new things</li> <li>I'm dealing with it in different ways, trying new things</li> <li>I'm dealing with it is different ways, trying new things</li> <li>I'm dealing with it is different ways, trying new things</li> <li>I'm dealing with it is different ways, trying new things</li> <li>Therapide way good of helping child deal with enables</li> <li>See and the second of helping child deal with enables</li> <li>See and the second of helping child deal with enables</li> <li>See and the second of helping child deal with enables</li> <li>See and the second of the secon</li></ul>		express himself	
<ul> <li>It has bein helpful to have support through all of the family issues but have or during the help time in our family issues but have out in the sometime has to be out the sometime has the sometime has to be out the sometime has the sometime</li></ul>	•	He can communicate much better and ask for help	
List of support           List of support           List of support           The support           The support           The support           Second of a lepting child data with emotions           Other on one care           Second of a lepting child data with emotions           Counseling           List of support           Second of a lepting child data with emotion support           List of support           Second communicalions with my chibl.	•	I'm dealing with it in different ways, trying new things	
<ul> <li>Listin to her</li> <li>Listin Support</li> <li>Listin Support</li> <li>Listin Support</li> <li>Listin Support</li> <li>The tigs larring how cope with this shuth and his anxiety panits that</li> <li>The tigs larring how cope with this shuth enditors</li> <li>Samone to List and help me feel empowered to reach the guab needed for my child</li> <li>Starting therang</li> <li>San at my son has started to listice better and be more patient</li> <li>Getting them may</li> <li>Listic may</li> <li>Listic may so the started to listice better and be more patient</li> <li>Getting them into Head Start</li> <li>The medicine helps al lost force: offering different services &amp; captions</li> <li>Helping to deal with my child</li> <li>Training for expectations that (client) can achieve</li> <li>Listic may</li> <li>Count of had services in groundly to give horizon</li> <li>Listing the patient of helps also the count of both help my brother</li> <li>Elsting there sortices your received?</li> <li>What would improve services your received?</li> <li>Not work with him.</li> <li>Services closer to londerscon</li> <li>Services closer to londerscon</li> <li>Geud communication within y child. Learn to help him to get his goats and werk with him.</li> <li>Bay program during (clients) track the ads.</li> <li>Though the received pool storide</li> <li>Though the received pool storide.</li> <li>Though the received pool storide.</li> <li>Though the received pool storide.</li> <li>Listing the received pool storide.</li> <li>Lincopy the received pool storide.</li> <li>Lincopy the received pool storide.</li> <li>Though the received pool storide.</li> <li>Lincopy the received pool storide.</li> <li>Lincopy the received pool storide.</li> <li>Though the received pool storide.</li> <li>Thoug</li></ul>	•	it has been helpful to have support through all of the family issues that	
<ul> <li>Lots of support</li> <li>Conversing</li> <li>Lots of support</li> <li>Conversing</li> <li>Lots of support</li> <li>Conversing</li> <li>Lots of support</li> <li>Lo</li></ul>		have arisen during this hard time in our family	
<ul> <li>He is larining how to cope with this situation and his analysis paints that he sometimes has</li> <li>Therapsit very goad at helping child deal with emotions</li> <li>Sometime to lask to ad how for here for exponence to reach the goals</li> <li>Sharing thorapy</li> <li>One on one care</li> <li>So far my son has started to listen botter and be more patient</li> <li>General thom how heads Shart</li> <li>The medicine helps a tot</li> <li>Lating input kis first: offering different services &amp; options</li> <li>Helping to deal with my child</li> <li>Counceming</li> <li>Councemi</li></ul>	•	Listen to her	
<ul> <li>The sometimes has</li> <li>Through very good at helping child deal with emotions</li> <li>Sometimes has</li> <li>Sometimes has<!--</th--><th>•</th><th>Lots of support</th><th></th></li></ul>	•	Lots of support	
<ul> <li>Therapist very good at helping child deal with emotions</li> <li>Some to latk Loar Mole proc feed improvement to rouch the goals meeded for my child</li> <li>Soliting therapy</li> <li>So far my son has started to listen botter and be more patient</li> <li>Getting them into field Solart</li> <li>The medicine helps a lot</li> <li>Learning</li> <li>Learning</li> <li>Learning park kits first: offering different services &amp; options</li> <li>Helping to cala within my child</li> <li>Learning</li> <li>Learning</li> <li>Learning park kits first: offering different services &amp; options</li> <li>Helping to cala withing and vita this (leint) can achieve</li> <li>Learning more secure to the the providence</li> <li>Learning for expectations that (leint) can achieve</li> <li>Learning for expectations that (leint) can achieve</li> <li>Learning more secure to secure the helping to relate the park to be providence</li> <li>Services does to hereade the more patient</li> <li>Good communication with my child. Learn to help him to get his goals and were scamely by Directions</li> <li>Services are great light new, no complaints</li> <li>Services are great light new information regions on thogging or talking to start most expected of services</li> <li>I thought we recelled good services</li> <li>I throught we recelled good services</li> <li>I throught we recelled good services</li> <li>I am very gload with my soris greages</li> <li>I free here here information separation were applicing to have greages</li> <li>I do not know with him as far a bathroom issues</li> <li>I free works and the three and effort</li> <li>Services are light new information separatis and making sare case managers h</li></ul>	•	He is learning how to cope with this situation and his anxiety panics that	
<ul> <li>Somore to tak to and holp me feel empowered to reach the goals meeting therapy <ul> <li>Solar fing therapy</li> <li>Solar fing the fact and the therapy</li> <li>Solar fing the fact and the world</li> <li>Learning</li> <li>Counsaling</li> <li>Co</li></ul></li></ul>		he sometimes has	
<ul> <li>Status Brazy</li> <li>Che or one care</li> <li>So far my such as status to listen belier and be more patient</li> <li>Consoling</li> <li>Learning</li> <li>Consoling</li> <li>Listening: put kis first. offering different services &amp; options</li> <li>Height to deal With rych Matt (and the family received?</li> <li>Listening may new hings in a deal to be been by potential options</li> <li>Height to deal With rych Matt (and the family received?</li> <li>What would improve services your child and the family received?</li> <li>What would improve services your child and the family received?</li> <li>Services closer to lenderson</li> <li>Gonset and behaviors in group in give real input</li> <li>Unscience Levyring group to signat</li> <li>Services closer to lenderson</li> <li>Gonset and whitin second to be the second s</li></ul>	•	Therapist very good at helping child deal with emotions	
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Concerning     C		needed for my child	
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He understands things better	•		
IT Medicaid didn't make it more difficult to obtain services	•		
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Needing more work on her developmental stage since she's delayed	
• 1) getting a psychiatrist that will call us back when needed. 2) getting the	
child into therapy again. 3) getting the child into day treatment	
Nothing. We like everything the way it is.	
<ul> <li>Initial assessment interviewer was hard pressed to form "his" answers</li> </ul>	
and tried to force his opinions as our own. Assessment was written up	
with a high number of mistakes.	
-	
If he could have longer day care	
<ul> <li>Talking more and listening more; willing to try new things and always</li> </ul>	
looking for best way	
<ul> <li>Getting both girls into therapy</li> </ul>	
<ul> <li>Nothing, everything that is being done is excellent</li> </ul>	
<ul> <li>I think we are receiving everything we need.</li> </ul>	
A ride to the doctor's would be nice but everything is okay	
Maybe just a first meeting to explain the whole process & why. Multiple	
fingerprinting, ect. Kinship foster program. Court. Other than that I am	
very pleased at this point.	
Social exposure and corrections in behavior	
<ul> <li>There is nothing that would make them better since the services are</li> </ul>	
excellent	
3. Additional Comments	3. Any additional comments?
I want to thank (3 staff) from Easter Day Treatment Center for the great	• NA
job also (2 staff) for all the support for my son and myself. Thank You.	- 1973
<ul> <li>I would just like to thank you for your help and support. My child has</li> </ul>	
learned a lot as well as myself. So, thank a lot.	
<ul> <li>I have met a lot of professionals but (staff) goes above and beyond with</li> </ul>	
our family she is wonderful if she doesn't have an answer or solution she	
will help you find one She has always been very kind and respectful	
always including parents when making decisions. I would request her	
again.	
<ul> <li>I know this program has benefited both (client) and (client). (Staff) has</li> </ul>	
worked with us to help these children stabilize.	
<ul> <li>(Staff) was very good with (client)</li> </ul>	
(Staff) is doing an excellent job for (client).	
I am so thankful for (3 staff).	
<ul> <li>I hope you'll have more employees like (staff) in the future. She's</li> </ul>	
awesome. I give her a standing ovation. She'll be missed	
I am very satisfied with the help of the therapist because he is helping	
, , , , , , , , , , , , , , , , , , , ,	
my son a lot and my son trusts him. Thanks for your program.	
I can't imagine anyone better equipped o more accessible than (staff) in	
the way she greats us and advocates for our boy!	
I am very pleased with our PEP family worker. She feels like part of our	
family She always has all the answers to my questions Thanks for all	
your help	
Wonderful work - I don't want to lose progress by having to stop services	
now. (see #46)	
. ,	
<ul> <li>It's making sense to me. I need to just relax and enjoy my child and its facilities as good. Its slighing. Thank you (staff) and someony.</li> </ul>	
feeling so good. Its clicking. Thank you (staff) and company	
<ul> <li>Thank you for the support from the whole staff in therapy in helping me</li> </ul>	
understand by learning of issues I didn't know about for a whole year on	
my son. Thank you all	
(Staff) is the best.	
<ul> <li>We are working toward a goal. It is a slow process but we are grateful</li> </ul>	
and patient it will continue	
<ul> <li>Thank you for having this wonderful program for very young children</li> </ul>	
• Thank you for having this wonderful program for very young children	
Some of the questions weren't answered because of the short time my	
son has been in therapy, but in the short time my son has been in	
therapy I have seen good changes.	
<ul> <li>Only that I give thanks to everyone who helped us. Many thanks</li> </ul>	
<ul> <li>(Staff) is very professional and well educated</li> </ul>	
• (Staff) is an excellent ecs worker. She is very patient, kind, gentle. In	
that my child receives help and healing she needs	
<ul> <li>I'm very happy with the services I've received from (staff) and I very</li> </ul>	
much wish to continue receiving services from her.	
<ul> <li>I would not have gotten a lot of my business taken care of if (staff) had</li> </ul>	
not been there to help us or to be my sounding board when I'm having a	
bad day.	
<ul> <li>(Staff) has been awesome help for me and my son.</li> </ul>	
Very nice person	
• (Staff) is the best	
<ul> <li>Thanks for the services offered to my family</li> </ul>	
<ul> <li>(Staff) has been so helpful at explaining to me what his issues are. She</li> </ul>	
is also very easy to understand and is professional and pleasant to be around.	

•	My service provider and social worker are the best. Thank you	
•	I really love the services my children are receiving the counselors are	
	very nice and seem to go out of their way to help with family's needs and	
	they also listen to the parents of children which is very important.	
•	(Staff) has done a good job with (client) and with helping me see where	
	(client) needs help	
•	Over all, once the kids got placed, everyone has been so great. Putting	
	the kids first, really listening and guiding us through this process. The	
	staff in every department is worth their weight in gold. Thank you	
•	My brother is doing a lot better since he began seeing (staff)	

NNCAS		
Outpatient Services Results		
Parent/Caregiver N=35; Youth N=9 Total Served = 239 Sample = 15%	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
The location of services was convenient for us.	91	71
Services were scheduled at times that were right for us.	91	57
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and/or family received.	97	88
The people helping my child and family stuck with us no matter what.	88	57
I felt my child and family had someone to talk to when he/she was troubled.	94	75
The services my child and family received were right for us.	88	50
I received the help I wanted for my child.	95	75
My family got as much help as we needed for my child.	82	63
POSITIVE OUTCOMES		
My child is better at handling daily life.	79	100
My child gets along better with family members.	74	75
My child gets along better with friends and other people.	74	75
My child is doing better in school and/or work.	74	75
My child is better able to cope when things go wrong	71	88
I am satisfied with our family life right now.	67	88
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	75	67
I helped to choose my child and/or family's treatment goals.	97	100
I participated in my child's and family's treatment.	97	100
CULTURAL SENSITIVITY		
Staff treated our family with respect.	97	100
Staff respected our family's religious/spiritual beliefs.	86	100
Staff spoke with me in a way that I understood.	97	100
Staff was sensitive to my family's cultural and ethnic background.	97	100
SOCIAL CONNECTEDNESS		
I know people who will listen and understand me when I need to talk.	89	N/A
I have people that I am comfortable talking with about my child's problems.	89	N/A
In a crisis, I would have the support I need from family or friends.	88	86
I have people with whom I can do enjoyable things.	91	86
I am happy with the friendships I have.	N/A	100
I feel I belong in my community.	N/A	67

NNCAS		
Outpatient Services Results		
Parent/Caregiver N=35; Youth N=9 Total Served = 239 Sample = 15%	Parent/Caregiver Positive Response %	Youth Positive Response %
FUNCTIONING		
My child is better at handling daily life.	79	100
My child gets along better with family members.	79	75
My child gets along better with friends and other people.	74	75
My child is able to do the things he/she wants to do.	91	71
My child is doing better in school and/or work.	74	75
My child is better able to cope when things go wrong.	74	88
INTEREST ITEMS		
Staff explained my child's diagnosis, medication and treatment options.	93	100
Staff explained my child and my family's rights and confidentiality issues.	91	100
I receive support and advocacy from my NV PEP Family Specialist.	75	50
My NV PEP Family Specialist supports me in leading my child's treatment planning or Child and Family Team meetings.	67	80
Our family is aware of people/ services in the community that support us.	91	88
I am better able to handle our family issues.	85	100

I am better able to handle our family issues.85100I am learning helpful parenting skills while in services9488I have information about my child's developmental expectations and<br/>needs.8588

Parent/Caregiver comments	Youth comments
<ol> <li>What has been the most helpful thing about the services your child received?</li> <li>Behavioral</li> <li>Allows my kids to communicate better with us</li> <li>Someone outside of our home to talk to</li> <li>He talks openly in session</li> <li>Before coming here my child did not know how to process his emotions. Now he does</li> <li>CBS and meds</li> <li>(Client) responds to (staff) very well and I have been able to deal better and so has (client)</li> <li>Consistency of therapist</li> </ol>	Youth comments         1. What has been the most helpful thing about the services you received?         • I can get help for my problems         • The support I get         • I helped me get along with everyone a little better         • The relief to be able to talk to someone about anything         • I feel I don't need this         • They help me understand things that are going on in my life better         • Getting out of school
<ul> <li>Methods to use when my son gets an anger fit</li> <li>Self-assurance and telling us what she was going to do</li> <li>My child has been able to transition into our home without a lot of problem</li> <li>Stabilizing his mood swing</li> <li>Knowing my child will look back at her adolescence and be grateful she was given the skills to succeed and cope</li> <li>Support of our therapist</li> <li>Cost = free Counselor willing to see us soon after we called</li> </ul>	
<ul> <li>Everything</li> <li>Communications</li> <li>Our issues handled in timely manner</li> <li>Weekly meetings keep me on track</li> <li>Transitional process. Moved from east coast to west. Culture shock</li> <li>My daughters ability to help herself through daily life</li> <li>Good in-depth exploration of underlying issues affecting his mood and behavior</li> <li>She's dealing with life better</li> <li>Getting the help we needed to put our family back together</li> <li>They have explained to us how to deal better with him</li> <li>Since we've been here in NV (from Florida), he has received more</li> </ul>	

<ul> <li>help from here than we ever did. He has certainly changed his personality &amp; ability to make friends</li> <li>Talking about his emotions</li> <li>The support and empowerment that my daughter is receiving</li> <li>Guidance, suggestions from therapist</li> <li>My daughter is in treatment and is already much better</li> <li>Since coming I can talk more with her and dialog about problems</li> </ul>	2 What would improve convices you received?
2. What would improve services your child and the family received?	2. What would improve services you received?
<ul> <li>Parenting skills</li> <li>Services are just fine</li> <li>Later hours on weekdays and weekend hours</li> <li>Everything is great</li> <li>Expanded hours - evenings &amp; weekend</li> <li>Seeing the doctor to receive a diagnosis</li> <li>I am pleased with the services that I have received from (staff)</li> <li>I would appreciate a bit more firm stand in dealing with my child's issues. i.e the therapist encouraging the child taking more responsibility for the child's actions</li> <li>We are very happy with all the services</li> <li>Maybe "family" counseling - sometimes my older children need help understanding her. They really get frustrated from her behaviors too. I would like classes to help me understand how to help her and myself more</li> <li>Not yet, just beginning the process</li> <li>Be more peaceful</li> <li>I got everything needed</li> <li>Comprehensive psych testing for bipolarity</li> <li>Shorten survey form for parents w/ disability</li> <li>Thank you</li> <li>I really do like the services completely</li> <li>Nothing. In reality everything is pretty good</li> <li>Nothing beyond what you are doing well</li> </ul>	<ul> <li>Nothing else</li> <li>Everything's perfect</li> <li>Get out of school more</li> </ul>
3. Additional Comments	3. Any additional comments?
<ul> <li>They were very helpful</li> <li>TRANS Many thanks for your help</li> <li>(Staff) has been an exceptional help to not only our child, but also to our family as a whole. He has always been extremely professional, caring and willing to help</li> <li>I love my daughter's therapist. She is awesome</li> <li>I have also been coming here with many of my past F.C. children and I have always received the help we and they needed. Thanks for all your hard work on our behalf</li> <li>I am grateful for the help my daughter received</li> <li>Thanks for helping the families be better parents</li> <li>Thanks to doctor (staff) for her services and her attention to us</li> </ul>	<ul> <li>Nope</li> <li>Thank you CBS for helping me</li> </ul>

NNCAS WIN Results		
Parent/Caregiver N=21; Youth N=22 Total Served = 187 Sample = 11%	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
The location of services was convenient for us.	95	88
Services were scheduled at times that were right for us.	90	81
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and/or family received.	95	86
The people helping my child and family stuck with us no matter what.	95	81
I felt my child and family had someone to talk to when he/she was troubled.	100	90
The services my child and family received were right for us.	95	86

NNCAS		
WIN Results		
Parent/Caregiver N=21; Youth N=22 Total Served = 187 Sample = 11%	Parent/Caregiver Positive Response %	Youth Positive Response %
I received the help I wanted for my child.	90	86
My family got as much help as we needed for my child.	95	90
POSITIVE OUTCOMES		
My child is better at handling daily life.	85	73
My child gets along better with family members.	81	67
My child gets along better with friends and other people.	71	77
My child is doing better in school and/or work.	71	71
My child is better able to cope when things go wrong	67	81
I am satisfied with our family life right now.	76	62
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	88	79
I helped to choose my child and/or family's treatment goals.	95	81
I participated in my child's and family's treatment.	95	85
CULTURAL SENSITIVITY		
Staff treated our family with respect.	100	90
Staff respected our family's religious/spiritual beliefs.	100	84
Staff spoke with me in a way that I understood.	100	90
Staff was sensitive to my family's cultural and ethnic background.	95	83
SOCIAL CONNECTEDNESS		
I know people who will listen and understand me when I need to talk.	90	N/A
I have people that I am comfortable talking with about my child's problems.	100	N/A
In a crisis, I would have the support I need from family or friends.	95	95
I have people with whom I can do enjoyable things.	100	91
I am happy with the friendships I have.	N/A	91
I feel I belong in my community.	N/A	77
FUNCTIONING		
My child is better at handling daily life.	85	73
My child gets along better with family members.	81	67
My child gets along better with friends and other people.	71	77
My child is able to do the things he/she wants to do.	76	82
My child is doing better in school and/or work.	71	71
My child is better able to cope when things go wrong.	67	81
INTEREST ITEMS		
Staff explained my child's diagnosis, medication and treatment options.	89	80
Staff explained my child and my family's rights and confidentiality issues.	100	90
I receive support and advocacy from my NV PEP Family Specialist.	82	82
My NV PEP Family Specialist supports me in leading my child's treatment planning or Child and Family Team meetings.	83	80
Our family is aware of people/ services in the community that support us.	100	82
I am better able to handle our family issues.	100	67
I am learning helpful parenting skills while in services	95	82
I have information about my child's developmental expectations and needs.	90	68

Parent/Caregiver comments	Youth comments
<ol> <li>What has been the most helpful thing about the services your child received?</li> <li>Very thankful to be hooked up w/ WIN prg</li> <li>Haven't had child in my home long enough to use services</li> <li>I love my WIN worker. I have learned so much from her. She is a great support for our family</li> <li>They have helped me a lot. I'm really glad to be involved with win, especially (staff). She is so understanding. Great to talk to. Thank you</li> </ol>	<ol> <li>What has been the most helpful thing about the services you received?</li> <li>Don't know</li> <li>Help with my problems</li> <li>Help with the problems I face in my daily life</li> <li>The effectiveness of job searching</li> <li>I like it and like the services' help because I feel safer in foster care</li> <li>I got a lot of help from people when we had meeting</li> <li>Knowing you not alone in the world</li> <li>They teach me skills about life</li> <li>Meetings, home visits to see I'm doing okay</li> <li>All the support I have</li> <li>It's dependable</li> <li>My win worker is very helpful and extremely good at understanding me</li> <li>I can better cope with my anger</li> <li>Having someone to talk to</li> <li>It helps me succeed with things I never could do or get over with</li> <li>I can get out of the house</li> <li>The people who help me when I need it</li> <li>Talking to (staff); close to foster mom</li> </ol>
<ul> <li>2. What would improve services your child and the family received? <ul> <li>I have not been w/ WIN long to see any improvements. I like the services we receive and grateful for having case mg</li> <li>More one on one time w/ child</li> <li>Everything you have done has been so helpful. Thanks</li> <li>Nothing</li> <li>Working harder in getting us out of the system</li> <li>If we could all be there together as a group so we all know what's going on</li> <li>None that I can think of</li> <li>Does not apply</li> <li>Nothing. My worker goes above &amp; beyond for my whole family</li> <li>Services are fine. I'm happy with it</li> <li>Everything has been working out great, thank you</li> <li>I don't know of any right now that will help me and my family</li> </ul> </li> </ul>	<ul> <li>2. What would improve services you received?</li> <li>Nothing <ul> <li>I don't know</li> <li>Things I did help like some things</li> <li>They're already great</li> <li>Stop changing workers</li> <li>Nothing really. I'm very happy with what services are provided</li> <li>To be back at (placement) home</li> </ul> </li> </ul>
<ul> <li>Additional Comments <ul> <li>Haven't had child in my home long enough to use services</li> <li>I love my WIN worker. I have learned so much from her. She is a great support for our family</li> <li>They have helped me a lot. I'm really glad to be involved with win, especially (staff). She is so understanding ? Great to talk to. Thank you</li> </ul> </li> </ul>	<ul> <li>3. Any additional comments?</li> <li>None</li> <li>No comments</li> <li>Thank you</li> </ul>

NNCAS Early Childhood Treatment Results		
Parent/Caregiver N=30; Youth N=NA Total Served = 186 Sample = 16%	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
The location of services was convenient for us.	77	NA
Services were scheduled at times that were right for us.	90	NA
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and/or family received.	97	NA
The people helping my child and family stuck with us no matter what.	87	NA

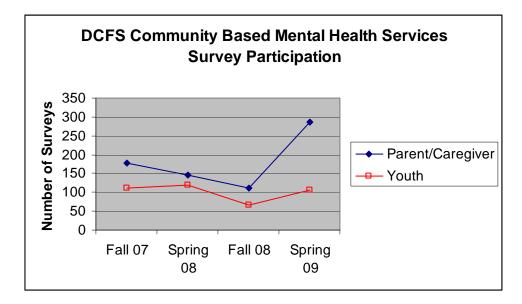
NNCAS		
Early Childhood Treatment Resu	ilts	
Parent/Caregiver N=30; Youth N=NA Total Served = 186 Sample = 16%	Parent/Caregiver Positive Response %	Youth Positive Response %
I felt my child and family had someone to talk to when he/she was troubled.	90	NA
The services my child and family received were right for us.	93	NA
I received the help I wanted for my child.	90	NA
My family got as much help as we needed for my child.	83	NA
POSITIVE OUTCOMES		
My child is better at handling daily life.	83	NA
My child gets along better with family members.	87	NA
My child gets along better with friends and other people.	73	NA
My child is doing better in school and/or work.	77	NA
My child is better able to cope when things go wrong	73	NA
I am satisfied with our family life right now.	79	NA
PARTICIPATION IN TREATMENT		
I helped to choose my child and family's services.	75	NA
I helped to choose my child and/or family's treatment goals.	93	NA
I participated in my child's and family's treatment.	100	NA
CULTURAL SENSITIVITY	100	1071
Staff treated our family with respect.	93	NA
Staff respected our family's religious/spiritual beliefs.	91	NA
Staff spoke with me in a way that I understood.	100	NA
Staff was sensitive to my family's cultural and ethnic background.	95	NA
SOCIAL CONNECTEDNESS	,3	
I know people who will listen and understand me when I need to talk.	93	NA
I have people that I am comfortable talking with about my child's problems.	97	NA
In a crisis, I would have the support I need from family or friends.	83	NA
I have people with whom I can do enjoyable things.	97	NA
I am happy with the friendships I have.	N/A	NA
I feel I belong in my community.	N/A	NA
FUNCTIONING		
My child is better at handling daily life.	83	NA
My child gets along better with family members.	87	NA
My child gets along better with friends and other people.	73	NA
My child is able to do the things he/she wants to do.	80	NA
My child is doing better in school and/or work.	77	NA
My child is better able to cope when things go wrong.	73	NA
INTEREST ITEMS		
Staff explained my child's diagnosis, medication and treatment options.	96	NA
Staff explained my child and my family's rights and confidentiality issues.	93	NA
I receive support and advocacy from my NV PEP Family Specialist.	67	NA
My NV PEP Family Specialist supports me in leading my child's treatment	75	
planning or Child and Family Team meetings.		NA
Our family is aware of people/ services in the community that support us.	87	NA
I am better able to handle our family issues.	83	NA
I am learning helpful parenting skills while in services	100	NA
I have information about my child's developmental expectations and	87	NA

eeds.	
	· · · ·
arent/Caregiver comments	Youth comments
. What has been the most helpful thing about the services your child eceived?	1. What has been the most helpful thing about the services you received?
<ul><li>Family support</li><li>A phone call away</li></ul>	• NA
<ul> <li>Starting the process to get a diagnosis</li> <li>Learning to behave at home and school</li> </ul>	
<ul> <li>We've only come a few times. Too early to tell</li> <li>The opportunity to dialogue one on one with the therapist.</li> </ul>	
<ul> <li>Learning how to be a better parent</li> <li>Counselor is amazing, very knowledgeable &amp; supportive</li> </ul>	
<ul> <li>The caring and concern</li> <li>Better coping skills</li> </ul>	
<ul> <li>Better coping skins</li> <li>It's helped me to understand what's wrong with my child and how I can help him</li> </ul>	
<ul> <li>To deal with behavior</li> <li>Sticking with us, trying new strategies, understanding and</li> </ul>	
<ul> <li>acknowledging feelings</li> <li>Better able to calm child down</li> </ul>	
• The positive reinforcement of our counselor. then being there in	
<ul><li> Someone my child can talk to and understand his needs</li></ul>	
<ul><li>Better able to speak</li><li>He has not been here long enough to see any changes</li></ul>	
<ul> <li>Everything overall. Dealing with his frustrations and how to communicate</li> </ul>	
<ul> <li>This is helping (client) to play w/ his mommy and not get so mad at her and hit her. (Staff) is doing a wonderful job</li> </ul>	
<ul> <li>My child now has someone he can open up to and express his concerns to</li> </ul>	
In helping understand reasons our foster child may act out and	
<ul><li>ways to help her through her emotions</li><li>Helping with his temper and behavior issues</li></ul>	
<ul> <li>Understanding his emotional needs so we don't have as much of a power struggle</li> </ul>	
<ul> <li>Autism diagnosis</li> <li>We have learned how to give positive attention before negative</li> </ul>	
<ul> <li>attention is needed</li> <li>More open to talking</li> </ul>	
What would improve services your child and the family received?	2. What would improve services you received?
<ul> <li>Not sure. Everything works well and everyone is so supportive</li> <li>The day treatment program would be nice for my child since she's starting school in lub.</li> </ul>	• NA
<ul> <li>starting school in July</li> <li>Time</li> </ul>	
<ul> <li>For the child to be more consistent in listening and minding. Overall the services have been very good. To learn self discipline.</li> </ul>	
Nothing     Closer location	
<ul> <li>What are the age appropriate expectations of children?</li> <li>It seems excellent to me so far</li> </ul>	
<ul> <li>Parenting skills, Help me understand why my son act out when he gets frustrated.</li> </ul>	
<ul> <li>I feel that you are doing a wonderful job</li> <li>We are progressing by seeing the way the children all interact with</li> </ul>	
<ul> <li>each other</li> <li>At this point I do not feel any part of the process needs</li> </ul>	
improvement. I believe we are all on the correct path, just slow moving.	
<ul><li>We were on a waiting list for a long time</li><li>Maintain an open dialog. Knowledge of all services in the</li></ul>	
<ul> <li>surrounding area that are available</li> <li>Closer to home locations for those that do not have transportation and some occasional in-home visits to see children in an everyday</li> </ul>	
<ul> <li>Need more options, education for children and parents of children</li> </ul>	
<ul> <li>Need more options, education for children and parents or children w/ autism and autism spectrum disorders</li> </ul>	

3. Additional Comments	3. Any additional comments?
<ul> <li>There's a day treatment program in effect. I think the older children that are getting ready to start Kindergarten should be able to have first dibs on getting in.</li> <li>God bless you all and thank you</li> <li>I like the services</li> <li>My child very much enjoys his time with and feels safe with (staff)</li> <li>You guys are great. Wish there were more of you</li> <li>In the brief time, it is nice to know this service has been available. Wish we knew of this service when we first became foster parents over a year ago</li> <li>Schools also need education on children with these disorders</li> </ul>	• NA

#### Survey participation

This current survey is the fourth statewide children's community-based services survey to date conducted by DCFS. The following graph depicts parent/caregiver and youth participation over the past four surveys.



The current survey shows a statewide increase (156%) in parent/caregiver participation and a corresponding increase (65%) in youth participation when compared to the same survey conducted in the Fall of last year.

When combining respective agency parent/caregiver and youth survey production totals, NNCAS realized a 46% jump in respondent participation over that agency's Fall survey total. SNCAS realized an impressive 186% jump in their respondent totals. Staff from each agency are to be commended for their efforts in securing wider survey distribution.

An Hispanic version of the parent/caregiver survey instrument was again available for this project. Of the 287 parent/caregiver surveys returned statewide, 22 were in Spanish. The Fall survey garnered six Spanish surveys statewide.

As always, the Division of Child and Family Services Planning and Evaluation Unit extends its appreciation to all youth and parents/caregivers who participated in this survey. Equal appreciation goes to DCFS program area staff for the absolutely essential support they provided in carrying out this quality assurance project. Thanks to all.

# ATTACHMENT C

## **DCFS Residential and Psychiatric Inpatient Services Survey – Fall 2009**

# DCFS Residential and Psychiatric Inpatient Services Parent / Caregiver – Youth Survey Results Statewide Fall 2009

From mid October to the end of November, 2009, the Division of Child and Family Services (DCFS) conducted its fall survey of children's residential and psychiatric inpatient mental health service programs offered through the Northern Nevada Child and Adolescent Services (NNCAS) and the Southern Nevada Child and Adolescent Services (SNCAS). Parent/caregivers with children in treatment and youths themselves (if age 12 or older) from both agencies were solicited to voluntarily participate in completing the survey instrument.

Participants were asked to disagree or agree with a series of statements relating to nine focal areas or domains that reflect residential and inpatient participant experience. These domains include those areas deemed by the Federal Mental Health Statistical Improvement Program as reflective of mental health programming effectiveness. The nine domains covered by the survey include convenience in receiving services (Access); whether services being received are acceptable (General Satisfaction); do participants have a directive role in the course of their treatment (Treatment Participation); is important information being shared during treatment (Treatment Information); is the physical environment seen as safe and comfortable (Environment and Safety); are staff respectful of participant religion, culture and ethnicity (Cultural Sensitivity); are client educational needs being met adequately (Education); do clients feel supported in the program and are they aware of community-based support (Social Connectedness); and how well do clients see themselves functioning in daily life (Positive Outcomes).

#### **Survey Report Format**

For this report, residential and psychiatric inpatient services survey results are in table format and are presented by service type and facility name under each of the DCFS children's mental health programs (NNCAS and SNCAS). NNCAS currently has residential programs only. SNCAS has both residential and psychiatric inpatient programs. Parent/caregiver and youth responses for each program appear together under each domain.

The Parent/Caregiver and Youth Positive Response numbers appearing under each domain are reported in percentages. A percentage number represents the degree to which a particular domain statement was endorsed or rated positively by respondents. Since not every survey respondent answers every statement, each statement's percentage numbers are based upon the actual number of responses to that particular statement.

A domain statement percentage number followed by an (\*) indicates the percentage number as having matched or exceeded the rating for that item found on the last residential/inpatient survey.

You will notice, too, that statements on the survey with less than a 60% Positive Response number are "courtesy highlighted". Courtesy highlights call attention to any survey item having a respondent endorsement rate that is approaching the lower end of the frequency scale. Programs having courtesy highlighted items should monitor these particular items in subsequent surveys should similarly low endorsement rates re-occur. Programs should give special attention to a highlighted statement's subject matter when considering if any programmatic or other corrective action might be taken.

Following each service area's domain results, you will find listed whatever remarks respondents offered regarding what was the most helpful thing about the services they received, what would improve upon the services they received and any additional comments they might have had. A final section on survey participation concludes the report.

#### **Survey Participants**

Participants in the fall survey included parents or caregivers with children receiving residential or psychiatric inpatient mental health treatment and the youths themselves where age appropriate. The youth survey is completed by youth ages 12 and older. Twenty two parent/caregivers statewide completed the survey in addition to 73 youth statewide who were still in treatment. Planning and Evaluation Unit staff or other non-direct treatment staff solicited survey participants at the different program sites providing the clients' mental health services. Survey questionnaires were self-administered and when completed put into secure containers. Some parent/caregivers chose to complete the surveys at home and mail them to Planning and Evaluation Unit offices. Survey participation was entirely voluntary and survey responses were both anonymous and confidential.

The table on the next page presents the number of parent/caregiver and youth surveys received from each program site. The table also includes the percentage of clients served who were sampled by the respective program's parent/caregiver survey. Youth percentages are not given since not all clients served were age eligible for survey participation and any percentage would be non representative.

Following the table, residential and psychiatric inpatient services survey results are presented by service type and facility name.

#### **SURVEYS**

	P	arent/Caregiv	er	Youth
AGENCY & SITE	Number of Surveys	Number of Clients Served	Survey Sample Percent	Number of Surveys
NNCAS				
Residential: ATC	7	18	39	11
Residential: FLH	4	18	22	7
Total	11	36	31	18
SNCAS				
Residential: OASIS	6	32	19	15
Inpatient: DWTC	5	59	9	40
Total	11	91	12	55

**Statewide Total** 

Note: ATC = Adolescent Treatment Center

22

FLH

= Family Learning Homes

= Oasis On-Campus Treatment Homes OASIS

127

17

73

DWTC = Desert Willow Treatment Center

# **DCFS Residential Services** Parent / Caregiver - Youth Survey Results Statewide Fall 2009

Note: The Parent/Caregiver and the Youth surveys share questions 6 through 31 in the same numerical sequence. The Parent/Caregiver survey has three additional questions (marked "caregiver") that do not appear on the Youth survey.

NORTHERN NEVADA CHILD AND ADOLESCE	ENT SERVICES	
ATC		
Parent/Caregiver N=7; % Total Served = 39 Youth N=11	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
Services are scheduled at times that are right for me and my family.	100*	36
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and family receive.	86	45
The people helping my child and family stick with us no matter what.	100*	36
I feel my child and family have someone to talk to when he/she is troubled.	100*	55
The services my child and family receive are right for us.	100*	45
My family gets the help we want for my child.	100*	55 *
My family gets as much help as we need for my child.	100*	45
TREATMENT PARTICIPATION		
I help to choose my child's services.	100*	18

# NORTHERN NEVADA CHILD AND ADOLESCENT SERVICES

ATC		
Parent/Caregiver N=7; % Total Served = 39	Parent/Caregiver	Youth
Youth N=11	Positive Response	Positive
	%	Response %
I help to choose my child's treatment goals in the treatment team meeting.	100*	55
I participate in my child's treatment.	100*	64
TREATMENT INFORMATION	r	
Staff explain my child's diagnosis, medication and treatment options.	100*	20
Staff explain my child and family's rights and confidentiality issues.	100*	36
I am learning helpful parenting skills while in services. (caregiver)	100*	n/a
I have information about my child's developmental expectations and needs. (caregiver)	100*	n/a
ENVIRONMENT AND SAFETY		
Services are provided in a safe, comfortable environment that is well cared for.	100*	27
Visitation rooms are comfortable and provide privacy with my child.	86*	40
CULTURAL SENSITIVITY		
Staff treat me and my family with respect.	100*	64 *
Staff respect my family's religious/spiritual beliefs.	83	33
Staff speak with me in a way that I understand.	100*	73 *
Staff are sensitive to my cultural and ethnic background.	80	44
EDUCATION		
My child's educational needs are being met during his/her stay in the acute/	86	80
residential services.	00	80
SOCIAL CONNECTEDNESS		
I feel my child and family have someone to talk to when he/she is troubled.	100*	55
Our family is aware of people and services in the community that support us.	86	45
POSITIVE OUTCOMES		
My child is better at handling daily life.	71	63
My child gets along better with family members.	86*	50
My child gets along better with friends and other people.	86*	78 *
My child is doing better in school and/or work	71	56
My child copes in difficult situations much better.	86*	70
I am satisfied with our family life right now.	43	40
I am better able to handle our family issues. (caregiver)	83	n/a

PARENT / CAREGIVER COMMENTS	YOUTH COMMENTS
What has been the most helpful thing about the services your child received?	What has been the most helpful thing about the services you receive?
<ul> <li>Being able to have family sessions. Working on his levels to earn privileges for his positive behaviors.</li> <li>Communications with others</li> <li>The tools my son are learning are helping</li> <li>Helping him think when angry</li> <li>Tools to help her change her attitude</li> <li>(Client) has been there for a short time but I'm glad she's able to start the help.</li> </ul>	<ul> <li>Nothing</li> <li>My family can't get hold of me.</li> <li>Staff trying to make us respect them when they don't show us respect</li> <li>Undecided at this moment</li> <li>That staff are not giving up no matter what, and they help you the best they can.</li> <li>To get as much help</li> <li>Nothing at all for me.</li> <li>Self control and a better understanding of things</li> <li>I am getting my problems solved</li> </ul>

What would improve services your child and the family received?	What would improve the services you receive?
<ul> <li>Don't know at this time</li> <li>Continued working together on solutions.</li> <li>Nothing</li> <li>That she knows that there is someone there to talk to when she can't talk to me.</li> </ul>	<ul> <li>The body space thing is retarded. I mean we should be able to touch each other in an appropriate way, even if we have emotional feeling person</li> <li>I would listen more</li> <li>More Freedom!</li> <li>The food</li> <li>The food could be better</li> <li>I want the food to be good but it isn't at all.</li> <li>More freedom, more privs</li> <li>Less time in rooms</li> </ul>
Additional Comments	Additional Comments
<ul> <li>Continued family support</li> <li>I think this program will help (client). She knows a little that you guys are there to help her in her mood swings, mania, and other issues she's dealing with.</li> </ul>	<ul> <li>No</li> <li>Staff abuse their power rights.</li> <li>Thank you so far for helping me.</li> <li>The food is not good at all.</li> <li>No body space issues</li> <li>Need to work on school more and have better teachers. Need to work on Plato more</li> </ul>

NORTHERN NEVADA CHILD AND ADOLESCENT SERVICES

FLH		
Parent/Caregiver N= 4 % Total Served = 22 Youth N= 7	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
Services are scheduled at times that are right for me and my family.	100*	86 *
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and family receive.	100*	71*
The people helping my child and family stick with us no matter what.	100*	86 *
I feel my child and family have someone to talk to when he/she is troubled.	100*	57
The services my child and family receive are right for us.	100*	86 *
My family gets the help we want for my child.	100*	71
My family gets as much help as we need for my child.	100*	71 *
TREATMENT PARTICIPATION		
I help to choose my child's services.	100*	71 *
I help to choose my child's treatment goals in the treatment team meeting.	100*	83 *
I participate in my child's treatment.	100*	86 *
TREATMENT INFORMATION		
Staff explain my child's diagnosis, medication and treatment options.	100*	83 *
Staff explain my child and family's rights and confidentiality issues.	100*	100 *
I am learning helpful parenting skills while in services. (caregiver)	86*	n/a
I have information about my child's developmental expectations and needs. (caregiver)	86*	n/a
ENVIRONMENT AND SAFETY		
Services are provided in a safe, comfortable environment that is well cared for.	100*	86 *
Visitation rooms are comfortable and provide privacy with my child.	86*	67 *
CULTURAL SENSITIVITY		
Staff treat me and my family with respect.	100*	86 *

# NORTHERN NEVADA CHILD AND ADOLESCENT SERVICES

FLH		
Parent/Caregiver N= 4 % Total Served = 22 Youth N= 7	Parent/Caregiver Positive Response %	Youth Positive Response %
Staff respect my family's religious/spiritual beliefs.	100*	100 *
Staff speak with me in a way that I understand.	100*	86 *
Staff are sensitive to my cultural and ethnic background.	100*	86 *
EDUCATION		
My child's educational needs are being met during his/her stay in the acute/ residential services.	100*	100 *
SOCIAL CONNECTEDNESS		
I feel my child and family have someone to talk to when he/she is troubled.	100*	57
Our family is aware of people and services in the community that support us.	100*	71 *
POSITIVE OUTCOMES		
My child is better at handling daily life.	75*	71
My child gets along better with family members.	100*	83
My child gets along better with friends and other people.	100*	86
My child is doing better in school and/or work	50*	86 *
My child copes in difficult situations much better.	100*	71
I am satisfied with our family life right now.	75*	57
I am better able to handle our family issues. (caregiver)	100*	n/a

PARENT / CAREGIVER COMMENTS	YOUTH COMMENTS
What has been the most helpful thing about the services your child received?	What has been the most helpful thing about the services you receive?
<ul> <li>Basically I feel that your services are teaching me how to have hope and give boundaries!</li> <li>He doesn't talk back. He gets along with his brother better.</li> <li>Staff at the home are really wonderful, supportive, sympathetic and a great resource.</li> <li>The help we're receiving is helping the whole family - which was needed.</li> </ul>	<ul> <li>The fact that my family and I</li> <li>Staff are helping me with my problems</li> <li>That I have been able to go out into the community and get a job and be with my family</li> <li>I'm getting help with my behavior</li> <li>The school and with my family</li> <li>Nothing at all. It's all f******g stupid</li> <li>A safe place to stay</li> </ul>
What would improve services your child and the family received?	What would improve the services you receive?
<ul> <li>I feel very satisfied with all of the services that my family is receiving!</li> <li>The ability of the learning home to ensure that it can offer educational services commensurate with a child's ability - Sierra Vista is not a good educational choice</li> </ul>	<ul> <li>The point system</li> <li>My behavior and school</li> <li>Giving me some privacy and more independent time and minding their own business when it doesn't concern them.</li> <li>More trustable staff</li> </ul>
Additional Comments	Additional Comments
My family and I feel that you are all doing a super job.	<ul><li>We should have internet</li><li>We need better food and more space</li></ul>

OASIS	SERVICES	
Parent/Caregiver N=6; % Total Served = 19 Youth N= 15	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
Services are scheduled at times that are right for me and my family.	83	93 *
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and family receive.	100*	87 *
The people helping my child and family stick with us no matter what.	100*	93 *
I feel my child and family have someone to talk to when he/she is troubled.	100*	87 *
The services my child and family receive are right for us.	100*	80 *
My family gets the help we want for my child.	83*	87 *
My family gets as much help as we need for my child.	67*	80
TREATMENT PARTICIPATION		
I help to choose my child's services.	83	42 *
I help to choose my child's treatment goals in the treatment team meeting.	100*	83 *
I participate in my child's treatment.	100*	85
TREATMENT INFORMATION		
Staff explain my child's diagnosis, medication and treatment options.	100*	67
Staff explain my child and family's rights and confidentiality issues.	100*	93 *
I am learning helpful parenting skills while in services. (caregiver)	67	n/a
I have information about my child's developmental expectations and needs.	100*	n/a
(caregiver)	100*	n/a
ENVIRONMENT AND SAFETY		
Services are provided in a safe, comfortable environment that is well cared for.	83	93
Visitation rooms are comfortable and provide privacy with my child.	80*	73
CULTURAL SENSITIVITY		
Staff treat me and my family with respect.	100*	87 *
Staff respect my family's religious/spiritual beliefs.	83*	100 *
Staff speak with me in a way that I understand.	100*	100 *
Staff are sensitive to my cultural and ethnic background.	100*	100 *
EDUCATION		
My child's educational needs are being met during his/her stay in the acute/		
residential services.	100*	93
SOCIAL CONNECTEDNESS		
I feel my child and family have someone to talk to when he/she is troubled.	100*	87
Our family is aware of people and services in the community that support us.	100*	93 *
POSITIVE OUTCOMES		
My child is better at handling daily life.	83	73 *
My child gets along better with family members.	83	79
My child gets along better with friends and other people.	60	73
My child is doing better in school and/or work	80*	79 *
My child copes in difficult situations much better.	67	87 *
I am satisfied with our family life right now.	67	67
I am better able to handle our family issues. (caregiver)	80	n/a

PARENT / CAREGIVER COMMENTS	YOUTH COMMENTS
What has been the most helpful thing about the services your child received?	What has been the most helpful thing about the services you receive?
<ul> <li>Parent Supervisor (staff) very supportive! Treatment Home always available w/ help from therapist (staff) at "Oasis" when &amp; if help needed to take back child in emergency</li> <li>Family sessions, other options I can have with my child</li> <li>The staff at oasis and the family are on the same page and they talk to us whenever we needed to know anything.</li> <li>The staff briefing me on my child's development while in the program.</li> </ul>	<ul> <li>Everything has been helpful</li> <li>Safe environment</li> <li>Seeing my family</li> <li>Everything has been helpful</li> <li>They take time out of their time when I need it</li> <li>Staff support</li> <li>Helping to control anger</li> <li>Staff and parent support</li> <li>I get to see my family. I eat, I sleep and I get to go to school, and I listen to my CD player</li> <li>I don't know</li> <li>Staff helps me understand things</li> </ul>
What would improve services your child and the family received?	What would improve the services you receive?
<ul> <li>All is well</li> <li>More healthy foods avail. &amp; given. Less high fats, salty &amp; carbs (as child getting chubby!) affects health, especially when on meds ex: Lithium</li> <li>Oasis staff is one of the best (client) ever had while in treatment.</li> </ul>	<ul> <li>Nothing</li> <li>Better rewards and stricter consequences for the 'troubled' ones.</li> <li>Nicer staff</li> <li>I would like to have talked to family.</li> <li>I don't know</li> </ul>
Additional Comments	Additional Comments
<ul> <li>Would like to see more long term or institutions available in community. Need more funding avail. for mental health svc's. ex. So can have staff transport kids to med. appts, hosp., etc. (parent &amp; therapist doing it mostly to ex: horse therapy). Funding for an additional outside psych. soc. wkr / basic skills worker as a 'therapeutic big bros. / sister for example! Less turnover for staff / 'helpers'. Too many part-timers (kids get attached &amp; need regulars can count on &amp; most play the 'splitting game' /s (he said, she said) game with!</li> <li>Staff members were kind and were willing to listen and give advice</li> <li>The staff here at Oasis is very supportive, respectful, and mindful of my child &amp; family needs</li> </ul>	No     Ilove it here

SOUTHERN NEVADA CHILD AND ADOLESCENT SERVICES		
DWTC		
Parent/Caregiver N= 5; % Total Served = 7 Youth N=40	Parent/Caregiver Positive Response %	Youth Positive Response %
ACCESS TO SERVICES		
Services are scheduled at times that are right for me and my family.	80	78 *
GENERAL SATISFACTION		
Overall, I am pleased with the services my child and family receive.	80	63
The people helping my child and family stick with us no matter what.	60	67*
I feel my child and family have someone to talk to when he/she is troubled.	80	68*
The services my child and family receive are right for us.	80	73*
My family gets the help we want for my child.	80	69*
My family gets as much help as we need for my child.	80	79
TREATMENT PARTICIPATION		
I help to choose my child's services.	75	54

SOUTHERN NEVADA CHILD AND ADOLESCENT SERVICES
DWTC

DWTC		
Parent/Caregiver N= 5; % Total Served = 7 Youth N=40	Parent/Caregiver Positive Response %	Youth Positive Response %
I help to choose my child's treatment goals in the treatment team meeting.	80	70
I participate in my child's treatment.	80	71
TREATMENT INFORMATION		
Staff explain my child's diagnosis, medication and treatment options.	80	78 *
Staff explain my child and family's rights and confidentiality issues.	80	90 *
I am learning helpful parenting skills while in services. (caregiver)	50	n/a
I have information about my child's developmental expectations and needs. (caregiver)	60	n/a
ENVIRONMENT AND SAFETY		
Services are provided in a safe, comfortable environment that is well cared for.	80	65
Visitation rooms are comfortable and provide privacy with my child.	80*	58*
CULTURAL SENSITIVITY		
Staff treat me and my family with respect.	80	69*
Staff respect my family's religious/spiritual beliefs.	40	81
Staff speak with me in a way that I understand.	80	80*
Staff are sensitive to my cultural and ethnic background.	60	79
EDUCATION		
My child's educational needs are being met during his/her stay in the acute/ residential services.	75	73 *
SOCIAL CONNECTEDNESS		
I feel my child and family have someone to talk to when he/she is troubled.	80	68*
Our family is aware of people and services in the community that support us.	60	71
POSITIVE OUTCOMES		
My child is better at handling daily life.	80	79 *
My child gets along better with family members.	60	72*
My child gets along better with friends and other people.	40	68
My child is doing better in school and/or work	50	74 *
My child copes in difficult situations much better.	60	62
I am satisfied with our family life right now.	40	65*
I am better able to handle our family issues. (caregiver)	60	n/a

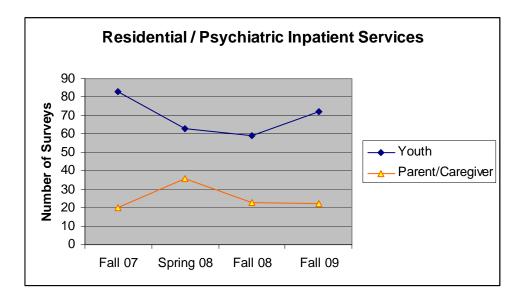
PARENT / CAREGIVER COMMENTS	YOUTH COMMENTS
What has been the most helpful thing about the services your child received?	What has been the most helpful thing about the services you receive?
<ul> <li>The isolation</li> <li>Everything good, care about my son</li> <li>the friendly staff and the care of the people here at desert willow</li> <li>long term treatment instead of a private facility that send them home too soon</li> <li>I feel that we have been very fortunate to have the contact and interaction with staff that we have had. This has really helped us to understand (client)'s treatment better</li> </ul>	<ul> <li>That I'm over all getting help and treated nicely</li> <li>To relax and be less anxious</li> <li>They help me a lot</li> <li>Coping skills</li> <li>That no matter what people would always be their for me</li> <li>The staff is sometimes helpful</li> <li>DBT</li> <li>Having someone else recognize that I'm getting angry and help me to take a few minutes to calm down</li> <li>Recreational therapy</li> <li>My time to express my feelings with my family session</li> <li>None</li> <li>I haven't really gotten all the help I need as of now</li> <li>Loves I am getting to talk about my things I do wrong and I get</li> </ul>

What would improve services your child and the family received?	<ul> <li>to work with my problems</li> <li>My therapy sessions</li> <li>Advice</li> <li>Staff showing me right for wrong and patience</li> <li>Treatment team and staff helping me</li> <li>I get the help I need and tell me positive things that can help me in life</li> <li>Family therapy</li> <li>Staff helps me when I am upset, or sad.</li> <li>People have been helping me get over my Mother's death and the bad things I've gone through.</li> <li>I feel more comfortable with the staff</li> <li>They are trying to get me back on track and my family as well</li> <li>My counselor</li> <li>Treatment</li> <li>To be able to tell my dad the truth, and not lying to him any more</li> <li>They help me learn what I did again</li> <li>How my cycle starts and how to stop it.</li> <li>How to treat 1 lady</li> <li>Staff and my MHT Primary have helped me I needed it most.</li> <li>Getting help with my assignments</li> <li>Knowing how to control my sexual deviant thought</li> <li>I have learned about how to help myself</li> <li>They're there for me whenever I need to talk about something or need help.</li> <li>Talking about my crime</li> <li>The staff have taught me a little to control my anger</li> <li>The treatment team is always there if you need to talk to someone and they really care about helping you</li> </ul>
Longer evaluation time for comfort of patient and parents     The doctor is very good, and staff very understanding with the parent.     the public being more aware that a long term facility is in southern Nevada	<ul> <li>That I could be more open with them</li> <li>Staff should be more patient and understanding</li> <li>None. They do good</li> <li>Talking more, feeding less, not as much fitness group!</li> <li>If I had the family support</li> <li>That there would be more groups &amp; treatment</li> <li>Better food. More food.</li> <li>More therapy. They should give us more responsibilities and freedom.</li> <li>More therapy/treatment and actual experienced therapists</li> <li>My following directions and being defiant</li> <li>Being able to control my means of treatment better</li> <li>I would improve my problems and to start to share my bad (?) ideas.</li> <li>By doing the right things</li> <li>To go to a drug rehabilitation place. Talk to therapist and doctors more, do more activities that are beneficial, get better food.</li> <li>More sessions</li> <li>Clean environment</li> <li>If I could talk to my therapist when needed</li> <li>Give the staff more money</li> <li>To see my therapist more, that would help.</li> <li>More therapy</li> <li>My interactions in the community</li> <li>JJS girls and boys touch</li> <li>Nothing really</li> <li>More exercise, and able to read bible anywhere</li> <li>I get more on one help</li> <li>The way reunification is run</li> <li>it's everything I wanted</li> <li>More att and things to do and to have communication</li> <li>All the staff being respectful</li> <li>More staff that listen</li> </ul>

	<ul> <li>Me learning to follow unit rules and also getting along with peers.</li> <li>To focus hard and do what I need</li> <li>Maybe the food? But other than that everything was perfect for my needs</li> </ul>
Additional Comments	Additional Comments
<ul> <li>This is a good program</li> <li>Thank you</li> <li>(Staff) is amazing and has been wonderful with (client). (Staff) has been very approachable and engaged in (client)'s treatment. (Staff) was our first and most constant form of contact and always made me feel like someone was really watching out for (client). (Staff) has worked wonders with (client). (Client) has learned a lot about appropriate and inappropriate behavior from him. (Staff) has really worked with our family as far as (client) goes and has really kept us in the loop about what is going on with him. Everyone here has been wonderful.</li> </ul>	<ul> <li>No thank you</li> <li>Food is terrible</li> <li>Change food and staff stop putting hands on us</li> <li>We should lock the doors at bedtime</li> <li>Does the survey affect the treatment services here?</li> <li>Not getting enough therapy</li> <li>I like this treatment center Than the other ones I've gone to.</li> <li>Great place</li> <li>I just want to say thank you for helping me achieve my goals in life</li> <li>Just because we are sex offenders does not mean that we have to be treated different. Every sex offender you ask will think that.</li> </ul>

#### **Survey participation**

This current survey is the fourth statewide residential and psychiatric inpatient services survey conducted by DCFS. The following graph depicts parent/caregiver and youth participation over the past four surveys.



This Fall 09 survey is the first to be conducted under a new twelve month survey interval schedule. Hoping in part to encourage greater respondent participation, DCFS changed its survey intervals from six months to a full twelve after the completion of the Fall 08 survey. The most recent survey results do indeed show a 15% increase statewide in the combined total of youth and parent/caregiver participating. That difference however is due entirely to increased youth participation (up 24%). Parent/caregiver participation rates remained constant.

Prior to next year's survey, programs may want to focus on developing strategies for increasing the survey participation of the adults who care for the children those programs serve.

The Division of Child and Family Services / Planning and Evaluation Unit once again extends its appreciation to all residential and psychiatric inpatient youth and parents/caregivers who participated in this survey. Our gratitude goes as well to residential and psychiatric inpatient staff statewide for their support in carrying out this quality assurance project. Thanks to all.

## ATTACHMENT D

## Risk Measures / Departure Conditions Report: Oasis

### Division of Child and Family Services SNCAS Oasis Program Risk Measures and Departure Conditions Report - 2009

#### INTRODUCTION

Risk measures are areas of risk identified to conduct program improvement in order to decrease risk behavior by children and adolescents in specialized foster care placement and improve safety outcomes. The collection of risk measures data commenced statewide in the first quarter of 2008.

A departure (or discharge) means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster care home and admitted to another within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period. The collection of departure conditions data began in September 2008.

The 2009 reports reflect the collection and data analysis of risk measures and departure conditions for the reporting period of January 2009 through December 2009.

All of the risk measure and departure conditions data is self-reported by each specialized foster care provider which presents some risk that a true count of incidences goes unreported or under-reported. In order to mitigate this risk and to ensure improved validity of the data submitted, the Division of Child and Family Services, Planning and Evaluation Unit (PEU) staff started the process of monthly data clean up and provider education whenever the need for clarification was identified in the data submission; this process started in late 2008 and continued throughout the 2009 reporting period.

Oasis submitted all their data timely and is to be commended for their willingness to share this very important information.

#### **RISK MEASURES AND DEPARTURE CONDITIONS**

Four areas of risk were selected for reporting. These high-risk areas were determined to be the most salient and, when monitored, could be used for risk prevention. The four risk areas were:

- Suicide
- Medication errors
- AWOL (runaways)
- Safety holds

Specialized foster care providers were asked to track and report departure conditions on children and adolescents discharged from services during the 12-month reporting period. A departure (or discharge) means either a child is discharged from a specialized foster care agency or a child is discharged from

one specialized foster care home and admitted to another home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period.

Collecting departure conditions data for analysis is a way to measure the effectiveness of specialized foster care treatment and adherence to best practice principles. Specialized foster care agencies are providing data on the following indicators of effective treatment and best practice:

- Treatment completion at discharge
- Restrictiveness level of next living environment
- Child and Family Team decision making

The following is the data and analysis of the four risk areas and departure conditions.

#### SNCAS OASIS PROGRAM INFORMATION

This individual report is the analysis of risk measures and departure conditions on data collected from January 2009 though December 2009.

Providers were asked to submit a bed capacity count and the number of youth served on a monthly basis. The average monthly bed capacity count reported by Oasis was 27. In the January 2008 through December 2008 reporting period, the provider reported an average monthly bed capacity of 27.

The average monthly number of youth served was 30.33.

#### Suicide

Specialized foster care providers were asked to track and report incidents of attempted and completed suicides.

Attempted suicide was defined as a potentially self-injurious behavior with a nonfatal outcome, for which there is evidence that the person had the intent to kill himself or herself but was rescued or thwarted, or changed his or her mind after taking initial action.

Oasis reported one suicide attempts during this reporting period. (In the 2008 reporting period, the provider reported four incidents of attempted suicide.)

Descriptive information of the one suicide attempt:

• A male 17-year-old, Caucasian youth of non-Hispanic origin.

Clinical and suicide attempt information:

- The youth was diagnosed with Personality Change due to unknown reason.
- CASII score was 24 and the CASII level was 5.
- Suicide means reported was attempted suffocation using a plastic trash bag.
- The youth has a history of previous suicide attempts.

• Staff intervened and there was no need to access emergency services. Youth was placed on 15 minute checks.

Highlights:

• Oasis staff implemented a suicide protocol and the staff members had received required training in suicide prevention.

#### **Medication Errors**

Specialized foster care providers were asked to track and report medication errors. To track medication errors a definition was needed that clearly stated what constitutes an error. The following definition was used from the U.S. Pharmacopoeia:

A medication error is any preventable event that may cause or lead to inappropriate medication use or client harm while the medication is in the control of the health care professional, client, or consumer. Such events may be related to professional practice, health care products, procedures, and systems, including prescribing; order communication; product labeling, packaging, and nomenclature; compounding; dispensing; distribution; administration; education; monitoring; and use (U.S. Pharmacopeia, 1997).

Medication errors may occur at the point of prescribing, documenting, dispensing, administering, and monitoring (U.S. Pharmacopeia, 2000). Providers are encouraged to review the definitions of a medication error to ensure that if an error is made, it is being properly documented. If errors are documented a review of errors can result in procedural improvements to minimize future errors.

Oasis reported 11 medication errors in 2009. In the 2008 reporting period, the provider reported 7 medication errors.

The 11 incidents of medication errors reflect the following descriptive information:

- 64% (7) were male and 36% (4) were female
- Average age was 11.54 with an age range of 8 to 16 years.
- 45% (5) were Caucasian, 36% (4) were African-American and 9% (1) was Native Hawaiian/other Pacific Islander, 9% (1) was of mixed race
- 18% (2) were of Hispanic origin.

Clinical and medication error information:

- The most frequent diagnosis was Bipolar Disorder and the second most frequent was Depressive Disorder.
- Average CASII score was 25.45, ranging from a score of 21 to 27; the mean CASII level was 4.1.
- Type of medication error
  - o 55% (6) omission error
  - o 9% (1) improper dose error
  - o 18% (2) compliance error
  - o 18% (2) any medication error that does not fall into one of the predefined categories

- Most (82% or 9) medication errors were with psychotropic medication. Two (or 18%) were with non-psychotropic medication.
- Medication error outcome
  - 100% (11) were errors that occurred that reached the client but did not cause the client harm.

Opportunities for improvement:

- By reviewing the circumstances surrounding an error, providers may be able to identify procedural changes needed to minimize further errors. A common contributing factor to medication errors is distractions (U.S. Pharmacopeia, 2000). The person responsible for the medication error can be informed of the error and receive education or training. A positive action is to ask the person responsible for the medication error to identify how he or she would correct the error in the future.
- There are numerous types of medication errors which are tracked and reported in a specialized foster care setting; these are identified in the table below ("Type of Medication Error Definitions"). These types of medication errors are also provided on the Medication Errors workbook in the Risk Measures and Departure Conditions spreadsheet which is submitted to DCFS by specialized foster care providers on a monthly basis for analysis.

	<sup>3</sup> <u>Type of Medication Error-Definitions</u> (Source: American Society of Hospital Pharmacists. (1993). ASHP Guidelines on preventing medication errors in hospitals. American Journal of Hospital Pharmacy, 50:305-14.)		
1=	Prescribing Error	Incorrect drug selection (based on indication, contraindications, known allergies, existing drug therapy and other factors), dose, dosage form, quantity, route, concentration, rate of administration, or instructions for use of a drug product ordered or authorized by physician (or other legitimate prescriber); illegible prescriptions or medication orders that lead to errors that reach the patient.	
2=	Omission Error	The failure to administer an ordered dose to the patient before the next scheduled dose, if any.	
3=	Wrong Time Error	Administration of medication outside a predefined time interval from its scheduled administration time (medication should be given within plus or minus one hour of time ordered).	
4=	Unauthorized Drug Administration Error	Administration to the patient of medication not authorized by a legitimate prescriber for the patient.	
5=	Improper Dose Error	Administration to the patient of a dose that is greater or less than the amount ordered by the prescriber or administration of duplicate doses to the patient, for example, one or more dosage units in addition to those that were ordered.	
6=	Wrong Dosage-Form Error	Administration to the patient of a drug product in a different dosage form than ordered by the prescriber.	
7=	Wrong Drug-Preparation Error	Drug product incorrectly formulated or manipulated before administration.	
8=	Wrong Administration Technique Error	Inappropriate procedure or improper technique in the administration of a drug.	
9=	Deteriorated Drug Error	Administration of a drug that has expired or for which the physical or chemical dosage-form integrity has been compromised.	
10=	Monitoring Error	Failure to review a prescribed regimen for appropriateness and detection of problems, or failure to use appropriate clinical or laboratory data for adequate assessment of patient response to prescribed therapy.	
11=	Compliance Error	Inappropriate patient behavior regarding adherence to a prescribed medication regimen.	
*12=	Other Medication Error	Any medication error that does not fall into one of the above predefined categories.	

The administration and dispensing of all prescription and OTC medications are to be tracked and errors reported in the Medication Errors workbook. In multiple discussions with providers about the issue of tracking and reporting medication errors, it has been determined that some providers have a misunderstanding of what constitutes a medication for this reporting purpose. For example, several providers thought they were to report only psychotropic medication errors while others thought they were to report only on prescription medication errors. Many providers did not understand the requirement to report all medication errors, whether they are prescription or OTC medications. This misunderstanding resulted in an identified under-reporting of medication errors overall for some providers.

Other common mistakes in tracking and reporting medication errors which the PEU has identified in discussions with providers include:

- the youth refusing to take the medication (code #11)
- dispensing a medication at the wrong time of day or failing to dispense a medication as prescribed or directed (code #3)

- sending medications with the youth on home passes and confirming on the youth's return to the specialized foster care home, the medication was not dispensed by the family or other responsible adult (code #2)
- inability to fill the prescription and dispense the medication because the prior authorization has not yet been approved or consents had not been obtained or provided timely by the legal guardian/custodian (code #2)

The PEU is available to provide technical assistance on any of these issues involving tracking and reporting medication errors, including providing clarification of medication error definitions. The PEU encourages providers to seek out technical assistance whenever there is a need for clarity about medication administration and management and/or reporting data related to medication errors.

#### AWOL

Specialized foster care providers were asked to track and report the number of children or adolescents absent for more than 24 hours (AWOLs).

Oasis reported 15 incidents of AWOL during this reporting period. In the 2008 reporting period, the provider reported 5 incidents of AWOL.

The 15 incidents of child and adolescent absence of more than 24 hours reflect the following descriptive information:

- 33% (5) were male and 67% (10) were female.
- The average age was 15.6, ranging from 14 to 17 years old.
- 40% (6) were Caucasian, 40% (6) were African American, 7% (1) was Asian, 7% (1) was Native Hawaiian/other Pacific Islander and 7% (1) was unknown.
- 27% (4) youth were of Hispanic origin.

Clinical and AWOL information:

- The most frequent diagnoses were Affective Disorders.
- The average CASII score was 25.27, ranging from 23 to 30.
- The average absence was for 4.8 days.
- All of the youth had a history of AWOL.
- Type of supervision at AWOL
  - $\circ$  6.7% (1) youth left from school or work
  - 86.7% (13) left home during the day
  - o 6.7% (1) other
  - Behavior during AWOL was unknown for both youth.
    - o 7% (1) sexual misconduct
    - o 93% (14) unknown
- Outcome

•

- o 20% (3) returned within 72 hours
- o 20% (3) were absent indefinitely did not return to treatment home
- 7% (1) returned through juvenile detention
- o 20% (3) found with family
- o 33% (5) other (after AWOL, 4 of the 5 went to higher level of care)

Highlight:

• Almost half (47%) returned to Oasis after the AWOL incident to continue treatment.

Opportunities for improvement:

- Develop a crisis plan at admission for children that have a known history of AWOL.
- Develop a protocol for children and adolescents who threaten to run away. The protocol would include the creation of a safety plan that provides appropriate alternatives to the runaway behavior
- Ensure a complete AWOL history of each child and adolescent is shared with providers as early in the pre-placement process as possible.

#### Safety Holds

Specialized foster care providers were asked to track and report on restraint and manual guidance used on children and adolescents. A safety hold is a method of restricting a child's freedom of movement for his/her safety or for the safety of others.

Oasis reported 120 incidents of safety hold during the 2009 reporting period. (Oasis reported 72 incidents of safety hold for 2008.) Oasis uses the Conflict Prevention and Response Training (CPART or CPAR) model.

The 120 reports of the use of safety holds reflect the following descriptive information:

- 47% (57) were male and 53% (63) were female.
- Average age was 10.7 with an age range of 6 to 17 years.
- 49% (59) were Caucasian, 43% (52) were African-American, 5% (6) were Native American/Alaskan Native, 1% (1) was Native Hawaiian/other Pacific Islander and 2% (2) were of mixed race.
- 8% (11) were of Hispanic origin.

Clinical and Safety Hold Information:

- The 3 most frequent diagnoses were Affective Disorders (68% or 82), and Reactive Attachment Disorders (11% or 13) and Adjustment Disorder (7% or 8).
- 84% (101) of children and adolescents had a safety hold used on them previously.
- Average length of safety holds was 11.43 minutes, ranging from .5 minute to 55 minutes.
- Type of supervision prior to use of safety hold
  - 23% (28) Group 4 or more
  - o 32% (38) Group-2 or 3
  - o 39% (47) One-on-one
  - $\circ$  2% (2) line of sight
  - o 3% (4) Other
- Injury report
  - o 34% (41) Client injured
  - o 3% (3) Staff injured
  - o 63% (75) No one injured
  - 1% (1) staff and client injured

Highlights:

• Over the 12-month reporting period of 2009, Oasis averaged 5 safety hold incidents per month. During 6 month reporting period of 2008, Oasis averaged 12 safety hold incidents per month. This represents a large decrease in safety hold incidents.

Opportunities for improvement:

- There were 42 reported client injuries and 4 staff injuries. This suggests the need to reduce the use of safety holds as much as possible.
- Staff will be receiving Aggression Replacement Training. Aggression Replacement Training (ART) is a multimodal psycho-educational intervention designed to alter the behavior of chronically aggressive adolescents and young children. The goal of ART is to improve social skill competence, anger control, and moral reasoning (OJJDP Model Program's Guide).

#### **Departure Conditions**

A departure means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster home and admitted to another specialized foster home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period.

Oasis reported 61 discharges in this reporting period. During the September 2008 through February 2009 reporting period, the provider reported 18 discharges.

The 61 departures reflect the following descriptive information.

- 44% (27) were male and 56% (34) were female.
- Average age was 13.38 with an age range of 0 to 18 years.
- 59% (36) were Caucasian, 30% (18) were African American, 2% (1) was Asian, 2% (1) was Native Hawaiian/other Pacific Islander, 7% (4) were mixed race and 2% (1) was unknown.
- 10% (6) of the youth were of Hispanic origin.

Custody Status:

- 41% (25) were in child welfare custody
- 8% (5) were in DCFS youth parole custody/supervision
- 11% (7) parental with juvenile probation
- 40% (24) parental custody and no juvenile probation involvement
- 89% (54) were Medicaid or SCHIP recipients

Clinical and departure information:

- The most frequent diagnosis at admission was Affective Disorders. The second most frequent diagnoses were Attention Deficit Hyperactivity Disorder and Adjustment Disorder.
- The average CASII composite score at admission was 24.75, with an average level of intensity of 5.01.
- The average CASII composite score at discharge was 23.33, with an average level of intensity of 4.61.
- Reason for departure
  - o 34% (21) reunified with biological family
  - o 5% (3) adopted/adoptive placement
  - o 23% (14) placed in a less restrictive setting

- o 15% (9) placed in a more restrictive setting
- o 18% (11) youth ran away from placement (AWOL)
- 3% (2) other
- Setting child/adolescent will live The Restrictiveness of Living Environment Scale (ROLES) (Hawkins, Almeida, Fabry & Reitz, 1992) resulted in an average score of 11.56 which equals the restrictiveness score of individual-home emergency shelter. During the 2008/2009 reporting period, the restrictiveness of living environment scale averaged 11.1, which equals the restrictiveness score of specialized foster care.
  - o 36% (22) home of birth parents for a child
  - o 5% (3) home of a relative
  - o 7% (4) adoptive home
  - o 2% (1) supervised independent living
  - o 7% (4) family-based treatment home
  - o 16% (10) group treatment home
  - o 5% (3) group emergency shelter
  - o 2% (1) youth correction center
  - o 3% (2) county detention center
  - o 16% (10) state and private mental hospital
  - o 1% (1) unknown
- 59% (36) completed treatment.
- Who recommended departure
  - o 7% (4) provider agency
  - o 5% (3) parole/probation officer
  - o 33 (2) parent
  - o 2% (1) relative/guardian
  - o 3% (2) judge/hearing master
  - o 5% (3) child's mental health practitioner
  - o 62% (38) child and family team
  - o 13% (8) NA-Youth went AWOL

#### Highlight:

• 56% (34) of youth were placed in a less restrictive setting.

Opportunities for improvement:

• While 62% of departures were recommended by Child and Family Teams (CFT), CFTs are the best venue to determine changes to a child's treatment plan and placement. This format is not only best practice, but it is also a Medicaid reimbursement requirement for children placed in specialized foster care. Providers should consider convening or requesting a CFT whenever consideration is given to changing a youth's treatment plan.

#### Summary

Oasis submitted these data timely and accurately. This provider has consistently demonstrated its commitment to program improvement by its willing collaboration with the DCFS Planning and Evaluation Unit.

This 2009 Risk Measures and Departure Conditions report reflects opportunities for improvement in the area of medication error reporting and safety holds conditions and departure conditions/child and family teams.

In partnership with the Provider Support Team, the Planning and Evaluation Unit has prioritized areas for program improvement and has developed action steps for implementation of some program improvement initiatives. For example, the PEU has developed and distributed best practice research to the provider community and would encourage the provider's consideration of this research in developing a plan to address some of the areas identified in their 2009 risk measures data submission. Also, at the request of the provider, the PEU is available to offer technical assistance in any of these areas.

#### References

- American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (4<sup>th</sup> ed., Text Revision). Washington, DC: Author.
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# ATTACHMENT E

# **Risk Measures / Departure Conditions Report:** Adolescent Treatment Center

# Division of Child and Family Services Adolescent Treatment Center Risk Measures and Departure Conditions Report - 2009

#### INTRODUCTION

Risk measures are areas of risk identified to conduct program improvement in order to decrease risk behavior by children and adolescents in specialized foster care placement and improve safety outcomes. The collection of risk measures commenced statewide in the first quarter of 2008.

A departure (or discharge) means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster home and admitted to another specialized foster care home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period. The collection of departure conditions data began in September 2008.

This 2009 report reflects the collection and data analysis of risk measures and departure conditions for the reporting period of January 2009 through December 2009.

All of the risk measure and departure conditions data is self-reported by each specialized foster care provider which presents some risk that a true count of incidences goes unreported or under-reported. In order to mitigate this risk and to ensure improved validity of the data submitted, the Division of Child and Family Services, Planning and Evaluation Unit (PEU) staff started the process of monthly data clean up and provider education whenever the need for clarification was identified in the data submission; this process started in late 2008 and continued throughout the 2009 reporting period.

ATC has submitted all their data timely and is to be commended for their willingness to share this very important information.

### **RISK MEASURES AND DEPARTURE CONDITIONS**

Four areas of risk were selected for reporting. These high-risk areas were determined to be the most salient and, when monitored, could be used for risk prevention. The four risk areas were:

- Suicide
- Medication errors
- AWOL (runaways)
- Safety Holds

Specialized Foster Care providers were asked to also track and report departure conditions on children and adolescents discharged from services during the 12-month reporting period. Collecting departure conditions data for analysis is one way to measure the effectiveness of specialized foster care treatment

and adherence to best practice principles. Specialized foster care agencies are providing data on the following indicators of effective treatment and best practice:

- Treatment completion at discharge
- Restrictiveness level of next living environment
- Child and Family Team decision making

The following is the data and analysis of the four risk areas and departure conditions.

### ATC PROGRAM INFORMATION

This analysis is based on data collected from January 2009 though December 2009.

Providers were asked to submit a bed capacity count and the number of youth served on a monthly basis. The average monthly bed capacity count reported by ATC was 15.5, ranging from 13 to 16 beds.

The average monthly number of youth served was 18.25, ranging from 16 to 21.

#### Suicide

Specialized foster care providers were asked to track and report incidents of attempted and completed suicides.

Attempted suicide was defined as a potentially self-injurious behavior with a nonfatal outcome, for which there is evidence that the person had the intent to kill himself or herself but was rescued or thwarted, or changed his or her mind after taking initial action.

ATC reported zero incidents of attempted or completed suicide. In the reporting period of June 2008 through December 2008, ATC also reported zero incidents of attempted or completed suicide.

### **Medication Errors**

Specialized foster care providers were asked to track and report medication errors. To track medication errors a definition was needed that clearly stated what constitutes an error. The following definition was used from the U.S. Pharmacopoeia:

A medication error is any preventable event that may cause or lead to inappropriate medication use or client harm while the medication is in the control of the health care professional, client, or consumer. Such events may be related to professional practice, health care products, procedures, and systems, including prescribing; order communication; product labeling, packaging, and nomenclature; compounding; dispensing; distribution; administration; education; monitoring; and use (U.S. Pharmacopeia, 1997).

Medication errors may occur at the point of prescribing, documenting, dispensing, administering, and monitoring (U.S. Pharmacopeia, 2000). Providers are encouraged to review the definitions of a medication error to ensure that if an error is made, it is being properly documented. If errors are documented a review of errors can result in procedural improvements to minimize future errors.

ATC reported 1 medication error in the reporting period. In the reporting period of June 2008 through December 2008, ATC reported zero medication errors.

The 1 incident of medication errors in this reporting period reflects the youth was a 15-year-old male of Caucasian race and non-Hispanic origin.

Clinical and medication error information:

- The youth had a diagnosis of Bipolar Disorder NOS with a CASII score of 24 and CASII level of 5.
- The type of medication error was an improper dose error of a psychotropic medication.
- The error occurred at 8:00 PM.
- The medication error outcome was a medication which reached the patient but did not cause patient harm.

Opportunities for improvement:

- By reviewing the circumstances surrounding an error, providers may be able to identify procedural changes needed to minimize further errors. A common contributing factor to medication errors is distractions (U.S. Pharmacopeia, 2000).
- The person responsible for the medication error can be informed of the error and receive education or training. A positive action is to ask the person responsible for the medication error to identify how he or she would correct the error in the future.
- Ensure the use of medication logs in each child's specialized foster care agency record and that each log is reviewed for quality assurance by someone other than the person who administered the medication.
- There are numerous types of medication errors which are tracked and reported in a specialized foster care setting; these are identified in the table below ("Type of Medication Error Definitions"). These types of medication errors are also provided on the Medication Errors workbook in the Risk Measures and Departure Conditions spreadsheet which is submitted to DCFS by specialized foster care providers on a monthly basis for analysis.

ATC has reported less than expected medication errors. When one considers the potential number of both prescription and over-the-counter (OTC) medications each youth in a specialized foster care placement may be taking, oftentimes multiplied by administration several times per day multiplied again by the number of days in placement, one expects to see a higher number of errors over the course of this 12-month reporting period, given the definitions noted in the table below.

<sup>3</sup> Type	<sup>3</sup> Type of Medication Error-Definitions (Source: American Society of Hospital Pharmacists.						
	(1993). ASHP Guidelines on preventing medication errors in hospitals. American Journal of						
Hospi	Hospital Pharmacy, 50:305-14.)						
1=	Prescribing Error	Incorrect drug selection (based on indication, contraindications, known allergies, existing drug therapy and other factors), dose, dosage form, quantity, route, concentration, rate of administration, or instructions for use of a drug product ordered or authorized by physician (or other legitimate prescriber); illegible prescriptions or medication orders that lead to errors that reach the patient.					
2=	Omission Error	The failure to administer an ordered dose to the patient before the next scheduled dose, if any.					
3=	Wrong Time Error	Administration of medication outside a predefined time interval from its scheduled administration time (medication should be given within plus or minus one hour of time ordered).					
4=	Unauthorized Drug Administration Error	Administration to the patient of medication not authorized by a legitimate prescriber for the patient.					
5=	Improper Dose Error	Administration to the patient of a dose that is greater or less than the amount ordered by the prescriber or administration of duplicate doses to the patient, for example, one or more dosage units in addition to those that were ordered.					
6=	Wrong Dosage-Form Error	Administration to the patient of a drug product in a different dosage form than ordered by the prescriber.					
7=	Wrong Drug-Preparation Error	Drug product incorrectly formulated or manipulated before administration.					
8=	Wrong Administration Technique Error	Inappropriate procedure or improper technique in the administration of a drug.					
9=	Deteriorated Drug Error	Administration of a drug that has expired or for which the physical or chemical dosage-form integrity has been compromised.					
10=	Monitoring Error	Failure to review a prescribed regimen for appropriateness and detection of problems, or failure to use appropriate clinical or laboratory data for adequate assessment of patient response to prescribed therapy.					
11=	Compliance Error	Inappropriate patient behavior regarding adherence to a prescribed medication regimen.					
*12=	Other Medication Error	Any medication error that does not fall into one of the above predefined categories.					

The administration and dispensing of all prescription and OTC medications are to be tracked and errors reported in the Medication Errors workbook. In multiple discussions with providers about the issue of tracking and reporting medication errors, it has been determined that some providers have a misunderstanding of what constitutes a medication for this reporting purpose. For example, several providers thought they were to report only psychotropic medication errors while others thought they were to report only on prescription medication errors. Many providers

did not understand the requirement to report all medication errors, whether they are prescription or OTC medications. This misunderstanding resulted in an identified under-reporting of medication errors overall for some providers.

Other common mistakes in tracking and reporting medication errors which the PEU has identified in discussions with providers include:

- $\circ$  the youth refusing to take the medication (code #11)
- dispensing a medication at the wrong time of day or failing to dispense a medication as prescribed or directed (code #3)
- sending medications with the youth on home passes and confirming on the youth's return to the specialized foster care home, the medication was not dispensed by the family or other responsible adult (code #2)
- inability to fill the prescription and dispense the medication because the prior authorization has not yet been approved or consents had not been obtained or provided timely by the legal guardian/custodian (code #2)

The PEU is available to provide technical assistance on any of these issues involving tracking and reporting medication errors, including providing clarification of medication error definitions. The PEU encourages providers to seek out technical assistance whenever there is a need for clarity about medication administration and management and/or reporting data related to medication errors.

## AWOL

Specialized foster care providers were asked to track and report the number of children or adolescents absent for more than 24 hours (AWOLs).

ATC reported eight AWOLs during this reporting cycle. In the reporting period of June 2008 through December 2008, ATC reported zero incidents of AWOL.

The eight incidents of child and adolescent absence of more than 24 hours in this 2009 reporting period reflect the following descriptive information:

- 75% (6) were male and 25% (2) were female.
- Average age was 15.75 with an age range of 13 to 17 years.
- 100% (5) were Caucasian
- 87.5% (7) were of non-Hispanic origin, 12.5% (1) was of Hispanic origin.

Clinical and AWOL information:

- The most frequent diagnosis was Posttraumatic Stress Disorder (62.5%) followed by Bipolar Disorder, Mood Disorder, and Major Depressive Disorder, Single Episode, Moderate.
- Average CASII score was 24.25, ranging from a score of 23 to 26; the mean CASII level was 5.
- Average length of absence was 10.38 days with a range of 2 to 16 days.
- 100% (8) of children and adolescents absent for more than 24 hours had a history of AWOL.
- Type of supervision at AWOL
  - $\circ$  50% (4) left the home during the day
  - 50% (4) left from specialized foster care home at night staff awake Behavior during AWOL
  - o 12.5% (1) substance abuse
  - o 25% (2) criminal activity

- o 62.5% (5) unknown
- Outcome
  - o 37.5% (3) absent indefinitely did not return to specialized foster care home
  - o 12.5% (1) returned within 72 hours
  - o 25% (2) returned through juvenile detention
  - 25% (2) Other: found after 14 days and discharged to a higher level of care; returned after 7 days

Highlights:

- 100% of the youth who ran away had a history of AWOL.
- One half (50%) of the youth ultimately returned to the specialized foster care home, either voluntarily or through juvenile detention.

Opportunities for improvement:

- Focus on AWOL prevention at night; one half of AWOLs occurred with night staff awake.
- Ensure a complete AWOL history of each child and adolescent is shared with providers as early in the pre-placement process as possible.
- Ensure there is feedback to the home from which the child ran away when the child is found. This may provide some "closure" to children who remain in the home from which the child ran away.
- Focus on developing protocols regarding supervision in the home; one half of the AWOLs occurred during the day.
- Develop a protocol for children and adolescents who threaten to run away. The protocol would include the creation of a safety plan that provides appropriate alternatives to the runaway behavior.
- Develop a crisis plan at admission for children that have a known history of AWOL.

### Safety Holds

Specialized foster care providers were asked to track and report on safety holds used on children and adolescents. A safety hold is a method of restricting a child's freedom of movement for his/her safety or for the safety of others.

The model of safety hold employed at ATC is Conflict Prevention and Response (CPAR). ATC reported 3 incidences of safety holds during this reporting period. ATC reported all staff present during the safety holds was trained in April 2009. The three incidences of safety holds occurred, one each, in September 2009, October 2009, and

December 2009. Two of the incidences of safety holds appear to have involved the same youth.

The 3 reports of the use of safety holds reflect the following descriptive information:

- 2 were male and 1 was a female.
- Average age was 13.7 with an age range of 12 to 17 years.
- 1 youth was Caucasian and the 2 other youth were African American.

Clinical and Safety Hold Information:

• 2 youth had a diagnosis of Posttraumatic Stress Disorder, 1 youth had a diagnosis of Oppositional Defiant Disorder.

- Average CASII composite score was 23 with a range of 22 to 25. Mean CASII level of intensity was 4.3.
- 1 youth had a safety hold used on them previously.
- Average length of safety holds was 16.7 minutes, ranging from 15 minute to 20 minutes.
- In all incidences, the type of supervision prior to use of safety hold was group -2 or 3
- Injury report
  - o 33% (1) Staff injured
  - o 67% (2) No one injured

### Highlights:

• In the 2008 reporting period of June 2008 through December 2008, ATC reported 4 incidents of safety holds. The reported 3 incidents over the 12 month reporting period in this 2009 report represents a decrease in safety hold incidents for ATC.

Opportunities for improvement:

- Ensure a complete safety hold history of each child and adolescent is shared with providers as early in the pre-placement process as possible.
- Research and implement best practices in restraint to include de-escalation techniques in order to reduce its use and to increase safety outcomes.
- Ensure that ATC staff receives ongoing and regular training in best practices in restraint and deescalation techniques.

### **Departure Conditions**

A departure means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster home and admitted to another specialized foster home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period.

ATC reported forty-two (42) discharges in this reporting period. In the September 2008 through December 2008 reporting period, ATC reported thirteen (13) discharges.

The 42 departures reflect the following descriptive information.

- Average age was 14.9 with an age range of 13 to 18 years.
- 50% (21) youth were female, 50% (21) youth were male.
- 76.2% (32) youth were Caucasian, 7.1% (3) youth were Black/African-American, 7.1% (3) youth were Native Hawaiian/Other Pacific Islander, 4.8% (2) were American Indian/Native Alaskan, and 4.8% (2) youth were of mixed race.
- 11.2% (5) youth were of Hispanic origin.
- Custody Status
  - $\circ$  40.5% (17) youth were in child welfare custody
  - o 33.3% (14) youth were in parental custody and on probation
  - o 26.2% (11) were in parental custody with no juvenile probation involvement
- 81% (32) of the discharged youth were on Medicaid. During the 2008 reporting period of June through December, ATC reported 42.1% of the discharged youth were on Medicaid.

Clinical and departure information:

- The 3 most frequent diagnoses at admission were Posttraumatic Stress Disorder (26.2% or 11 youth), Mood Disorder NOS (16.7% or 7 youth), and Bipolar Disorder (12% or 5 youth)
- The most frequent diagnosis at discharge was Conduct Disorder, Childhood-Onset Type (16.7% or 7 youth)
- The average CASII composite score at admission was 23.7, with a range from 20 to 27. The average CASII level of intensity score was of 4.9, with a range from 4 to 6.
- The average CASII composite score at discharge was 19.9. The average CASII level of intensity score at discharge was 3.2.
- Reason for departure
  - o 38.1% (16) reunified with biological family
  - o 33.3% (14) placed in a less restrictive environment
  - o 9.5% (4) placed in a more restrictive environment
  - o 9.5% (4) AWOL
  - o 2.4% (1) relative placement
  - o 2.4% (1) new specialized foster home, different agency
  - 2.4% (1) independent living program
  - o 2.4% (1) Other: against medical advice
- Setting in which child/adolescent will live The Restrictiveness of Living Environment Scale (ROLES) (Hawkins, Almeida, Fabry & Reitz, 1992) resulted in an average score of 10.8, which equals the restrictiveness score of specialized foster care.
  - o 33.3% (14) home of birth/adoptive parents, for a child
  - o 23.8% (10) group treatment home
  - o 14.2% (6) county detention center
  - o 9.5% (4) family based treatment home
  - 4.8% (2) home of a relative
  - o 4.8% (2) adoptive home
  - 2.4% (1) home of birth/adoptive parents, for an 18 year old
  - o 2.4% (1) residential treatment center
  - o 2.4% (1) specialized foster care
  - 2.4% (1) supervised independent living
- 71.4% (30) youth had completed treatment at discharge.
- 76.2% (32) of the discharges were recommended by Child and Family Teams,

Highlights:

- Child and Family Teams recommended discharge in slightly more than 75% of the cases. In the September 2008 through December 2008 reporting period, Child and Family Teams recommended discharge in 100% of the cases.
- Upon discharge, 71.4% of the youth had completed treatment. In the September 2008 through December 2008 reporting period, 92.3% of the youth had completed treatment.
- Upon discharge, 81% of the youth were going to a less restrictive environment, with almost half returning to live with family members. In the September 2008 through December 2008 reporting period, 69.2% of the youth were going to a less restrictive environment.

Opportunities for improvement:

• Child and Family Teams are the best venue to determine changes to a child's treatment plan and placement. This format is not only best practice, but it is also a Medicaid reimbursement

requirement for children placed in specialized foster care. Providers should consider convening or requesting a CFT whenever consideration is given to changing a youth's treatment plan.

#### Summary

ATC submitted all of its 2009 risk measures and departure conditions timely and, for the most part, completely and accurately. This provider has consistently demonstrated its commitment to program improvement by its willing collaboration with the DCFS Planning and Evaluation Unit.

This 2009 Risk Measures and Departure Conditions report reflects substantial opportunities for improvement in the areas of medication errors, AWOLs, and Child and Family Teams.

In partnership with the Provider Support Team, the Planning and Evaluation Unit has prioritized areas for program improvement and has developed action steps for

implementation of some program improvement initiatives. For example, the PEU has developed and distributed best practice research to the provider community (see attached) and would encourage the provider's consideration of this research in developing a plan to address some of the areas identified in their 2009 risk measures data submission. The PEU is also available to offer technical assistance in any of these areas if so requested by the provider.

#### References

- American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (4<sup>th</sup> ed., Text Revision). Washington, DC: Author.
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# ATTACHMENT F

# **Risk Measures / Departure Conditions Report: Family Learning Homes**

## Division of Child and Family Services DCFS Family Learning Homes (NNCAS) Risk Measures and Departure Conditions Report - 2009

#### INTRODUCTION

Risk measures are areas of risk identified to conduct program improvement in order to decrease risk behavior by children and adolescents in specialized foster care placement and improve safety outcomes. The collection of risk measures commenced statewide in the first quarter of 2008.

A departure (or discharge) means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster home and admitted to another specialized foster care home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period. The collection of departure conditions data began in September 2008.

This 2009 report reflects the collection and data analysis of risk measures and departure conditions for the reporting period of January 2009 through December 2009.

All of the risk measure and departure conditions data is self-reported by each specialized foster care provider which presents some risk that a true count of incidences goes unreported or under-reported. In order to mitigate this risk and to ensure improved validity of the data submitted, the Division of Child and Family Services, Planning and Evaluation Unit (PEU) staff started the process of monthly data clean up and provider education whenever the need for clarification was identified in the data submission; this process started in late 2008 and continued throughout the 2009 reporting period.

Family Learning Homes has submitted all their data and is to be commended for their willingness to share this very important information.

### **RISK MEASURES AND DEPARTURE CONDITIONS**

Four areas of risk were selected for reporting. These high-risk areas were determined to be the most salient and, when monitored, could be used for risk prevention. The four risk areas were:

- Suicide
- Medication errors
- AWOL (runaways)
- Safety Holds

Specialized Foster Care providers were asked to also track and report departure conditions on children and adolescents discharged from services during the 12-month reporting period. Collecting departure conditions data for analysis is one way to measure the effectiveness of specialized foster care treatment

and adherence to best practice principles. Specialized foster care agencies are providing data on the following indicators of effective treatment and best practice:

- Treatment completion at discharge
- Restrictiveness level of next living environment
- Child and Family Team decision making

The following is the data and analysis of the four risk areas and departure conditions.

### FLH PROGRAM INFORMATION

This analysis is based on data collected from January 2009 though December 2009.

Providers were asked to submit a bed capacity count and the number of youth served on a monthly basis The average monthly bed capacity count reported by FLH was 16.2, ranging from 10 to 20 beds. In the reporting period of June 2008 through December 2008, the average monthly bed capacity reported was 21.

The average monthly number of youth served was 17.5, ranging from 13 to 22.

#### Suicide

Specialized foster care providers were asked to track and report incidents of attempted and completed suicides.

Attempted suicide was defined as a potentially self-injurious behavior with a nonfatal outcome, for which there is evidence that the person had the intent to kill himself or herself but was rescued or thwarted, or changed his or her mind after taking initial action.

FLH reported zero incidents of suicide attempts during this reporting period. In the reporting period of June 2008 through December 2008, FLH reported one incident of attempted suicide.

### **Medication Errors**

Specialized foster care providers were asked to track and report medication errors. To track medication errors a definition was needed that clearly stated what constitutes an error. The following definition was used from the U.S. Pharmacopoeia:

A medication error is any preventable event that may cause or lead to inappropriate medication use or client harm while the medication is in the control of the health care professional, client, or consumer. Such events may be related to professional practice, health care products, procedures, and systems, including prescribing; order communication; product labeling, packaging, and nomenclature; compounding; dispensing; distribution; administration; education; monitoring; and use (U.S. Pharmacopeia, 1997).

Medication errors may occur at the point of prescribing, documenting, dispensing, administering, and monitoring (U.S. Pharmacopeia, 2000). Providers are encouraged to review the definitions of a

medication error to ensure that if an error is made, it is being properly documented. If errors are documented a review of errors can result in procedural improvements to minimize future errors.

FLH reported three (3) incidents of medication errors in 2009. In the reporting period of June 2008 through December 2008, FLH reported 2 incidents of medication errors.

The 3 incidents of medication errors reflect the following descriptive information:

- Two were female, one was male.
- Average age was 12 with an age range of 9 to 14 years.
- 100% (3) were Caucasian and none were of Hispanic origin.

Clinical and medication error information:

- Two youth had a diagnosis of ADHD and one youth had a diagnosis of Bipolar Disorder.
- Average CASII score was 22, ranging from a score of 20 to 25; all 3 youth had a level of intensity score of 4.
- The type of medication error for all 3 youth was an omission error.
- Two of the medication errors were with psychotropic medication, one was with nonpsychotropic medication.
- Medication error outcome
  - One outcome was circumstances or events that have the capacity to cause error.
  - One outcome was an error occurred but the error did not reach the patient (An "error of omission" does reach the patient).
  - One outcome was an error occurred that reached the patient but did not cause patient harm.

Opportunities for improvement:

• There are numerous types of medication errors which are tracked and reported in a specialized foster care setting; these are identified in the table below ("Type of Medication Error Definitions"). These types of medication errors are also provided on the Medication Errors workbook in the Risk Measures and Departure Conditions spreadsheet which is submitted to DCFS by specialized foster care providers on a monthly basis for analysis.

FLH has reported less than expected medication errors. When one considers the potential number of both prescription and over-the-counter (OTC) medications each youth in a specialized foster care placement may be taking, oftentimes multiplied by administration several times per day multiplied again by the number of days in placement, one expects to see a higher number of errors over the course of this 12-month reporting period, given the definitions noted in the table below.

<sup>3</sup> T	<sup>3</sup> Type of Medication Error-Definitions (Source: American Society of Hospital Pharmacists.						
(1993	(1993). ASHP Guidelines on preventing medication errors in hospitals. American Journal of Hospital						
		<i>Pharmacy</i> , 50:305-14.)					
1=	Incorrect drug selection (based on indication, contraindications, known allergies, existing drug therapy and other factors), dose, dosage form, quantity, route, concentration, rate of administration, or instructions for use of a drug product ordered or authorized by physician (or other legitimate prescriber); illegible prescriptions or medication orders that lead to errors that reach the patient.						
2=	Omission Error	The failure to administer an ordered dose to the patient before the next scheduled dose, if any.					
3=	Wrong Time Error	Administration of medication outside a predefined time interval from its scheduled administration time (medication should be given within plus or minus one hour of time ordered).					
4=	Unauthorized Drug Administration Error	Administration to the patient of medication not authorized by a legitimate prescriber for the patient.					
5=	Improper Dose Error	Administration to the patient of a dose that is greater or less than the amount ordered by the prescriber or administration of duplicate doses to the patient, for example, one or more dosage units in addition to those that were ordered.					
6=	Wrong Dosage-Form Error	Administration to the patient of a drug product in a different dosage form than ordered by the prescriber.					
7=	Wrong Drug- Preparation Error	Drug product incorrectly formulated or manipulated before administration.					
8=	Wrong Administration Technique Error	Inappropriate procedure or improper technique in the administration of a drug.					
9=	Deteriorated Drug Error	Administration of a drug that has expired or for which the physical or chemical dosage-form integrity has been compromised.					
10=	Monitoring Error	Failure to review a prescribed regimen for appropriateness and detection of problems, or failure to use appropriate clinical or laboratory data for adequate assessment of patient response to prescribed therapy.					
11=	Compliance Error	Inappropriate patient behavior regarding adherence to a prescribed medication regimen.					
*12=	Other Medication Error	Any medication error that does not fall into one of the above predefined categories.					

The administration and dispensing of all prescription and OTC medications are to be tracked and errors reported in the Medication Errors workbook. In multiple discussions with providers about the issue of tracking and reporting medication errors, it has been determined that some providers have a misunderstanding of what constitutes a medication for this reporting purpose. For example, several providers thought they were to report only psychotropic medication errors while others thought they were to report only on prescription medication errors.

Many providers did not understand the requirement to report all medication errors, whether they are prescription or OTC medications. This misunderstanding resulted in an identified under-reporting of medication errors overall for some providers.

Other common mistakes in tracking and reporting medication errors which the PEU has identified in discussions with providers include:

- the youth refusing to take the medication (code #11)
- dispensing a medication at the wrong time of day or failing to dispense a medication as prescribed or directed (code #3)
- sending medications with the youth on home passes and confirming on the youth's return to the specialized foster care home, the medication was not dispensed by the family or other responsible adult (code #2)
- inability to fill the prescription and dispense the medication because the prior authorization has not yet been approved or consents had not been obtained or provided timely by the legal guardian/custodian (code #2)
- By reviewing the circumstances surrounding an error, providers may be able to identify procedural changes needed to minimize further errors. A common contributing factor to medication errors is distractions (U.S. Pharmacopeia, 2000). The person responsible for the medication error can be informed of the error and receive education or training. A positive action is to ask the person responsible for the medication error to identify how he or she would correct the error in the future.
- Ensure the use of medication logs in each child's treatment home agency record and that each log is reviewed for quality assurance by someone other than the person who administered the medication.

The PEU is available to provide technical assistance on any of these issues involving tracking and reporting medication errors, including providing clarification of medication error definitions. The PEU encourages providers to seek out technical assistance whenever there is a need for clarity about medication administration and management and/or reporting data related to medication errors.

### AWOL

Specialized foster care providers were asked to track and report the number of children or adolescents absent for more than 24 hours (AWOLs).

FLH reported eight (8) incidents of AWOL during this reporting period. In the September 2008 through February 2009, FLH reported three incidents of AWOL.

The 8 incidents of child and adolescent absence of more than 24 hours reflect the following descriptive information:

- 100% (8) were female.
- Average age was 14.25 with an age range of 12 to 17 years.
- 100% (8) were Caucasian.

Clinical and AWOL information:

- The 3 most frequent diagnoses were Oppositional Defiant Disorder, Mood Disorder, and Major Depressive Disorder.
- Average CASII score was 23.4, ranging from a score of 20 to 26; the mean CASII level was 4.6. One CASII score and one level of intensity score were missing data.
- Average length of absence was 12 days with a range of 2 to 15 days.
- 87.5% (7) of the youth absent for more than 24 hours had a history of AWOL.
- Type of supervision at AWOL
  - o 37.5% (3) left from school or work
  - $\circ$  25% (2) left from treatment home at night staff awake
  - $\circ$  25% (2) left home during the day
  - 12.5% (1) were other
- Behavior during AWOL
  - o 37.5% (3) substance abuse
  - o 62.5% (5) unknown
- Outcome
  - $\circ$  25% (2) returned to treatment home within 72 hours
  - o 37.5% (3) absent indefinitely did not return to treatment home
  - o 37.5% (3) other

Highlights:

- Although more males tend to be in treatment for behavioral and emotional disturbance, it appears that females run away more often than males.
- Over 80% of the children and adolescents who ran away had a history of AWOL.
- 25% of AWOL children and adolescents returned to the treatment home within 72 hours.

Opportunities for improvement:

- Develop a crisis plan at admission for children that have a known history of AWOL.
- Focus on developing protocols regarding supervision between the school and/or work and the specialized foster care home
- Focus on AWOL prevention at night; a quarter of AWOLs occurred with night staff awake.
- Develop a protocol for children and adolescents who threaten to run away. The protocol would include the creation of a safety plan that provides appropriate alternatives to the runaway behavior.
- Ensure a complete AWOL history of each child and adolescent is shared with providers as early in the pre-placement process as possible.
- Ensure there is feedback to the home from which the child ran away when the child is found. This may provide some "closure" to children who remain in the home from which the child ran away.

### **Safety Holds**

Specialized foster care providers were asked to track and report on safety holds used on children and adolescents. A safety hold is a method of restricting a child's freedom of movement for his/her safety or for the safety of others.

FLH reports it uses CPART as its model of safety holds. FLH reported seven (7) incidents of safety holds during this reporting period. In the reporting period of June 2008 through December 2008, FLH reported 2 incidents of safety holds.

The 7 reports of the use of safety holds reflect the following descriptive information:

- 57.1% (4) were male and 42.8% (3) were female.
- Average age was 8.3 with an age range of 7 to 10 years.
- 85.7% (6) were Caucasian, 14.3% (1) were of mixed race.
- None of the youth were of Hispanic origin.

Clinical and Safety Hold Information:

- The 2 most frequent diagnoses were Conduct Disorder and Posttraumatic Stress Disorder.
- Average CASII composite score was 21.3, ranging from 20 to 24; average CASII level of intensity score was 4.3, ranging from 4 to 5.
- 100% (7) of children and adolescents had a safety hold used on them previously.
- Average length of safety holds was 2.14 minutes, ranging from 2 minutes to 6 minutes.
- Type of supervision prior to use of safety hold
  - o 71.4% (5) Group 4 or more
  - o 14.3% (1) One-on-one
  - o 14.3% (1)
  - o Other
- There were no injuries reported for any incidents of safety holds during this reporting period.

Highlights:

- All the youth placed in safety holds had previous episodes of safety holds.
- There were no injuries reported as a result of youth placed in safety holds.

Opportunities for improvement:

- Ensure a complete safety hold history of each child and adolescent is shared with providers as early in the pre-placement process as possible.
- Research and implement best practices in safety holds to include de-escalation techniques in order to reduce its use and to increase safety outcomes.
- Ensure that provider agencies receive ongoing and regular training in best practices in safety holds and de-escalation techniques.

### **Departure Conditions**

A departure means either a child is discharged from a specialized foster care agency or a child is discharged from one specialized foster home and admitted to another specialized foster home within the same agency. Therefore, providers may have reported more than one admission and departure for the same child throughout the reporting period.

FLH reported thirty-five (35) discharges in this reporting period. In the reporting period of September 2008 through December 2008, FLH reported 4 discharges.

The 35 departures reflect the following descriptive information.

- Average age was 12.4 with an age range of 6 to 18 years.
- 54.3% (19) were male, 45.7% (16) were female.

- 91.4% (32) were Caucasian, 2.9% (1) were Native Hawaiian/Pacific Islander, and 5.7% (2) were of mixed race.
- 5.7% (2) of youth were of Hispanic origin.
- 28.6% (10) of youth were in child welfare custody, 42.9% (15) of youth were in parental custody and on probation, and 28.6% (10) of youth were in parental custody and no juvenile probation involvement.
- 60% (21) were Medicaid or SCHIP recipients.

Clinical and departure information:

- The most frequent diagnosis at admission was Posttraumatic Stress Disorder (15.6%), followed by Oppositional Defiant Disorder (11.4%), and followed by Bipolar Disorder, Reactive Attachment Disorder, and Bipolar Disorder (8.6% each).
- The most frequent diagnosis at discharge was Oppositional Defiant Disorder (44.4%) followed by Reactive Attachment Disorder (22.2%).
- The average CASII composite score at admission was 24.7, ranging from 18 to 27. The average CASII level of intensity score was 4.6, ranging from 3 to 6. One CASII composite score and one level of intensity score were missing.
- The average CASII composite score at discharge was 20.4; the average CASII level of intensity score at discharge was 3.3.
- Reason for departure
  - 48.6% (17) reunified with biological family
  - o 5.7% (2) adopted/adoptive placement
  - o 2.9% (1) emancipated
  - 8.6% (3) placed in a less restrictive setting
  - o 14.3% (5) placed in a more restrictive setting
  - 11.4% (4) youth ran away from placement (AWOL)
  - 2.9% (1) removed by placing agency
  - o 5.7% (2) other
- Setting child/adolescent will live The Restrictiveness of Living Environment Scale (ROLES) (Hawkins, Almeida, Fabry & Reitz, 1992) resulted in an average score of 7.6, which equals the restrictiveness score of the home of a family friend.
  - o 2.9% (1) independent living by self
  - o 22.9% (8) home of birth/adoptive parents, for an 18-year old
  - o 37.1% (13) home of birth/adoptive parents, for a child
  - o 2.9% (1) home of a relative
  - o 2.9% (1) adoptive home
  - 2.9% (1) specialized foster care
  - o 2.9% (1) individual home emergency shelter
  - o 5.7% (2) group treatment home
  - o 5.7% (2) residential treatment center
  - o 5.7% (2) state and private mental hospital
  - o 8.6% (3) unknown
- 65.7% (23) completed treatment.
- Who recommended departure
  - o 2.9% (1) provider agency
  - o 2.9% (1) child welfare case manager
  - o 8.6% (3) parent

- o 2.9% (1) child's mental health practitioner
- o 77.1% (27) child and family team
- o 5.7% (2) N/A; youth went AWOL

#### Highlights:

- Upon discharge, 65.8% of youth returned to a less restrictive environment, with over half returning to live with family members. In the September 2008 through December 2008 reporting period, 50% of the youth were going to a less restrictive environment.
- Well over half of the youth completed treatment at discharge. In the September 2008 through December 2008 reporting period, 50% of the youth discharged completed treatment.
- Slightly more than 75% of the discharges were recommended by Child and Family Teams. In the September 2008 through December 2008 reporting period, 50% of the discharges were recommended by the child and family team.

Opportunities for improvement:

• CFTs are the best venue to determine changes to a child's treatment plan and placement. This format is not only best practice, but it is also a Medicaid reimbursement requirement for children placed in specialized foster care. Providers should consider convening or requesting a CFT whenever consideration is given to changing a youth's treatment plan.

#### Summary

Throughout 2009, Family Learning Homes submitted these data timely and accurately. This provider has consistently demonstrated its commitment to program improvement by its willing collaboration with the DCFS Planning and Evaluation Unit.

This 2009 Risk Measures and Departure Conditions report reflects substantial opportunities for improvement in the area of medication errors, AWOLs, safety holds, and child and family teams.

In partnership with the Provider Support Team, the Planning and Evaluation Unit has prioritized areas for program improvement and has developed action steps for implementation of some program improvement initiatives. For example, the PEU has developed and distributed best practice research to the provider community (see attached) and would encourage the provider's consideration of this research in developing a plan to address some of the areas identified in their 2009 risk measures data submission. The PEU is also available to offer technical assistance in any of these areas if so requested by the provider.

#### References

- American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (4<sup>th</sup> ed., Text Revision). Washington, DC: Author.
- Hawkins, R. P., Almeida, M. C., Fabry, B., & Reitz, A. L. (1992). A scale to measure restrictiveness of living environments for troubled children and youths. *Hospital and Community Psychiatry*, 43, 54-58.
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# ATTACHMENT G

# Children's Mental Health Direct Service Delivery Clinical Supervisor Checklist

# CHILDREN'S MENTAL HEALTH - DIRECT SERVICE DELIVERY CLINICAL SUPERVISOR CHECKLIST

Name of	Review	Intake	
Practitioner	Date	Date	
Chart #	Program		
Name of	Date of		
Supervising QMHP	Discharge		

	STANDARD	MET	-	Comments
	Client Rights/Privacy	YES	NO	
1.	Informed Consent/Clients Rights signed and			
	dated on or before first session.	Y	Ν	
2.	HIPAA acknowledgement signed and dated on or			
	before the first session.	Y	Ν	
3.	Release of Information completed properly by			
	addressing the source and the nature of			
	information needed with an expiration of 1 year			
	or less, signed and initialed.	Υ	Ν	
4.	DCFS Freedom of Choice form, signed and			
	dated at the time of or following the clinical			
	assessment.	Υ	Ν	
	Children's Uniform Mental Health Assessment			
5.	Children's Uniform Mental Health Assessment is			
	completed at the first session to include minimally the			
	diagnosis, level of intensity, SED determination in			
	order to treat the child.	Υ	Ν	
6.	Children's Uniform Mental Health Assessment is			
	entered into Avatar within 10 working days of			
	the first session.	Υ	Ν	
	Discharge Planning at admission			
7.	The anticipated duration of the overall services.	Y	Ν	
8.	Discharge criteria	Y	Ν	
9.	Required aftercare/transition services	Υ	Ν	
10.	Identified agency (ies) or independent providers to			
	provide the aftercare services.	Y	Ν	
11.	A plan for assisting the client and family in			
	selecting and accessing these services.	Υ	Ν	

	Treatment Plan/Pohabilitation Plan			
12.	Treatment Plan/Rehabilitation Plan Each child has an initial treatment/rehab plan			
12.	-	Y	N	
13.	completed during the assessment session.	Ť	Ν	
15.	Each child has a full clinical treatment/rehab plan			
	completed within 30 day of the initial session,			
	entered into Avatar and approved by supervisor			
4.4	within 45 days from intake.	Y	Ν	
14.	Treatment/rehab goals and objectives are			
	expressed in the words of the child (when			
	developmentally appropriate) and the family.	Y	Ν	
15.	Family/Caregiver is involved in developing the			
	treatment/rehab plan as evidenced by their			
	signature on the plan.	Y	Ν	
16.	Child/adolescent is involved in developing the			
	treatment/rehab plan (when developmentaly			
	appropriate) that is individualized to the child's needs.	Y	Ν	
17.	Treatment/rehab plan is reviewed and authorized by			
	QMHP in Avatar.	Y	Ν	
	Include on the treatment/rehab plan the child's name			
18.	& 11-digit Medicaid billing number	Y	Ν	
19.	Strengths & Needs of the child and his/her family	Y	Ν	
20.	Intensity of Needs determination	Y	Ν	
	Goals are specific, measureable (observable),			
21.	achieveable, realistic, and time-limited (SMART)	Y	Ν	
22.	Discharge/transition criteria for each treatment			
	goal are reflected in the treatment/rehab plan.	Y	Ν	
23.	Specific treatment goal/objective includes the			
	frequency, amount, scope, duration and the			
	anticpated provider of service	Y	Ν	
24.	Coordinating QMHP signs the treatment/rehab plan	Y	Ν	

	Monitoring of Treatment - Progress Notes and Billing Codes	MET		Comments
		YES	NO	
25.	Progress notes that follow a standardized format			
	(DAP) document the data, assessment, and plan			
	necessary for treatment and service care			
	coordination that includes the amount, scope,			
	duration and name of the service provider.	Y	Ν	
26.	Progress notes relate to the treatment/rehab plan			
	goals			
	and objectives and document progress or lack			
	thereof in the DAP format.	Y	Ν	
27.	Progress notes are documented in Avatar within 72			
	hours of service delivery.	Y	Ν	

	Manifesting of Transformer ( 00 /			
28.	Monitoring of Treatment - 90 day review			
20.	90 day review summarizes treatment/rehab goals and			
	objectives and progress made (or lack of progress)			
	in therapy; addresses revised goals and objectives			
	of the treatment.	Y	Ν	
29.	90 day review includes updated assessment;			
	CASII/NECSET/ECSII, CAFAS/PECFAS,			
	diagnostic changes etc.	Y	Ν	
30.	Involvement of the family/caregiver in 90 day	•		
	reviews.	Y	Ν	
31.	Education status information and juvenile justice			
	involve-			
	ment information if child is school age.	Y	Ν	
	Monitoring of Treatment - 30 day progress report for rehab services only			
32.	Rehab Service provider sends 30 day progress		_	
	report to the coordinating QMHP	Y	Ν	
	Discharge Summary - Rate only if this is a discharged case			
33.	Discharge Summary completed within 30 days			
	when planned, 45 days when unplanned, and 7			
	days when transferred, following discharge.	Y	Ν	
34.	Date of last service contact	Y	Ν	
35.	Diagnosis at admission and discharge	Y	Ν	
36.	Reason for transition/discharge stated clearly	Y	Ν	
37.	Current level of functioning description and			
	measurement CASII/NECSET/ECSII	Y	Ν	
38.	Summary of effectiveness of treatment modalities,	T		
	progress toward treatment/rehab goals and			
	objectives			
	as documented in the treatment/rehab plan.	Y	Ν	
39.	Recommendations for further treatment and how			
	child has been transitioned to these services.	Y	Ν	
40.	Education status information and juvenile justice involve-			
	ment information if child is school age.	Y	Ν	
1				

Notes:

# ATTACHMENT H

# **Children's Mental Health Targeted Case Management Supervisor Checklist**

#### CHILDREN'S MENTAL HEALTH - TARGETED CASE MANAGEMENT SUPERVISOR CHECKLIST

Name of		Name of
Practitioner		Supervisor
Chart #		Program
		<b>.</b>
Intake	Discharge	Review
Date	Date	Date

	STANDARD	Met	t	Comments
	Client Rights / Privacy	Yes	No	
1.	Informed Consent/Client Rights signed and			
	dated on or before the first session.	Y	Ν	
2.	HIPAA Acknowledgement signed and dated			
	on or before the first session.	Y	Ν	
3.	Release of Information completed properly by			
	addressing the source and the nature of			
	information needed with expiration of 1 year or			
	less, signed and initialed.	Y	Ν	
4.	DCFS Freedom of Choice form signed and			
	dated after completion of the clinical assess-			
	ment recommending targeted case			
	management.	Y	Ν	
	Medical Necessity	-		
5.	Children's Uniform Mental Health Assessment			
	is complete and recommends TCM. Level of			
	intensity measure meets level of service needs			
	for TCM. SED determination is completed	Y	Ν	
	Targeted Case Management Assessment	-		
6.	Targeted Case Management Assessment is			
	completed and entered into Avatar within 10			
	working days of the initial targeted case			
	management contact.	Y	Ν	
7.	Strengths, Needs and Cultural Discovery			
	includes strengths and needs related to the			
	culture of the family. It is reviewed by the family			
	before the initial 30 day Child and Family Team			
	meeting. (When the case manager is not a			
	clinician)	Y	Ν	

8.	Medical, social, educational, emotional and			
	other support services including housing and			
	transportation needs are addressed.	Y	N	
	Targeted Case Management Care	Me		
	Coordination Plan	Yes	No	Comments
9.	The initial Care Coordination Plan is completed			
	and signed within 30 days of admission and .			
	before initiating services.	Y	N	
10.	Care Coordination Plan is developed at the			
	Child and Family Team meeting.	Y	N	
11.	The child/family's needs and care			
	coordination recommendations are addressed			
	through the life domains.	Y	N	
12.	Care Coordination Plan is reviewed and			
	updated in Child and Family Team meetings.	Y	Ν	
13.	Confidentiality Form that identifies and is			
	signed by all participants is attached to the			
	Care Coordination Plan.	Y	Ν	
14.	Care Coordination Plan reflects a planned			
	action for addressing and meeting the			
	identified needs of the child/family.	Y	N	
15.	Care Coordination Plan is individualized to			
	reflect the child's age, gender, ethnic			
	background, primary language in the home,			
	life experience, culture, etc.	Y	Ν	
16.	Care Coordination Plan goals are expressed			
	in the words of the child (when			
	developmentally appropriate) and the family.	Y	N	
17.	Children, when developmentally appropriate			
	are involved in developing the Care			
	Coordination Plan.	Y	N	
18.	Family/Caregiver is involved in developing the			
	Care Coordination Plan as evidenced by their			
	signature on the plan.	Y	N	
19.	Care Coordination Plan goals, objectives and			
	actions address the medical, social,			
	educational, emotional, and other needs.	Y	N	
20.	Care Coordination Plan addresses specific			
	services and treatments that include the			
	amount, scope, duration, and names of the		,	
04	service providers.	Y	N	
21.	Anticipated aftercare/transition plan	Y	N	
22.	Crisis Plan	Y	Ν	

	Monitoring of Care Coordination	Met		Comments
	Progress Notes and Billing Codes	Yes	No	
23.	Progress notes that follow a standardized			
	format (DAP) document the data, assessment			
	and plan necessary for service care coordina-			
	tion that includes the name of the individual			
	receiving services, the dates of service, time-			
	line for providing services and reassess-			
	ment, and the name of the service provider.	Y	Ν	
24.	Progress notes relate to the Care Coordination			
	Plan goals and objectives and document			
	progress or lack thereof as evidenced by			
	attaching CCP goals to notes	Y	Ν	
25.	Progress note documents the nature, content			
	and units of case management services			
	received.	Y	Ν	
26.	Progress notes are documented in Avatar with-			
	in 72 hours of service. WIN also enters notes			
	in UNITY by the following Friday after services			
	are provided.	Y	Ν	
27.	The need for and occurrences of coordination			
	with case managers of other programs	Y	Ν	
	Monitoring of Care Coordination - 90 day review			
28.	Whether the goals specified in the Care			
	Coordination Plan have been achieved.	Y	Ν	
29.	90 day written review for each child that			
	includes all the objectives/goals of the			
	Care Coordination Plan that addresses all the			
	relevant life domains of the child and family			
	and progress or lack of in the CCP.	Y	Ν	
30.	Review explains updated/revised Care			
	Coordination Plan goals, objectives, and			
	anticipated time of goal achievement/progress			
	and discharge/transition plan.	Y	Ν	
31.	Review includes updated assessment and	-		
	medical necessity data; CASII/NECSET/ECSII/			
	CAFAS/PECFAS.	Y	Ν	
32.	Education status information and juvenile			
52.	justice involement information if child is school			
			Ν	
	age	Y	14	
	age <b>Discharge/Transition Summary</b> (Rate only if this is a	Y	IN	
	age <b>Discharge/Transition Summary</b> (Rate only if this is a discharged case).	Ŷ	IN	
33.	<b>Discharge/Transition Summary</b> (Rate only if this is a	Y		
33.	<b>Discharge/Transition Summary</b> (Rate only if this is a discharged case).	Y	<u> </u>	

	and 7 days when transforred following			
	and 7 days when transferred, following	X		
	discharge.	Y	Ν	
34.	Date of last service contact.	Y	Ν	
35.	Diagnosis at admission and discharge.	Y	Ν	
36.	Reason for transition/discharge stated clearly	Y	Ν	
37.	Implementation steps toward transition/			
	discharge addressed.	Y	Ν	
38.	Current level of functioning description and			
	measurement-CAFAS/PECFAS			
	CASII/NECSET/ECSII.	Y	Ν	
39.	Summary of effectiveness of services,			
	progress or lack of towards service goals as			
	documented in the Care Coordination Plan.	Y	Ν	
40.	Recommendations for further services and			
	how child has been transitioned to these			
	services.	Y	Ν	
41.	Education status information and juvenile			
	justice involvement information if child is school			
	age	Y	Ν	

Supervisor\_\_\_\_\_

Date\_\_\_\_\_