## 7 C's of Communication For Foster Youth

Clarity	<ul> <li>Be clear with your message, keep it simple.</li> <li>Ask questions to seek clarification.</li> <li>Ask what they want and need.</li> </ul>
Concise	<ul> <li>Be direct and use the least possible words.</li> <li>Speak slowly and clearly.</li> <li>Make eye contact.</li> </ul>
Correct	<ul> <li>Use the Bill of Rights to provide accurate facts.</li> <li>Explain to the youth and the caregiver.</li> <li>Avoid jargon and acronyms.</li> </ul>
Complete	<ul> <li>Be direct and use the least possible words.</li> <li>Speak slowly and clearly.</li> <li>Make eye contact.</li> </ul>
Consideration	<ul> <li>Consider the child's age and development level.</li> <li>Speak in their preferred language.</li> <li>Provide examples, or simplified statements.</li> <li>Limit background noise</li> </ul>
Concrete	<ul> <li>Be definite and specific, not vague.</li> <li>Ensure they understand.</li> <li>Use visual prompts or interpreters if required.</li> </ul>
Courtesy	<ul> <li>Be respectful, open, and honest.</li> <li>Use their preferred name and pronoun.</li> <li>Think about the youth's viewpoint and be respectful.</li> </ul>